

#### 資料 7 - 4 参考文献

- 1) American Psychiatric Association 2000 Diagnostic and Statistical Manual of Mental Disorders Forth edition Text Revision. (DSM-IV-TR 精神疾患の診断・統計マニュアル、高橋三郎、大野裕、染矢俊幸訳 医学書院、2002)
- 2) Barberger-Gateau P, Dartigues JF, Letenneur L. 1993 Four Instrumental Activities of Daily Living Score as a predictor of one-year incident dementia. Age Ageing. 22(6), 457-463.
- 3) Barberger-Gateau P et al. 2002 Fish, meat, and risk of dementia: cohort study. BMJ, 325, 932-933.
- 4) Barberger-Gateau P et al. 2007 Dietary patters and risk of dementia: the Three-City cohorts study. Neurology, 69(20), 1921-1930.
- 5) Bozoki A, et al. 2001 Mild Cognitive Impairment predict dementia in nondemented elderly patients with memory loss. Arch Neurol, 58, 411-416.
- 6) Bruscoli M and Lovestone S. 2004 Is MCI really just early dementia? A systematic review of conversion studies. Int Psychogeriatr 16, 129-140.
- 7) Engelhart MJ, Geerlings MI, et al. 2002 Dietary intake of antioxidants and risk of Alzheimer Disease. JAMA, June 26, 287(24), 3223-3229.
- 8) Folstein MF, Folstein SE, McHugh PR 1975 "Mini-Mental State" ; a practical method for grading the cognitive state for clinician. J Psychiart Res, 12, 189-198.
- 9) Fratiglioni L, Wang HX, et al. 2000 Influence of social network on occurrence of dementia; a community-based longitudinal study. The lancet, 355, 1315-1319.
- 10) Gauthier S, et al. 2006 Mild cognitive impairment. Lancet, 367, 1262-1270.
- 11) Hanninen T, et al. 1996 Prevalence of Aging-associated Cognitive Decline in an Elderly Population. Age and Ageing, 25, 210-205.
- 12) Ijzerman MJ, Nene AV 2002 Feasibility of the physiological cost index as an outcome measure for the assessment of energy expenditure during walking Arch Phys Med Rehabil. 83(12), 1777-1782.
- 13) Kalmijn S, et al. 2004 Dietary intake of fatty acids and fish in relation to cognitive performance at middle age. Neurology, 62(2), 275-280.
- 14) 加藤伸司, 長谷川和夫ほか 1991 改訂長谷川式簡易知能評価スケール(HDS-R)の作成 老年精神医学雑誌 2, 1339-1347.
- 15) 小山恵子 1999 老年期に起こる精神障害 痴呆患者さんを理解する、小島卓也、荻原隆二編 健康体力づくり事業財団、ぎょうせい, 12-23.
- 16) Larson ER et al. 2006 Exercise is associated with reduced risk for incident dementia among persons 65 years of age and older. Ann Intern Med 144(2), 73-81.
- 17) Laurin D, Verreault R, et al. 2001 Physical activity and risk of cognitive impairment and dementia in elderly persons. Arch Neurol, 58, 498-504.
- 18) Lazarov O, Robinson J, Tang YP et. al. 2005 Environmental enrichment reduces Abeta levels and amyloid deposition in transgenic mice. Cell, 120, 701-713.

- 19) Levy R 1994 Aging-associated Cognitive Decline. *Int Psychogeriatr*, 6, 63-68,
- 20) Lindsay J, Laurin D, et al. 2002 Risk factors for Alzheimer's disease: A prospective Analysis from the Canadian study of health and aging. *American J. of Epidemiology*, 156(5), 445-453.
- 21) 町田市 2004 効果的な介護予防事業に関するニーズ調査報告
- 22) 米原町 2004 高齢者健康基礎調査研究報告書
- 23) Manly JJ, Bell-McGinty S, Tang M, et al. 2005 Implementing diagnostic criteria and estimating frequency of mild cognitive impairment in an urban community. *Arch Neural* 62, 1739-1746.
- 24) 松本千明 2002, 健康行動の理論の基礎. 医歯薬. 東京
- 25) Meguro K, Ishii H, Yamaguchi S, et al. 2002 Prevalence of dementia and dementing disease: The Tajiri Project. *Arch Neurol*, 59, 1109-1114.
- 26) Morris MC, Evans DA, et al. 2002 Dietary intake of antioxidant Nutrients and the risk of incident Alzheimer Disease in a biracial community study. *JAMA*, 287(24), 3230-3237.
- 27) Morris MC, Evans DA, Tangney CC, et al. 2005 Relation of the tocopherol forms to incident Alzheimer disease and to cognitive change. *Am J Clin Nutr*, 81(2), 508-514.
- 28) Nakamura H, Kobayashi S, et al 1999 Age-changes of brain synapses and synaptic plasticity in responses to an enriched environment. *J. of Neuroscience Res*, 56, 307-315.
- 29) Nakamura S, et al. 2003 Prevalence and predominance of Alzheimer type dementia in rural Japan. *Psychogeriatrics*, 3(3), 97-103.
- 30) Orgogozo JM, Dartigues JF, et al. 1997 Wine consumption and dementia in the elderly: a prospective community study in the Bordeaux area. *Rev Neurol (Paris)*, 153(3), 185-192.
- 31) Palmer KP, Backman L, Winblad B, Fratiglioni L. 2008 Mild cognitive impairment in the General population: Occurrence and Progression to Alzheimer disease. *Am J Geriatr Psychiatry*, 16(7), 603-611.
- 32) Panza F et al. 2005 Current epidemiology of mild cognitive impairment and other predementia syndroms. *J Am Geriatric Psychiatry*, 13, 633-644.
- 33) Petersen RC, Et al. 1999 Mild Cognitive Impairment: clinical characterization and outcome. *Arch Neural*, 56, 303-308.
- 34) Rentz DM, Winetraub S. 2000 Neuropsychological detection of early probable Alzheimer's disease. In Scnto LFM and Daffner KR ed. *Early Diagnosis of Alzheimer's disease*. Humana Press, Totowa, 169-189.
- 35) Ritchie K, et al. 2001 Classification criteria for mild cognitive impairment: A population-based validation study. *Neurology*, 56, 37-42,
- 36) Schroder, J. et al. 1998 Prevalence of mild cognitive impairment in an elderly community sample. *Journal of Neural Transm[Suppl]*, 54, 51-59.

- 37) Stern Y, Moeller JR, Anderson KE, et al. 2000 Different brain networks mediate task performance in normal aging and AD: defining compensation. *Neurology*, 55, 1291-1297.
- 38) Stern Y, 2006 Cognitive reserve and Alzheimer disease. *Alzheimer Dis Assoc Disord*, 20(3 Supple 2), s69-74.
- 39) 東京都福祉局 2009 高齢者の健康と生活実態に関する報告書 東京都福祉局
- 40) 東京都老人総合研究所 ファイブ・コグ 高齢者用集団認知検査 2008 NPO 認知症予防サポートセンター, 東京.
- 41) Verghese J, Lipton RB, et al. 2003 Leisure activities and the risk of dementia in the elderly. *N Engl J Med*, 348(25), 2508-2516.
- 42) Wilson RS, Mendes de Leon CF, et al. 2002 Participation in cognitively stimulating activities and risk of incident Alzheimer disease. *JAMA*, 287(6), 742-748.
- 43) Wilson RS, Scherr PA, Schneider JA, et al. 2007 Relation of cognitive activity to risk of developing Alzheimer disease. *Neurology*, 69(20):1911-1920.
- 44) Winblad B, Palmer K, Kivipelto M, et al. 2004 Mild cognitive impairment - Beyond controversies towards a consensus: Report of the International Working Group on Mild Cognitive Impairment. *J Intern Med*, 265(3), 240-246.
- 45) 矢富直美, 杉山美香, 宮前史子 2007 失敗しない認知症予防のすすめ方 真興交易医書出版 東京.
- 46) 矢富直美, 宇良千秋 2008 地域型認知症予防プログラム実践ガイド. 中央法規出版, 東京.
- 47) Yoshitake T 1995 Incidence and risk factors of vascular dementia and Alzheimer's disease in a defined elderly Japanese population: the Hisayama Study. *Neurology*, 45(6), 1161-1168.
- 48) Yoshitake T, Kiyohara Y, et al. 1995 Incidence and risk factors of vascular dementia and Alzheimer's disease in a defined elderly Japanese population. *Neurology*, 45, 1161-1168.