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Supporting Online Material

www.sciencemag.org/cgi/content/full/313/5783/89/DC1

Materials and Methods

Figs. S1 to S4 Tables S1 and S2

References

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# Presymptomatic Detection of Prions in Blood

Paula Saá, 1,2 Joaquín Castilla, 1 Claudio Soto 1\*

Prions are thought to be the proteinaceous infectious agents responsible for transmissible spongiform encephalopathies (TSEs). PrPsc, the main component of the infectious agent, is also the only validated surrogate marker for the disease, and its sensitive detection is critical for minimizing the spread of the disease. We detected PrPsc biochemically in the blood of hamsters infected with scrapie during most of the presymptomatic phase of the disease. At early stages of the incubation period, PrPsc detected in blood was likely to be from the peripheral replication of prions, whereas at the symptomatic phase, PrPsc in blood was more likely to have leaked from the brain. The ability to detect prions biochemically in the blood of infected but not clinically sick animals offers a great promise for the noninvasive early diagnosis of TSEs.

Prion diseases, also called transmissible spongiform encephalopathies (TSEs), are a group of fatal and infectious neurodegenerative diseases, including Creutzfeldt-Jakob disease (CJD) in humans and bovinc spongiform encephalopathy (BSE), scrapie, and chronic wasting disease (CWD) in animals. Prions are composed mainly or exclusively of the misfolded prion protein (PrPSc) (1), which replicates in the body, transforming the normal prion protein (PrPC) into more of the misfolded isoform.

Although prion diseases are rare in humans, the established link between a new variant form of CID (vCID) and BSE (2-4) has raised concern about a potential epidemic in the human population. Over the past few years, BSE has become a substantial health problem affecting many countries (5), and it seems now apparent that vCID can be introgenically transmitted from human to human by blood transfusion (6, 7). Exacerbating this state of affairs is the lack of a reliable test to identify individuals incubating the disease during the long and silent period

from the onset of infection to the appearance of clinical symptoms (8-10).

PrPSc is not only the main component of the infectious agent and the most likely cause of the disease, but it is also the only validated surrogate marker for TSEs (9). However, PrPSc concentration is high enough for routine biochemical detection only in the brain and some lymphoid tissues at a time close to the symptomatic stage of the disease (9). The development of highly sensitive presymptomatic assays for the biochemical detection of PrPSc is critical for minimizing the spread of the disease (9). One important aim in prion diagnosis is the noninvasive and presymptomatic biochemical detection of PrPSc in biological fluids, particularly using blood, a fluid known to contain infectivity even before the onset of clinical signs (6, 11, 12).

PrPSc has been detected in the blood of sick animals by means of the protein misfolding cyclic amplification (PMCA) technology (13). PMCA produces accelerated prion replication, which dramatically amplifies the quantity of PrPSc present in a sample (14, 15). In a cyclical process, large quantities of PrPC are converted into the misfolded form triggered by the presence of minute and otherwise undetectable amounts of PrPSc. The method is highly specific for the detection of PrPSc and leads to a several-million-fold increase in sensitivity as compared to that of standard Western blot assays (13).

In order to evaluate the application of PMCA for the detection of prions in blood during the presymptomatic phase, 46 hamsters were inoculated intraperitoneally with 10% brain homogenate of the 263K scrapie strain, and 38 control animals were injected with phosphate-buffered saline (PBS). At different times during the incubation period, groups of animals were killed, blood was collected, and the buffy coat fraction was separated (13). Samples of the buffy coat were resuspended directly on healthy hamster brain homogenate and subjected to 144 PMCA cycles. Three different aliquots were tested from each sample. To refresh the substrate, after a round of PMCA cycling, samples were diluted 10-fold into normal brain homogenate, followed by another round of 144 PMCA cycles. This procedure was repeated seven times, because according to our results, this enables the detection of 20 to 50 molecules of monomeric hamster PrP, which seems to correspond to a single unit of infectious oligomeric PrPSe (16).

The first group of hamsters was killed 2 weeks after intraperitoneal inoculation. None of the five infected or control animals showed any detectable quantity of PrPSc in their blood (Fig. 1 and Table 1). Thus, the PrPSc present in the inoculum disappeared to undetectable levels during the first few days after inoculation. PrPSc ( was, however, readily detectable in blood 1 week later (20 days after inoculation) in 50% of the animals infected but in none of the controls (Fig. 1 and Table 1). The highest percentage of positive animals during the presymptomatic phase was observed 40 days after intraperitoneal inoculation, in which the sensitivity of PrPSc detection was 60%. After 60 days, the detection of PrPse in blood became harder. Indeed, only one out of five animals scored positive at 70 days, whereas none of the five infected hamsters had detectable PrPSc in their blood 80 days after inoculation (Table 1). At the symptomatic stage, which in this experiment was at 114.2 ± 5.6 days, 80% of animals had PrPSc in their blood (Fig. 1). We never detected a false positive result in any of the 38 control samples analyzed (Table 1).

The distribution of PrPsc detection at different times of the incubation period showed

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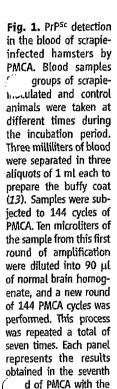
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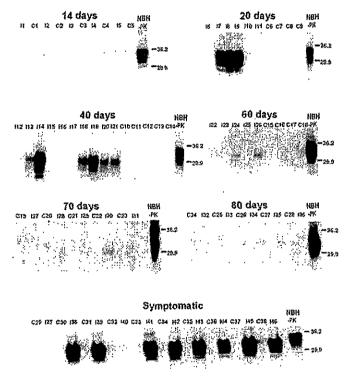
an interesting trend (Fig. 2). A first peak of PrPSc detection was observed early during the presymptomatic phase, between 20 and 60 days after inoculation. The peripheral administration of prions is known to result in an early phase of replication in lymphoid tissues and the spleen, before any infectious material reaches the brain (17, 18). Indeed, little or no infectivity can be detected in the brain of animals peripherally inoculated during the first half of the incubation period (19). Thus, it is likely that the source of PrPSc in blood during the early presymptomatic phase is the spleen and other lymphoid organs. The quantity of PrPSc in blood goes down after this initial phase and actually disappears 80 days after

inoculation (Table 1 and Fig. 2). The rise of PrPSc in blood during the early presymptomatic phase appears to coincide with the time of its exponential replication in lymphoid organs, whereas the reduction of PrPSe in blood occurs when infectivity in peripheral tissues has reached a plateau and is migrating from the periphery to the brain (17, 18), Although the explanation for these results in unknown, it is possible that the proportion of circulating lymphocytes carrying PrPSc is much higher during the exponential phase of peripheral replication than during the stationary phase. At the symptomatic period, PrPsc can again be detected in the blood of most of the animals (Fig. 2). It has been reported that large

quantities of PrPSc appear in the brain only a few weeks before the onset of clinical signs (19, 20). Thus, PrPSc in blood samples at the symptomatic stage is likely to have come from brain leakage. It is known that at the time of symptomatic disease, TSE-affected individuals have extensive brain degeneration in the form of massive neuronal death, synaptic alterations, and brain inflammation (21). These abnormalities probably cause a disruption of the blood/brain barrier resulting in the leakage of cerebral proteins to the blood (22), in particular PrPSc, which by this time is highly abundant in the

Infectivity studies have shown that the blood carries prions in both the symptomatic and presymptomatic stages of the disease in animals (11, 23, 24). Upon experimental BSE infection of sheep, infectivity can be transmitted by blood transfusion from asymptomatic infected animals (25), indicating that the infectious agent is present in blood during the incubation period. Recently, three cases of vCJD have been associated with blood transfusion from asymptomatic donors who subsequently died from vCJD (6, 7). The alarmingly high proportion of cases transmitted by blood transfusion suggests that prions exist in relatively elevated quantities in the blood of individuals silently incubating vCJD. Based on studies with animal models, it is believed that all of the human population may be susceptible to vCJD infection (26), although clinical cases have so far occurred only in methionine homozygotes at codon 129 in the human prion protein gene. Because the incubation period may be several decades, it is currently unknown how many people may be in an asymptomatic phase of



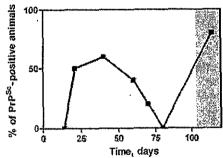


samples from each group of animals, which are representative of the three independent aliquots taken from each animal. Ix, samples from hamsters infected with 263K scrapie; Cx, samples from control animals injected with PBS. All samples were treated with proteinase K (PK) before electrophoresis, except for the normal brain homogenate (NBH), in which no PK treatment (–PK) is indicated.

Table 1. Number of animals used and results obtained regarding the presymptomatic detection of PrPsc in the blood.

Time (days)	Controls (positives/total)	Infected (positives/total)	Sensitivity/ specificity	
14	0/5	0/5	0%/100%	
20	0/4	3/6	50%/100%	
40	0/5	6/10	60%/100%	
60	0/4	2/5	40%/100%	
70	0/5	1/5	20%/100%	
80	0/5	0/5	0%/100%	
Symptomatic phase	0/10	8/10	80%/100%	

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**Fig. 2.** Proportion of animals whose blood was PrpSc positive at different times during the incubation period. The percentage of samples scoring positive for PrpSc in blood is represented versus the time after inoculation at which samples were taken. Two phases of PrpSc detectability were observed: an early stage during the incubation period, which probably corresponds to the time during which peripheral prion replication in lymphoid tissues is occurring, and a second phase at the symptomatic stage, in which the brain contains extensive quantities of PrpSc. The vertical gray section indicates the symptomatic phase.

#### **FPORTS**

vCJD infection. In addition, it is possible that some infected patients may never develop clinical symptoms but will remain asymptomatic carriers who can potentially transmit the disease to other individuals (26, 27). In the absence of acreening tests and effective therapies to treat this disease, a formidable worldwide public health challenge lies ahead to prevent further infections. assess infection rates, and treat infected patients. The ability to detect PrPSc, the major component of infectious prions, biochemically in the blood of infected but asymptomatic experimental animals will hopefully lead to the development of tests for human blood. Indeed, although technically more challenging, the PMCA technology has been adapted to amplify prions of human origin (20). The ability to accurately detect PrPSc in the presymptomatic stages of vCJD would potentially help to reduce the risk that many more people will be infected by this fatal and terrible disease.

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#### Supporting Online Material

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## **Prion-Induced Amyloid Heart Disease** with High Blood Infectivity in Transgenic Mice

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We investigated extraneural manifestations in scrapie-infected transgenic mice expressing prion protein lacking the glycophosphatydylinositol membrane anchor. In the brain, blood, and heart, both abnormal protease-resistant prion protein (PrPres) and prion infectivity were readily detected by immunoblot and by inoculation into nontransgenic recipients. The titer of infectious scrapie in blood plasma exceeded 107 50% infectious doses per milliliter. The hearts of these transgenic mice contained PrPres-positive amyloid deposits that led to myocardial stiffness and cardiac disease.

n humans and animals, transmissible spongiform encephalopathies (TSEs), or prion diseases, cause neurodegeneration and death following ingestion or experimental inoculation of infected material. Prion diseases are characterized by the conversion of the normal protease-sensitive host prion protein (PrPsen) to a disease-associated protease-resistant form (PrPres). Although prion disease damages the

central nervous system (CNS), infectivity and PrPres can be detected within peripheral tissues, including lymphoid organs in humans, sheep, and deer (1, 2), as well as skeletal muscle (3), kidney, and pancreas (4) of some transgenic rodent models. Despite the toxic effect on the CNS, few if any histopathological changes have been observed at peripheral sites.

Transmission of TSE disease to humans has resulted from cannibalism, contaminated surgical instrumentation, and tainted growth hormone (5-7). A human disease termed variant Creutzfeldt-Jakob disease (vCJD) has occurred more recently, apparently through the ingestion of bovine spongiform encephalopathy (BSE)infected cattle products (8). Recent evidence suggests that transmission of vCID between humans may occur through blood transfusion (9, 10), and this conclusion is supported by experimental transmission of BSE between sheep via blood transfusion (11). TSE infectivity has been demonstrated in blood by intracerebralinoculation in mouse, mink, hamster, and goat models (7, 12-20). However, infectivity in such cases is low,  $\leq 10^2$  50% infectious doses (ID<sub>50</sub>) per ml of blood compared to 106 to 1010 ID<sub>50</sub>/g in the brain.

Normal prion protein, PrPsen, is expressed primarily as a membrane-bound, glycophosphatydylinositol (GPI)-anchored protein. The role of cellular PrP membrane anchoring in prion disease has been studied in transgenic mice expressing GPI-negative anchorless PrP, which is secreted from cells (21). Intracerebral inoculation of these GPI-negative anchorless PrP transgenic (tg) mice with murine scrapic results in scrapic replication and deposition of PrPres within the brain. Although wild-type (WT) mice infected with scrapie usually develop a nonamyloid form of PrPres, in these tg mice the PrPres is primarily in the form of amyloid plaques (21). At the same time, these mice do not manifest the clinical and pathologic alterations normally associated with prion disease, thus demonstrating a separation between PrPres amyloid accumulation and clinical CNS disease (21). In the brain of these infected to mice, PrPres was located primarily within and around endothelial cells (21) (Fig. 1A), leading to the hypothesis that anchoriess PrPres may be secreted in the blood. Here we examined this

To determine whether PrPres and/or scrapie infectivity was present in blood, four infected tg mice were bled between 450 and 512 days postinfection (dpi) with the RML strain of scrapie. Inoculation of a 1:500 dilution of blood from all four mice induced scrapie in WT (C57BL/6) recipients in ~145 days. In addition, blood of two mice analyzed by serial di-Jution titration gave titers of ≥1.6 × 107 and  $\geq$ 1.6 × 10<sup>5</sup> ID<sub>50</sub>/ml blood (Table 1).

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英国	2003年12月に輸血によるvCJD感染が英国で発生し、血液企業Bio Products Laboratory (BPL)から海外に輸出された当局は、vCJDの潜在的リスクは「非常に不確実」であるとした。この措置には患者の追跡調査、供血や臓器・組織指治療を受ける際に申し出るよう求められる。英国内では、危険のある人は最大で6000人と考えられる。である。vCJDを発症した9人の供血者のたった23供血からBPLを所管するNHSの血液・移植部門は「これまで血漿分は1999年に終了した。しかし、供血経験のある人がvCJDと能性が出てきた。2004年以降、1980年以降に輸血を受け、ブルネイ、UAE、インド、ヨルダン、オマーン、シンガボール要がある。ベルギー、モロッコ、エジプト、フランス、オランタ終工程はこれらの国で行われたため、各国での分析を続いれた製剤には危険はないとしている。  報告企業の意見  英国政府は、英国産の汚染された血漿分画製剤によって患者			製剤によって患者にvCJDのリスクがあると14カ国に警告した。 製剤による感染伝播に対する安全対策が実施された。当局に製剤を再調査する必要に迫られた。 ながらも、ブラジルとトルコの保健省に対して予防措置を取る と供をしないよう求めることが含まれる。また、患者は医師や歯 問題は、血漿分画製剤が何千もの供血血液を処理して製造 懸念が生じた。 画製剤が関係したvCJD症例はない。英国の血漿由来の製剤 診断されたため、終了以前に製剤を投与された患者にリスク		局は、国営 対しては、国営 対しては、国営 対しては、国営 対しては、国営 は、国 は、国 は、国 は、国 は、国 は、国 は、国 は、国	血液を介するウイルス、 細菌、原虫等の感染 vCJD等の伝播のリスク	

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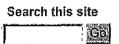
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## British blood products may pose vCJD risk in 14 countries

- UK issues warning on 'mad cow disease'
- · Documents show Brazil and Turkey are high on list



James Meikle and Rob Evans Tuesday May 2, 2006 The Guardian

The government has been forced to warn 14 countries that patients are in danger of developing the human form of mad cow disease as a result of contaminated British blood products sold abroad.

Documents released under the Freedom of Information Act show that patients in Brazil and Turkey are most at risk from the products, although it is too early to know how many, if any, foreign patients may develop the incurable variant CJD, as it takes many years to appear. The Turkish authorities said they had traced patients at risk and were closely monitoring them, while Brazil would not comment.

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The contaminated blood products were exported in the 1990s by the British government to treat conditions such as haemophilia, severe burns and immune deficiency. At the time the government considered there was no risk.

Twenty-eight people abroad have already developed vCJD by eating cattle meat from Britain infected with BSE. However, the

dangers of another route of transmission are now becoming more evident. Scientists are worried about a "second wave" of casualties caused by blood donated by people infected but not yet displaying symptoms of the disease.

The risk of passing on the disease in this way was considered only theoretical until December 2003, when it emerged that a patient in Britain had been infected through a blood transfusion, leading to new safety measures. Another two cases have since been identified. Health authorities then had to re-examine blood products sent abroad by the state-owned company Bio Products Laboratory (BPL).

The documents show that, following the rethink, the Health Protection Agency was concerned "about the potential infectivity of blood". Believing the potential risk of vCJD to be "very uncertain", the agency advised the Brazilian and Turkish health ministries to take precautions to reduce the possibility of spreading vCJD as "sufficient quantities" of the "at-risk" products had been exported.

These measures included tracking down patients and telling them not to donate blood, organs or tissues. Patients are also told to inform doctors and dentists if they need any treatment.

In Britain, up to 6,000 people were considered to be at risk. The problems stem from the way blood products are made, from processing thousands of separate donations. The concerns arise from just 23 donations made by nine people who went on to develop vCJD, showing how minute amounts may be infectious.

The NHS Blood and Transplant Authority, which is responsible for BPL, said: "So far no vCJD cases have been linked to plasma products ... The use of products derived from British blood plasma was ended in 1999 as a precautionary safety measure because of what were then regarded as only theoretical risks. But cases where patients might have been put at risk before that date have since come to light as further cases of vCJD have been diagnosed in people who were blood donors. Since 2004, no one who received a blood transfusion after 1980 has been allowed to donate blood themselves."

The Health Protection Agency decided that patients in six countries - Brunei, UAE, India, Jordan, Oman and Singapore - had been put in less jeopardy than those in Brazil and Turkey, but might need to take precautions. Less dangerous batches were imported by Belgium, Morocco and Egypt. France, Holland and Israel were advised to carry out their own assessments, as manufacture of the blood products was completed in their countries. The French government concluded that there was no danger from the products, which were re-exported to 10 unnamed countries.

The Guardian has previously reported that patients worldwide may have been exposed to vCJD, but the documents detail for the first time the countries, the amounts and the risk assessments. British authorities cannot say how many patients abroad may now be in danger.

There have been 161 cases of vCJD in Britain. There are 15 cases in France, four in Ireland, two in the US, and one each in Canada, Italy, Japan, the Netherlands, Portugal, Saudi Arabia and Spain.

Some of these victims are known to have caught vCJD by eating infected beef in Britain. Most others live in countries that

have also had outbreaks of BSE that may well have originated from Britain.

Graham Steel, whose brother Richard died from vCJD, drew parallels to the spread of BSE. "[It is] eerily reminiscent of the 1980s when 'theoretically' infectious meat and bonemeal was exported by the UK around Europe and beyond despite the fact that the risks of spreading diseases were known about in 1972-73. A total recall was deemed too expensive."

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