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研究報告 調査報告書

化粧品

識別番号·	報告回数			報台	节日 一	第一報入手日 2006年2月13日		医品等の区分 核当なし	厚生労働省処理欄
一般的名称		IBs 人免疫グロブリ レングリコール処理		コブリン	研究報告の	Epidemiology and		公表国	
販売名 (企業名)	_	「リン(ベネシス) 、プスブリンーIH(イ	ベネシス)		公表状況	134(1) 87-93, 2006		韓国	
HAV の オッズ)1 対 3 症例対 比が 35.0 又は	照研究と遺伝子学的 投与間隔を調整した]試験を行った。疫生 :場合は 38.4 と関係	学調査によっ えしていた。	って、凝固第 VI 我々は、HAV (胴査するために、我々 II 因子製剤の 1 ロッ. D RT-PCR によって ′	トが疫学的に 7 人の患者に	A 型肝炎の患者 由来する 17 の」	に、その他参考事項
因子製	剤1サンプル		スは3人の患者の血	1清から見つ	かった HAV の	経固因子製剤と 6 人のシーケンスと一致したされた。			
]			報告企業の意見				今	後の対応	適合した高力価の抗 HBs 血漿を原料として、Cohn
韓国血友病患者のHAV感染の感染源として凝固因子製剤が示唆されたとの報行 万一原料血漿にHAVウイルスが混入したとしても、EMCをモデルウイルスと 成績から、本剤の製造工程において十分に不活化・除去されると考えている。			としたウイルス	バリデーション試験		剤の安全性に と考えるので、 らない。			

対況・ 項等

リンーIH の記載

については、HBs HIV-1 抗体、抗 ALT(GPT)值 **延している。更に、** いては、HIV-1、 7核酸增幅検査 た血漿を本剤の製 該 NAT の検出限 している可能性 は、以上の検査に s 抗体を含有する の低温エタノー ポリエチレングリ ロセファデックス 免疫グロブリンを り、ウイルス不 、製造工程にお **犬加熱処理及び濾** 過膜処理(ナノフィルトレーション)を 施しているが、投与に際しては、次の点 に十分注意すること。



Detection of hepatitis A virus from clotting factors implicated as a source of HAV infection among haemophilia patients in Korea



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SUMMARY

To investigate the causal relationship of blood clotting factors and hepatitis A virus (HAV) infection in haemophilia patients during 1998-1999 in Korea, we performed a 1:3 matched case-control study and molecular detection of HAV from clotting factors and patients. The epidemiological investigation showed that one lot of clotting factor VIII was related epidemiologically to patients with hepatitis A with an odds ratio of 35·0, or 38·4 when adjusted for the interval between injections. We examined 17 sera collected from seven patients and 124 lots of blood clotting factors (factor VIII and factor IV) by HAV reverse transcriptase—polymerase chain reaction (RT-PCR). HAV RNA was detected in five clotting factors and six sera. The HAV sequence of one of the factor VIII samples was identical to the sequences found in three patients' sera. Findings from the laboratory and epidemiological studies suggested that the clotting factor was causally related to HAV infection in three haemophilia patients.

INTRODUCTION

Hepatitis A virus (HAV), a member of the genus Hepatovirus, family Picornaviridae, is a non-enveloped virus resistant to solvent/detergent treatment. HAV is transmitted generally by the faecal-oral route and could be either foodborne or waterborne. However, on rare occasions it can be transmitted parentally through viraemic blood during the incubation period. Outbreaks of HAV infection among haemophilia patients have been reported in Germany, Belgium, Australia and Italy [1-5].

From October 1998 to March 1999, 57 (4.2%) patients among 1370 registered haemophiliacs were diagnosed with acute hepatitis A. Clotting factors administered to patients were implicated as a source of infection. Detection of HAV in clotting factors can be carried out by molecular methods as HAV does not grow easily in cell culture. Reverse transcriptionpolymerase chain reaction (RT-PCR) was carried out followed by sequencing to detect HAV in clotting factors and samples from HAV-infected haemophiliacs. There have been reports of clustering of HAV infection detected by molecular methods in haemophiliacs [1-5]. Therefore, a matched casecontrol study was carried out in haemophilia patients to investigate the causal relationship between the hepatitis A outbreak and administration of clotting factors.

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MATERIALS AND METHODS

Epidemiological investigations

The incidence of hepatitis A was investigated during October 1998 and March 1999. The hospital charts of HAV IgM-positive patients among 1370 haemophiliac patients registered by the Korea Haemophilia Foundation were reviewed. A 1:3 matched casecontrol study of the patients diagnosed with hepatitis A by HAV IgM test from October 1998 to February 1999 with a record of clotting factor prescriptions was carried out. Of 57 patients with acute HAV, 33 patients whose prescription records were available and received clotting factors were included in this study. An age-matched control group was selected from the registered haemophilia patients who were not diagnosed as having HAV infection by serological tests after October 1998 but who received clotting factors during this period (Table 1).

The lots of clotting factors that were prescribed 10-60 days before the hepatitis A infection onset were investigated. Telephone enquiries were carried out to assess other risk factors such as eating uncooked shellfish, travel history, living in closed settings, drinking untreated water and contact with patients with jaundice. Odds ratios (OR) and 95% confidence intervals (CI) for injecting clotting factors and other risk factors were calculated.

Virological investigation

Seventeen sera were tested for the presence of HAV from seven haemophiliac patients and 124 lots of blood clotting factors (both factor VIII and factor IX) which were used during 1998. To prevent any cross-contamination, patients' sera and blood clotting factors were processed separately. Slot and Southern blot hybridization were used to confirm the presence of the HAV genome and the amplified PCR fragments were sequenced.

Total RNA was extracted using Tri-reagent (Molecular Research Centre Inc., Cincinnati, OH, USA) as described in the manufacturer's instructions (Product cat. no. TR-118) from $500 \,\mu$ l of the clotting factors and from $50-100 \,\mu$ l of the patients' sera, followed by isopropanol precipitation at $-20\,^{\circ}$ C overnight. Random primers were used for reverse transcription of extracted RNA which was performed at 37 °C for 60 min. The enzyme was subsequently inactivated at 95 °C for 5 min. For PCR testing, a 247-bp fragment of the VP3/VP1 region of the HAV

Table 1. Age distribution of hepatitis A infections in the general population compared with the haemophiliac group

Age group (years)	General population	Haemophilia group
1-4	3	2
5–9	12	4
10-14	13	8
15-19	14	7
20-24	9	6
25-29	5	4
30-34	1	
35–39	~	~
40-44	_	_
45-49		-
50-54	_	_
55-59	_ ·	_
60–64		.
>65		
Undefined	_	- ,
Total	57	31

genome spanning nucleotides 2167-2413 was amplified [6-8] by cycling at 94 °C for 1 min, 55 °C for 1 min and 72 °C for 1 min, repeated 35 times and followed by a 7-min extension at 72 °C.

Slot and Southern blot hybridization were performed using a digoxigenin-labelled oligonucleotide probe corresponding to the internal sequence of the VP1 region of HAV (nucleotides 2224–2243). A total of 124 lots of blood clotting factors were tested to confirm the specificity of the PCR amplification and to detect positive samples.

Amplified PCR products were cloned using the TOPO TA cloning kit (Invitrogen Life Technologies, Carlsbad, CA, USA) and sequenced on the ABI Prism 377 automatic sequencer Long Ranger gel. The sequencing reaction was performed in a DNA Thermal Cycler 480 (PerkinElmer, Applied Biosystems, Foster City, CA, USA) by running 25 cycles at 96 °C for 30 s, 50 °C for 15 s and 69 °C for 4 min. The sequences of the PCR products were analysed and compared with other isolates. Nucleotide sequences were analysed using the MegAlign program of Lasergene, DNAStar Inc., Madison, WI, USA. We used the Clustal method to group sequences into clusters by examining the distance between all pairs. The relationship of the sequences is shown in a dendrogram (see Fig.) The length of each pair of branches represents the distance between sequences. Units indicate the numbers of substitution events.

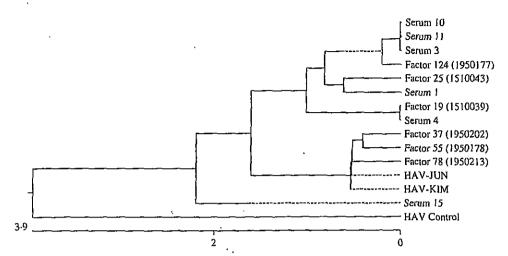


Fig. Nucleotide sequences of the HAV strains detected from clotting factors and patients. The phylogenetic analysis of HAV sequences detected from haemophiliac patients and blood products shows that the sequences of HAV from patient nos. 2, 4, 5 and one blood product (factor VIII, lot no. 1950177) are identical, as are HAV sequences from patient no. 6 and another product (factor IX, lot no. 1510039). The HAV sequence from patient no. 1 is closely related to that from factor IX (lot no. 1510043). MegAlign of the DNAstar aligns multiple sequences by drawing a histogram of consensus strength at the top of each alignment panel using one of two algorithms: the Jotun Hein method or the Clustal method. We used the Clustal method to group sequences into clusters by examining the distance between all pairs. The relationship of the sequences was shown in dendrograms. The length of each pair of branches represents the distance between sequences.

RESULTS

Epidemiological investigations

The incidence of hepatitis A among registered haemophiliac patients was the highest in the 15–19 years age group, followed by the 10–14 and 5–9 years age groups. Examination of regional incidence showed that haemophilia patients in Daejeon had the highest attack rate, although patients were found all over the country except Jeju. Table 2 shows the hepatitis A attack rates among haemophiliacs and non-haemophiliacs by region and Table 3 shows the age distribution.

The hepatitis A incidence rates were 4.5, 3.2 and 0% among patients with haemophilia type A (n=1122), type B (n=189), and other clotting factor disorders (n=59) respectively. Cases of hepatitis A among haemophilia patients were first identified in the first week of October 1998 and peaked in mid October to the final week of October 1998. Another peak (six patients) was detected in December 1998 to January 1999, and four of these patients had type B haemophilia.

The main clinical symptoms of the 50 haemophilia patients whose records were available for review were right upper quadrant abdominal pain, jaundice, fever and gastrointestinal symptoms such as loss of appetite, nausea and vomiting. Their liver function test results also showed high values for serum glutamic-oxaloacetic transaminase (SGOT), serum

glutamic-pyruvic transaminase (SGPT), alkaline phosphatase, total bilirubin and direct bilirubin.

From the analysis of risk factors, we have found that one lot (lot no. 1950177) of clotting factor VIII was related significantly to the outbreak of hepatitis A among haemophilia A patients (OR 35, 95% CI 11·3-108·9). An interval of fewer than 10 days between injections was related to a higher incidence of hepatitis A when compared with an interval of more than 10 days (OR 4·2, 95% CI 1·1-15·8). Other factors such as consumption of raw shellfish or other seafood within 2 months of symptom onset, travel or living in a group were not related to a higher incidence of hepatitis A (Table 4). The OR of one lot (lot no. 1950177 of clotting factor VIII was 38·4 (95% CI 8·8-168·2) when the effect of the interval between injections was adjusted.

The incidence of hepatitis A and relative risks of the groups who did or did not receive clotting factors from the injection records of 437 individuals was evaluated. A significantly high level of relative risk (46.9, P < 0.01) was found in one lot (lot no. 1950177) (Table 5). Statistical analysis was not possible as data were available for only two patients who were injected with factor IX. Although they were injected with lot nos. 1510037, 1510038 and 1510039, the factor IX product of lot no. 1510039 showed the most significant difference in exposure ratios between the case group and the control group.

Table 2. Comparison of attack rates of hepatitis A among haemophiliac and non-haemophiliac patients by region

,	Haemophilia patients					
Region	Enrolled haemophilia patients	Hepatitis A patients among haemophilia patients	Hepatitis A attack rate among haemophilia patients (%)	Hepatitis A attack rate among haemophilia patients (1/100 000)	General population Attack rates among males in the general population (/100 000)*	
Seoul	326	14	4-3	4294	5.4	
Busan	82	4	4.9	4878	0.4	
Incheon	60	2	3-3	3333	8·1	
Daejeon	43	3	7∙0	6977	7-1	
Daegu	. 64	· .2	3-1	3125	1.0	
Gwangju	45	_2	4.4	4444	1.0	
Gyeonggi-do	253	10	4.0	3953	4-6	
Gangwon-do	47	2	4.3	4255	2.3	
Chungcheongnam-do	47	2	4·3	4255.	2.6	
Chungcheongbuk-do	49	I	2.0	2041	1.6	
Gyollanam-do	60	1	1.7	1667	0.2	
Gyollabuk-do	7 1	3	4.2	5263	1.3	
Gyeongsangnam-do	105	, 6	5.7	5714	0.0	
Gyeongsangbuk-do	95	5	5⋅2	5263	0.3	
Jeju-do	12	0	0.0	0 .	_	
Total	1370	57	4.2			

^{*} Attack rates among males in the general population (%): July 1996 to June 1998.

Table 3. Comparison of attack rates of hepatitis A among haemophiliac and non-haemophiliacs by age group

	Haemophilia pa	General population			
Age group (years)	Enrolled haemophilia patients	Hepatitis A patients among haemophilia patients	Hepatitis A attack rate among haemophilia patients (%)	Hepatitis A attack rate among haemophilia patients (1/100 000)	Attack rates among males in the general population (/100 000)*
1–4	100	3	3.0	3000 .	0.4
5–9	222	12	5-4	5405	1.5
10-14	189	13	6-9	6878	4.6
15-19	193	14	7-3	7254	6·1
20-24	180	9	5.0	5000	8.0
25-29	144	5	3.5	3472	7 ⋅5
30-34	131	1	0.8	763	5·2
3539	70	_	_	_	2.2
40-44	60	_	ames		0.6
45-49	32	_		-	0.2
50-54	12	_	_		0.3
55-59	16	_	_	_	0.1
60-64	4		·	_	0.3
>65	. 9	-	_	_	0.2
Undefined	8	_	—		
Total	1370	57	4.2		

^{*} Attack rates among males in the general population (%): July 1996 to June 1998.

Table 4. Odds ratio (OR) and 95% confidence intervals (CI) of products among haemophilia A patients

Voriables	Exposure rate among cases	Exposure rate among controls	OD	060/ 01*
Variables	(n=31)	(n=92)	OR	95% CI*
Factor VIII lot no.				
1950172	3-2%	1-1 %	3.0	0-2-50-0
1950173	6.5%	3.3%	2.0	0-3-12-9
1950174	6.5%	6.5%	1.0	0.2-5.2
1950175	9-7%	9.8%	1.0	0.3-3.9
1950176	3.2%	12.0%	0.2	0.0-2.0
1950177	71.0%	6.5%	35.0	11.3-108.9
1950178	16-1%	14·1 %	1.2	0.4-3.6
1950179	25.8%	18-5%	1.5	0.6-4.0
1950180	35·5% · .	22.8 %	1.9	0.8-4.5
1950181	29.0%	20.0%	1.7	0.7-4.3
1950182	29.0%	17.4%	1-9	0-8-5-0
1950183	6-5%	4.4%	1.5	0:3-8:7
1950184	9.7%	10-9 %	0.9	0.2-3.4
1950185	3.2%	3·3 %	1.0	0-1-1-0
Other risk factors				
Injection interval	85.7%	58·7 %	4.2	1-1-15-8
period of <10 days				
Drinking unboiled	29-2 %	38·8 %	0.6	0.2-1.8
tap water at home	65 A B /	(0.09/		0004
Drinking unboiled tap water at school	55·0 %	60.0 %	0.8	0.3–2.4
Eating raw shellfish and seafood	5·3 %	17-9%	0.3	0.0-2.1
Travel history to	17-4%	28·4%	0.5	0.2-1.8
endemic region			~ -	
Past history of	12.5%	9.0%	1.5	0.3-6.3
living in groups	- · ·	•		
History of using common kitchen	4·4 %	9·1 %	0.5	0.1-4.1

Virological examinations

Among the 17 sera from seven HAV IgM-positive patients and 124 blood clotting factors (factor VIII and factor IX), HAV RNA was detected in five clotting factors and 11 HAV-positive sera (Tables 6 and 7). HAV RNA was detected in six out of seven patients tested. Five of these six patients and six clotting factors were positive by slot and Southern blot hybridization (Table 6). The analysis of the HAV sequences found in the clotting factors and sera showed that the HAV detected in one of the factors (factor VIII, lot no. 1950177) had 100% sequence homology with HAV found in three patients' sera (Fig.). This result coincides with the results of the epidemiological analysis in which it was found that those three patients were injected with lot no.

1950177 and this factor was highly related to the HAV infection in haemophilia patients with the high OR (Table 4).

Phylogenetic analysis

The phylogenetic analysis of HAV sequences detected from haemophiliac patients and blood products showed that the HAV sequences from sera 3 (patient no. 4), 10 (patient no. 5), 11 (patient no. 2) and one blood product (factor VIII, lot no. 1950177) were closely related to each other, as were HAV sequences from serum 4 (patient no. 6) and another product (factor IX, lot no. 1510039) (Fig.). The HAV sequence from patient no. 1 was closely related to that of factor IX (lot no. 1510043). However, the HAV sequence

Table 5. Relative risks of factor VIII among haemophilia patients

Factor VIII	Attack rate among non-exposed patients	Attack rate among exposed patients	Relative Risks
1950172	1.8	6.4	3.5**
1950173	3.2	0.0	0.0
1950174	3.0	2.9	1.0
1950175	2.7	5-1	1.9
1950176	3.3	0.0	0.0
1950177	0∙5	23.9	46.9***
1950178	2.8	5-4	2.0
1950179	3∙3	1.3	- 0.4
1950180	3·1	2-4	8.0
1950181	2·1	7⋅8	3.6**
1950182	2.0	6-6	3.3**
1950183	3.3	0.0	0.0
1950184	2.3	5.7	2.5
1950185	2-4	4.8	2.0

^{**} P < 0.05, *** P < 0.001.

Table 6. Detection of HAV genome from clotting factors

Sample no.	Lot no.	HAV RT-PCR	Slot/Southerr blot hybridization
19	1510039 (factor IX)	+	+
25	1510043 (factor 1X)	_	+
37	1950177 (factor VIII)	+	+
55	1950178 (factor VIII)	+	+
78	1950202 (factor VIII)	+	+ ·
124	1950213 (factor VIII)	+	+

from patient no. 3 did not match sequences from any blood products we examined. Sequences from two 1998 Korean isolates (HAV-JUN, HAV-KIM) and a HAV control (HM 175 strain) used as positive controls were not closely related to sequences from patients, although three lots of factors (lot nos. 1950202, 1950178, 1950213) were relatively related closely to two 1998 Korean isolates (HAV-JUN, HAV-KIM).

DISCUSSION

An outbreak of hepatitis A infection was investigated in a group of haemophiliacs in Korea in 1998. A peak in the incidence of hepatitis A was detected from May to June 1998, and the incidence decreased gradually

Table 7. Detection of HAV genome from patients

Patients	No. of tested sera	Serial nos.	Number of HAV RT-PCR positive sera	Serial nos. of positive sera
1	1	1	1	<u> </u>
2	2	6, 11	2	6, 11
3	4	2, 7, 13, 15	2	2, 15
4	3	3, 12, 14	1	3
5	4	5, 8, 9, 10	4	5, 8, 9, 10
6	1	4	1	4
7	2	16, 17	0	
Total no.	17		11.	

during the latter half of the year. By comparing the incidence of hepatitis A among the general population and haemophilia patients, a significant increase in hepatitis A incidence was detected among the haemophilia patients. The epidemiological study also implicated factor VIII (lot no. 1950177) as a causal agent of this outbreak. Another product (factor IX, lot no. 1510039) was only used in two haemophilia patients, therefore, it was not possible to analyse the relative risk of this lot.

The HAV sequences detected from patient nos. 2, 4, 5 and lot no. 1950177 of factor VIII were identical and closely related to sequences of HAV isolates in the United States. The plasma pool of lot no. 1950177 was imported from the United States. In addition, the HAV sequences from serum 4 (patient no. 6) and clotting factor IX (lot no. 1510039) were identical. Clotting factors used in Korea are produced by the solvent/detergent method to inactivate bloodborne viruses and it has been reported that HAV can survive this procedure [9].

Although there were reports of HAV strains detected in Korea during 1994–2000, the sequences of these strains could not be compared with the strains from haemophilia patients and from clotting factors because of differences in the amplified regions [10–12]. Comparison of nucleotide sequences from the Korean strains with foreign strains revealed that there were more nucleotide substitutions among the foreign strains.

A causal relationship was found between the injection of blood clotting factors and an outbreak of hepatitis A among haemophilia patients. During 1991–1993, similar cases were reported from other countries including Italy, Germany, Ireland and Belgium where the solvent/detergent method was used

Hepatitis A virus infection and haemophilia

to inactivate bloodborne viruses. We recommend that all haemophilia patients in Korea should be vaccinated against HAV following this outbreak.

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93

医薬品 研究報告 調査報告書

		報告日	第一報入手日	新医薬品等の区分	機構処理欄
識別番号・報告回数			2006. 2. 21	該当なし	
一般的名称	新鮮凍結人血漿		Sadler GJ, Mells GF,	公表国 Shah NH,	
販売名(企業名)	新鮮凍結血漿「日赤」(日本赤十字社)	研究報告の公表状況		. J Med	
間にわたって発見 文献で報告された	たE型肝炎の症例が8例報告された。 された。E型肝炎は英国ではまれな療 E型肝炎の英国国内感染症例は5例 者すべてに、渡航歴とは無関係にHE	態と考えられており、通常り しかない。この一連の報告に	t流行地への渡航後 tE型肝炎の国内での	に発症する。これまでに	使用上の注意記載状況・ その他参考事項等 新鮮凍結血漿「日赤」 血液を介するウイルス、 細菌、原虫等の感染 vCJD等の伝播のリスク
	设告企業の意見 U肝炎の症例が、バーミンガム市内の特 報告である。	所 日本赤十字社では、厚字診断・予防・疫学に関す感染の疫学調査を行って受け、試験的に北海道で性を検討し研究的NATA HEV感染の実態に関す	る研究班」と共同して ている。北海道におり では生肉の摂取の有 を行うなど安全対策を	、献血者におけるHEV ける輸血HEV感染報告を 無について問診の有用 ≥実施している。今後も	

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UK Acquired Hepatitis E—An Emerging Problem?

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Eight cases of hepatitis E acquired in the UK are reported. These cases presented to an inner city hospital in Birmingham, UK, over a 5-month period in 2005. HEV is considered unusual in the UK and generally occurs after travel to endemic regions. Only five cases of hepatitis E acquired in the UK have been reported in the literature. This series represents an increase in the local incidence of hepatitis E, particularly that of UK-acquired infection. HEV should be considered in all patients with acute hepatitis, irrespective of travel history. J. Med. Virol. 78:473–475, 2006. © 2006 Wiley-Liss, Inc.

KEY WORDS: acute hepatitis; jaundice; virus

INTRODUCTION

HEV is a common cause of sporadic and epidemic acute hepatitis in the developing world, but is consid-

ered rare in industrialized countries. Eight patients (cases A-H, Table I) presented to the jaundice clinic of a UK inner city hospital over a 5-month period in 2005 and were found to have hepatitis E. All cases had clinical and biochemical features consistent with acute hepatitis. None had any past history of liver disease. None had travelled abroad to an area where HEV is considered endemic. One patient had recently been in contact with a jaundiced individual (case C), one admitted to daily consumption of pork pies (case F), and another to frequent consumption of shellfish (case G). In all cases, serology for HAV, HBV, HCV, and autoimmune (ANA, SMA, and LKM antibodies) hepatitis was negative. Hepatitis could not be attributed to medications. Abdominal ultrasound revealed no focal hepatic abnormality or biliary tract dilatation. All patients have been reviewed at 6 weeks follow-up, and have recovered fully.

RESULTS

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TABLE I.	Comer	Walman a	- J LIGT	Compleme	for T	Dationto A	u
LAULU I.	DOM COLL	values a	TIT TIE A	OCTOINE A	IUI I	MUCHIS IN	_17.

	A	В	C	D	E	F	G ₈	H
Age	60	50 ਜ	36	78	75	61	52	67
Sex	M	F	F	\mathbf{M}	M	M	F	F
Race	Caucasian	Caucasian	Asian	Caucasian	Caucasian	Caucasian	Caucasian	Caucasian
AST (TU/L)	1457	3961	1947	1540	883	2791	1456	1072
ALP (IU/L)	395	307	228	656	230	375	165	305
Bil (µmol/l)	189	24 8	469	427	75	48	199	381
Alb (g/L)	37	33	36	32	47	43	40	32
INR	NA	1.2	1.6	NA	NA	NA	NA	1.5
HEV IgM	+	+	4.	-	-+-	+	Equivocal	
HEV IgG	+	÷	÷	<u> </u>	÷	Equivocal	+	+
HEV RNA	Not	Genotype	Genotype	Not	Not	Not	Not	Not
	detected	3 .	1	detected	detected	detected	detected	detected
AST at follow up	39	24	17	31	26	44	21	31

NA, not available

"HEV serology only requested on serum taken at 6-week follow-up.

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Abbreviations used: HAV, hepatitis A virus; HBV, hepatitis B virus; HCV, hepatitis C virus; HEV, hepatitis E virus; ANA, antinuclear antibody; SMA, smooth muscle antibody; LKM, liverkidney-microsomal antibody; AST, aspartate aminotransferase; AlkP, alkeline phosphatase; PCR, polymerase chain reaction.

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DISCUSSION

HEV is a non-enveloped, single strand RNA virus, which causes an acute hepatitis similar to Hepatitis A. Infection caused by HEV is more severe however, with a mortality of 0.5%–3%, increasing to approximately 20% in pregnant women [Khuroo et al., 1981; Hussaini et al., 1997). Only one serotype is recognized, but at least four different genotypes have been identified on the basis of sequence diversity in the viral genome-genotype 1 includes Asia-Africa strains, genotype 2 Mexico, genotype 3 United States and genotype 4 strains from Japan, China, and Taiwan (World Health Organisation website).

HEV is endemic in the developing world, where it causes epidemics of viral hepatitis and accounts for a significant proportion of sporadic cases [Aggarwal and Naik, 1997]. Whilst HEV is considered rare in the developed world, sporadic cases do occur, almost exclusively in travellers returning from endemic areas. However, autochthanous infection has been reported [Tassopoulos et al., 1994; Zaaijer et al., 1995; Kwo et al., 1997; Zanetti et al., 1999; McCrudden et al., 2000; Pina et al., 2000]. In the UK, 311 cases were reported to the CDSA between 1993 and 2002, of which only two were definitely acquired in the UK (Health Protection Agency website).

HEV is transmitted enterically, and outbreaks in the developing world have been linked to massive faecal contamination of water supplies [Naik et al., 1992; Corwin et al., 1999]. Person-to-person spread is rare [Aggarwal and Naik, 1994; Arankalle et al., 2000], possibly because of low faecal excretion of the virus [Nanda et al., 1995] and the need for a large oral dose to cause infection [Skidmore, 1999].

Consumption of contaminated water is unlikely in areas of good sanitation and, if contagion is negligible, this suggests an alternative source of infection.

There is considerable evidence that HEV is a zoonosis. HEV has been isolated from pigs [Meng et al., 1997] and other animals, with high sequence similarity between geographically related porcine and human strains [Banks et al., 2004a; Nishizawa et al., 2003].

Experimental cross-species infection of primates with porcine HEV has been demonstrated [Meng et al., 1998]. Anti-HEV seroprevalence is higher in those who work with swine [Withers et al., 2002]. Furthermore, in regions of Japan, 9 of 10 cases of HEV occur within 2 months of consuming grilled or undercooked pig liver [Yazaki et al., 2003]. More direct evidence comes from a report of several cases of HEV occurring after consumption of uncooked deer meat, in which HEV RNA from patients was identical to that isolated from meat which had been saved [Tei et al., 2003]. Significantly, in the UK up to 85.5% of pigs are anti-HEV positive [Banks et al., 2004b].

Diagnosis of hepatitis E is based on specific antibody. IgM indicates recent infection, but rapidly disappears. However, IgG remains detectable for 2–13 years [Panda and Jameel, 1997]. Progressive reduction in IgG

reactivity and eventual positive to negative seroconversion has been demonstrated [Goldsmith et al., 1992], which may permit re-infection.

Eight cases of hepatitis E are reported. In patients A-F, HEV IgM confirms recent hepatitis E. Patient G was HEV IgM equivocal and patient H IgM negative. However, HEV serology was tested following clinical recovery, HEV IgG was positive, and no alternative cause for acute hepatitis was identified. These patients are therefore most likely to also have suffered hepatitis E.

In these cases, absence of travel to an endemic region suggests UK-acquired infection. None of these patients had any contact with pigs or admitted to the consumption of undercooked meat, but frequent consumption of pork pies or shellfish is a potential source of infection in two patients.

Patient C was found to have a genotype 1 infection. She had been in contact with an individual who had developed jaundice after travel to Pakistan and who was found to be HEV IgG positive, although HEV IgM and RNA negative. Given that genotype 1 strains are localized to Asia and Africa, patient C is likely to have contracted HEV through person-to-person transmission of imported HEV. This has not been reported in the literature.

It is concluded that these cases represent a dramatic increase in the local incidence of UK-acquired HEV infection. This may be occurring on a more national scale. Heightened awareness of this important type of acute viral hepatitis is important. HEV should be sought in all cases of acute hepatitis in the UK, regardless of travel history, once more common causes have been excluded.

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