



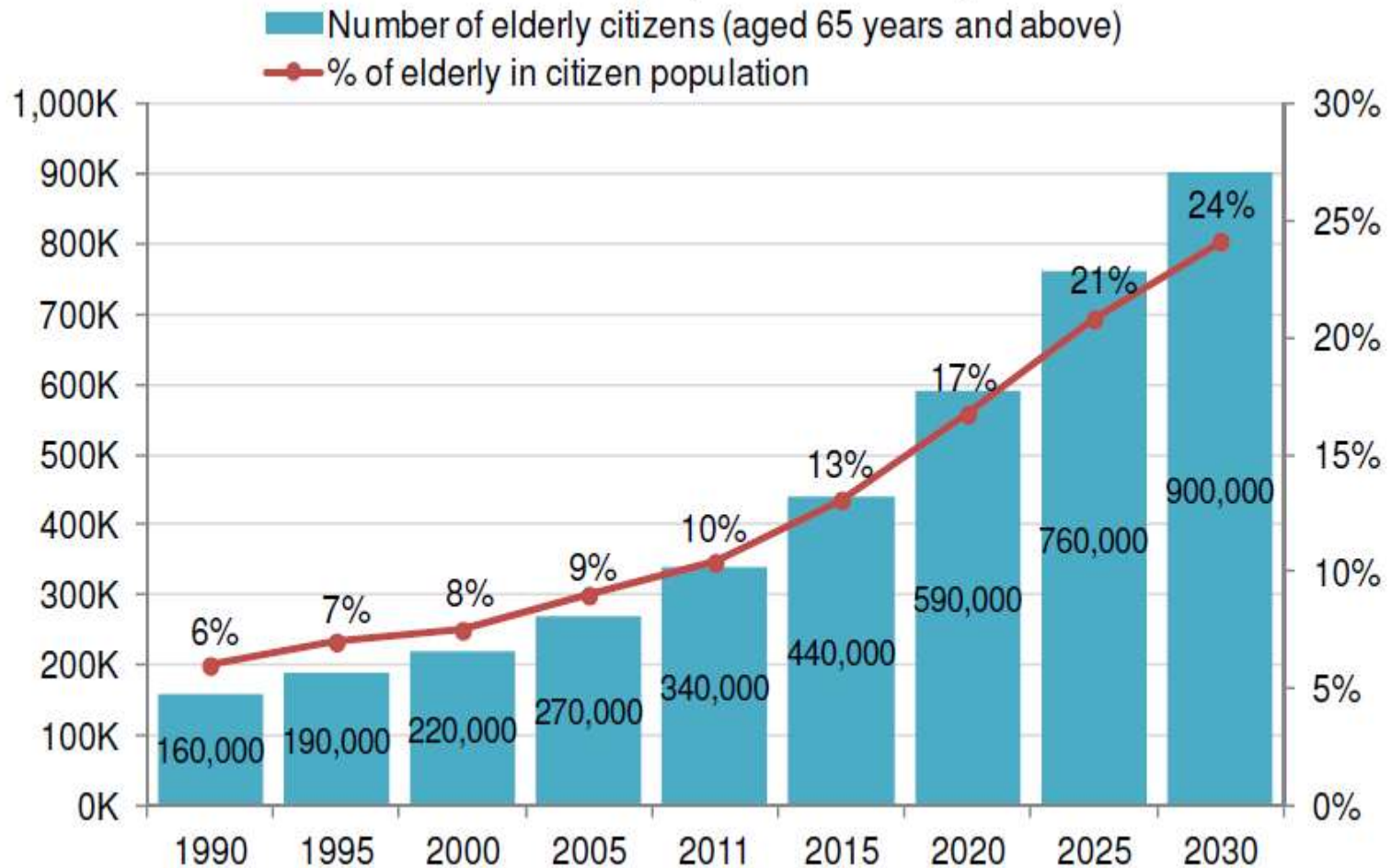
**MINISTRY OF HEALTH**  
SINGAPORE

## Long-Term Care in Singapore

- **Challenges and Learning Points**

Ministry of Health (Singapore)

# Ageing – Our Demographic Challenge



Source: DOS















**By 2030, about one in five residents would be 65 years or older**

## Seniors greater care needs

Total number of seniors who are semi/non-ambulant		
	2010*	2030
Age 65 to 69	4,920	12,784
Age 70 to 74	7,459	20,437
Age 75 to 79	10,144	29,513
Age 80 to 84	10,038	30,946
Age 85 and above	12,022	38,245
<b>Total</b>	<b>44,583</b>	<b>131,925</b>

The estimated number of elderly Singaporeans aged 65 and above who may require assistance with mobility and other activities of daily living is expected to **nearly triple** between 2010 and 2030.

# Yet we have fewer people to support our seniors

Year	Elderly Citizen	Citizens in working-age band of 20-64 years of age	
1970			13.5
2000			8.4
2011			6.3
2015			4.8
2020			3.6
2025			2.6
2030			2.1

Declining Old-Age Support Ratio

Source: Department of Statistics

**By 2030, only 2.1 working adults would be supporting per elderly citizen**

*The old age support ratio (OASR) is defined as the number of working adults between the age of 20 and 64 years old to every senior (65 years and above)*

# Aged Sector Development

## Care Options for Seniors by 2020

	No Impairment (Cat 1)	Mild Impairment (Cat 2)	Moderate Impairment (Low Cat 3)	Severe Impairment (High Cat 3 and 4)
No Caregiver Support	Active Ageing Supported by Senior Activity Centres	Senior Group Homes FDWs, supported by community and home care	Nursing home Home-based services	
Low Caregiver Support			Family member / FDW with home care	
High Caregiver Support				

# Taking a Patient-Centric View to Long Term Care

- **“Home first”** – development of home and centre-based care continues to be our key strategic objective
  - Seniors desire to remain in the community even as they grow frail
  - Caregiver support is key to enable this vision
- **Integration of care** under one roof to enhance convenience to seniors and caregivers
  - Day care centres offer both health and social care to clients
  - Developing nursing homes as eldercare hubs that provide care even for community-dwelling seniors

# Vision in Long Term care

- How do we ensure Accessibility, Quality & Affordability of care, to meet the spectrum of needs of our seniors?

## Accessibility

- Increase capacity of services to meet growing demand

## Quality




- Work with industry to develop care standards

## Affordability

- Give seniors peace of mind and longer-term financial protection

# Enhancing Accessibility of Care

- Current landscape – mixture of residential and non-residential services

Service	Details	Current Capacity	Target Capacity by 2020
 <b>Centre-based</b>	Day care services for seniors	2,800 day places	<b>6,200 day places</b> (120% increase)
 <b>Home-based</b>	Care services for home-bound	5,300 home places	<b>10,000 home places</b> (88% increase)
 <b>Residential - Nursing Home</b>	Residential care for seniors who cannot be supported in community; tend to be bed-ridden	9,700 beds	<b>17,000 beds</b> (75% increase)



# Supporting Ramp Up in Capacity

- Nursing Homes / Senior Care Centres
  - Build-Own-Lease model: **Government pays for the capital cost** of developing new aged care facilities, and then tender out to the best operator who can offer quality care at affordable prices.
  - Reduce financial burden for operators who want to expand capacities
- Home Care
  - Funding support to providers to meet manpower needs

# Enhancing Quality of Care

- There are current NH standards established, but we want to:
  - Expand scope of requirements
  - Have greater focus on care processes & outcomes
- **Recent developments**
  - Enhanced Standards for **Nursing Homes** (ENHS)
  - Guidelines for **Centre-Based** and **Home Care** Services
- Standards are co-developed with the industry; public is also consulted
- Supporting schemes such as training programmes to help providers achieve these standards

## We are enhancing affordability to give seniors peace of mind

- **Significantly enhanced Government-funded ILTC subsidies in 2012**
  - Tiered subsidies for different means-tested income tiers
  - Cover bottom two-third households
- Make **home and community care more financially attractive** than residential care
  - Higher subsidies for non-residential ILTC services
- Eldershield
  - Severe **disability insurance scheme**
  - Monthly payout of \$300/\$400 for seniors with >3 ADLs

Subsidies for	Singapore Citizens	Permanent Residents
Home and Community-Based Services (Non-Residential Services)	Up to 80%	Up to 55%
Subsidised Wards in Community Hospitals	Up to 75%	Up to 50%
Residential Services (except Community Hospitals)	Up to 75%	Up to 50%

# Stepping up efforts to develop manpower

- Development of manpower is important to support the ramp up in service capacity
- **'Right Number'**
  - Recruit more manpower through central employment schemes, scholarships, reaching out to mid-career professionals and retired nurses who want to return to practice.
- **'Right Skill'**
  - Provide scholarships, study awards and subsidised training programmes
- **'Right Pay'**
  - Provide funding for LTC providers to pay their staff wages that are competitive with the market
- **'Right Use'**
  - Provide funding to redesign their jobs for greater efficiency and effectiveness.

# Summary

- Role of the Government in catalysing accessibility, quality and affordability of long term care
  - *Accessibility*: e.g. Build-Own-Lease approach for new developments
  - *Quality*: e.g. development of interpretation guide for enhanced standards, to help sector understand how these standards can be implemented; customised and subsidised programmes for the sector also available for providers who want to improve themselves
  - *Affordability*: subsidies for two thirds of resident households to ensure affordability of long-term care services for seniors who need it

End

