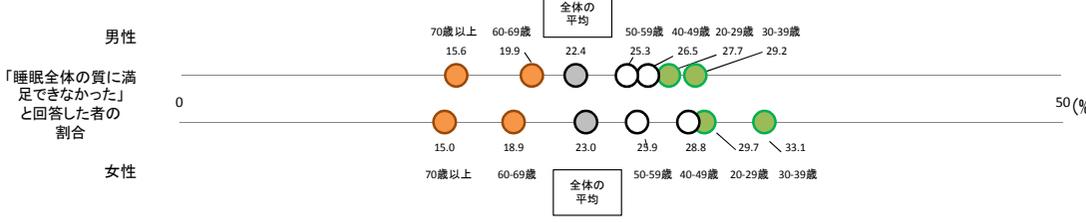
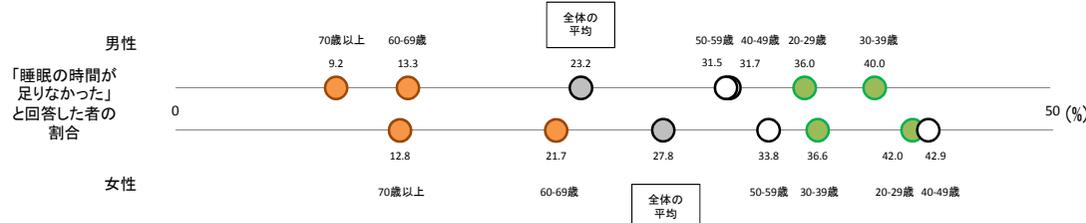
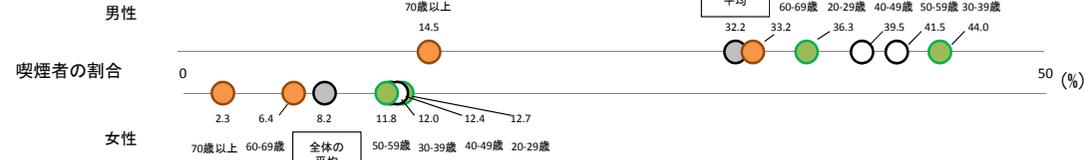
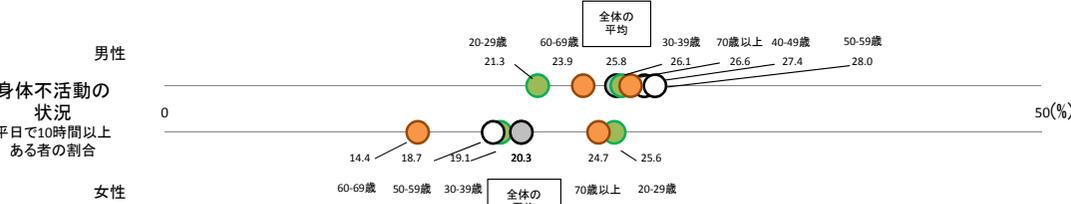
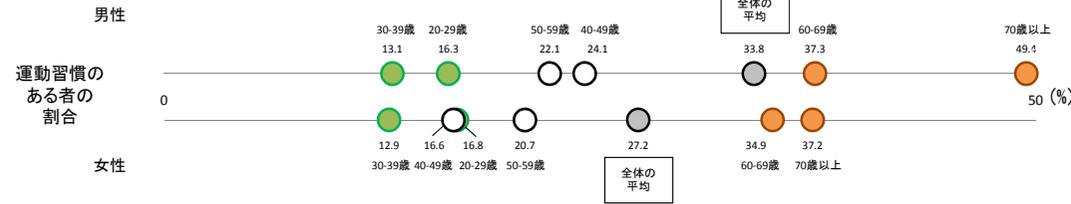
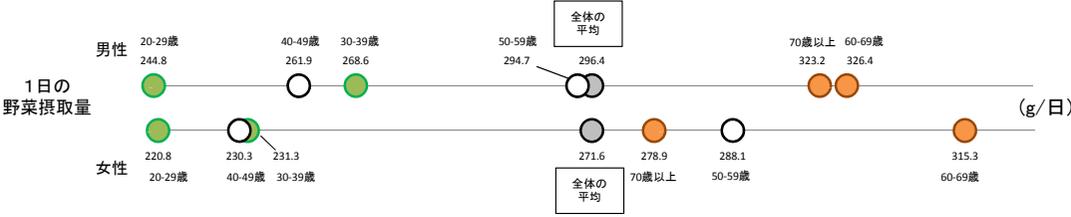
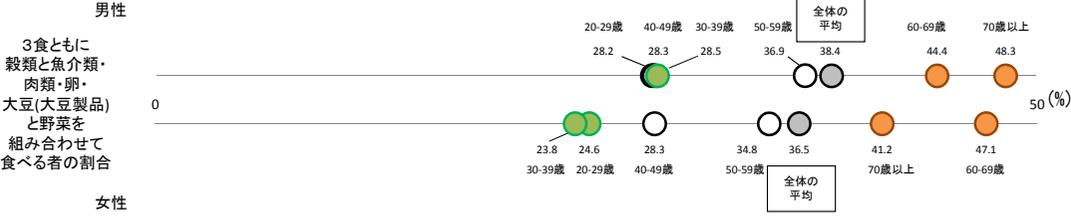


平成25年重点項目に関連する主な生活習慣の状況について

20歳～30歳代では、食事バランスが取れていない、運動習慣が少ない、睡眠時間が足りない傾向。



<参考>

