### Overview of comprehensive measures to prevent suicide

#### Current status and basic understanding

- **Basic policy**
  - Establishment of a society that offers a second chance to think and challenge on a way of working and development of a support and counseling system for unemployment and multiple debts, etc.
  - Early detection and rapid cure of depression
  - Approach for abolishing prejudice on suicides and mental disease along with cultivating a better understanding on the value of life
  - Expectation for volunteer approach of mass media

- **Approach to encourage every people to play a leading role in suicide prevention**

- **Work for follow-up measures for attempted suicide and bereaved families, etc. in addition to suicide prevention and response to suicide crisis**

- **Comprehensive support by persons concerned working together**

- **Promote a clarification of actual condition**
  - Carry out measures based on knowledge obtained, in the meantime

- **Address continuously based on a medium-to-long term standpoint**

#### Immediate priority measures

- **Clarify actual condition of suicides**
- **Promote awareness and watching of every people**
- **Develop human resources that play a main role in preemptive move**
- **Promote cultivation of mental health**
- **Prevent suicide with social effort**
- **Prevent reattempt of suicide**
- **Ease pain of persons close to the deceased**
- **Enhance collaboration with private organizations**

#### Numerical goal of suicide prevention

- **Decrease suicide rate by more than 20% by 2016**
- **Strive for early attainment of the goal so as to save as many people considering suicide as possible**
- **Revise the numerical goal regardless of the time of review in case the goal is achieved**

#### Implementation system, etc.

- **Establish a notification system for occurrence of peculiar case, etc.**
- **Promote an establishment of a suicide countermeasure department, etc. in municipalities**
- **Participation of private intellectuals for evaluation review**
- **Review in a five-year target period**

**Source:** Cabinet office