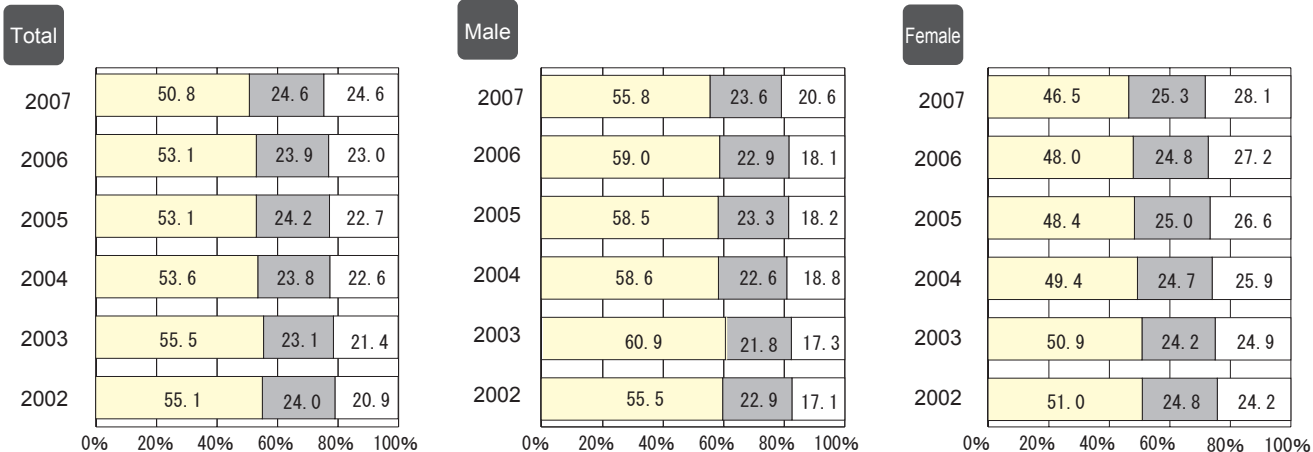


## Detailed Data 6 Changes in the Distribution of the Fat Energy Ratio (20 or Older)

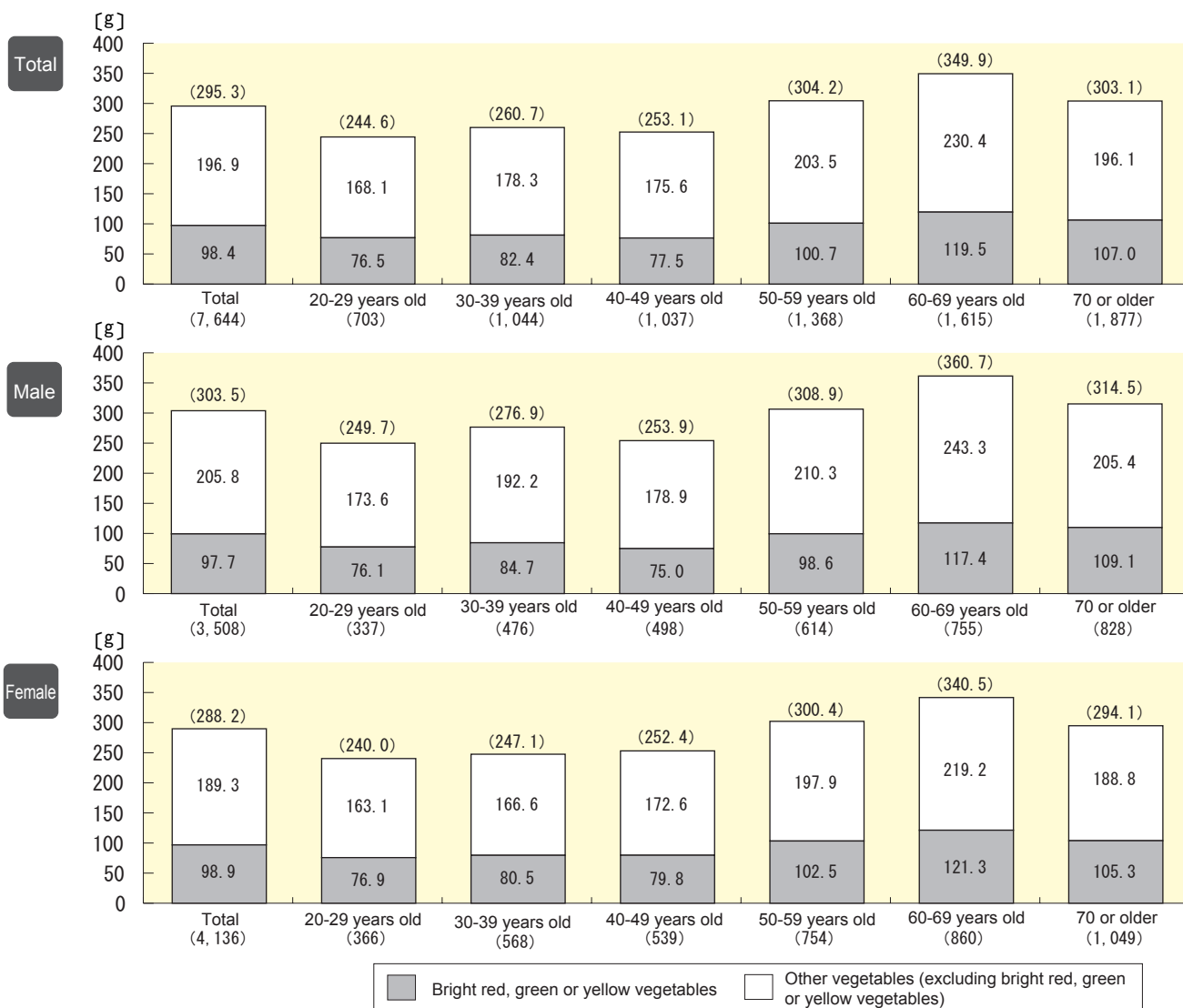


Source: "The national health and nutrition survey in Japan 2007", Health Service Bureau, MHLW

(Note) Fat energy ratio: Percentage of energy intake from fat

Legend: Less than 25% (Yellow), 25% to 29% (Grey), 30% or more (White)

## Detailed Data 7 Average Intake of Vegetables, etc. (20 or Older, by Sex/Age)



Source: "The national health and nutrition survey in Japan 2008", Health Service Bureau, MHLW

(Note) Figures in parentheses represent the total intake of "bright red, green or yellow vegetables" and "other vegetables".