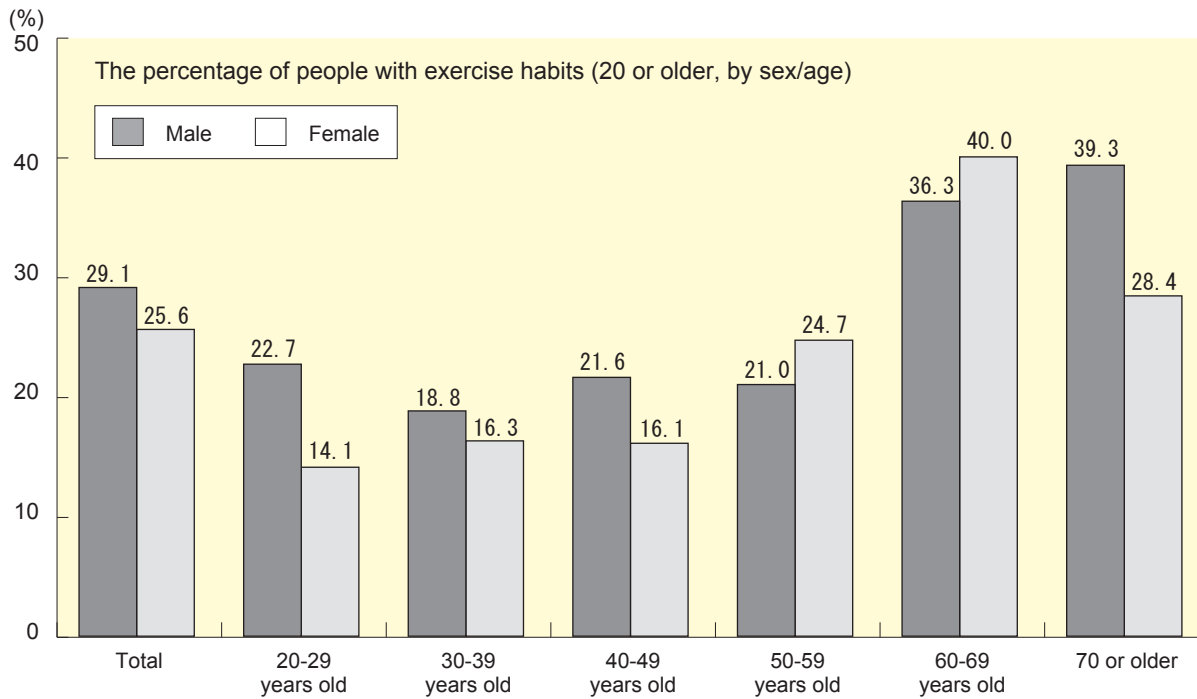


Detailed Data 5 Status of Exercise Habits



Source: "The national health and nutrition survey in Japan 2007", Health Service Bureau, MHLW

(Note) People with exercise habits: Those who have continued exercise of at least 30 minutes per day and at least 2 days per week for at least a year.