# [10] Health and Welfare Services for the Elderly

## Outline of Long-Term Care Insurance System

#### Overview

Long-Term Care Insurance System Diagram

#### Service providers

#### In-home Services

- Home-visit long-term care (home help service)
- · Home-visit bathing long-term care
- Home-visit nursing
- Home-visit rehabilitation
- · Guidance for management of inhome medical long-term care
- Outpatient day long-term care (day service)
- Outpatient rehabilitation (day care)
- · Short-term admission for daily life long-term care (short stay)
- · Short-term admission for
- recuperation

  Daily life long-term care for people admitted to a community-based specified
- · Rental service of equipment for long-term care covered by public
- · Sales of specified equipment covered by public aid

#### Facility services

- Services provided in intensive care homes for older adults
- · Long-term care health facility
- · Sanatorium medical facility for the elderly requiring long-term
- · Integrated facility for medical and long-term care

#### Community-based services

- · Regular visiting/on demand home-visit long-term/nursing
- · Home visit at night for long-term
- care
   Community-based
  outpatient day long-term
  care
- Outpatient long-term care of dementia patients
- · Multifunctional long-term care in a small group home
- · Communal daily long-term care for dementia patients (group home)
- Admission to a Community-Based Facility for Preventive Daily Long-Term Care of the Elderly Covered by Public Aid
- Community-based facility for preventive daily long-term care of the elderly welfare instruments
- · Combined Multiple Service (multifunctional long-term care in a small group home & homevisit nursing)

#### Preventive longterm care

- Home-visit bathing service for preventive long-term
- Home-visit nursing service for preventive long-term
- Home-visit rehabilitation service for preventive long term care services
- Management and guidance for in-home medical service for preventive long-term care Outpatient rehabilitation service for preventive long-
- Short-term admission for daily preventive long-term

term care

- Short-term admission for recuperation for preventive long-term care
- Daily preventive long-term care admitted to a specified facility
- Sales of specific preventive long-term care welfare instruments
- Lending preventive longterm care welfare instruments

#### Community-based preventive longterm care services

- Outpatient care service for preventive long-term care for dementia patient
- Multifunctional preventive long-term care in a small group home
- Daily life care service for preventive long-term care in communal living for dementia patient

#### Others

Allowance for home modification

Comprehensive services for longterm care prevention/daily life support

- 1st house call services
- 1st day care services
- 1st living assistance
- 1st care prevention support services

State (25% \*)
Prefectures (12.5% \*)
Municipalities (12.5%) premiums Premiums of the elderly (23%) Primary Support for municipalities individuals Insured Premiums Persons Prefectures (65 or older) 5.55 million Deducted Using services from Approx. pension Users' co-payment Special collection Federation of National Health Insurance Association Certification Premiums of the youth of needed long-\*Premiums for the Examination, payment, etc. term care vouth are borne by business operators and Implemented by Premiums (27%) the National Treasury in municipalities the same ways as for Certification of medical insurance. long-term care Public expenditure (50%) Secondary

Ordinary collection

Municipalities

Approx

Insured persons

insured persons

41 93 million

(aged 40-64)

Municipalities/

Special Wards

Confirmation by Check list · Conducted by municipalities

need may be

wide areas or

entrusted to

prefectures

implemented over

Formulation of long-term care service plans (Care

Plans)

Support for systematic use of care services

> \* 5% of the public expenditure from the national government is allocated as Adjusting Subsidies for municipalities and may increase/decrease depending on the number of persons aged 75 or older and income distributions of the elderly.

Medical insurers

Society

Social Insurance

Medical Fee

Payment Fund

· Health Insurance

· National Health

Lump-sum payment

(pooled nationally)

Grant.

Insurance, etc

- For benefit expenses of facilities, etc. (benefit expenses of 3 long-term care insurance facilities and specified facilities designated by prefectures), 20% is borne by the national government and 17.5% by prefectures.
- \* The number of the primary insured is from "Annual Report on the Long-term Care Insurance" as of the end of FY2019.
- The number of the secondary insured is based on the report from the medical insurers aimed to fix the amount of levies for long-term care benefit expenses by the Health Insurance Claims Review and Reimbursement Services: the figure is monthly average in FY2019.

### **Detailed Information 1**

Persons covered / eligible persons / premium burden / levy / collection methods

	Primary insured Persons	Secondary insured Persons
Covered	Persons aged 65 or older	Persons aged 40-64 who are participants of medical insurance
Eligible	Persons requiring long-term care (for being bedridden, dementia, etc.) Persons requiring support (for daily activities)	The case is limited where a condition of need for Long-Term Care or for a Needed Support Condition is due to disease (specified disease) caused by aging such as terminal cancer and rheumatoid arthritis, etc.
Premium burden	Collected by municipalities	Medical insurers collect the premiums as medical insurance premiums and pay in lump-sum
Levy and collection methods	Fixed premium in accordance with income level (to ease the burden on the people with low income)     Special collection (deduction from the pension) for the insured receiving ¥180,000 or more pension benefits annually.     For others, ordinary collection.	Health care insurance: "standard remuneration and standard bonus" x "rate of long-term care insurance premium" (borne partly by business operators)     National Health Insurance: Divided proportionally by income or on a per capita basis (borne partly by the National Treasury)

## Detailed Information 2

## Premiums

1. In order to require the burden bearing according to the ability to bear for the premium of the primary insured persons, a fixed premium amount is set by each municipality in accordance with the income level of the insured. The burden of the people with low income is eased, while the burden of the people with high income is incurred according to the income of the insured persons.

Level	Eligible persons	Premium	(Reference) Target persons (FY 2019)
Level 1	Beneficiary of public assistance     Recipients of old-age welfare pension in households exempt from municipal tax     Persons in households exempt from municipal tax with a pension income, etc. of     ¥800 thousand or less	Standard amount x 0.5	6.13 million
Level 2	Persons in households exempt from municipal tax with a pension income, etc. of more than ¥800 thousand but ¥1.2 million or less	Standard amount x 0.75	2.87 million
Level 3	Persons in households exempt from municipal tax with a pension income, etc. of more than ¥1.2 million	Standard amount x 0.75	2.64 million
Level 4	Persons exempt from municipal tax with a pension income, etc. of ¥800 thousand or less who have a member paying municipal tax in the same household	Standard amount x 0.9	4.62 million
Level 5	Persons exempt from municipal tax with a pension income, etc. of more than ¥800 thousand who have a member paying municipal tax in the same household	Standard amount x 1.0	4.76 million
Level 6	Persons subject to municipal tax with a total income of less than ¥1.2 million	Standard amount x 1.2	5.10 million
Level 7	Persons subject to municipal tax with a total income of ¥1.2 million or more but less than ¥2.1 million	Standard amount x 1.3	4.58 million
Level 8	Persons subject to municipal tax with a total income of ¥2.1 million or more but less than ¥3.2 million	Standard amount x 1.5	2.35 million
Level 9	Persons subject to municipal tax with a total income of ¥3.2 million or more	Standard amount x 1.7	2.51 million

- \* The table above shows standard levels of premiums. Municipalities can flexibly set the number of levels by Municipal Ordinance. In the meantime, municipalities can set the factors to be multiplied by the standard amount of the premiums for each level.
- \* Due to public funding introduction, measures have been strengthened to reduce the insurance premiums within the range of standard cost x 0.05 for the 1st phase from April 2015, and further strengthened to reduce within the range of the standard cost x 0.15 for the 1st phase, the standard cost x 0.25 for the 2nd phase and standard cost x 0.05 for the 3rd phase from October 2019.
- 2. In case of secondary insured persons, the premium is calculated based on the calculation standard of the medical insurance system that they subscribe.

## Detailed Information 3 Users Expenses

- 1. Fixed burden of 10%/20% /30% of the service cost, in addition to residence/meal costs are basically borne by the persons hospitalized or the persons staying at facilities.
- 2. In the case where the 10%/20%/ 30% burden bearing accounts for a large amount, high-cost long-term (preventive) care service benefits will be paid
- 3. Special care shall be paid to people with low income regarding 10% burden bearing and residence/meal cost burdens
- \* 20% burden bearing accounts: an income of over ¥1.6 million and an income of over ¥3.46 million combined with a primary insured person's income and others' income within the same household (an income of over ¥2.8 million in case a primary insured person is only one within the same household)
- 30% burden bearing accounts: an income of over ¥2.2 million and an income of over ¥4.63million combined with a primary insured person's income and others' income within the same household (an income of over ¥3.4 million in case a primary insured person is only one within the same household)

### <High-cost long-term care service benefits>

Income level	Ceiling amount for household
(1) Cases in which (2) or (3) does not apply.  [1] Households paying municipal tax- the household's taxable income: less than	[1] ¥44,400
¥3,800,000 (the household's total amount of income: less than ¥7,700,000)  [2] The household's taxable income: ¥3,800,000 or more, but less than ¥6,900,000 (the total amount of income: ¥7,700,000 or more, but less than ¥11,600,000)	[2] ¥93,000
[3] The household's taxable income: ¥6,900,000 or more (the household's total amount of income: ¥11,600,000 or more)	[3] ¥140,100
(2) [1] Those in municipal-tax exempted household	[1] ¥24,600
[2] In case reduction to ¥24,600 does not make them ineligible for public assistance	[2] ¥24,600
(a) Those with total income including the pension income of ¥800,000 or less in the municipal-tax exempted household	Individual ¥15,000
(b) Recipients of Old-age Welfare Pension in the municipal-tax exempted household	Individual ¥15,000
(3) [1] Recipients of public assistance	[1] Individual ¥15,000
[2] In case reduction to ¥15,000 does not make them ineligible for public assistance	[2] ¥15,000

<sup>\*</sup> Figures indicated as individual represent the ceiling amount for individuals in the households

<sup>\*</sup> For those in special nursing home for the elderly (subjects for measures in the old system) at the time of enforcement of the system, reduction and exemption measures according to their income level are taken for the time being.

## Detailed Information 4

## Procedures for Using the System

- 1. The Certification Committee for Long-term Care Need is responsible for the evaluation and judgement based on investigation results of the insured's mental and physical conditions and on family doctors' letters of opinions (evaluation and judgement can be entrusted to prefectures)
  - Municipalities are responsible for certification of long-term care and support needs based on the evaluation results by the Certification Committee for Long-term Care Need
  - \* The nationally uniform criteria for long-term care need certification are established objectively.
  - → Benefits are capped according to the levels of Long-term Care Need
  - Benefit limits for in-home care services are approximately ¥50,000 to ¥362,000 per month (subject to regions). They vary based on the levels of Long-term Care Need (7 levels including the levels of Support Need)

### (Benefit limits for in-home services)

Level of Long-term Care Need	Benefit limits
Support level 1	5,032 units/month
Support level 2	10,531units/month
Care level 1	16,765 units/month
Care level 2	19,705 units/month
Care level 3	27,048 units/month
Care level 4	30,938 units/month
Care level 5	36,217 units/month

<sup>\* 1</sup> unit: ¥10 to ¥11.40 (subject to regions and service types)

<sup>2.</sup> To provide comprehensive and systematic services suitable for the needs of users, it is fundamental to prepare long-term care service plans (care plans).

## Detailed Information 5 Contents of Insurance Benefits

	Services provided by comprehensive projects	Services of care prevention benefits	Services of long-term care benefits
Services designated/supervised by prefectures		Preventive long-term care services Home-visit bathing service for preventive long-term care Home-visit nursing service for preventive long-term care Home-visit rehabilitation service for preventive long-term care Management and guidance for in-home medical service for preventive long-term care Outpatient rehabilitation service for preventive long-term care Short-term admission for daily preventive long-term care Short-term admission for recuperation for preventive long-term care Daily preventive long-term care admitted to a specified facility Lending preventive long-term care welfare instruments Sales of specific preventive long-term care welfare instruments	In-home Services Home-visit long-term care Home-visit bathing long-term care Home-visit thing long-term care Home-visit rehabilitation Guidance for management of in-home medical long-term care Outpatient day long-term care Outpatient rehabilitation Short-term admission for daily life long-term care Short-term admission for recuperation Daily life long-term care admitted to specified facility Rental service of equipment for long-term care covered by public aid Sales of specified equipment covered by public aid  Facility services Services provided in intensive care homes for older adults Long-term care health facility Sanatorium medical facility for the elderly requiring long-term care Integrated facility for medical and long-term care
Services designated/supervised by municipalities	Preventive long-term care/life support comprehensive services     1st house-call services     1st day-care services     1st life support services     1st preventive long-term care     support services	Preventive long-term care support services     Community-based preventive long-term care services     Outpatient care service for preventive long-term care for dementia patient Multifunctional preventive long-term care in a small group home     Daily life care service for preventive long-term care in communal living for dementia patient	In-home long-term care support services Community-based services Regular visiting/on demand home-visit long-term/nursing care Home-visit at night for long-term care Community-based outpatient day long-term care Outpatient long-term care for dementia patients Multifunctional long-term care in a small group home Communal daily long-term care for dementia patients Daily life long-term care for elderly in community-based specified facility Admission to a Community-Based Facility for Preventive Daily Long-Term Care of the Elderly Covered by Public Aid Combined Multiple Service (multifunctional long-term care in a small group home & home visit nursing)
Others		Home modification	Home modification

After partial enforcement of the "Act on Arrangement of Relevant Acts to Promote Reform for Improving Regional Autonomy and Independence", the authority of services designated/supervised by prefectures has been transferred to designated/core cities.

### Detailed Information 6

Consideration for Stable System Operation

The Fiscal Stability Funds are established in prefectures (financed by the central government, prefecture, and municipalities evenly by 1/3) to provide grants or loans to supplement financial shortage due to unexpected increase in the amount of benefits and decrease in premium collection.

### <Operational consideration>

- 1. Certification of needed long-term care and support may be entrusted to prefectures.
- 2. Prefectures support municipalities in joint establishment of the Certification Committee for Long-term Care Need.

## Development of Infrastructure for Long-Term Care Insurance

#### Overview

#### Development of Infrastructure

- 1. In order to develop long-term care service infrastructure systematically, municipalities and prefectures formulate the municipal insured long-term care service plans and prefectural insured long-term care service plans respectively in accordance with the basic guidelines formulated by the government.
- 2. Municipalities take required measures to reflect opinions of the insured at the time of formulating or revising the municipal insured long-term care service plans.
- 3. The government provides subsidies such as for community nursing care and welfare space development in order to promote disaster prevention measures at nursing care facilities, etc. Furthermore, the government implements support through the Fund for Securing Comprehensive Medical and Long-term Care in the Community established in each prefecture to promote developing community's small-scale service bases for use in daily living area.

#### Detailed Information 1

Subsidy for community long-term care and welfare space development, etc.

#### 1. Purpose

In order to promote disaster prevention and mitigation measures for facilities for the elderly, the measures shall be taken such as installation of sprinklers, application of earthquake resistance, and further, installation of emergency private power generation facilities, strengthening of flood control measures, and repair of concrete block walls that may collapse.

#### Contents

- [1] Sprinkler installation support project for existing facilities for the elderly. From April 2015, in principle, it is obligatory to install sprinklers in facilities for the elderly, etc., where many persons who have difficulty evacuating on their own are admitted. In this project, the facilities for which sprinkler installation obligations have arisen from April 2018, shall be promptly improved.
- [2] Repairing support project of facilities for disaster prevention against group homes for the elderly with dementia. In order to ensure the safety and security of users of facilities for the elderly, etc., the earthquake-resistant modification and large-scaled repairs due to aging facilities shall be promoted.
- [3] Emergency private power generation facilities installation project, flood control measures strengthening projects for facilities for the elderly. Since the persons who need equipment such as respirators, oxygen therapy, and sputum aspiration are admitted to facilities for the elderly and it is expected that their life will be threatened due to a large-scaled power outage, etc., the installation of emergency private power generation equipment shall be promoted. In addition, as part of flood control measures, the installation of vertical evacuation spaces, elevators and slopes, etc. shall be supported to ensure evacuation in facilities for the elderly.
- [4] Safety measures strengthening project, ventilation system installation project. In order to strengthen safety measures of facilities for the elderly, etc., the repair of concrete block walls, etc. that have deterioration or damages, as well as problems in height, buttresses, etc. shall be promoted. Installation of ventilation systems shall also be promoted to prevent infectious diseases.
- 3. Implementing entities: Prefectures / Municipalities
- 4. Rate of grant: Fixed amount (1/2 for some projects)
- 5. Budget: Grants for establishing facilities of community care and welfare space developments, etc. :\(\frac{\pmathbf{Y}}{1.17}\) billion (FY 2021)

#### Detailed Information 2

Integrated Securing Funds for Regional Medical and Long-term Care (The portion of developing long-term care facilities)

#### 1. Purpose

Toward the establishment of the community-based integrated care system, based on prefectural plans, the government supports the promotion of developing systems which provide long-term care services including community-based services etc., meeting regional specific circumstances.

#### 2. Contents of the projects

By using expenses from grants placed in prefectures, the following services are implemented.

· Services for developing long-term care facilities etc.

To help the elderly continue living in their accustomed living areas, support to be implemented is as follows: support for development of community-based service facilities and their offices; support to the expenses for preparation of establishment of special nursing homes for the elderly and developing child care facilities in the existing nursery schools; support for repairs of existing special nursing homes for the elderly for making private room units etc.; support for establishment of facilities in accordance with the sanatorium type medical care facilities conversion plan etc.

- 3. Organizations responsible for the operation: prefecture
- 4. Subsidy ratio: Fixed (1/2 for some projects)
- **5. Budget:** Integrated Securing of Funds for Regional Medical and Long-term Care (the portion of developing long-term care facilities):61.8 billion (FY 2021)

## Implementation Status of Long-Term Care Insurance System

# Detailed Data 1 Changes in Number of Primary Insured persons (person)

As of the end of April of each year

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
1	1, 654, 769	22, 473, 297	23, 223, 722	23, 981, 379	24, 528, 385	25, 160, 699	25, 935, 454	26, 822, 941	27, 566, 882	28, 384, 166	28, 945, 267	29, 069, 219	29, 855, 066	31, 028, 325	32, 104, 772	33, 083, 888	33, 871, 028	34, 455, 715	34, 919, 979	35, 278, 142	35, 577, 741	35, 809, 257

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

### Detailed Data 2

## Changes in Number of Persons Requiring Long-Term Care/Needed Support (person)

As of the end of April of each year

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
Support level 1	290, 923	319, 595	398, 322	504, 835	601, 258	673, 542	58, 678	527, 027	551, 720	574, 997	603, 560	662, 247	692, 126	772, 816	824, 654	873, 999	887, 841	889, 634	880, 676	927, 162	933, 035	966, 278
Support level 2	-	-	-	-	-	-	45, 414	521, 549	629, 071	661, 881	653, 899	668, 629	712, 425	770, 816	805, 585	839, 110	858, 355	867, 353	883, 828	926, 414	944, 370	951, 409
Transient care level	-	-	-	-	-	-	654, 952	39, 557	1, 460	0	-	-	-	-	-	-	-	-	-	-	-	_
Care level 1	551, 134	709, 493	890, 772	1, 070, 191	1, 252, 269	1, 332, 078	1, 386, 738	876, 240	769, 388	788, 133	852, 325	909, 673	970, 468	1, 051, 891	1, 114, 774	1, 175, 743	1, 223, 871	1, 263, 488	1, 296, 659	1, 325, 530	1, 352, 354	1, 407, 805
Care level 2	393, 691	489, 560	571, 012	640, 574	594, 806	614, 040	651, 370	755, 749	806, 110	822, 691	854, 158	900, 892	952, 408	992, 717	1, 029, 165	1, 062, 102	1, 083, 300	1, 105, 911	1, 126, 741	1, 139, 023	1, 157, 433	1, 167, 640
Care level 3	316, 515	357, 797	393, 646	430, 709	492, 195	527, 329	560, 602	652, 255	711, 337	737, 951	712, 847	699, 763	724, 287	746, 722	769, 081	792, 848	812, 742	835, 556	855, 784	868, 796	881, 602	908, 935
Care level 4	338, 901	365, 352	393, 783	423, 846	478, 585	496, 616	524, 989	547, 175	578, 873	589, 512	629, 757	641, 178	669, 754	696, 080	711, 038	729, 956	746, 855	768, 322	790, 783	804, 416	820, 826	854, 924
Care level 5	290, 457	340, 662	381, 472	414, 169	455, 021	464, 550	465, 350	488, 753	500, 255	514, 758	563, 671	593, 228	608, 928	612, 113	604, 770	603, 677	602, 442	601, 086	602, 876	602, 438	603, 460	585, 499
Total	2, 181, 621	2, 582, 459	3, 029, 007	3, 484, 324	3, 874, 134	4, 108, 155	4, 348, 093	4, 408, 305	4, 548, 214	4, 689, 923	4, 870, 217	5, 075, 610	5, 330, 396	5, 643, 155	5, 859, 067	6, 077, 435	6, 215, 406	6, 331, 350	6, 437, 347	6, 593, 779	6, 693, 080	6, 842, 490

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

(Note) Those who are certified for support need at the time of revision of the Long-Term Care Insurance Act (enforced on April 1, 2006) are in the category of "Transient long-term care needs" until the end of the certified period.

#### Detailed Data 3

## Changes in Number of Long-Term Care Service Users (person)

Services provided in April of each year

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
In-home services (including preventive long-term care services)	971, 461	1, 419, 344	1, 723, 523	2, 014, 841	2, 314, 883	2, 505, 636	2, 546, 666	2, 573, 797	2, 685, 115	2, 782, 828	2, 941, 266	3, 101, 253	3, 284, 065	3, 484, 228	3, 662, 108	3, 821, 196	3, 898, 569	3, 806, 094	3, 659, 642	3, 777, 700	3, 836, 886	3, 990, 006
Community-based services (including preventive long-term care services)	-	-	-	-	-	-	141, 625	173, 878	205, 078	226, 574	253, 769	282, 297	310, 906	343, 371	372, 110	394, 808	722, 333	808, 942	840, 645	870, 236	843, 943	867, 285
Facility services	518, 227	650, 590	688, 842	721, 394	757, 593	780, 818	788, 637	814, 575	825, 155	825, 835	838, 279	847, 946	861, 950	886, 764	892, 514	902, 605	921, 117	925, 563	932, 309	946, 270	954, 487	953, 140
Total	1, 489, 688	2, 069, 934	2, 412, 365	2, 736, 235	3, 072, 476	3, 286, 454	3, 476, 928	3, 562, 250	3, 715, 348	3, 835, 237	4, 033, 314	4, 231, 496	4, 456, 921	4, 714, 363	4, 926, 732	5, 118, 609	5, 542, 019	5, 540, 599	5, 432, 596	5, 594, 206	5, 635, 316	5, 810, 431

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

#### Detailed Data 4

## Changes in Amount of Long-Term Care Benefits Expenses (¥1 million/service type/month)

Services provided in April of each year

																					-	
	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009年	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021
In-home services (including preventive long-term care services)	57, 001	118, 500	153, 214	182, 507	216, 783	236, 804	214, 366	229, 147	246, 922	265, 488	287, 004	304, 065	324, 049	353, 809	373, 608	379, 492	362, 588	366, 974	365, 149	381, 140	381, 730	404, 019
Community-based services (including preventive long-term care services)		-	-	-	-	-	28, 287	34, 383	40, 065	44, 455	49, 568	55, 181	62, 465	69, 571	75, 980	80, 113	112, 019	118, 138	124, 466	129, 899	132, 505	136, 937
Facility services	144, 874	200, 177	212, 586	214, 033	227, 927	234, 326	198, 493	205, 154	207, 915	214, 115	218, 512	219, 492	224, 185	229, 609	232, 676	232, 505	233, 605	237, 866	243, 644	248, 399	259, 815	259, 750
Total	201, 875	318, 677	365, 800	396, 540	444, 709	471, 130	441, 146	468, 684	494, 903	524, 058	555, 084	578, 739	610, 700	652, 989	682, 264	692, 110	708, 212	722, 978	733, 259	759, 439	774, 050	800, 706

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

## Detailed Data 5

## Individual Service Expenses

	Expense (unit: ¥1 million)	Percentage (unit: %)
Total	930, 335	100.0
Home-based services (including nursing care preventive services)	422, 693	45. 4
Home-visit/outpatient	316, 727	34. 0
Home-visit long-term care	87, 761	9. 4
Home-visit bathing long-term care	4, 959	0. 5
Home-visit nursing	31, 862	3. 4
Home-visit rehabilitation	5, 374	0. 6
Outpatient day long-term care	113, 342	12. 2
Outpatient rehabilitation	41, 087	4. 4
Rental of assistive equipment	32, 342	3. 5
Short-term institutionalization	40, 184	4. 3
Short-term stay for LTC	36, 431	3. 9
Short-term admission for recuperation (in long-term care health facilities)	3, 597	0. 4
Short-term admission for recuperation (in hospitals, etc.)	132	0.0
Short-term admission for recuperation (health care facility)	24	0.0
Guidance for management of in-home medical long-term care	12, 656	1.4
LTC for residents of specified institutions (excluding short-term use)	53, 087	5. 7
LTC for residents of specified institutions (short-term use)	39	0.0
n-home long-term care support	44, 827	4.8
Community-based services	160, 197	17. 2
Periodic or on-call home-visit long-term care and nursing care	5, 676	0.6
Home-visit at night for long-term care	291	0. 0
Community-based outpatient day long-term care	35, 839	3. 9
Daycare for LTC of the elderly with dementia	7, 085	0.8
Multifunctional LTC in a small group (excluding short-term use)	23, 396	2.5
	10	0.0
Multifunctional LTC in a small group (for short-term use)	12	6. 6
LTC for the elderly with dementia in residential care settings (excluding short-term use)	61, 841	0.0
LTC for the elderly with dementia in residential care settings (for short-term use)	32 1, 838	
Community-based LTC for residents of specified facilities (excluding short-term use)	1, 030	0. 2
Community-based LTC for residents of specified facilities (short-term use)  Admission to a Community-Based Facility for Preventive Daily Long-Term	10.700	0.0
Care of the Elderly Covered by Public Aid  Combined Multiple Service (multifunctional long-term care in a small	19, 760 4, 419	2. 1
group home & home visit nursing, excluding short-term use)	٠, ٦١٧	3.0
Combined Multiple Service (multifunctional long-term care in a small group home & home visit nursing, for short-term use)	7	0.0
Service in institutions	302, 617	32. 5
Services provided in intensive care homes for older adults	166, 987	17. 9
Long-term care health facility service	114, 614	12. 3
Sanatorium long-term care service	6, 390	0.7
Integrated facility for medical and long-term care service	14, 626	1. 6

Source: Prepared by the Health and Welfare Bureau for the Elderly, MHLW, based on the "Statistics of Long-term Care Benefit Expenditures" (examined as of April 2021) of Social Statistics Office to the Director-General for Statistics, Information System Management and Industrial Relations, MHLW.

(Note) 1. The figure of individual categories may not add to totals due to rounding

2. The figures include long-term prevention benefit.

#### Detailed Data 6 Changes in Total Amount of Long-Term Care Expenses (¥100 million/Year)

2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020 (Budge)		2022 (Budge)
36, 273	45, 919	51, 929	56, 891	62, 025	63, 957	63, 615	66, 719	69, 497	74, 306	78, 204	82, 253	87, 570	91, 734	95, 877	98, 326	99, 903	102, 188	104, 319	107, 812	121, 486	128, 390	132, 890

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW The figures for FY2019 and FY2021 are estimated from the budget amount.

## Detailed Data 7

# Changes in Number of Long-Term Care Service Providers (service provider)

Examined as of April of each year

						⊏Xa⊓	lined as of A	April of eaci	ı yeai	
	FY2002 (Examined as of April 2003)	FY2003 (Examined as of April 2004)	FY2004 (Examined as of April 2005)	FY2005 (Examined as of April 2006)	FY2006 (Examined as of April 2007)	FY2007 (Examined as of April 2008)	FY2008 (Examined as of April 2009)	FY2009 (Examined as of April 2010)	FY2010 (Examined as of April 2011)	FY2011 (Examined as of April 2012)
Home-based services	,	/	=/	,		,	/	,		
Home-visit long-term care	16, 761	20, 110	23, 373	25, 310	25, 685	25, 213	25, 267	25, 982	27, 029	28, 661
Home-visit bathing long-term care	2, 622	2, 696	2, 698	2, 619	2, 458	2, 303	2, 253	2, 283	2, 285	2, 329
Home-visit nursing	8, 821	8, 748	8, 643	8, 568	8, 341	8, 041	7, 845	7, 750	7, 683	7, 910
Home-visit rehabilitation	2, 022	1, 998	2, 010	1, 999	2, 612	2, 848	2, 988	3, 117	3, 247	3, 322
Guidance for management of in-home medical long-term care	16, 595	16, 546	16, 454	16, 553	16, 014	16, 015	· · · · ·	17, 114	17, 752	18, 713
Outpatient day long-term care	11, 429	13, 817	16, 771	19, 754	20, 748	22, 146	23, 644	25, 610	28, 054	31, 570
Outpatient rehabilitation	5, 714	5, 872	6, 092	6, 263	6, 436	6, 530	6, 539	6, 703	6, 763	6, 860
Short-term stay for LTC	5, 117	5, 431	5, 843	6, 348	6, 747	7, 080	7, 373	7, 607	7, 791	8, 259
Short-term admission for recuperation	3, 577	3. 736	3, 832	3, 884	3, 891	3, 805	3, 762	3. 744	3, 680	3, 678
LTC for residents of specified institutions (excl. short-term use)	531	777	1, 205	1, 726	2, 491	2. 824	2. 998	3, 222	3, 476	3, 762
LTC for residents of specified institutions (short-term use)			.,	.,	-,	-, -	-, -	-, -	-, .	•
(snort-term use) Rental of assistive equipment	5. 456	6. 428	7. 120	7. 509	7. 035	6. 579	6. 276	6. 328	6. 425	6, 689
Community-based services	0, 100	0, 120	7, 1=-	7,000	7, 000	0, 0.0	0, 2	0, 0_0	0, 1_0	:
Periodic or on-call home-visit long-term										<del>i                                    </del>
care and nursing care  Home-visit at night for long-term care					50	92	Į	95	112	152
Community-based outpatient day long-term care					•					102
Daycare for LTC of the elderly with dementia		-			2. 562	2. 883	3. 098	3. 277	3. 455	3, 611
Multifunctional LTC in a small group					507	1, 373	1, 936	2, 303	2, 785	3, 402
LTC for the elderly with dementia in residential care	2. 854	1 690	6. 422	9 060	8. 776	9, 327				11, 378
settings Community-based LTC for residents of specified	۷, ۵۵4	4, 689	0, 4∠∠	8, 069	8, 776	9, 327	9, 712 106	10, 041 138	10, 676 165	210
facilities			-	-						
Admission to a community-based facility for preventive daily long- term care of the elderly covered by public aid Combined Multiple Service (multifunctional long-term	•	•	•		51	135	233	332	415	696
care in a small group home & home visit nursing)	00 077	٥٢ ما ٥	20 550	20 207	20 700	20 000	20,020	01 400	20 410	24.010
In-home long-term care support	22, 877	25, 918	28, 556	30, 387	30, 722	30, 692	30, 932	31, 428	32, 412	34, 019
Service in institutions	4.051	F 10F		F C04	Г 000	г 000	I C 100	C 107	C 007	C 200
Services provided in intensive care homes for older adults	4, 951	5, 165	5, 411	5, 684	5, 828	5, 986		6, 167	6, 207	6, 399
Long-term care health facility  Sanatorium medical facility for the elderly	2, 928	3, 065	3, 216	3, 360	3, 445	3, 509		3, 671	3, 731	3, 834
Sanatorium medical facility for the elderly requiring long-term care	3, 451	3, 437	3, 346	3, 038	2, 664	2, 427	2, 194	2, 018	1, 877	1, 766
Integrated facility for medical and long-term care	•	•		•	•	•	•		•	•
Preventive long-term care services			ı							
Home-visit care for preventive LTC	•	•	•	•	21, 927	22, 673		23, 307	24, 035	25, 306
Home-visit bathing service for preventive LTC	•		•		259	318	1	319	321	377
Home-visit nursing service for preventive LTC	•	•	•		4, 831	5, 117		5, 285	5, 342	5, 578
Home-visit rehabilitation service for preventive LTC	•	•	•		1, 168	1, 544	· · · · ·	1, 793	1, 965	2, 069
Management and guidance for in-home medical service for preventive long-term care					4, 392	5, 201	5, 807	6, 120	6, 529	7, 035
Outpatient preventive LTC					18, 038	20, 321	21, 690	23, 249	24, 889	27, 705
Outpatient rehabilitation service for preventive LTC			•		5, 701	6, 114		6, 338	6, 370	
Short-term stay for preventive LTC			•	-	3, 062	3, 761	3, 936	3, 916	3, 876	4, 108
Short-term admission for recuperation for preventive long-term care			•		938	1, 040	1, 002	914	822	791
Preventive LTC for residents of specified institutions	•	•			2, 071	2, 389	2, 525	2, 672	2, 851	3, 063
Rental of assistive equipment for preventive LTC					4, 839	5, 052	5, 094	5, 205	5, 402	5, 733
Home-based care support services for preventive LTC					3, 490	3, 859	3, 987	4, 117	4, 134	4, 224
Community-based services for preventive LTC			•				•	•		
Daycare for preventive LTC of the elderly with dementia					340	386	433	455	417	474
Small-scale multifunctional home-based preventive LTC					184	653	1, 003	1, 265	1, 595	1, 992
Preventive LTC for the elderly with dementia in residential care settings					687	752	800	729	695	710
1 190										

		FY2012 (Examined as of April 2013)	FY2013 (Examined as of April 2014)	FY2014 (Examined as of April 2015)	FY2015 (Examined as of April 2016)	FY2016 (Examined as of April 2017)	FY2017 (Examined as of April 2018)	FY2018 (Examined as of April 2019)	FY2019 (Examined as of April 2020)	FY2020 (Examined as of April 2021)
Hon	ne-based services									
	Home-visit long-term care	30, 272	31, 656	32, 636	33, 262	33, 445	33, 284	33, 176	33, 482	33, 750
	Home-visit bathing long-term care	2, 300	2, 224	2, 179	2, 054	1, 977	1, 872	1, 770	1, 689	1, 663
	Home-visit nursing	8, 289	8, 785	9, 367	10, 126	10, 689	11, 164	11, 795	12, 328	13, 093
	Home-visit rehabilitation	3, 488	3, 573	3, 681	3, 871	4, 013	4, 138	4, 614	4, 778	4, 950
	Guidance for management of in-home medical long-term care	20, 150	22, 217	25, 433	29, 210	33, 571	36, 246	39, 123	40, 920	44, 327
	Outpatient day long-term care	35, 453	39, 196	42, 386	43, 440	23, 134	23, 599	23, 881	24, 186	24, 354
	Outpatient rehabilitation	7, 056	7, 200	7, 371	7, 511	7, 675	7, 740	7, 920	8, 188	8, 116
	Short-term stay for LTC	8, 845	9, 189	9, 823	10, 152	10, 340	10, 530	10, 615	10, 572	10, 587
	Short-term admission for recuperation	3, 802	3, 768	3, 808	3, 833	3, 794	3, 735	3, 781	3, 686	3, 459
	LTC for residents of specified institutions (excl. short-term use)	4, 046	4, 290	4, 530	4, 735	4, 914	5, 088	5, 252	5, 384	5, 526
	LTC for residents of specified institutions (short-term use)	62	93	122	300	378	378	298	235	193
	Rental of assistive equipment	6, 889	7, 081	7, 225	7, 283	7, 314	7, 193	7, 113	7, 055	7, 076
Con	munity-based services									
	Periodic or on-call home-visit long-term care and nursing care	176	352	500	633	747	868	946	1, 012	1, 088
	Home-visit at night for long-term care	163	167	192	182	185	179	172	170	170
	Community-based outpatient day long-term care					20, 265	19, 709	19, 452	19, 159	18, 982
	Daycare for LTC of the elderly with dementia	3, 735	3, 770	3, 787	3, 719	3, 645	3, 541	3, 439	3, 322	3, 165
	Multifunctional LTC in a small group	3, 979	4, 337	4, 728	4, 984	5, 155	5, 364	5, 453	5, 487	5, 550
	LTC for the elderly with dementia in residential care settings	11, 837	12, 289	12, 776	12, 985	13, 192	13, 499	13, 674	13, 750	13, 960
	Community-based LTC for residents of specified facilities	247	273	283	292	312	324	335	346	356
	Admission to a community-based facility for preventive daily long- term care of the elderly covered by public aid	1, 026	1, 186	1, 764	1, 949	2, 031	2, 231	2, 344	2, 370	2, 435
	Combined Multiple Service (multifunctional long-term care in a small group home & home visit nursing)	38	108	191	309	394	487	557	644	757
In-h	ome long-term care support	35, 630	37, 097	38, 541	39, 471	39, 949	40, 065	39, 685	38, 874	38, 318
Sen	vice in institutions									
	Services provided in intensive care homes for older adults	6, 640	6, 796	7, 340	7, 558	7, 695	7, 885	8, 057	8, 156	8, 238
	Long-term care health facility	3, 963	4, 018	4, 130	4, 201	4, 243	4, 289	4, 285	4, 274	4, 246
	Sanatorium medical facility for the elderly requiring long-term care	1, 630	1, 532	1, 434	1, 320	1, 226	1, 078	912	717	483
	Integrated facility for medical and long-term care							145	339	569
Pre	ventive long-term care services									
	Home-visit care for preventive LTC	26, 520	27, 572	28, 246	27, 667	21, 791	2, 948			•••
	Home-visit bathing service for preventive LTC	377	346	356	363	343	362	364	330	331
	Home-visit nursing service for preventive LTC	5, 955	6, 440	6, 926	7, 581	8, 175	8, 682	9, 256	9, 802	10, 483
	Home-visit rehabilitation service for preventive LTC	2, 196	2, 318	2, 470	2, 589	2, 796	2, 957	3, 218	3, 400	3, 631
	Management and guidance for in-home medical service for preventive long-term care	7, 975	8, 902	10, 295	11, 596	13, 364	14, 570	16, 381	17, 185	19, 375
	Outpatient preventive LTC	30, 834	33, 902	36, 499	35, 982	28, 012	3, 916			
	Outpatient rehabilitation service for preventive LTC	6, 745	6, 896	7, 081	7, 195	7, 362	7, 473	7, 656	· ·	7, 900
	Short-term stay for preventive LTC	4, 351	4, 583	4, 779	4, 723	4, 836	4, 848	4, 967	4, 307	3, 956
	Short-term admission for recuperation for preventive long-term care	772	784	822	806	782	793	794	667	552
	Preventive LTC for residents of specified institutions	3, 289	3, 480		3, 792		4, 093	4, 235		
	Rental of assistive equipment for preventive LTC	5, 965	6, 198	6, 396	6, 542	6, 631	6, 572	6, 545		6, 546
Hom	ne-based care support services for preventive LTC	4, 392	4, 492	4, 541	4, 704	4, 834	4, 960	5, 072	5, 121	5, 169
Com	mmunity-based services for preventive LTC									
	Daycare for preventive LTC of the elderly with dementia	545	571	579	569		545	556		470
	Small-scale multifunctional home-based preventive LTC	2, 463	2, 696	3, 124	·		3, 743	3, 929		3, 918
	Preventive LTC for the elderly with dementia in residential care settings	776	754	752	795	809	880	1, 030	979	1, 011

Source: "Survey of Long-term Care Benefit Expenditures", "Statistics of Long-term Care Benefit Expenditures" (examined as of April of each year) by Social Statistics Office to the Director-General for Statistics, Information System Management and Industrial Relations, MHI W

(Note) Community-based services, community-based services for preventive long-term care, and preventive long-term care services have been introduced since April 2006.

Periodic or on-call home-visit long-term care and nursing care, and combined multiple services have been introduced since April 2012. Community-based outpatient day long-term care has been introduced since April 2016.

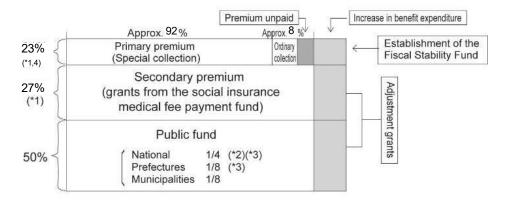
Integrated facility for medical and long-term care service has been introduced since April 2018.

The home-visit care for preventive long-term care and the outpatient preventive long-term care have been transferred until the end of FY 2017 to the long-term care and life support projects of the comprehensive services for long-term care prevention and daily life support.

## Financial Status of Long-Term Care Insurance System

Overview

Financial Status of Long-Term Care Insurance System



- \*1 The percentages are based on the statistical proportion of the primary and secondary insured persons for the period FY2021-2023 (the corresponding percentages were 17% and 33% for FY2000-2002, 18% and 32% for FY2003-2005, 19% and 31% for FY2006-2008, 20% and 30% for FY2009-2011, 21% and 29% for FY2012-2014, 22% and 28% for FY2015-2017, and 23% and 27% for FY2018-2020, respectively).
- \*2 5% of the national fund shall be appropriated for the adjustment of gaps of municipalities' finance (grant proportions differ depending on municipalities).

(Reasons for adjustment)

- [1] Different proportion of later elderly person's participation.
- [2] Different burden bearing capabilities of the elderly (numbers of insured people by income level)
- [3] Reduction or exemption of premium and users' fees at the time of disasters (special adjustment)
- \*3 The burden bearing ratio of benefit expenditure concerning Long-Term Care facilities, etc. (\*) since FY2006 is as follows:
  - (\*) 3 types of the Facilities Covered by Long-Term Care Insurance and the Specified Facility Designated by prefecture

 $\begin{array}{ccccc} \text{Nation} & 25\% & \square & 20\% \\ \text{Prefecture} & 12.5\% & \square & 17.5\% \\ \end{array}$ 

<sup>\*4</sup> Since FY2015, public funds have been used separately to reduce the amount of insurance premium for persons with low income (by the central government, prefectures and municipalities).