

## Re-design Towards the "Era of an 85-year Life Span"

to be confirmed

The average life expectancy has expanded by 30 years over the past 60 years, the "Era of the 85-year Life Span" generation has arrived and the sense of values has diversified among people. With this in mind, life plans have been sliced by age into, "I go to school until about the age of 20, I work single-mindedly up to retirement, and afterwards I spend the rest of my life receiving a pension", which has been the typical pattern to date, now becoming unsuitable for everyone achieving the ideal of fulfilling lives in their own style.

Therefore, in order to re-design life plans, promote the creation of a society where everyone can proactively participate in work, life, learning, and play throughout their lifetimes and realize, "The Blooming Way of Living", which matches the personal style of individuals, we propose the following so that each individual citizen can live their own fulfilling lives in good health.

### 1. From childhood, strive to "Create your own personality" while studying culture, and being supported by others.

- The creation of enjoyable learning opportunities in art and culture in a broad sense, such as music, poetry, painting, personal creation, and lifestyle etc.
- The promotion of real life learning through interactive classes, extracurricular activities, and internships, etc.
- In schools, regional areas, and corporations, participate in caring for people with handicaps or those facing death due to old age or illness and promote the "Curriculum for facing the end of life", to help them live better lives.

### 2. From a young age, learn for as many opportunities as possible, and work regardless of gender or age, and implement inter-generational exchanges.

- The creation of an environment where everyone can learn for as many opportunities as possible throughout life
- Stability of employment and the lifestyles of part-time workers who hope to become regular full time employees through strong support.
- The creation of an employment system that does not discriminate by gender or age from recruiting to retirement
- Exchange activities which are connected by common interests in cultural and artistic activities and sports, etc. across various generations.

### 3. Achieving a work style that is well balanced between work and life. In particular, enabling the power of women to be displayed.

- The creation of an environment to realize a flexible work style, which enables conducting child care, nursing and learning, etc. while building up careers at the same time.
- The promotion of approaches by labour and management to control long working hours
- The dissemination of a long-term leave system to rejuvenate mind and body and brush up on the occupational skills of those having reached a turning point in their careers.
- Discussion and initiatives for reviewing services that influence the work style, such as round the clock operations throughout the year, without any days off.

### 4. Utilizing life knowledge and experience, and searching for a useful way of life for people and the "world".

- Expanding exchange opportunities such as art, culture, and sports in regional areas and city planning that increases these opportunities.
- Creating various residences that also consider the issues of aging and nursing
- Promoting the community participation of various generations in regional service activities in fields such as child rearing, education, and the environment and cooperation among various related parties, such as citizens, corporations, local governments, and the country.