

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)

As of 14 February 2018

Fukushima Prefecture		Restriction of distribution		
Raw milk		<p><b>2011/3/21~: (excluding areas listed on the calls below)</b></p> <p>2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi</p> <p>2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p> <p>2011/3/21~4/21 Soma-shi, Shinchi-machi</p> <p>2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)</p> <p>2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21~2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21~2018/3/16 Kawamata-machi (limiting to Yamakiya area)</p> <p>2011/3/21~2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21~2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)</p>		
	Spinach, Kakina		<p><b>2011/3/21~: (excluding areas listed on the calls below)</b></p> <p>2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21~2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>	
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<p><b>2011/3/23~: (excluding areas listed on the calls below)</b></p> <p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>
			All the other	<p>2011/3/23~2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>

	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Head type leafy vegetables, e.g. Cabbage	<b>2011/3/23~: (excluding areas listed on the cells below)</b>	
	2011/3/23~4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).	
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<b>2011/3/23 (excluding areas listed on the cells below)</b>	
	2011/3/23~4/27	Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23~5/4	Iwaki-shi
	2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
2011/3/23~ 2017/3/14	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)	
2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).	
Turnip	<b>2011/3/23~: (excluding areas listed on the cells below)</b>	
	2011/3/23~5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	

	<p>2011/3/23~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ 2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/23~ 2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>
Log-grown shiitake (grown outdoor)	<p>2011/4/13~: <i>Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</i></p> <p>2011/4/18~: <i>Fukushima-shi</i></p> <p>2011/4/13~4/25 Iwaki-shi</p> <p>2011/4/25~: <i>Motomiya-shi</i></p> <p>2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/10/18~: <i>Nihonmatsu-shi</i></p>
Log-grown shiitake (indoor cultivation)	<p>2011/7/19~: <i>Date-shi</i></p> <p>2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2014/7/11: 2011/7/22~ Shinchi-machi</p> <p>2014/7/11: 2011/7/19~9/7 Motomiya-shi</p> <p>2011/11/14~: <i>Kawamata-machi</i></p>
Log-grown pholiota nameko (outdoor cultivation)	<p>2011/10/31~: <i>Soma-shi, Iwaki-shi</i></p>
Wild mushroom	<p>2011/9/6~: <i>Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i></p> <p>2011/9/15~: <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</i></p> <p>2011/10/18~: <i>Kitakata-shi</i></p> <p>2012/8/15~: <i>Showa-mura</i></p> <p>2012/10/11~: <i>Bandai-machi</i></p> <p>2012/10/18~: <i>Aizubange-machi, Kitashiobara-mura</i></p> <p>2013/9/26~: <i>Shimogo-machi</i></p> <p>2013/10/1~: <i>Aizuwakamatsu-shi</i></p> <p>2013/10/3~: <i>Tadami-machi</i></p> <p>2013/10/3~: limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)</p> <p>2018/3/29: 2013/11/12~ <i>Aizumisato-machi</i></p> <p>2013/11/12~ limiting to late fall oyster mushroom</p> <p>2017/4/24: 2014/8/25~ <i>Nishiaizu-machi</i></p> <p>2014/8/25~ limiting to pholiota nameko</p> <p>2017/4/24: 2014/8/25~ limiting to late fall oyster mushroom</p> <p>2018/3/29: 2014/9/22~: <i>Mishima-machi</i></p> <p>2014/10/2~: <i>Yanaizu-machi</i></p>
Vegetable	<p>2011/5/9~: <i>Date-shi, Soma-shi, Miharuru-machi</i></p> <p>2011/5/13~: <i>Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</i></p> <p>2011/5/9~5/30 Hirata-mura</p> <p>2011/5/9~6/8 Iwaki-shi</p> <p>2011/5/9~6/21 Tenei-mura</p> <p>2011/5/13~6/21 Kunimi-machi</p> <p>2012/4/9~: <i>Iwaki-shi</i></p> <p>2012/4/16~: <i>Fukushima-shi, Shinchi-machi</i></p> <p>2012/4/23~: <i>Hirono-machi</i></p> <p>2012/5/2~: <i>Nihonmatsu-shi, Otama-mura</i></p> <p>2012/5/7~: <i>Sukagawa-shi</i></p> <p>2012/6/25~: <i>Koriyama-shi</i></p>
Bamboo shoot	

	2013/5/14~: <i>Kawauchi-mura</i> 2013/5/16~: <i>Shirakawa-shi, Naraha-machi</i> 2013/5/28~: <i>Katsurao-mura</i> 2013/6/10~: <i>Tamura-shi</i> 2014/5/1~: <i>Tenei-mura</i>
Wasabi (field cultivation)	2012/4/16~: <i>Date-shi, Kawamata-machi</i> 2012/4/16~: Kawamata-machi (excluding Yamakiya area) 2015/7/8: 2012/4/16~: Date-shi (limiting to Wasabi controlled under the concept of management of Fukushima prefecture) 2018/3/6
Wild <i>Aralia cordata</i>	2014/5/14~: <i>Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura</i> 2014/5/19~: <i>Kawauchi-mura</i> 2015/5/13~: <i>Naraha-machi</i>
Ostrich fern	2011/5/9~: <i>Fukushima-shi, Kori-machi</i> 2012/5/1~: <i>Soma-shi, Date-shi, Kunimi-machi, Miharumachi</i> 2012/5/2~: <i>Kawamata-machi</i> 2012/5/7~: <i>Tamura-shi, Furudono-machi</i> 2012/5/10~: <i>Nihonmatsu-shi, Otama-mura</i> 2013/4/30~: <i>Koriyama-shi</i> 2013/5/14~: <i>Naraha-machi, Katsurao-mura</i> 2015/5/18~: <i>Hirono-machi</i>
Wild ostrich fern	2014/4/24~: Aizumisato-machi 2017/9/11: 2015/4/30~: <i>Minamisoma-shi</i>
Koshiabura	2012/5/2~: <i>Fukushima-shi, Nihonmatsu-shi</i> 2012/5/7~: <i>Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi</i> 2012/5/10~: <i>Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura</i> 2012/5/14~: <i>Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura</i> 2012/5/17~: <i>Kori-machi, Inawashiro-machi</i> 2013/5/7~: <i>Yanaizu-machi, Kitashiobara-mura</i> 2013/5/14~: <i>Katsurao-mura</i> 2013/5/16~: <i>Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura</i> 2013/5/20~: <i>Mishima-machi, Kawauchi-mura</i> 2013/5/22~: <i>Asakawa-machi, Hirono-machi</i> 2013/5/28~: <i>Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura</i> 2013/5/29~: <i>Miharu-machi</i> 2013/6/3~: <i>Aizuwakamatsu-shi, Kagamiishi-machi</i> 2013/6/5~: <i>Kanayama-machi</i> 2013/6/10~: <i>Showa-mura</i>
Wild Koshiabura	2016/4/28~: <i>Nishiaizu-machi</i> 2016/5/6~: <i>Tadami-machi</i>
Japanese royal fern	2012/5/2~: <i>Iwaki-shi, Nihonmatsu-shi</i> 2012/5/10~: <i>Soma-shi</i> 2012/5/24~: <i>Kawamata-machi</i> 2013/5/1~: <i>Minamisoma-shi</i> 2013/5/14~: <i>Naraha-machi, Katsurao-mura</i> 2013/5/16~: <i>Sukagawa-shi</i> 2013/5/20~: <i>Kawauchi-mura</i> 2013/6/10~: <i>Koriyama-shi</i> 2015/5/11~: <i>Tamura-shi</i>
Wild Japanese royal fern	2014/5/14~: <i>Hirono-machi, Otama-mura</i>
Wild <i>Uwabamisou</i>	2013/6/10~: <i>Sukagawa-shi, Kunimi-machi</i> 2012/5/1~: <i>Iwaki-shi, Soma-shi, Date-shi, Kori-machi</i>

Wild Aralia sprout	2012/5/2~: Fukushima-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi
	2012/5/10~: Otama-mura, Nishigo-mura
	2012/5/14~: Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura
	2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura
	2013/5/20~: Kawauchi-mura
	2013/5/28~: Motomiya-shi, Sukagawa-shi
	2013/6/3~: Kagamiishi-machi
	2013/6/10~: Tamura-shi
	2014/5/14~: Inawashiro-machi
	2018/5/2~: Kitashiobara-mura
Giant butterbur	2015/5/25~: Katsurao-mura
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi
	2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi
	2012/4/16~: Date-shi, Kori-machi and Kunimi-machi
	2014/4/11~: Naraha-machi and Katsurao-mura
	2015/2/25~: Minamisoma-shi
	2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi
	2017/9/11
	2012/5/10~: Date-shi
	2012/5/17~: Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/6/11~: Samegawa-mura
	2014/4/30~: Naraha-machi
	2014/5/14~: Katsurao-mura
	2012/5/17~: Kitakata-shi
	2015/5/15
2012/5/17~: Fukushima-shi	
2016/6/24	
Wild Pteridium aquilinum	2012/5/17~: Kitakata-shi, Fukushima-shi
	2013/6/24~: Nihonmatsu-shi
	2014/5/14~: Hirono-machi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi
	2013/10/21
	2011/6/6~: Minamisoma-shi
	2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2015/8/19
	2011/6/6~2012/7/11: Soma-shi
2012/6/6~: Kunimi-machi	
2013/10/21	
Yuzu	2011/8/29~: Fukushima-shi
	2011/10/14~: Date-shi
	2017/2/1
	2012/1/10~: Iwaki-shi
	2015/1/29
	2011/10/14~: Kori-machi
	2016/3/17
2011/8/29~: Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012)	
2018/12/6	
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi
	2012/9/26~: Nihonmatsu-shi
	2015/12/3
	2012/10/12~: Iwaki-shi
	2014/11/17

		<b>2011/12/9~: Minamisoma-shi</b>	
Kiwi fruit	2011/12/9~ <b>2013/12/25</b>	Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)	
	2011/12/9~ <b>2014/11/17</b>	Soma-shi	
	2011/12/9~ <b>2018/12/13</b>	Minamisoma-shi (excluding area it is expected that the residents have difficulties in returning for a long time designated by the Instruction on March 30 2012 within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
Azuki bean	2013/1/4~ <b>2015/10/23</b>	Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)	
	2013/1/4~ <b>2014/3/13</b>	excluding Azuki bean controlled under the concept of management of Fukushima prefecture.	
Cereal	Soybean	2012/11/15~ <b>2015/10/23</b>	Minamisoma-shi (limiting to former Ishigami-mura)
		2012/11/15~ <b>2013/11/7</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2012/12/25~ <b>2015/10/23</b>	Sukagawa-shi (limiting to former Naganuma-machi)
		2012/12/25~ <b>2014/3/13</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ <b>2014/10/7</b>	Koriyama-shi (limiting to former Takano-mura)
		2013/1/4~ <b>2015/10/23</b>	Otama-mura (limiting to former Tamanoi-mura)
		2013/1/4~ <b>2015/10/23</b>	Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2013/1/4~ <b>2014/10/7</b>	Kori-machi (limiting to former Danzaki-mura)
		2013/1/4~ <b>8/9</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~ <b>2015/10/23</b>	Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/2/18~ <b>7/10</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~ <b>2015/10/23</b>	Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/5~ <b>7/10</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~ <b>2015/10/23</b>	Fukushima-shi (limiting to former Niwatsuka-mura)
		2013/3/25~ <b>7/10</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
			Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ <b>2015/10/23</b>	Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2013/1/4~ <b>7/10</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ <b>2016/3/25</b>	Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
		2013/1/4~ <b>11/7</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ <b>2015/10/23</b>	Minamisoma-shi (limiting to former Ota-mura)
		2013/12/18~ <b>2015/6/23</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ <b>2016/3/25</b>	Motomiya-shi (limiting to former Shiraiwa-mura)
		2014/12/17~ <b>2015/6/23</b>	excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ <b>2016/3/25</b>	Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)

Rice (produced in 2011)	<p>2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area)</p> <p>2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)</p> <p>2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)</p> <p>2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)</p> <p>2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)</p> <p>2011/12/19~: Date-shi (limiting to former Kakeda-machi area)</p> <p>2012/1/4~: Date-shi (limiting to former Sakimoto-mura area)</p>
Rice (produced in 2012)	<p>2012/4/5~: Areas subjected to restriction of distribution in advance</p> <p>2012/4/5~7/26 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/10/25: Sukagawa-shi (limiting to former Nishifukuro-mura)</p> <p>2012/10/25~10/29 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)</p> <p>2012/11/5~11/6 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)</p> <p>2012/11/5~11/8 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)</p> <p>2012/11/7~11/12 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)</p> <p>2012/11/15~11/19 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)</p> <p>2012/11/26~11/29 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)</p> <p>2012/11/28~12/4 excluding rice controlled under the concept of management of Fukushima prefecture.</p>
Rice (produced in 2013)	<p>2013/3/19~: Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)</p>
Rice (produced in 2014)	<p>2014/3/20~: Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting to "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting to "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</p>
Grain Rice (produced in 2015)	<p>2015/3/20~: Minamisoma-shi (limiting to "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting to "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting to "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</p>
Rice (produced in 2016)	<p>2016/3/25~: Minamisoma-shi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting to "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</p>

Rice (produced in 2017)	<p><i>Minamisoma-shi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting to "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</i></p>
Rice (produced in 2018)	<p><i>2018/3/23~: Kawamata-machi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i></p>
Japanese sandlance (juvenile)	<p>2011/4/20~ whole area 2012/6/22</p>
Land-locked cherry salmon(Yamame) (excluding farmed fish)	<p>2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River), Abukuma River (including its branches) 2011/6/17~: Mano River (including its branches) 2012/3/29~: Niida River (including its branches) and Ota River (including its branches)</p>
	<p>2012/4/5~ Sukawa River (limiting to its branches) 2015/9/30</p>
	<p>2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)</p>
	<p>2012/6/7~ Kuji river in Fukushima prefecture (including its branches) 2013/7/30</p>
	<p>2011/6/17~: Mano River (including its branches) 2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches) 2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River) 2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)</p>
Japanese dace	<p>2012/4/24~ Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting to upper reaches from junction with Sukawa river)) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)) 2017/4/27 2012/5/31~: Abukuma river (limiting to upper reaches from Shinobu dam and including its branches) 2012/5/25~ Tadami river limiting to upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam) 2014/10/24</p>
Japanese eel	<p>2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)</p>
Ayu sweetfish (excluding farmed fish)	<p>2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)</p>
Char(Iwana) (excluding farmed fish)	<p>2012/4/5~: Abukuma River (including its branches) 2012/4/12~ Sukawa River (limiting to its branches) 2015/9/30</p>
	<p>2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting to upper reaches from the junction with Sukawa River), 2012/5/31~ Tateiwa river (including its branches)</p>
	<p>2012/4/24~ Tadami river (limiting to between Honna dam and Uwada dam, but including its branches) 2014/8/25</p>
	<p>2012/4/24~ Tadami river (limiting to lower reaches from Uwada dam, but including its branches) 2014/12/11</p>
	<p>2012/4/24~ Nippashi river (limiting to lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam) 2015/1/14</p>
	<p>2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river) 2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)</p>
Common carp (excluding farmed fish)	<p>2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)</p>

Fishery product

Any crucian carp (excluding farmed fish)	<b>2012/4/27~:</b> Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river) and Mano river (including its branches)	
	<b>2012/5/10~:</b> Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)	
Fat greenling	2012/6/22~	Fukushima offshore
Red tongue sole	<b>2016/8/24:</b>	Fukushima offshore
Japanese sandlance (excluding juvenile)	2012/6/22~	Fukushima offshore
Stone flounder	2012/6/22~ <b>2017/1/17</b>	Fukushima offshore
Goldeye rockfish	2012/6/22~ <b>2017/6/21</b>	Fukushima offshore
Surfperch	<b>2012/6/22~:</b> <b>Fukushima offshore</b>	
Brown hakeling	2012/6/22~ <b>2016/8/24:</b>	Fukushima offshore
Fox jacopever	2012/6/22~ : <b>2018/4/24</b>	Fukushima offshore
Black cow-tongue	2012/6/22~	Fukushima offshore
Black rockfish	<b>2017/1/17:</b>	Fukushima offshore
Japanese black porgy	<b>2012/6/22~:</b> <b>Fukushima offshore</b>	
Sea raven	2012/6/22~ <b>2015/6/30:</b>	Fukushima offshore
Ocellate spot skate	2012/6/22~ <b>2016/8/24:</b>	Fukushima offshore
Cherry salmon (Sakuramasu)	<b>2012/6/22~:</b> <b>Fukushima offshore</b>	
Poacher	2012/6/22~ <b>2016/7/15:</b>	Fukushima offshore
Rockfish (Sebastes cheni)	2012/6/22~	Fukushima offshore
Japanese seabass	<b>2018/4/24:</b>	Fukushima offshore
Nibe croaker	2012/6/22~ <b>2014/4/2:</b>	Fukushima offshore
Starry flounder	<b>2012/6/22~:</b> <b>Fukushima offshore</b>	
Slime flounder	2012/6/22~ <b>2016/11/14:</b>	Fukushima offshore
Panther puffer	2012/6/22~ <b>2015/12/3:</b>	Fukushima offshore
Olive flounder	2012/6/22~ <b>2016/6/9:</b>	Fukushima offshore
Gurnard	2012/6/22~ <b>2014/7/9:</b>	Fukushima offshore
Spotted halibut	2012/6/22~ <b>2016/7/15:</b>	Fukushima offshore
Conger eel	2012/6/22~ <b>2016/6/9:</b>	Fukushima offshore
Marbled flounder	2012/6/22~ <b>2016/8/24:</b>	Fukushima offshore
Flathead	2012/6/22~ <b>2016/7/15:</b>	Fukushima offshore
Pacific cod	2012/6/22~ <b>2015/2/24:</b>	Fukushima offshore
Shotted halibut	2012/6/22~ <b>2015/2/24:</b>	Fukushima offshore
Brassblotched rockfish	<b>2012/6/22~:</b> <b>Fukushima offshore</b>	
Ridged-eye flounder	2012/6/22~ <b>2015/4/2:</b>	Fukushima offshore
Venus clam	<b>2012/6/22~:</b> <b>Fukushima offshore</b>	
Northern sea urchin	2012/6/22~ <b>2014/7/9:</b>	Fukushima offshore
Flathead flounder	2012/6/22~ <b>2013/10/9:</b>	Fukushima offshore
Alaska Pollock	2012/6/22~ <b>2013/12/17:</b>	Fukushima offshore
Littlemouth flounder	2012/6/22~ <b>2014/4/16:</b>	Fukushima offshore

	Long shanny	2012/7/12~	Fukushima offshore
	Barfin flounder	2016/7/15:	Fukushima offshore
	Starspotted smooth-hound	2012/7/26~ 2015/2/18:	Fukushima offshore
	Vermiculated puffer	2012/8/23~ 2014/10/15:	Fukushima offshore
	Halfbeak	2013/2/14~ 2014/7/9:	Fukushima offshore
	Scorpion fish	2013/8/8~:	<i>Fukushima offshore</i>
	Hilgendorf saucord	2014/3/25~ 2014/5/28:	Fukushima offshore
Meat・Egg	Beef	2011/7/19~:	<i>Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>
		2011/11/9~:	<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
	Boar meat	2011/11/25~:	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>
		2011/12/2~:	<i>Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Spot-billed duck meat	2013/1/30~:	<i>Whole area</i>
	Green pheasant meat	2013/1/30~:	<i>Whole area</i>
	Bear meat	2011/12/2~:	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
		2012/7/27~:	<i>Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
Hare meat	2013/1/30~:	<i>Whole area</i>	
Copper pheasant meat	2012/11/13~:	<i>Whole area</i>	

\* Instructions still imposed are expressed in *italic type*.







Outrich fern			2012/4/27~2018/11/13 Kurhara-shi			2012/6/7~ Otsuru-shi, Muro-machi (limiting to wild plant)														
			2012/4/27~2015/4/25 Otsuki-shi (limiting to cultivated plant)																	
			2012/4/27~2013/3/23 Otsuki-shi																	
			2012/3/2~2015/5/25 Kani-machi																	
			2012/3/9~2017/7/24 Kasumiyama-shi																	
Koshiabura		2012/6/10~ Otsuki-shi, Nishimaki- shi	2012/6/7~ Tama-shi, Kurhara-shi			2012/6/7~ Muro-machi (limiting to wild plant)	2012/6/7~ Otsuru-shi, Muro-machi, Mugi-machi (limiting to wild plant)													
		2012/6/14~ Morioka-shi	2012/6/9~ Otsuki-shi, Misawa-shi				2012/6/9~ Otsuru-shi, Nishimaki-shi (limiting to wild plant)												2014/6/21 Nagano-shi, Kuruzawa- machi	
		2012/6/16 Kamohi-shi	2012/6/11~ Kasumiyama-shi, Shibuhara-machi			2012/6/7~ Kasumiyama-shi, Mito-shi, Yoko-shi, Misawa-shi, Muro-machi (limiting to wild plant)	2012/6/7~ Kasumiyama-shi, Mito-shi, Yoko-shi, Misawa-shi, Muro-machi (limiting to wild plant)	2012/6/7~ Mitsuba-shi (limiting to former Fushimi-mura), Shibuhara-shi (limiting to former Kashi-mura), Fujikura-shi (limiting to former Kashi-mura), Mito-shi (limiting to former Asama-mura, Seta District), Shibuhara-machi, Kasumiyama-machi, Kasumiyama-machi, Tsumaguchi-mura, Yoshida-mura, Kasumiyama-mura (limiting to wild plant)											2014/6/29 Nagano-shi, Kuruzawa- machi	
		2012/6/16~ Suzuka-shi	2012/6/10~ Suzuka-shi			2012/6/10~ Suzuka-shi (limiting to wild plant)	2012/6/10~ Suzuka-shi (limiting to wild plant)													
		2012/6/9~ Kobu-shi	2012/6/7~ Tama-shi																	
		2012/6/18~ Tama-shi				2014/4/25~ Tama-shi (limiting to wild plant)	2014/4/25~ Tama-shi (limiting to wild plant)													
	2012/6/18~ Ishino-shi				2014/4/25~ Ishino-shi (limiting to wild plant)	2014/4/25~ Ishino-shi (limiting to wild plant)														2016/6/28~ Ishino-shi
Japanese poplar (limiting to wild plant)							2012/6/11~ Utsunomiya-shi, Mito- shi													
							2012/6/14~ Misawa-shi													
							2012/6/18~ Otsuru-shi													
Japanese persley (limiting to wild plant)			2012/6/30~ Otsuki-shi																	
			2012/5/30~2018/12/21 Shimosaki-shi																	
Japanese royal fern			2012/6/18~ Ishino-shi, Otsuki- shi	2012/6/11~ Kasumiyama-shi, Muro-machi			2012/6/7~ Muro-machi, Muro-machi (limiting to wild plant)													
			2012/6/18~ Suzuka-shi	2012/6/17~ Otsuki-shi			2012/6/7~ Kasumiyama-shi (limiting to wild plant)													
Aralis sprout (limiting to wild plant)							2012/4/27~ Otsuru-shi, Yoko-shi													
							2012/6/7~ Muro-machi													
							2012/6/2~ Ishino-shi													
							2012/6/18~ Utsunomiya-shi													
							2012/6/18~ Shiwa-shi													
			2014/4/25~2018/8/6 Kasumiyama-shi				2014/4/25~ Muro-machi													
Pteridium aquilinum (limiting to wild plant)			2012/6/18~ Otsuki-shi, Misawa-shi	2012/6/11~ Kasumiyama-shi, Muro-machi			2012/6/7~ Otsuru-shi, Kasumiyama-shi													
			2012/6/17~ Ishino-shi				2012/6/18~ Utsunomiya-shi, Mito-shi													
			2012/6/4~ Ishino-shi	2012/6/28~ Otsuki-shi, Kani-machi				2012/6/18~ Yoko-shi												
			2012/6/7~ Kamohi-shi																	
Chestnut																				
							2012/9/14~2018/2/28 Naga-machi													
							2012/9/14~2017/3/1 Nishiohara-shi													
							2012/9/18~2011/9/1 Otsuru-shi													
Cereal	Soybean		2013/1/4~2015/7/1 Ishino-shi (limiting to former Sasahara-mura)	2013/1/4~2014/5/18 Kurhara-shi (limiting to former Kanada-mura)																
			2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of beetle prefecture.																	
Grain	Rice (produced in 2013)			2013/2/18~2018/2/18 Kurhara-shi (limiting to former Sasahara-mura) excluding rice controlled under the management policy of Miyagi prefecture.																
			2012/11/13~2014/4/11 Morioka-shi (limiting to former Shibutani-mura), Ishino-shi (limiting to former Ohara-machi)	2012/11/16~2014/4/11 Kurhara-shi (limiting to former Kanada-mura)																
	Buckwheat		2012/11/30~2014/4/11 Otsuki-shi (limiting to former Kasumiyama- mura)	2012/12/14~2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.																
Stone flounder							2012/7/5~2015/10/2 Baraki offshore													
Japanese black porry			2012/11/9~ Miyagi offshore	2012/6/28~ Sando bay																

Japanese seabass	-	2012/10/25-2013/11/20 Miyagi offshore	2012/4/12-2015/11/20 Sendai bay	-	2012/4/17-2016/1/14 Baraki offshore	-	-	-	-	-	-	-	-	-
Rock fish (Sebastes cheni)	-	-	-	-	2012/4/13-2016/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-
Nike croaker	-	-	-	-	2012/4/17-2014/5/14 Baraki offshore	-	-	-	-	-	-	-	-	-
Olive flounder	-	2013/6/4-2013/8/30 Miyagi offshore	2012/5/30-2013/4/1 Sendai bay	-	2012/4/17-2015/2/5 Baraki offshore	-	-	-	-	-	-	-	-	-
Pacific cod	2012/8/27-2012/10/31 Pacific Ocean, Asomori offshore	2012/5/2-2013/1/17 Miyagi offshore	2012/2/2-2012/9/30 Miyagi offshore (limiting toto fish whose weight is less than 1kg)	-	2012/11/2-2014/11/20 Baraki offshore	-	-	-	-	-	-	-	-	-
Parther puffer	-	-	2012/2/2-2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)	-	-	-	-	-	-	-	-	-	-	-
Ocellate spot skate	-	-	2012/5/8-2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-
Channel catfish (excluding farmed fish)	-	-	-	-	2012/6/1-2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-
Silver crucian carp	-	-	-	-	2012/4/17-2015/3/24 Kazumura lake, Kitara lake, Sotomakura lake and rivers flowing into these lakes and Maebashi river (excluding farmed fish)	-	-	-	-	2012/7/18- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-
Common carp	-	-	-	-	-	-	-	-	-	2012/7/2- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-
Japanese eel	-	-	-	-	2012/6/7- Kazumura lake, Kitara lake, Sotomakura lake and rivers flowing into these lakes and Maebashi river	-	-	-	-	2012/7/11- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-
					2012/5/7-2014/1/15 Naka river (including its branches)	-	-	-	-	2012/7/11- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-
					2012/11/18- Taga river in Baraki prefecture (including lake area reaches from Sakai Channel but including its branches)	-	-	-	-	2012/7/11- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-
					2013/11/12-2016/2/9 Kazumura lake, Kitara lake, Sotomakura lake, rivers flowing into these lakes, Maebashi river	-	-	-	-	2012/7/11- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-
Ayu sweetfish (excluding farmed fish)	-	-	2012/6/27- Abukuma river (including its branches but excluding upper reaches from Sakaguchi dam)	-	-	-	-	-	-	-	-	-	-	-
			2013/6/27-2013/12/25 Shiroishi river (upper reaches from Shiroishi dam) of the Abukuma river (including its branches)	-	-	-	-	-	-	-	-	-	-	-
			2013/6/27-2017/4/27 Upper reaches from junction of Gofukuya river and Uchikawa river and upper reaches from Kinobashi bridge of Kibi river	-	-	-	-	-	-	-	-	-	-	-
Land-locked cherry salmon (Yamame) (excluding farmed fish)	-	-	2012/4/20- Oshikiri river (including its branches but excluding upper reaches from Sakaguchi dam)	-	-	2012/6/10-2013/1/23 Watarase river in area of Akiomachi, Naka-aki (including its branches and limiting lake area reaches from junction with Koushin river)	-	2012/4/27- Agiwara river (including its branches) but limiting source from Iwajima bridge to TEPOD's Saku power plant	-	-	-	-	-	-
			2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shichigahuku dam)	-	-	2012/8/10-2013/3/26 Nagara river (including its branches)	-	2012/4/27-2012/11/8 Usune river (including its branches)	-	-	-	-	-	-
								2012/4/27-2013/4/25 Kozuka river (including its branches) and Momonoki river (including its branches)	-	-	-	-	-	-
Char (Iwana) (excluding farmed fish)	-	2012/5/8-2015/9/30 Ise river (including its branches)	2012/6/14- Oura river (including upper reaches from Oura dam and including its branches) and Ise river (including upper reaches from Akaboshi dam and including its branches)	-	-	2012/6/20-2013/12/17 Watarase river in Ichijō prefecture (including basins within Akiomachi, Naka-aki and including its branches)	-	2012/4/27- Agiwara river (including basins from Iwajima bridge to TEPOD's Saku power plant)	-	-	-	-	-	-
			2012/6/24- Sakayama river (including upper reaches from Kirihara dam (including its branches) and Maebashi river (including its branches but excluding upper reaches from Sakayama No.4 dam)	-	-		-	2012/4/27- Agiwara river (including basins from Iwajima bridge to TEPOD's Saku power plant)	-	-	-	-	-	-
			2012/6/28- Ise river (including upper reaches from Haruki dam and including its branches), Abukuma river (including upper reaches from Arakawa dam and including its branches)	-	-		-	2012/4/27- Agiwara river (including basins from Iwajima bridge to TEPOD's Saku power plant)	-	-	-	-	-	-
			2012/6/22- Ishikawa river (including upper reaches from Iwanuma dam and including its branches) and Otsu river (including upper reaches from Kinoshita dam and including its branches)	-	-		-	2012/4/27- Agiwara river (including basins from Iwajima bridge to TEPOD's Saku power plant)	-	-	-	-	-	-



The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)

As of 14 February 2018

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ (excluding areas listed on the cells below)
		2011/3/23~5/4
		Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11
		Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25
		Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1
		Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23
Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura		
2011/3/23~11/4		
Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
2011/3/23~2013/3/29		
Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Vegetable	Head type leafy vegetables, e.g. Cabbage	2011/3/23~ (excluding areas listed on the cells below)
		2011/3/23~4/27
		Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4
		Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11
		Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25
		Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28
Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
2011/3/23~2013/3/29		
Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Vegetable	Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ (excluding areas listed on the cells below)
		2011/3/23~4/27
		Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
		2011/3/23~5/4
		Iwaki-shi
		2011/3/23~5/11
		Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
		2011/3/23~5/18
		Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~6/15
Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura		
2011/3/23~10/28		
Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
2011/3/23~2013/3/29		
Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Vegetable	Log-grown shiitake (grown outdoor)	2011/4/13~ Iitate-mura
	Wild mushroom	2011/9/6~ Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Land-locked cherry salmon (Yamame) (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

\* Instructions still imposed are expressed in Italic type.