

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 6 December 2018

Fukushima Prefecture		Restriction of distribution		
Raw milk		<p>2011/3/21~: (excluding areas listed on the calls below)</p> <p>2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi</p> <p>2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p> <p>2011/3/21~4/21 Soma-shi, Shinchi-machi</p> <p>2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)</p> <p>2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21~2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21~2018/3/16 Kawamata-machi (limiting to Yamakiya area)</p> <p>2011/3/21~2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21~2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)</p>		
	Spinach, Kakina		<p>2011/3/21~: (excluding areas listed on the calls below)</p> <p>2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21~2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>	
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<p>2011/3/23~: (excluding areas listed on the calls below)</p> <p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>
			All the other	<p>2011/3/23~2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>

	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Head type leafy vegetables, e.g. Cabbage	2011/3/23~: (excluding areas listed on the calls below)	
	2011/3/23~4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23 (excluding areas listed on the calls below)	
	2011/3/23~4/27	Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23~5/4	Iwaki-shi
	2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Turnip	2011/3/23~: (excluding areas listed on the calls below)	
	2011/3/23~5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)

	<p>2011/3/23~ 2015/2/18</p> <p>2011/3/21~ 2016/3/17</p> <p>2011/3/23~ 2017/3/14</p>	<p>Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>
Log-grown shiitake (grown outdoor)	<p>2011/4/13~</p> <p>2011/4/18~ 2011/4/13~4/25</p> <p>2011/4/25~</p> <p>2011/4/13~5/16</p> <p>2011/4/13~5/23</p> <p>2011/10/18~</p> <p>2011/7/19~</p>	<p>Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>Fukushima-shi</p> <p>Iwaki-shi</p> <p>Motomiya-shi</p> <p>Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>Nihonmatsu-shi</p> <p>Date-shi</p> <p>excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>Shinchi-machi</p> <p>Motomiya-shi</p> <p>Kawamata-machi</p> <p>Soma-shi, Iwaki-shi</p>
Log-grown shiitake (indoor cultivation)	<p>2011/7/19~</p> <p>2014/7/11</p> <p>2011/7/22~</p> <p>2014/7/11</p> <p>2011/7/19~9/7</p> <p>2011/11/14~</p>	<p>excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>Shinchi-machi</p> <p>Motomiya-shi</p> <p>Kawamata-machi</p>
Log-grown pholiota nameko (outdoor cultivation)	<p>2011/10/31~</p>	<p>Soma-shi, Iwaki-shi</p>
Wild mushroom	<p>2011/9/6~</p> <p>2011/9/15~</p> <p>2011/10/18~</p> <p>2012/8/15~</p> <p>2012/10/11~</p> <p>2012/10/18~</p> <p>2013/9/26~</p> <p>2013/10/1~</p> <p>2013/10/3~</p> <p>2013/10/3~</p> <p>2018/3/29</p> <p>2013/11/12~</p> <p>2013/11/12~</p> <p>2017/4/24</p> <p>2014/8/25~</p> <p>2014/8/25~</p> <p>2017/4/24</p> <p>2014/8/25~</p> <p>2018/3/29</p> <p>2014/9/22~</p> <p>2014/10/2~</p>	<p>Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</p> <p>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p>Kitakata-shi</p> <p>Showa-mura</p> <p>Bandai-machi</p> <p>Aizubange-machi, Kitashiobara-mura</p> <p>Shimogo-machi</p> <p>Aizuwakamatsu-shi</p> <p>Tadami-machi</p> <p>limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)</p> <p>Aizumisato-machi</p> <p>limiting to late fall oyster mushroom</p> <p>Nishiaizu-machi</p> <p>limiting to pholiota nameko</p> <p>limiting to late fall oyster mushroom</p> <p>Mishima-machi</p> <p>Yanaizu-machi</p>
Vegetable	<p>2011/5/9~</p> <p>2011/5/13~</p> <p>2011/5/9~5/30</p> <p>2011/5/9~6/8</p> <p>2011/5/9~6/21</p> <p>2011/5/13~6/21</p> <p>2012/4/9~</p> <p>2012/4/16~</p> <p>2012/4/23~</p> <p>2012/5/2~</p> <p>2012/5/7~</p> <p>2012/6/25~</p>	<p>Date-shi, Soma-shi, Miharuru-machi</p> <p>Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</p> <p>Hirata-mura</p> <p>Iwaki-shi</p> <p>Tenei-mura</p> <p>Kunimi-machi</p> <p>Iwaki-shi</p> <p>Fukushima-shi, Shinchi-machi</p> <p>Hirono-machi</p> <p>Nihonmatsu-shi, Otama-mura</p> <p>Sukagawa-shi</p> <p>Koriyama-shi</p>
Bamboo shoot	<p>2011/5/9~</p> <p>2011/5/13~</p> <p>2011/5/9~5/30</p> <p>2011/5/9~6/8</p> <p>2011/5/9~6/21</p> <p>2011/5/13~6/21</p> <p>2012/4/9~</p> <p>2012/4/16~</p> <p>2012/4/23~</p> <p>2012/5/2~</p> <p>2012/5/7~</p> <p>2012/6/25~</p>	<p>Date-shi, Soma-shi, Miharuru-machi</p> <p>Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</p> <p>Hirata-mura</p> <p>Iwaki-shi</p> <p>Tenei-mura</p> <p>Kunimi-machi</p> <p>Iwaki-shi</p> <p>Fukushima-shi, Shinchi-machi</p> <p>Hirono-machi</p> <p>Nihonmatsu-shi, Otama-mura</p> <p>Sukagawa-shi</p> <p>Koriyama-shi</p>

	2013/5/14~: <i>Kawauchi-mura</i> 2013/5/16~: <i>Shirakawa-shi, Naraha-machi</i> 2013/5/28~: <i>Katsurao-mura</i> 2013/6/10~: <i>Tamura-shi</i> 2014/5/1~: <i>Tenei-mura</i>
Wasabi (field cultivation)	2012/4/16~: <i>Date-shi, Kawamata-machi</i> 2012/4/16~: Kawamata-machi (excluding Yamakiya area) 2015/7/8: 2012/4/16~: <i>Date-shi</i> (limiting to Wasabi controlled under the concept of management of Fukushima prefecture) 2018/3/6
Wild <i>Aralia cordata</i>	2014/5/14~: <i>Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura</i> 2014/5/19~: <i>Kawauchi-mura</i> 2015/5/13~: <i>Naraha-machi</i>
Ostrich fern	2011/5/9~: <i>Fukushima-shi, Kori-machi</i> 2012/5/1~: <i>Soma-shi, Date-shi, Kunimi-machi, Miharumachi</i> 2012/5/2~: <i>Kawamata-machi</i> 2012/5/7~: <i>Tamura-shi, Furudono-machi</i> 2012/5/10~: <i>Nihonmatsu-shi, Otama-mura</i> 2013/4/30~: <i>Koriyama-shi</i> 2013/5/14~: <i>Naraha-machi, Katsurao-mura</i> 2015/5/18~: <i>Hirono-machi</i>
Wild ostrich fern	2014/4/24~ 2017/9/11: 2015/4/30~: <i>Minamisoma-shi</i>
Koshiabura	2012/5/2~: <i>Fukushima-shi, Nihonmatsu-shi</i> 2012/5/7~: <i>Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi</i> 2012/5/10~: <i>Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura</i> 2012/5/14~: <i>Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura</i> 2012/5/17~: <i>Kori-machi, Inawashiro-machi</i> 2013/5/7~: <i>Yanaizu-machi, Kitashiobara-mura</i> 2013/5/14~: <i>Katsurao-mura</i> 2013/5/16~: <i>Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura</i> 2013/5/20~: <i>Mishima-machi, Kawauchi-mura</i> 2013/5/22~: <i>Asakawa-machi, Hirono-machi</i> 2013/5/28~: <i>Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura,</i> 2013/5/29~: <i>Miharumachi</i> 2013/6/3~: <i>Aizuwakamatsu-shi, Kagamiishi-machi</i> 2013/6/5~: <i>Kanayama-machi</i> 2013/6/10~: <i>Showa-mura</i>
Wild Koshiabura	2016/4/28~: <i>Nishiaizu-machi</i> 2016/5/6~: <i>Tadami-machi</i>
Japanese royal fern	2012/5/2~: <i>Iwaki-shi, Nihonmatsu-shi</i> 2012/5/10~: <i>Soma-shi</i> 2012/5/24~: <i>Kawamata-machi</i> 2013/5/1~: <i>Minamisoma-shi</i> 2013/5/14~: <i>Naraha-machi, Katsurao-mura</i> 2013/5/16~: <i>Sukagawa-shi</i> 2013/5/20~: <i>Kawauchi-mura</i> 2013/6/10~: <i>Koriyama-shi</i> 2015/5/11~: <i>Tamura-shi</i>
Wild Japanese royal fern	2014/5/14~: <i>Hirono-machi, Otama-mura</i>
Wild <i>Uwabamisou</i>	2013/6/10~: <i>Sukagawa-shi, Kunimi-machi</i>
Wild <i>Aralia sprout</i>	2012/5/1~: <i>Iwaki-shi, Soma-shi, Date-shi, Kori-machi</i> 2012/5/2~: <i>Fukushima-shi</i> 2012/5/7~: <i>Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi</i> 2012/5/10~: <i>Otama-mura, Nishigo-mura</i> 2012/5/14~: <i>Kawamata-machi</i> 2013/4/25~: <i>Minamisoma-shi</i> 2013/5/14~: <i>Hirono-machi, Samegawa-mura, Katsurao-mura</i> 2013/5/16~: <i>Nihonmatsu-shi, Furudono-machi, Izumizaki-mura</i> 2013/5/20~: <i>Kawauchi-mura</i> 2013/5/28~: <i>Motomiya-shi, Sukagawa-shi</i> 2013/6/3~: <i>Kagamiishi-machi</i> 2013/6/10~: <i>Tamura-shi</i> 2014/5/14~: <i>Inawashiro-machi</i> 2018/5/2~: <i>Kitashiobara-mura</i>
Giant butterbur	2015/5/25~: <i>Katsurao-mura</i>
Wild Giant butterbur	2013/6/19~: <i>Kori-machi, Naraha-machi</i> 2014/6/16~: <i>Tenei-mura</i>

Wild Japanese butterbur scape	<p>2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi</p> <p>2012/4/16~: Date-shi, Kori-machi and Kunimi-machi</p> <p>2014/4/11~: Naraha-machi and Katsurao-mura</p> <p>2015/2/25~: Minamisoma-shi</p> <p>2016/1/20~: Motomiya-shi</p>
Pteridium aquilinum	<p>2012/5/10~: Iwaki-shi</p> <p>2017/9/11</p> <p>2012/5/10~: Date-shi</p> <p>2012/5/17~: Kawamata-machi</p> <p>2013/4/25~: Minamisoma-shi</p> <p>2013/6/11~: Samegawa-mura</p> <p>2014/4/30~: Naraha-machi</p> <p>2014/5/14~: Katsurao-mura</p> <p>2012/5/17~: Kitakata-shi</p> <p>2015/5/15</p> <p>2012/5/17~: Fukushima-shi</p> <p>2016/6/24</p>
Wild Pteridium aquilinum	<p>2012/5/17~: Kitakata-shi, Fukushima-shi</p> <p>2013/6/24~: Nihonmatsu-shi</p> <p>2014/5/14~: Hirono-machi</p>
Japanese apricot (Ume)	<p>2011/6/2~: Fukushima-shi, Date-shi, Kori-machi</p> <p>2013/10/21</p> <p>2011/6/6~: Minamisoma-shi</p> <p>2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)</p> <p>2015/8/19</p> <p>2011/6/6~2012/7/11: Soma-shi</p> <p>2012/6/6~: Kunimi-machi</p> <p>2013/10/21</p>
Yuzu	<p>2011/8/29~: Fukushima-shi</p> <p>2011/10/14~: Date-shi</p> <p>2017/2/1</p> <p>2012/1/10~: Iwaki-shi</p> <p>2015/1/29</p> <p>2011/10/14~: Kori-machi</p> <p>2016/3/17</p> <p>2011/8/29~: Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012)</p> <p>2018/12/6</p>
Chestnut	<p>2011/9/20~: Date-shi, Minamisoma-shi</p> <p>2012/9/26~: Nihonmatsu-shi</p> <p>2015/12/3</p> <p>2012/10/12~: Iwaki-shi</p> <p>2014/11/17</p>
Kiwi fruit	<p>2011/12/9~: Minamisoma-shi</p> <p>2011/12/9~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)</p> <p>2013/12/25</p> <p>2011/12/9~: Soma-shi</p> <p>2014/11/17</p>
Azuki bean	<p>2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)</p> <p>2015/10/23</p> <p>2013/1/4~: excluding Azuki bean controlled under the concept of management of Fukushima prefecture.</p> <p>2014/3/13</p>
	<p>2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura)</p> <p>2015/10/23</p> <p>2012/11/15~: excluding Soybean controlled under the concept of management of Fukushima prefecture.</p> <p>2013/11/7</p> <p>2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi)</p> <p>2015/10/23</p> <p>2012/12/25~: excluding Soybean controlled under the concept of management of Fukushima prefecture.</p> <p>2014/3/13</p> <p>2013/1/4~: Koriyama-shi (limiting to former Takano-mura)</p> <p>2014/10/7</p>

Cereal	Soybean	2013/1/4~ 2015/10/23	Otama-mura (limiting to former Tamanoi-mura)
		2013/1/4~ 2015/10/23:	Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2013/1/4~ 2014/10/7	Kori-machi (limiting to former Danzaki-mura)
		2013/1/4~8/9	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~ 2015/10/23:	Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/2/18~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~ 2015/10/23	Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/5~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~ 2015/10/23:	Fukushima-shi (limiting to former Niwatsuka-mura)
		2013/3/25~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
			Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ 2015/10/23	Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2013/1/4~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2016/3/25:	Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
		2013/1/4~11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ 2015/10/23:	Minamisoma-shi (limiting to former Ota-mura)
		2013/12/18~ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25	Motomiya-shi (limiting to former Shiraiwa-mura)
		2014/12/17~ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25:	Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
Rice (produced in 2011)	2011/11/17~:	<i>Fukushima-shi (limiting to former Oguni-mura area)</i>	
	2011/11/29~:	<i>Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)</i>	
	2011/12/5~:	<i>Fukushima-shi (limiting to former Fukushima-shi area)</i>	
	2011/12/8~:	<i>Nihonmatsu-shi (limiting to former Shibukawa-mura area)</i>	
	2011/12/9~:	<i>Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)</i>	
	2011/12/19~:	<i>Date-shi (limiting to former Kakeda-machi area)</i>	
	2012/1/4~:	<i>Date-shi (limiting to former Sekimoto-mura area)</i>	
	2012/4/5~:	<i>Areas subjected to restriction of distribution in advance</i>	
	2012/4/5~7/26	excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/10/25~10/29	excluding rice controlled under the concept of management of Fukushima prefecture.	
Rice (produced in 2012)	2012/10/25:	<i>Sukagawa-shi (limiting to former Nishifukuro-mura)</i>	
	2012/11/5~:	<i>Otama-mura (limiting to former Tamanoi-mura)</i>	
	2012/11/5~11/6	excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/5~:	<i>Koriyama-shi (limiting to former Fukuyama-machi)</i>	
	2012/11/5~11/8	excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/7~:	<i>Fukushima-shi (limiting to former Mizuhara-mura)</i>	
	2012/11/7~11/12	excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/15~:	<i>Miharu-machi (limiting to former Sawaishi-mura)</i>	
	2012/11/15~11/19	excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/26~:	<i>Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)</i>	
2012/11/26~11/29	excluding rice controlled under the concept of management of Fukushima prefecture.		
Rice (produced in 2013)	2012/11/28~:	<i>Iwaki-shi (limiting to former Yamada-mura)</i>	
	2012/11/28~12/4	excluding rice controlled under the concept of management of Fukushima prefecture.	
	2013/3/19~:	<i>Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)</i>	

Land-locked cherry salmon(Yamame) (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River), Abukuma River (including its branches)
	2011/6/17~: Mano River (including its branches)
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)
	2012/4/5~ 2015/9/30 Sukawa River (limiting to its branches)
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
Japanese dace	2011/6/17~: Mano River (including its branches)
	2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River)
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
	2012/4/24~ Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting to upper reaches from junction with Sukawa river)) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)
2012/5/31~: Abukuma river (limiting to upper reaches from Shinobu dam and including its branches)	
2012/5/25~ 2014/10/24: Tadami river limiting to upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)	
Japanese eel	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)
Ayu sweetfish (excluding farmed fish)	2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)
Char(Iwana) (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches)
	2012/4/12~ 2015/9/30: Sukawa River (limiting to its branches)
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting to upper reaches from the junction with Sukawa River)
	2012/5/31~ Tateiwa river (including its branches)
	2012/4/24~ 2014/8/25: Tadami river (limiting to between Honna dam and Uwada dam, but including its branches)
	2012/4/24~ 2014/12/11: Tadami river (limiting to lower reaches from Uwada dam, but including its branches)
	2012/4/24~ 2015/1/14: Nippashi river (limiting to lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)
Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river)
	2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)
Any crucian carp (excluding farmed fish)	2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)
	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river) and Mano river (including its branches)
2012/5/10~: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)	
Fat greenling	2012/6/22~ Fukushima offshore
Red tongue sole	2016/8/24: Fukushima offshore
Japanese sandlance (excluding juvenile)	2012/6/22~ Fukushima offshore
	2017/4/27: Fukushima offshore
Stone flounder	2012/6/22~ Fukushima offshore
Goldeye rockfish	2012/6/22~ Fukushima offshore
	2017/6/21: Fukushima offshore
Surfperch	2012/6/22~: Fukushima offshore
Brown hakeling	2012/6/22~ Fukushima offshore
	2016/8/24: Fukushima offshore
Fox jacopever	2012/6/22~: Fukushima offshore
	2018/4/24: Fukushima offshore
Black cow-tongue	2012/6/22~ Fukushima offshore
Black rockfish	2017/1/17: Fukushima offshore
Japanese black porgy	2012/6/22~: Fukushima offshore
Sea raven	2012/6/22~ Fukushima offshore
	2015/6/30: Fukushima offshore
Ocellate spot skate	2012/6/22~ Fukushima offshore
Cherry salmon (Sakuramasu)	2016/8/24: Fukushima offshore
	2012/6/22~: Fukushima offshore
Poacher	2012/6/22~ Fukushima offshore
Rockfish (Sebastes cheni)	2016/7/15: Fukushima offshore
	2012/6/22~ Fukushima offshore

Fishery product

Japanese seabass	2018/4/24:	Fukushima offshore
Nibe croaker	2012/6/22~ 2014/4/2:	Fukushima offshore
Starry flounder	2012/6/22~:	Fukushima offshore
Slime flounder	2012/6/22~ 2016/11/14:	Fukushima offshore
Panther puffer	2012/6/22~ 2015/12/3:	Fukushima offshore
Olive flounder	2012/6/22~ 2016/6/9:	Fukushima offshore
Gurnard	2012/6/22~ 2014/7/9:	Fukushima offshore
Spotted halibut	2012/6/22~ 2016/7/15:	Fukushima offshore
Conger eel	2012/6/22~ 2016/6/9:	Fukushima offshore
Marbled flounder	2012/6/22~ 2016/8/24:	Fukushima offshore
Flathead	2012/6/22~ 2016/7/15:	Fukushima offshore
Pacific cod	2012/6/22~ 2015/2/24:	Fukushima offshore
Shotted halibut	2012/6/22~ 2015/2/24:	Fukushima offshore
Brassblotched rockfish	2012/6/22~:	Fukushima offshore
Ridged-eye flounder	2012/6/22~ 2015/4/2:	Fukushima offshore
Venus clam	2012/6/22~:	Fukushima offshore
Northern sea urchin	2012/6/22~ 2014/7/9:	Fukushima offshore
Flathead flounder	2012/6/22~ 2013/10/9:	Fukushima offshore
Alaska Pollock	2012/6/22~ 2013/12/17:	Fukushima offshore
Littlemouth flounder	2012/6/22~ 2014/4/16:	Fukushima offshore
Long shanny	2012/7/12~	Fukushima offshore
Barfin flounder	2016/7/15:	Fukushima offshore
Starspotted smooth-hound	2012/7/26~ 2015/2/18:	Fukushima offshore
Vermiculated puffer	2012/8/23~ 2014/10/15:	Fukushima offshore
Halfbeak	2013/2/14~ 2014/7/9:	Fukushima offshore
Scorpion fish	2013/8/8~:	Fukushima offshore
Hilgendorf saucord	2014/3/25~ 2014/5/28:	Fukushima offshore
Beef	2011/7/19~:	Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)
Boar meat	2011/11/9~:	Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
	2011/11/25~:	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura
	2011/12/2~:	Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
Spot-billed duck meat	2013/1/30~:	Whole area

Meat・Egg	Green pheasant meat	<i>2013/1/30~: Whole area</i>
	Bear meat	<i>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharumachi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
		<i>2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
	Hare meat	<i>2013/1/30~: Whole area</i>
Copper pheasant meat	<i>2012/11/13~: Whole area</i>	

* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 8 December 2019

		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Baraki prefecture	Tochigi prefecture	Guma prefecture	Salama prefecture	Chiba prefecture	Kanagawa prefecture	Nagata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture		
Raw milk		-	-	-	-	2011/3/29-4/10 Whole area	2011/3/21-4/13 (excluding areas listed on the table below)	2011/3/21-4/13 Whole area	-	-	-	-	-	-	-	-	
	Spinach	-	-	-	-	2011/3/21-4/13 Whole area	2011/3/21-4/27 Whole area	2011/3/21-4/13 Whole area	-	2011/4/4-4/22 Asahi-shi, Kasai-shi, Taka-machi	-	-	-	-	-	-	
	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	-	-	-	-	2011/3/21-4/13 Whole area	2011/3/21-4/14 Whole area	2011/3/21-4/13 Whole area	-	-	-	-	-	-	-	-	-
	Kakina	-	-	-	-	-	-	-	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	-	
	Garland chrysanthemum, Qing-pong-cel, Sancho, astat lettuce	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Parsley	-	-	-	-	2011/3/23-4/17 Whole area	-	-	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	-	
	Celery	-	-	-	-	-	-	-	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	-	
Wild mushrooms		2018/10/28- Hoshikuni-cho	2018/10/11- Ishikawa-shi, Rizzenohata-shi, Hidaka-shi	2018/10/19- Kurikuma-shi, Ouchi-shi	-	-	2018/7/2- Naka-shi, Maki-shi, Nishiohara-shi, Matsukawa-shi, Hakone-machi	2018/9/28- Hama-shi, Higashiyama- machi, Tamagawa-mura	2018/10/10- Takayama-mura	2018/10/10- Yokoyama-machi, Misawa-machi	-	-	2018/9/28- Kariyazawa-machi, Miyata- machi	2018/10/1- Koyama-machi, Misawa-machi	2018/11/9- Otsuura-shi	-	-
		2012/10/26- 2017/3/31 (excluding honey mushroom)	2012/10/26- 2015/11/20 (excluding honey mushroom)	2012/10/26- 2018/11/07 (excluding brook cap mushroom)	-	-	2018/7/7- Kamae-machi	-	-	-	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	-	-	-
		2018/10/28- Tsumaki-machi	2018/10/18- Kamohi-machi	-	-	-	2018/7/9- Yutsu-shi	2018/10/16- Annaka-shi	2018/10/28- Tokiwa-machi	-	-	-	2018/10/28- Fujinaga-shi, Fujinaga-shi-machi, Hirayama-mura	-	-	-	-
		2012/10/26- 2015/11/20 (excluding honey mushroom)	2012/10/26- 2018/11/07 (excluding bonshitsake mushroom, late fall oyster mushroom)	2012/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	-	-	2018/7/18- Nara-machi	2018/10/28- Nagatsuta-machi	-	-	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	2018/10/1- Kamae-machi	2018/10/2- Fujinaga-shi, Fujinaga-shi-machi, Fujinaga-shi	-
		2018/10/28- Aomori-shi	2018/10/28- Ogino-shi, Kamagata-shi	2014/6/24- Sanda-shi	-	-	2018/7/28- Otsuura-shi	2018/10/10- Shirayama-shi	2018/10/18- Nakayama-shi	2018/11/18- Mitsuda-machi	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	2018/10/1- Kamae-machi	2018/10/2- Fujinaga-shi, Fujinaga-shi-machi, Fujinaga-shi	-
		2012/10/26- 2015/11/20 (excluding honey mushroom)	2012/10/26- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/19- Sumita-cho	2014/6/13- Murata-machi	-	2014/7/18- Matsui-machi	-	-	-	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	2018/10/21- Sakura-machi	2014/10/7- Koyama-shi	-
		2018/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/19- Sumita-cho	2014/6/13- Murata-machi	-	2014/7/18- Matsui-machi	-	-	-	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	2018/10/21- Sakura-machi	2014/10/7- Koyama-shi	-
		2018/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/19- Sumita-cho	2014/6/13- Murata-machi	-	2014/7/18- Matsui-machi	-	-	-	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	2018/10/21- Sakura-machi	2014/10/7- Koyama-shi	-
		2018/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/28- 2015/11/07 (excluding late fall oyster mushroom, brook cap mushroom and food chikien mushroom)	2018/10/19- Sumita-cho	2014/6/13- Murata-machi	-	2014/7/18- Matsui-machi	-	-	-	-	-	-	2012/10/1-2015/11/20 (excluding matsutake mushroom)	2018/10/21- Sakura-machi	2014/10/7- Koyama-shi	-
	Bamboo shoot		2018/4/21- Ishikawa-shi, Ouchi-shi	2012/6/1- Ishikawa-shi, Marumori-machi	-	-	2012/4/6-2017/8/6 Ishikawa-shi	2012/6/1- Nishiohara-shi, Nara-machi	-	-	2012/4/5-2013/10/23 Sakura-shi, Koyama-shi	-	-	-	-	-	-
		2018/4/29- Rizzenohata-shi	2012/5/1-2014/4/17 Marumori-machi (limiting to former Koyama-mura)	2012/5/1-2014/4/17 Marumori-machi (limiting to former Koyama-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	
		2013/4/30-2016/3/29 Rizzenohata-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/5/1-2014/4/17 Marumori-machi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/5/1-2014/4/17 Marumori-machi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Takakura-cho, former Shinabara-cho, former Takahimizu-machi, former Senne-cho)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Takakura-cho, former Shinabara-cho, former Takahimizu-machi, former Senne-cho)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Takakura-cho, former Shinabara-cho, former Takahimizu-machi, former Senne-cho)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-
		2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	2012/6/28-2013/7/17 Kurikuma-shi (limiting to former Keenomura, former Hoshikuni-cho, former Takata-cho, former Otsuura-mura, former Takakura-mura, former Yonakura-mura)	-	2012/4/13-2015/4/11 Moriya-shi	2012/4/13-2015/4/11 Moriya-shi	-	-	2012/4/13-2014/1/14 Sakura-shi	-	-	-	-	-	-	-

		<p>2012/9/9-2017/10/11 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture</p> <p>2012/6/10-2017/7/11 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture</p> <p>2012/6/18-2017/3/31 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture</p>			<p>2012/11/14-2014/10/14 excluding Log-grown shitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture</p>	
Log-grown shitake (indoor cultivation)				<p>2011/10/14-2014/4/9 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Saitama prefecture</p> <p>2011/10/14-2016/5/18 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Saitama prefecture</p> <p>2011/11/10-2018/4/24 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Saitama prefecture</p> <p>2012/4/10-2014/8/23 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/4/10-2015/10/7 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/4/12-2015/2/20 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/5/23-2014/8/23 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/6/4-2014/4/17 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/6/28-2015/6/5 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/11/29-2014/10/24 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture</p>		<p>2012/11/14-2014/11/20 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Chiba prefecture</p> <p>2012/12/14-2014/10/14 excluding Log-grown shitake (indoor cultivation) controlled under the concept of management of Chiba prefecture</p>
Log-grown brick cap (outdoor)		<p>2012/11/2-2017/1/1 excluding Log-grown brick cap (outdoor cultivation) controlled under the concept of management of Iwate prefecture</p>				
Log-grown shiitake namako (outdoor)		<p>2012/10/18-2017/10/26 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Iwate prefecture</p>		<p>2011/11/14-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/10/18-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/11/2-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/11/2-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/11/2-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/11/2-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p> <p>2012/11/2-2014/11/24 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Tochigi prefecture</p>		

Dutch fern			2012/4/27~2018/11/13 Kurhara-shi			2012/6/1~ Otsu-shi, Murayama-shi (limiting to wild plant)											
			2012/4/27~2015/4/25 Osaka-shi (limiting to cultivated plant)														
			2012/4/27~2013/3/25 Osaka-shi														
			2012/3/2~2015/5/25 Kani-machi														
			2012/3/9~2017/7/24 Kasumiga-shi														
Koshiabura		2012/6/10~ Ochi-no-shi, Naniwa-shi	2012/6/7~ Tama-shi, Kurhara-shi			2012/6/1~ Miyoshi-shi Ishikawa-shi (limiting to wild plant)	2012/6/1~ Otsu-shi, Murayama-shi, Miyagi-shi (limiting to wild plant)										
		2012/6/14~ Morioka-shi	2012/6/9~ Ochi-no-shi, Misaki-shi				2012/6/2~ Otsu-shi, Murayama-shi, Miyagi-shi (limiting to wild plant)								2014/6/21 Nagaoka-shi, Kurume-shi		
		2012/6/16 Kamoh-shi	2012/6/11~ Kawana-shi, Shikoh-shi			2012/6/10~ Ishikawa-shi (limiting to wild plant)	2012/6/7~ Kamaishi-shi, Mito-shi, Yabu-shi, Maebashi-shi, Maebashi-shi, Maebashi-shi, Maebashi-shi (limiting to wild plant)	2012/6/7~ Maebashi-shi (limiting to former Fuchu-mura), Shikoh-shi (limiting to former Fuchu-shi), Mito-shi (limiting to former Asama-mura, Seta Daijingu), Shikoh-shi, Kamaishi-shi, Maebashi-shi, Maebashi-shi, Maebashi-shi, Maebashi-shi (limiting to wild plant)									
		2012/6/16~ Saito-shi	2012/6/7~ Tama-shi				2012/6/16~ Saito-shi (limiting to wild plant)									2014/6/29 Nagaoka-shi, Kurume-shi	
		2012/6/19~ Tama-shi					2014/4/26~ Tama-shi (limiting to wild plant)										
		2012/6/19~ Ishikawa-shi					2012/6/28~ Ishikawa-shi (limiting to wild plant)	2014/4/26~ Ishikawa-shi (limiting to wild plant)									2016/6/28~ Ishikawa-shi
Japanese poplar (limiting to wild plant)							2012/6/1~ Utsunomiya-shi, Maebashi-shi										
Japanese persley (limiting to wild plant)			2012/6/30~ Ochi-no-shi														
Japanese royal fern			2012/6/19~ Ishikawa-shi, Ochi-no-shi	2012/6/11~ Kawana-shi, Misaki-shi			2012/6/7~ Mito-shi, Murayama-shi (limiting to wild plant)										
			2012/6/18~ Saito-shi	2012/6/17~ Ochi-no-shi			2012/6/7~ Kamaishi-shi (limiting to wild plant)										
Aralia sprout (limiting to wild plant)				2014/4/26~ Kurhara-shi, Ochi-no-shi			2012/4/27~ Otsu-shi, Yabu-shi										
							2012/6/1~ Murayama-shi										
							2012/6/2~ Ishikawa-shi										
							2012/6/18~ Utsunomiya-shi										
							2012/6/18~ Shikoh-shi										
Pteridium aquilinum (limiting to wild plant)			2012/6/19~ Ochi-no-shi, Misaki-shi	2012/6/11~ Kawana-shi, Misaki-shi			2012/6/7~ Otsu-shi, Murayama-shi										
			2012/6/17~ Ishikawa-shi				2012/6/7~ Utsunomiya-shi, Maebashi-shi										
			2012/6/4~ Ishikawa-shi	2012/6/28~ Ochi-no-shi, Kani-machi				2012/6/18~ Utsunomiya-shi, Maebashi-shi									
			2012/6/7~ Kamaishi-shi				2012/6/28~ Yabu-shi										
Chestnut																	
Cereal	Soybean		2012/1/4~2015/7/1 Ishikawa-shi (limiting to former Tachibana-mura)	2013/1/4~2014/5/19 Kurhara-shi (limiting to former Kanada-mura)													
			2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of beetle prefecture.														
Grain	Rice (produced in 2013)			2013/2/18~2016/2/18 Kurhara-shi (limiting to former Samba-mura) (excluding rice controlled under the management policy of Miyagi prefecture)													
			2012/11/13~2014/4/11 Morioka-shi (limiting to former Shibutani-mura), Ishikawa-shi (limiting to former Ohara-machi)	2012/11/16~2014/4/11 Kurhara-shi (limiting to former Kanai-mura)													
Buckwheat	Buckwheat			2012/12/14~ Ochi-no-shi (limiting to former Samba-mura)													
			2012/11/30~2014/4/11 Ochi-no-shi (limiting to former Kurokawa-mura)	2012/12/14~2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.													
Stone flounder						2012/7/5~2015/10/2 Baraki offshore											
Japanese black porry				2012/11/9~ Miyagi offshore	2012/6/28~ Sanda bay												
				2012/11/9~ Miyagi offshore													

Japanese seabass	-	2012/10/25-2013/1/20 Miyagi offshore	2012/4/12-2015/11/20 Sendai bay	-	2012/4/17-2016/1/14 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-
Rock fish (Sebastes cheni)	-	-	-	-	2012/4/13-2016/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-
Nike croaker	-	-	-	-	2012/4/17-2014/5/14 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-
Olive flounder	-	2013/6/4-2013/8/30 Miyagi offshore	2012/5/30-2013/4/1 Sendai bay	-	2012/4/17-2015/2/5 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-
Pacific cod	2012/8/27-2012/10/31 Pacific Ocean, Asomori offshore	2012/5/2-2013/1/17 Miyagi offshore	2012/2/2-2012/9/30 Miyagi offshore (limiting toto fish whose weight is less than 1kg)	-	2012/11/2-2014/11/20 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-
Parther puffer	-	-	2012/2/2-2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)	-	-	-	-	-	-	-	-	-	-	-	-	-
Ocellate spot skate	-	-	2012/5/8-2014/2/18 Sendai bay	-	2012/6/1-2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-
Channel catfish (excluding farmed fish)	-	-	-	-	2012/4/17- Kamaoka lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Maebashi river	-	-	-	-	-	-	-	-	-	-	-
Silver crucian carp	-	-	-	-	2012/4/17-2015/3/24 Kamaoka lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Maebashi river (excluding farmed fish)	-	-	-	-	2012/7/18- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-	-	-
Common carp	-	-	-	-	-	-	-	-	-	2012/7/7- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-	-	-
Japanese eel	-	-	-	-	2012/6/7- Kamaoka lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Maebashi river	-	-	-	-	2012/7/11- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-	-	-
					2012/5/7-2014/1/15 Naka river (including its branches)	-	-	-	-	2012/7/11- Taga pond, river flow into Taga pond and Taga river (including its branches)	-	-	-	-	-	-
					2012/11/18- Taga river in Baraki prefecture (including lake area reaches from Sakai Onsen but excluding its branches)	-	-	-	-	2012/7/11- Taga river in Chiba prefecture (including lake area reaches from Sakai Onsen but including upper reaches from lake drainage pump station and lake floodgate; river reaches from Rymayama-Daiichi pump station station; Yanoji river, Yodokawa lake and Yodokawa river)	-	-	-	-	-	-
					2013/11/12-2016/2/9 Kamaoka lake, Kitaura lake, Sotomatsukura lake, rivers flowing into these lakes, Maebashi river	-	-	-	-		-	-	-	-	-	-
Ayu sweetfish (excluding farmed fish)	-	-	2012/6/27- Abukuma river (including its branches but excluding upper reaches from Sakagahara dam)	-	-	-	-	-	-	-	-	-	-	-	-	-
			2013/6/27-2013/12/25 Shiroshi river (upper reaches from Shirokita dam) of the Abukuma river (including its branches)	-	-	-	-	-	-	-	-	-	-	-	-	-
			2013/6/27-2017/4/27 Upper reaches from junction of Gofukuya river and Uchikawa river and upper reaches from Kinoshita bridge of Kaji river	-	-	-	-	-	-	-	-	-	-	-	-	-
Land-locked cherry salmon (Yamame) (excluding farmed fish)	-	-	2012/4/20- Abukuma river (including its branches but excluding upper reaches from Shichigahaku dam)	-	-	-	-	-	2012/6/10-2013/1/23 Watarase river in area of Aoto-machi, Naka-shi (including its branches and limiting lake area reaches from junction with Koushin river)	2012/4/27- Agiwara river (including its branches) but limiting source from Iwajima bridge to TEPOD's Saku power plant Agiwarayama river (lake facility)	-	-	-	-	-	-
			2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shichigahaku dam)	-	-	-	-	-	2012/4/27-2012/11/8 Utsunuma river (including its branches)	-	-	-	-	-	-	-
					2012/9/18-2013/3/26 Nagano river (including its branches)	-	-	-	2012/4/27-2013/4/25 Kozuka river (including its branches) and Momonoki river (including its branches)	-	-	-	-	-	-	-
Char (trout) (excluding farmed fish)	-	2012/5/8-2015/9/30 Ise river (including its branches)	2012/6/14- Otsu river (including its branches) but excluding upper reaches from Otsu dam and including its branches)	-	-	-	-	-	2012/6/20-2013/12/17 Watarase river in Ichino prefecture (including basins within Aoto-machi, Naka-shi and including its branches)	2012/6/8- Agiwara river (including its branches) but limiting source from Iwajima bridge to TEPOD's Saku power plant Agiwarayama river (lake facility) but including its branches)	-	-	-	-	-	-
			2012/6/24- Sakagami river (including its branches) but excluding upper reaches from Kuribara dam and including its branches)	-	-	-	-	-			-	-	-	-	-	-
			2012/6/28- Ise river (including its branches) but excluding upper reaches from Kuribara dam and including its branches)	-	-	-	-	-			-	-	-	-	-	-
			2012/6/28- Ise river (including its branches) but excluding upper reaches from Kuribara dam and including its branches)	-	-	-	-	-			-	-	-	-	-	-

			2013/12/9-- <i>Nivosa river (including its branches)</i>			2014/5/30--2015/6/23 Watarase river in Tochigi prefecture (including Isena with Ashio-machi, Nishiyama and including its branches)	2012/6/8--2013/6/28 2014/3/12--2015/1/29 Suuna river (including its branches)										2013/6/8--2012/11/9 Karusu river (including top reaches from Kawa bridge and including its branches)									
Japanese deer		2012/5/11--2015/3/10 Kikawa river (including its branches) and including its branches but excluding upper reaches from Ishikawa dam, Ichibuchi dam, Shikida dam, Gouha dam, Sotoyama dam, Taira dam, Tsunetsuki dam, Toyosawa dam and Hayashiri dam	2013/4/20-- <i>Abukuma river (including its branches but excluding upper reaches from Shiohachisu dam)</i>			2012/5/7--2013/1/23 Muro river (including its branches) and Naka river (including Itoji Tochigi prefecture and including its upper reaches from junction with Muro river (including its branches but excluding upper reaches from Shobun dam and its branches)																				
		2012/06/12--2014/7/31 Kasen river (including its branches)				2012/5/7--9/28 Oshi river (including its branches but excluding Aoi river and its branches)																				
		2012/5/11--2014/8/25 Oawa river (including its branches)	2012/5/18--2014/8/25 Oawa river (including its branches)			2012/5/30--9/28 Ave river (including its branches)																				
Beef		2011/8/1-- <i>Whole area (2011/8/29-- Including cattle which are managed based on shipment and inspection policy set by Iwate prefecture)</i>	2011/7/28-- <i>Whole area (2011/7/29-- Including cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)</i>			2011/8/2-- <i>Whole area (2011/8/29-- Including cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)</i>																				
	Beef meat		2012/4/22-- <i>Kakuhachi, Nemuro-machi, Yamamoto-cho</i>	2011/12/21-- <i>Including beef meat which are managed based on shipment and inspection policy set by Saitama prefecture)</i>		2011/12/2-- <i>Whole area (2011/12/29-- Including beef meat which are managed based on shipment and inspection policy set by Tochigi prefecture)</i>	2010/10/10-- <i>Whole area</i>																			
Meat	Beef meat		2012/6/10-- <i>Whole area</i>	2012/6/25-- <i>Whole area</i>	2012/6/10-- <i>Whole area (2012/6/11-- Including beef meat which are managed based on shipment and inspection policy set by Yamagata prefecture)</i>			2012/6/10-- <i>Whole area</i>																		
	Sika Deer meat		2012/7/28-- <i>Whole area</i>	2013/10/19-- <i>Whole area (2013/10/20-- Including Sika deer meat which are managed based on shipment and inspection policy set by Miyagi prefecture)</i>		2011/12/2-- <i>Whole area</i>	2012/11/14-- <i>Whole area</i>																		2017/12/7-- <i>Karubane-machi</i> 2017/12/7--2017/12/7 Egima-machi including Sika deer meat controlled under the policy for shipment and inspection set by prefecture	
Copper pheasant meat		2012/10/28-- <i>Whole area</i>						2012/10/28-- <i>Whole area</i>																		
Others	Tea leaf					2012/6/2--10/18 Koga-shi, Jose-shi, Bando-shi, Yachiyo-shi, Sakai-machi	2011/7/8--2012/6/1 Tochigi-shi	2011/6/30--2012/9/28 Kiryu-shi		2011/6/2--9/7 Osumi-shi, Nishino-machi	2011/6/2--6/29 Minamishige-shi															
						2011/6/2--2012/4/9 Daigo-machi				2011/6/23--9/12 Matsuda-machi, Yamakita-machi																
						2011/6/2--2012/5/23 Hiachihara-shi, Hachioji-shi, Shiota-shi, Naka-shi, Shiroto-machi				2011/7/4--2012/5/21 Katsuma-shi	2011/6/2--10/14 Akawa-machi, Kiyokawa-mura															
						2011/6/2--2012/6/5 Kobuta-shi				2011/6/2--2012/5/25 Yachinomiya-shi	2011/6/23--10/26 Sambara-shi															
						2011/6/2--2012/9/20 Takahagi-shi						2011/6/27--10/26 Maki-machi														
						2011/6/2--2012/9/12 Hachi-shi																				
						2011/6/2--2012/10/5 Bando-machi																				
						2011/6/2--2012/10/11 Takahagi-shi						2011/6/2--2012/5/28 Noda-shi, Tomitaro-shi, Sammu-shi	2011/6/2--11/1 Odawa-shi													
						2011/6/2--2012/4/3 Gouha-shi																				
						2011/6/2--2012/5/29 Tsuetsugu-shi, Kimobetsu-shi, Kenetsu-shi																				
						2011/6/2--2012/6/17 Omihara-shi			2011/6/2--2012/9/28 Osawara-shi																	
						2011/6/2--2012/11/1 Tsuji-shi, Ryugasaki-shi, Shimada-shi, Tonda-shi, Wachi-shi, Kashiwa-shi, Baka-shi, Maruya-shi, Chikawa-shi, Shashi-shi, Kasumiya-shi, Sakagawa-shi, Kariya-shi, Namagata-shi, Takahara-shi, Otagiri-machi, Amagi-shi, Kamei-machi, Gaka-machi, Tono-machi, Takamura and Mihama-mura.	2011/6/2--2012/9/21 Kanuma-shi	2011/6/30--2012/9/7 Shibukawa-shi		2011/6/2--2012/5/13 Narita-shi	2011/6/2--2012/10/19 Tugawa-machi															

* Instructions still imposed are expressed in **Italo type**.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 6 December 2018

Fukushima Prefecture		Restriction of consumption				
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)				
		Head type leafy vegetables, e.g. Cabbage	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura 2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)			
			Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/23~5/4 Iwaki-shi 2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
				Log-grown shiitake (grown outdoor)	2011/4/13~ Iitate-mura	
				Wild mushroom	2011/9/6~ Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)	
					2011/9/15~ Iwaki-shi, Tanagura-machi	
					2011/9/20~ Minamisoma-shi	
				Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
					Land-locked cherry salmon(Yamame) (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
				Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura 2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

* Instructions still imposed are expressed in Italic type.