

**The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)**

As of 24 April 2020

Fukushima Prefecture	<p><b>2011/3/21～ : (excluding areas listed on the cells below)</b></p> <p>2011/3/21～4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi(excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p> <p>2011/3/21～4/21 Soma-shi, Shinchi-machi</p> <p>2011/3/21～5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)</p> <p>2011/3/21～6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21～10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21～2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21～2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21～2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21～2018/3/16 Kawamata-machi (limiting to Yamakiya area)</p> <p>2011/3/21～2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21～2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)</p>
Raw milk	<p><b>2011/3/21～ : (excluding areas listed on the cells below)</b></p> <p>2011/3/21～5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/21～5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/21～5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21～6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/21～6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/21～11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21～2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21～2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21～2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21～2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012),</p>
	<p><b>2011/3/23～ : (excluding areas listed on the cells below)</b></p> <p>2011/3/23～5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23～5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23～5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23～6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23～6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23～11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>
	<p>2011/3/23～2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>
	<p>2011/3/23～2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	<p><b>2011/3/23～ : (excluding areas listed on the cells below)</b></p> <p>2011/3/23～5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23～5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23～5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23～6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23～6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23～11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>
	<p>2011/3/23～2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>
All the other	<p>2011/3/23～2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>

	2011/3/23～ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23～ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012),
	<b>2011/3/23～ (excluding areas listed on the cells below)</b>	
	2011/3/23～4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanevama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23～5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23～5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23～5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23～10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
Head type leafy vegetables, e.g. Cabbage	2011/3/23～ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23～ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23～ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23～ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012),
	<b>2011/3/23 (excluding areas listed on the cells below)</b>	
	2011/3/23～4/27	Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23～5/4	Iwaki-shi
	2011/3/23～5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23～5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23～6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
	2011/3/23～10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23～ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23～ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23～ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23～ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012),
	<b>2011/3/23～ (excluding areas listed on the cells below)</b>	
	2011/3/23～5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23～5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23～6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23～11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23～ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Turnip	2011/3/23～ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)

	<p>2011/3/21～ 2016/3/17</p> <p>Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p>
	<p>2011/3/23～ 2017/3/14</p> <p>Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012),</p>
Log-grown shiitake (grown outdoor)	<p>2011/4/13～: <i>Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tamioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi</i> (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), <i>Kawauchi-mura</i> (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/18～: <i>Fukushima-shi</i></p> <p>2011/4/13～4/25 Iwaki-shi</p> <p>2011/4/25～: <i>Motomiya-shi</i></p> <p>2011/4/13～5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13～5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/10/18～: <i>Nihonmatsu-shi</i></p> <p>2011/7/19～: <i>Date-shi</i></p>
Log-grown shiitake (indoor cultivation)	<p>2011/7/19～ 2014/7/11</p> <p>excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2011/7/22～ 2014/7/11</p> <p>Shinchi-machi</p> <p>2011/7/19～9/7 Motomiya-shi</p> <p>2011/11/14～: <i>Kawamata-machi</i></p>
Log-grown pholiota nameko (outdoor cultivation)	<p>2011/10/31～: <i>Soma-shi, Iwaki-shi</i></p> <p>2011/9/6～: <i>Tanagure-machi, Furudono-machi</i> (limited to wild mushroom belonging to mycorrhizal fungi) <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tamioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</i></p> <p>2011/9/15～: <i>Kitakata-shi</i></p> <p>2012/8/15～: <i>Showa-mura</i></p> <p>2012/8/16～ 2019/9/5</p> <p>limiting to late fall oyster mushroom and grifola frondosa</p> <p>2012/10/11～: <i>Bandai-machi</i></p> <p>2012/10/18～: <i>Aizubange-machi, Kitashiobara-mura</i></p> <p>2013/9/26～: <i>Shimogo-machi</i></p> <p>2013/10/1～: <i>Aizuwakamatsu-shi</i></p> <p>2013/10/3～: <i>Tadami-machi</i></p> <p>2013/10/3～ 2018/3/29</p> <p>limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)</p> <p>2013/10/3～ 2019/9/5</p> <p>limiting to honey mushroom and bunaharitake</p> <p>2013/11/12～: <i>Aizumisato-machi</i></p> <p>2013/11/12～ 2017/4/24</p> <p>limiting to late fall oyster mushroom</p> <p>2014/8/25～: <i>Nishiaizu-machi</i></p> <p>2014/8/25～ 2017/4/24</p> <p>limiting to pholiota nameko</p> <p>2014/8/25～ 2018/3/29</p> <p>limiting to late fall oyster mushroom</p> <p>2014/8/25～ 2019/9/5</p> <p>limiting to grifola frondosa</p> <p>2014/9/22～: <i>Mishima-machi</i></p> <p>2014/9/22～ 2019/9/5</p> <p>limiting to grifola frondosa</p> <p>2014/10/2～: <i>Yanaizu-machi</i></p> <p>2014/10/2～ 2019/9/5</p> <p>limiting to grifola frondosa</p>
Wild mushroom	<p>2011/5/9～: <i>Date-shi, Soma-shi, Miharu-machi</i></p> <p>2011/5/13～: <i>Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</i></p> <p>2011/5/9～5/30 Hirata-mura</p> <p>2011/5/9～6/8 Iwaki-shi</p> <p>2011/5/9～6/21 Tenei-mura</p> <p>2011/5/13～6/21 Kunimi-machi</p>

Bamboo shoot	2012/4/9~: <i>Iwaki-shi</i>
	2012/4/16~: <i>Fukushima-shi, Shinchi-machi</i>
	2012/4/23~: <i>Hirono-machi</i>
	2012/5/2~: <i>Nihonmatsu-shi, Otama-mura</i>
	2012/5/7~: <i>Sukagawa-shi</i>
	2012/6/25~: <i>Koriyama-shi</i>
	2013/5/14~: <i>Kawauchi-mura</i>
	2013/5/16~: <i>Shirakawa-shi, Naraha-machi</i>
	2013/5/28~: <i>Katsurao-mura</i>
	2013/6/10~: <i>Tamura-shi</i>
Wasabi (field cultivation)	2012/4/16~: <i>Date-shi, Kawamata-machi</i>
	2012/4/16~: Kawamata-machi (excluding Yamakiya area)
	2015/7/8
	2012/4/16~: Date-shi (limiting to Wasabi controlled under the concept of management of Fukushima prefecture) 2018/3/6
Wild Aralia cordata	2014/5/14~: <i>Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura</i>
	2014/5/19~: <i>Kawauchi-mura</i>
	2015/5/13~: <i>Naraha-machi</i>
Ostrich fern	2011/5/9~: <i>Fukushima-shi, Kori-machi</i>
	2012/5/1~: <i>Soma-shi, Date-shi, Kunimi-machi, Miharu-machi</i>
	2012/5/2~: <i>Kawamata-machi</i>
	2012/5/7~: <i>Tamura-shi, Furudono-machi</i>
	2012/5/10~: <i>Nihonmatsu-shi, Otama-mura</i>
	2013/4/30~: <i>Koriyama-shi</i>
	2013/5/14~: <i>Naraha-machi, Katsurao-mura</i>
Wild ostrich fern	2015/5/18~: <i>Hirono-machi</i>
	2014/4/24~: Aizumisato-machi 2017/9/11
Koshiabura	2015/4/30~: <i>Minamisoma-shi</i>
	2012/5/2~: <i>Fukushima-shi, Nihonmatsu-shi</i>
	2012/5/7~: <i>Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi</i>
	2012/5/10~: <i>Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura</i>
	2012/5/14~: <i>Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura</i>
	2012/5/17~: <i>Kori-machi, Inawashiro-machi</i>
	2013/5/7~: <i>Yanaizu-machi, Kitashiobara-mura</i>
	2013/5/14~: <i>Katsurao-mura</i>
	2013/5/16~: <i>Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura</i>
	2013/5/20~: <i>Mishima-machi, Kawauchi-mura</i>
	2013/5/22~: <i>Asakawa-machi, Hirono-machi</i>
	2013/5/28~: <i>Motomoya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura</i>
	2013/5/29~: <i>Miharu-machi</i>
	2013/6/3~: <i>Aizuwakamatsu-shi, Kagamiishi-machi</i>
Wild Koshiabura	2013/6/5~: <i>Kanevama-machi</i>
	2013/6/10~: <i>Showa-mura</i>
Japanese royal fern	2016/4/28~: <i>Nishiaizu-machi</i>
	2016/5/6~: <i>Tadami-machi</i>
Wild Japanese royal fern	2012/5/2~: <i>Iwaki-shi, Nihonmatsu-shi</i>
	2012/5/10~: <i>Soma-shi</i>
	2012/5/24~: <i>Kawamata-machi</i>
	2013/5/1~: <i>Minamisoma-shi</i>
	2013/5/14~: <i>Naraha-machi, Katsurao-mura</i>
	2013/5/16~: <i>Sukagawa-shi</i>
	2013/5/20~: <i>Kawauchi-mura</i>
	2013/6/10~: <i>Koriyama-shi</i>
	2015/5/11~: <i>Tamura-shi</i>
	2014/5/14~: <i>Hirono-machi, Otama-mura</i>
Wild Uwabamisou	2013/6/10~: <i>Sukagawa-shi, Kunimi-machi</i>
	2012/5/1~: <i>Iwaki-shi, Soma-shi, Date-shi, Kori-machi</i>
Wild Aralia sprout	2012/5/2~: <i>Fukushima-shi</i>
	2012/5/7~: <i>Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi</i>
	2012/5/10~: <i>Otama-mura, Nishigo-mura</i>
	2012/5/14~: <i>Kawamata-machi</i>
	2013/4/25~: <i>Minamisoma-shi</i>
	2013/5/14~: <i>Hirono-machi, Samegawa-mura, Katsurao-mura</i>
	2013/5/16~: <i>Nihonmatsu-shi, Furudono-machi, Izumizaki-mura</i>

	<p>2013/5/20～: Kawauchi-mura</p> <p>2013/5/28～: Motomiya-shi, Sukagawa-shi</p> <p>2013/6/3～: Kagamiishi-machi</p> <p>2013/6/10～: Tamura-shi</p> <p>2014/5/14～: Inawashiro-machi</p> <p>2018/5/2～: Kitashiobara-mura</p>
Giant butterbur	<p>2015/5/25～: Katsurao-mura</p>
Wild Giant butterbur	<p>2013/6/19～: Kori-machi, Naraha-machi</p> <p>2014/6/16～: Tenei-mura</p>
	<p>2012/4/9～: Fukushima-shi, Kawamata-machi, Soma-shi, Hirono-machi</p>
Wild Japanese butterbur scape	<p>2012/4/9～: Tamura-shi</p> <p>2019/2/27</p> <p>2012/4/16～: Date-shi, Kori-machi and Kunimi-machi</p> <p>2014/4/11～: Naraha-machi and Katsurao-mura</p> <p>2015/2/25～: Minamisoma-shi</p> <p>2016/1/20～: Motomiya-shi</p>
Pteridium aquilinum	<p>2012/5/10～: Date-shi</p> <p>2020/3/10</p> <p>2012/5/10～: Iwaki-shi</p> <p>2017/9/11</p> <p>2012/5/17～: Kawamata-machi</p> <p>2012/5/17～: Kitakata-shi</p> <p>2015/5/15</p> <p>2012/5/17～: Fukushima-shi</p> <p>2016/6/24</p> <p>2013/4/25～: Minamisoma-shi</p> <p>2013/6/11～: Samegawa-mura</p> <p>2014/4/30～: Naraha-machi</p> <p>2014/5/14～: Katsurao-mura</p>
Wild Pteridium aquilinum	<p>2012/5/10～: Iwaki-shi, Date-shi</p> <p>2012/5/17～: Fukushima-shi</p> <p>2012/5/17～: Kitakata-shi</p> <p>2020/4/24</p> <p>2013/6/24～: Nihonmatsu-shi</p> <p>2014/5/14～: Hirono-machi</p>
Japanese apricot (Ume)	<p>2011/6/2～: Fukushima-shi, Date-shi, Kori-machi</p> <p>2013/10/21</p> <p>2020/2/13～: Minamisoma-shi (limiting to "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012)</p> <p>2011/6/6～: Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone, excluding "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012)</p> <p>2020/2/13</p> <p>2011/6/6～: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)</p> <p>2015/8/19</p> <p>2011/6/6～: Soma-shi</p> <p>2012/7/11</p> <p>2012/6/6～: Kunimi-machi</p> <p>2013/10/21</p>
Yuzu	<p>2011/8/29～: Fukushima-shi</p> <p>2011/10/14～: Date-shi</p> <p>2017/2/1</p> <p>2012/1/10～: Iwaki-shi</p> <p>2015/1/29</p> <p>2011/10/14～: Kori-machi</p> <p>2016/3/17</p> <p>2011/8/29～: Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012)</p> <p>2018/12/6</p>
Chestnut	<p>2011/9/20～: Date-shi, Minamisoma-shi</p> <p>2012/9/26～: Nihonmatsu-shi</p> <p>2015/12/3</p> <p>2012/10/12～: Iwaki-shi</p> <p>2014/11/17</p>
Kiwi fruit	<p>2011/12/9～: Minamisoma-shi (limiting to "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012)</p> <p>2011/12/9～: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planed Evacuation Zone)</p> <p>2013/12/25</p> <p>2011/12/9～: Soma-shi</p> <p>2014/11/17</p>

	2011/12/9～ 2018/12/13	Minamisoma-shi (excluding area it is expected that the residents have difficulties in returning for a long time designated by the Instruction on March 30 2012 within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant )
Azuki bean	2013/1/4～ 2015/10/23:	Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	2013/1/4～ 2014/3/13	excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
	2012/11/15～ 2015/10/23	Minamisoma-shi (limiting to former Ishigami-mura)
	2012/11/15～ 2013/11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2012/12/25～ 2015/10/23	Sukagawa-shi (limiting to former Naganuma-machi)
	2012/12/25～ 2014/3/13	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/1/4～ 2014/10/7	Koriyama-shi (limiting to former Takano-mura)
	2013/1/4～ 2015/10/23	Otama-mura (limiting to former Tamanoi-mura)
	2013/1/4～ 2015/10/23	Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
	2013/1/4～ 2014/10/7	Kori-machi (limiting to former Danzaki-mura)
	2013/1/4～8/9	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/2/18～ 2015/10/23	Fukushima-shi (limiting to former Tatsugoyama-mura)
Cereal	2013/2/18～7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/5～ 2015/10/23	Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
Soybean	2013/3/5～7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/25～ 2015/10/23	Fukushima-shi (limiting to former Niwatsuka-mura)
	2013/3/25～7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		Date-shi (limiting to former Tomino-mura and Sekimoto mura)
	2013/1/4～ 2015/10/23	Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
	2013/1/4～7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/1/4～ 2016/3/25	Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
	2013/1/4～11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/12/18～ 2015/10/23	Minamisoma-shi (limiting to former Ota-mura)
	2013/12/18～ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
	2014/12/17～ 2016/3/25	Motomiya-shi (limiting to former Shiraiwa-mura)
	2014/12/17～ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
	2014/12/17～ 2016/3/25	Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
Rice (produced in 2011)	2011/11/17～	Fukushima-shi (limiting to former Oguni-mura area)
	2011/11/29～	Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)
	2011/12/5～	Fukushima-shi (limiting to former Fukushima-shi area)
	2011/12/8～	Nihonmatsu-shi (limiting to former Shibukawa-mura area)
	2011/12/9～	Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)
	2011/12/19～	Date-shi (limiting to former Kakeda-machi area)
	2012/1/4～	Date-shi (limiting to former Sekimoto-mura area)
	2012/4/5～	<i>Areas subjected to restriction of distribution in advance</i>
	2012/4/5～7/26	excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/10/25:	Sukagawa-shi (limiting to former Nishifukuro-mura)
	2012/10/25～10/29	excluding rice controlled under the concept of management of Fukushima prefecture.
	2012/11/5～	Otama-mura (limiting to former Tamanoi-mura)



Rice (produced in 2018)	2018/3/23～  Kawamata-machi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2019)	2019/3/22～  Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2020)	2020/3/23～  Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012(excluding areas such restriction on access was eased on March 5,2020)), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)
Japanese sandlance (juvenile)	2011/4/20～ 2012/6/22 whole area
Land-locked cherry salmon(Yamame) (excluding farmed fish)	2011/6/6～ Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Abukuma River (including its branches) 2011/6/6～ 2019/3/14 Akimoto Lake and rivers flowing into the Lake (including its branches), Nagase River(limiting to upper reaches from the junction with Sukawa River) 2011/6/17～ Mano River (including its branches) 2012/3/29～ Niida River (including its branches) and Ota River (including its branches) 2012/4/5～ 2015/9/30 Sukawa River (limiting to its branches) 2012/4/24～ Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches) 2012/6/7～ 2013/7/30 Kuji river in Fukushima prefecture (including its branches)
Japanese dace	2011/6/17～ Mano River (including its branches) 2011/6/27～ 2019/12/3 Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches) 2012/3/29～ 2020/2/25 Akimoto Lake and rivers flowing into this Lake (including its branches), Nagase River (including its branches but limiting to upper reaches from the junction with Sukawa River) 2012/3/29～ Hibara Lake, Onogawa Lake and rivers flowing into these Lakes 2012/4/24～ 2017/4/27 Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting to upper reaches from junction with Sukawa river)) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches) 2012/5/31～ 2019/12/3 Abukuma river (limiting to upper reaches from Shinobu dam and including its branches) 2012/5/25～ 2014/10/24 Tadami river limiting to upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)
Japanese eel	2012/8/2～ Abukuma River in Fukushima prefecture (including its branches)
Ayu sweetfish (excluding farmed fish)	2011/6/27～ Mano River (including its branches), Niida River (including its branches) 2011/6/27～ 2019/8/28 Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)
Char(Iwana) (excluding farmed fish)	2012/4/5～ 2020/2/25 Abukuma river in Fukushima prefecture (limiting to upper reaches from Shinobu dam and including its branches) 2012/4/12～ 2015/9/30 Sukawa River (limiting to its branches) 2012/4/24～ Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches),Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches) 2012/4/24～ 2019/3/14 Akimoto Lake and rivers flowing into the Lake (including its branches) and Nagase River(limiting to upper reaches from the junction with Sukawa River) 2012/5/31～9/19 Tateiwa river (including its branches) 2012/4/24～ 2014/8/25 Tadami river (limiting to between Honna dam and Uwada dam, but including its branches) 2012/4/24～ 2014/12/11 Tadami river (limiting to lower reaches from Uwada dam, but including its branches)

	2012/4/24～ 2015/1/14	Nippashi river (limiting to lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)
	<b>2012/4/27～： Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Nagase river (limiting to upper reaches from junction with Sukawa river)</b>	
Common carp (excluding farmed fish)	<b>2014/9/16～： Abukuma river in Fukushima prefecture (including its branches)</b> 2012/5/10～2014/9/16: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches) 2014/9/16～ 2019/8/28	Abukuma river in Fukushima prefecture (including its branches)
	2012/4/27～ 2019/12/3	Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam)
Any crucian carp (excluding farmed fish)	<b>2012/4/27～： Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Nagase river (limiting to upper reaches from junction with Sukawa river) and Mano river (including its branches)</b> 2012/5/10～： <b>Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)</b>	
	2012/4/27～ 2019/12/3	Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam)
Fat greenling	2012/6/22～	Fukushima offshore
Red tongue sole	2016/8/24	
Japanese sandlance (excluding juvenile)	2012/6/22～ 2017/4/27	Fukushima offshore
Stone flounder	2012/6/22～ 2017/1/17	Fukushima offshore
Goldeye rockfish	2012/6/22～ 2017/6/21	Fukushima offshore
Surfperch	2012/6/22～ 2019/3/14	Fukushima offshore
Brown hakeling	2012/6/22～ 2016/8/24	Fukushima offshore
Fox jacopever	2012/6/22～ 2018/4/24	Fukushima offshore
Black cow-tongue	2012/6/22～	Fukushima offshore
Black rockfish	2017/1/17	
Japanese black porgy	2012/6/22～ 2019/3/14	Fukushima offshore
Sea raven	2012/6/22～ 2015/6/30	Fukushima offshore
Ocellate spot skate	2012/6/22～ 2016/8/24 2019/2/7～ 2020/2/25	Fukushima offshore
Cherry salmon (Sakuramasu)	2012/6/22～ 2019/8/28	Fukushima offshore
Poacher	2012/6/22～ 2016/7/15	Fukushima offshore
Rockfish (Sebastes cheni)	2012/6/22～	Fukushima offshore
Japanese seabass	2018/4/24	
Nibe croaker	2012/6/22～ 2014/4/2	Fukushima offshore
Starry flounder	2012/6/22～ 2019/3/14	Fukushima offshore
Slime flounder	2012/6/22～ 2016/11/14	Fukushima offshore
Panther puffer	2012/6/22～ 2015/12/3	Fukushima offshore
Olive flounder	2012/6/22～ 2016/6/9	Fukushima offshore
Gurnard	2012/6/22～ 2014/7/9	Fukushima offshore
Spotted halibut	2012/6/22～ 2016/7/15	Fukushima offshore
Conger eel	2012/6/22～ 2016/6/9	Fukushima offshore
Marbled flounder	2012/6/22～ 2016/8/24	Fukushima offshore
Flathead	2012/6/22～ 2016/7/15	Fukushima offshore

Pacific cod	2012/6/22～ <b>2015/2/24</b>	Fukushima offshore
Shotted halibut	2012/6/22～ <b>2015/2/24</b>	Fukushima offshore
Brassblotched rockfish	2012/6/22～ <b>2019/8/28</b>	Fukushima offshore
Ridged-eye flounder	2012/6/22～ <b>2015/4/2</b>	Fukushima offshore
Venus clam	2012/6/22～ <b>2019/12/3</b>	Fukushima offshore
Northern sea urchin	2012/6/22～ <b>2014/7/9</b>	Fukushima offshore
Flathead flounder	2012/6/22～ <b>2013/10/9</b>	Fukushima offshore
Alaska Pollock	2012/6/22～ <b>2013/12/17</b>	Fukushima offshore
Littlemouth flounder	2012/6/22～ <b>2014/4/16</b>	Fukushima offshore
Long shanny	2012/7/12～	Fukushima offshore
Barfin flounder	<b>2016/7/15</b>	
Starspotted smooth-hound	2012/7/26～ <b>2015/2/18</b>	Fukushima offshore
Vermiculated puffer	2012/8/23～ <b>2014/10/15</b>	Fukushima offshore
Halfbeak	2013/2/14～ <b>2014/7/9</b>	Fukushima offshore
Scorpion fish	2013/8/8～ <b>2019/8/28</b>	Fukushima offshore
Hilgendorf saucord	2014/3/25～ <b>2014/5/28</b>	Fukushima offshore
Beef	2011/7/19～ <b>2019/3/28</b>	Whole area (2011/8/25～ <b>2019/3/28</b> : Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)  <i>Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012)</i>
Boar meat	2011/11/9～ 2011/11/25～ 2011/12/2～	<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i> <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i> <i>Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
Spot-billed duck meat	2013/1/30～	Whole area
Green pheasant meat	2013/1/30～	Whole area
Bear meat	2011/12/2～ 2012/7/27～	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i> <i>Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
Hare meat	2013/1/30～	Whole area
Copper pheasant meat	2012/11/13～	Whole area

\* Instructions still imposed are expressed in Italic type.

## The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters (Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 24 April 2020

As of 24 April 2020

		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Gumma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture									
Raw milk		-	-	-	-	2011/3/23~4/10 Whole area	-	-	-	-	-	-	-	-	-									
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	2011/3/21~4/17 (excluding areas listed on the cells below)	2011/3/21~4/21 Nasushiobara-shi, Shioya- machi	2011/3/21~4/8 Whole area	-	2011/4/4~4/22 Asahi-shi, Katori-shi, Tako- machi	-	-	-	-	-									
		Kakina	-	-	-	-	2011/3/21~4/17 Whole area	2011/3/21~4/27 Kitabarakishi, Takahagi- shi	2011/3/21~4/8 Whole area	-	-	-	-	-	-									
	Garland chrysanthemum, On-geng-zaï, Sanchu asian lettuce	-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-									
		Parsley	-	-	-	-	2011/3/23~4/17 Whole area	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-								
Celery		-	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-	-									
Wild mushrooms	2012/10/26~ Hashikami-cho	2012/10/11~ Ichinoseki-shi, Rikuzentakata-shi, Hirazumi-cho	2012/10/18~ Kurihara-shi, Oseki-shi	2012/8/2~ Nikkō-shi, Moka-shi, Nasushiobara-shi, Mashiko-machi, Nakagawa-machi	2012/10/10~ Takayama-mura	2012/9/25~ Numata-shi, Higashiatsuma- machi, Tsumagoi-mura	2012/10/16~ Yokoze-machi, Minano-machi	2012/10/29~ Tokigawa-machi	2012/10/11~ Karuizawa-machi, Miyota- machi	2012/10/1~ Koumi-machi, Minamimaki-mura	2012/11/5~ Gotemba-shi, Oyama-cho	2012/10/1~2015/11/20 (excluding matsutake mushroom)	2012/10/26~ Fujiyoshida-shi, Fujikawaguchiko-machi, Narusewa-mura	2012/10/11~ Saku-shi	2012/10/1~2015/11/20 (excluding matsutake mushroom)	2013/10/3~ Fujiyoshida-shi, Fujikawaguchiko-machi								
																	2012/10/26~2017/3/31 (excluding honey mushroom)							
																	2012/10/26~2018/11/07 (excluding brick cap mushroom)							
		2012/10/26~2018/11/07 Towada-shi	2012/10/16~ Kamaishi-shi																					
		2012/10/26~2015/11/20 (excluding honey mushroom)	2012/10/18~ Oshu-shi																					
		2012/10/26~2018/11/07 (excluding bunashitake mushroom, late fall oyster mushroom)	2012/10/29~ Ofunato-shi, Kanegasaki-cho																					
		2012/10/31~ Aomori-shi	2014/9/24~ Sendai-shi																					
		2012/10/26~ 2015/11/20 (excluding honey mushroom)	2012/11/7~ Tono-shi																					
		2012/10/30~ 2018/11/07 (excluding late fall oyster mushroom, brick cap mushroom and fried chicken mushroom)	2013/10/9~ Sumita-cho																					
		2013/10/1~ Aigasawa-machi	2016/9/12~ Murata-machi																					
	2012/10/26~ 2015/11/20 (excluding honey mushroom)	-																						
	Bamboo shoot	2012/5/31~ Oshu-shi	2012/5/1~ Shiroishi-shi, Marumori- machi	2012/4/6~2017/9/6 Itako-shi	2012/5/1~ Nasukarasuyama-shi, Nasu-machi	2012/4/6~2015/4/17 Tsukubamirai-shi	2012/4/6~2017/7/24 Omitama-shi	2012/4/13~ Ishioka-shi	2012/4/13~ Yaita-shi	2012/4/11~2013/10/23 Ichihara-shi, Kisarazu-shi	2012/4/6~2016/1/14 Sakae-machi	2012/4/6~2016/9/21 Abiko-shi	2012/10/1~2015/11/20 (excluding matsutake mushroom)	2012/10/1~2015/11/20 (excluding matsutake mushroom)	2013/10/3~ Fujiyoshida-shi	2012/10/1~2015/11/20 (excluding matsutake mushroom)	2014/10/7~ Suzuno-shi							
																		2012/5/31~2020/4/24 Ichinoseki-shi (limiting to former Daito- cho, former Higashiyama- cho, former Fujisawa-cho)						
																		2013/4/30~ Rikuzentakata-shi						
2013/4/30~2016/3/29 Rikuzentakata-shi (limiting to former Kesen- cho, former Hirota-cho, former Otomo-mura, former Takekoma-mura, former Yonesaki-mura)																								
2012/4/13~ Rikuzentakata-shi, Sumita-cho	2012/1/16~ Shiroishi-shi	2012/6/29~2015/7/17 Kurihara-shi (limiting to former Tsukidate- cho, former Shiwahime-cho, former Takashimizu-machi, former Semine-cho)	2012/6/29~2015/7/17 Otsuki-shi (limiting to former Marumori- machi and former Ouchi-mura)	2012/6/29~2018/11/28 Marumori-machi (limiting to former Hippo- mura and former Ouchi-mura)	2012/4/13~2015/4/24 Shiroishi-shi, Marumori-machi (limiting to former Marumori- machi and former Kosai-mura)	2012/4/13~2015/4/17 Moriya-shi	2012/4/13~2015/4/24 Toride-shi	2012/4/13~2016/1/14 Ryugasaki-shi	2012/4/13~2016/9/21 Ibaraki-machi	2012/4/13~2017/6/8 Tone-machi	2012/4/19~ Hokota-shi	2012/4/19~2015/1/22 Kashiwa-shi, Shiroi-shi	2012/4/11~2013/10/23 Yachiyo-shi	2012/4/11~2015/1/23 Kashiwazaki-shi	2012/4/12~2013/10/23 Funabashi-shi	2012/4/18~2013/10/23 Shibayama-machi								
																	2012/6/29~2015/7/17 Kurihara-shi (limiting to former Marumori- machi and former Ouchi-mura)							
																	2012/6/29~2017/10/11 Kurihara-shi (limiting to former Wakayanagi-cho)							
																	2016/6/7~2018/10/25 Otsuki-shi (limiting to former Sanbongi-cho)							
																	2012/4/13~2015/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/1/16~ Kakuda-shi						
																	2012/4/13~2018/4/24 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture							
																	2012/3/8~ Marumori-machi							
																	-	2012/3/15~ Zao-machi						
																	2011/10/14~ Hokota-shi,	2012/2/15~ Yaita-shi	2012/2/15~2020/2/25 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture	2012/2/15~2018/6/13 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2011/10/11~ Kimitsu-shi	2011/10/11~ Abiko-shi	2011/10/11~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	2011/10/11~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture
																	2011/10/14~ Tsuchiura-shi,							
2011/10/14~ Omitama-shi																								
2011/10/14~2018/7/10 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture																								
2011/10/14~ Namegata-shi																								
2012/4/10~ Haga-machi, Shioya- machi, Takanezawa-machi, Nasu-machi																								
2012/4/10~ Takanezawa-machi																								
2012/4/10~2018/3/28 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Tochigi prefecture																								
2012/4/10~ Sakura-shi																								
2012/4/10~2017/6/22 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture																								
2012/4/10~ Utsunomiya-shi																								

Log-grown shiitake (outdoor cultivation)	2012/4/20~2015/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/5~ Murata-machi	2012/4/10~2015/6/5 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2012/11/10~ Ibaraki-machi, Aimi-machi	2012/4/10~ Haga-machi	2011/11/18~ Nagareyama-shi
		2012/4/11~ Kesennuma-shi,		2012/4/11~ Mashiko-machi	2012/4/11~ Sakura-shi	2011/12/22~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture
		2012/4/11~ Miyagi-shi, Hitachinomiyagi-shi, Tsukubamirai-shi		2012/4/11~ Otarawa-shi, Nikko-shi	~	~
		2012/4/11~ Minamisanriku-cho		2012/4/11~ Kaminokawa-machi	~	~
		2012/4/25~2018/3/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture		2012/4/12~ Ashikaga-shi	~	~
		~		2012/4/12~ Nasukarasuyama-shi	~	~
		2012/4/25~ Kamaishi-shi, Oshu-shi,		2012/4/12~ Motegi-shi, Nakagawa-machi	~	~
		2012/4/25~2016/1/25 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/12~ Iwaki-machi	~	~
		~		2012/4/13~ Mibu-machi	2012/2/23~ Inzai-shi	2012/4/10~ Shirai-shi
	2012/4/25~2015/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2012/4/25~ Ichinoseki-shi, Oshu-shi	2012/4/12~2015/1/25 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2012/4/13~ Tsuchigiri-shi	2012/4/18~ Yachiyo-shi	2012/4/18~ Chiba-shi
		2012/4/25~2015/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture		2012/4/13~2015/8/7 (excluding Ibaraki-machi, Iwaki-machi), excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2012/4/18~ Higashimatsushimaishi	2012/4/18~2017/2/15 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture
		2012/5/7~ Kanegasaki-machi		2012/4/19~ Ishinomaki-shi	2012/5/16~ Tomioka-shi	2012/5/16~2014/3/19 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/20~ Osaki-shi	~	~
		2012/5/7~ Hanamaki-shi, Kitakami-shi, Yamada-machi		2012/4/20~2015/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/25~ Higashimatsushimaishi	~	~
		2012/5/7~ Tono-shi		2012/4/25~ Tome-shi	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/25~2014/8/26 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/27~ Natori-shi	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/27~2018/1/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/27~ Kami-machi	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/27~2015/9/11 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/27~ Sendai-shi	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/4/27~2015/2/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	~	~
		2012/5/7~ excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture		2012/5/7~ Tomioka-machi	~	~
		2012/5/10~2013/4/8 Morooka-shi		2012/5/7~ Kawasaki-machi	~	~
Vegetable	2012/4/18~2017/2/15 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	2012/4/13~ Hitachinaka-shi, Naka-shi	2012/4/13~2015/8/7 (excluding Ibaraki-machi, Iwaki-machi), excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2012/4/13~ Hitachinaka-shi, Naka-shi	2012/4/13~ Shirai-shi	2012/4/18~ Yachiyo-shi



						2012/12/11～ Otarawa-shi										
Ostrich fern	-	-	2012/4/27～2018/11/13 Kurihara-shi	-	-	2012/5/1～ Otarawa-shi, Nasu-machi (limiting towild plant)	-	-	-	-	-	-	-			
			2012/4/27～2015/6/23 Osaki-shi (limiting tocultivated plant)	-	-	2012/5/2～ Nesumenuma-shi (limiting towild plant)	-	-	-	-	-	-	-			
			2012/4/27～2017/5/23 Osaki-shi	-	-		-	-	-	-	-	-	-			
			2012/5/2～2015/5/25 Kami-machi	-	-		-	-	-	-	-	-	-			
			2012/5/9～2017/7/24 Kesennuma-shi	-	-		-	-	-	-	-	-	-			
Koshiabura	-	2012/5/10～ Oshu-shi, Hanamaki-shi	2012/5/7～ Tome-shi, Kurihara-shi	2012/5/2～ Hitachiōmiya-shi (limiting to wild plant)	2012/5/1～ Otarawa-shi, Nasu-machi, Mogami-machi (limiting to wild plant)	2012/5/2～ Utsunomiya-shi Nesumenuma-shi (limiting to wild plant)	2012/5/7～ Kanuma-shi, Nikko-shi, Yaita-shi, Nasushiobara- shi, Shioya-machi (limiting to wild plant)	2012/5/15～ Sakura-shi (limiting to wild plant)	2012/5/15～ Nakagawa-machi (limiting to wild plant)	2012/5/7～ Maebashi-shi (limiting to former Fujimi-mura), Numata-shi, Shibukawa-shi (limiting to former Ikaho-machi), Fujisaki-mura (limiting to former Midori-shi (limiting to former Azume-mura, Seta District), Shimonita-machi, Kurokawa-machi, Nasunohara-machi, Kusatsu-machi, Minakami-machi, Tsumagoi-mura, Katashina-mura, Kawaba-mura (limiting to wild plant)	2012/6/7～ Uonuma-shi, Tsunan- machi (limiting towild plant)	2014/5/21 Nagano-shi, Karuizawa- machi	-			
		2012/5/14～ Moroka-shi	2012/5/9～ Osaki-shi, Minamisanriku- cho	2012/5/11～ Hitachiōmiya-shi (limiting to wild plant)	2012/5/10～ Shiroato-machi (limiting to wild plant)	2013/4/25～ Nakagawa-machi (limiting to wild plant)	2014/4/25～ Takanezawa-machi (limiting to wild plant)	2014/5/21～ Minamiuonuma-shi, Yuzawa-machi (limiting to wild plant)	2014/5/28 Nakano-shi, Nozawaonsen- mura	2014/5/28～ Kijimadaira-mura	-	-	-			
		2012/5/15 Kamaishi-shi	2012/5/11～ Kesennuma-shi, Shichikashuku-machi	2012/5/7～ Taiwa-cho	2012/5/13～ Kitaharaki-shi, Takahagi-shi, Ishioke-shi, Delagashishi, Salagawa-shi, Kasama-shi (limiting to wild plant)	2012/5/18～ Otarawa-shi	2012/5/1～ Utsunomiya-shi, Nikko-shi	2012/5/14～ Nasushiobara-shi	2012/5/18～ Otarawa-shi							
Japanese pepper (limiting to wild plant)	-	-	-	-	-	-	-	-	-	-	-	-	-			
Japanese parsley (limiting towild plant)	-	2012/5/30～2020/4/15 Oshu-shi	-	-	-	-	-	-	-	-	-	-	-			
		2012/5/30～2015/12/21 Ichinoseki-shi	-	-	-	-	-	-	-	-	-	-	-			
Japanese royal fern	-	2012/5/18～ Ichinoseki-shi, Oshu- shi	2012/5/11～ Kesennuma-shi	2012/5/7～ Nikkō-shi, Nasu-machi (limiting to wild plant)	2012/5/17～ Kanuma-shi (limiting to wild plant)	2012/4/25～ Kurihara-shi, Osaki-shi	2012/5/1～ Otarawa-shi, Yaita-shi	2012/5/1～ Nasu-machi	2012/5/2～ Ichikai-machi	2012/4/18～ Utsunomiya-shi	2012/4/18～ Shioya-machi	2014/5/1～ Nikkō-shi	2014/5/1～ Nasushiobara-shi	2018/6/17～ Numata-shi(former Numata-shi)		
Aralia sprout (limiting to wild plant)	-	-	2012/5/18～ Oshu-shi Rikuzentakata-shi	-	-	2014/4/25～ Kurihara-shi, Osaki-shi	2012/4/27～ Otarawa-shi, Yaita-shi	2012/5/1～ Nasu-machi	2012/5/2～ Ichikai-machi	2013/4/18～ Utsunomiya-shi	2013/4/18～ Shioya-machi	2014/4/19～ Nikkō-shi	2014/5/1～ Nasushiobara-shi	2018/6/17～ Numata-shi(former Numata-shi)		
Pteridium aquilinum (limiting to wild plant)	-	2012/5/18～ Oshu-shi Ichinoseki-shi	2013/5/17～ Ichinoseki-shi	2018/5/28～ Osaki-shi, Kami-machi	-	-	2012/5/17～ Otarawa-shi, Kanuma-shi	2012/4/19～ Utsunomiya-machi, Nikko- shi	2013/5/28～ Yaita-shi	2012/5/1～ Otarawa-shi, Yaita-shi	2012/5/1～ Nasu-machi	2012/4/19～ Nasushiobara-shi	2012/9/14～2017/3/1 Otarawa-shi	2012/9/14～2017/3/1 Nasushiobara-shi	2012/9/18～2017/3/1 Otarawa-shi	
Cereal	Soybean	-	2013/1/4～2015/7/1 Ichinoseki-shi (limiting to former Iwashimizu-mura)	2013/1/4～2014/5/19 Kurihara-shi (limiting to former Kaneda-mura)	-	-	-	-	-	-	-	-	-	-	-	
Rice (produced in 2013)	-	-	2013/3/19～2016/3/18 Kurihara-shi (limiting to former Sawada-mura) (excluding rice controlled under the management policy of Miyagi prefecture)	-	-	-	-	-	-	-	-	-	-	-	-	
Grain	Buckwheat	-	2012/11/13～2014/4/11 Morioka-shi (limiting to former Shibusami-mura), Ichinoseki-shi (limiting to former Ohara-machi)	2012/11/16～2014/4/11 Kurihara-shi (limiting to former Kannari-mura)	-	-	-	-	-	-	-	-	-	-	-	
		2012/11/30～2014/4/11 Oshu-shi (limiting to former Koromokawa-mura)	2012/12/12～2014/10/21 Osaki-shi (limiting to former Ichikuri-mura)	-	-	-	-	-	-	-	-	-	-	-	-	
		2012/12/14～2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.	2012/12/14～2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.	-	-	-	-	-	-	-	-	-	-	-	-	
Stone flounder	-	-	-	-	-	2012/7/5～2015/10/2 Ibaraki offshore	-	-	-	-	-	-	-	-	-	

Japanese black porgy	-	2012/11/6～2019/3/14 Miyagi offshore	2012/6/28～2019/3/14 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	
			2012/11/6～2019/3/14 Miyagi offshore												
Japanese seabass	-	2012/10/25～2015/11/20 Miyagi offshore	2012/4/12～2015/11/20 Sendai bay	-	2012/4/17～2016/1/14 Ibaraki offshore	-	-	-	-	-	-	-	-	-	
			2012/10/25～2015/11/20 Miyagi offshore												
Rock fish ( <i>Sebastes cheni</i> )	-	-	-	-	2012/4/13～2015/10/2 Ibaraki offshore	-	-	-	-	-	-	-	-	-	
Nibe croaker	-	-	-	-	2012/4/17～2014/5/14 Ibaraki offshore	-	-	-	-	-	-	-	-	-	
Olive flounder	-	2013/6/4～2013/8/8/30 Miyagi offshore	2012/5/30～2013/4/1 Sendai bay	-	2012/4/17～2015/2/5 Ibaraki offshore	-	-	-	-	-	-	-	-	-	
			2013/6/4～2013/8/8/30 Miyagi offshore												
Pacific cod	2012/8/27～2012/10/31 Pacific Ocean, Aomori offshore	2012/5/2～2013/1/17 Miyagi offshore	2012/5/2～2012/8/30 Miyagi offshore (limiting toto fish whose weight is less than 1kg)	-	2012/11/9～2014/11/20 Ibaraki offshore	-	-	-	-	-	-	-	-	-	
			2012/5/2～2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)												
Panther puffer	-	-	2012/5/8～2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	
Ocellate spot skate	-	-	-	-	2012/6/1～2015/10/2 Ibaraki offshore	-	-	-	-	-	-	-	-	-	
Channel catfish (excluding farmed fish)	-	-	-	-	2012/4/17～ Kasumigaura lake, Kitaura lake, Sotonasakura lake and rivers flowing into these lakes and Hitachitone river	-	-	-	-	-	-	-	-	-	
Silver crucian carp	-	-	-	-	2012/4/17～2015/3/24 Kasumigaura lake, Kitaura lake, Sotonasakura lake and rivers flowing into these lakes and Hitachitone river (excluding farmed fish)	-	-	-	-	2012/7/19～ Tega pond, rivers flow into Tega pond and Tega river (including its branches)	-	-	-	-	-
Common carp	-	-	-	-	-	-	-	-	2013/7/3～ Tega pond, rivers flow into Tega pond and Tega river (including its branches)	-	-	-	-	-	
Japanese eel	-	-	-	-	2012/5/7～ Kasumigaura lake, Kitaura lake, Sotonasakura lake and rivers flowing into these lakes and Hitachitone river	-	-	-	-	2013/11/12～ Tone river in Chiba prefecture (limiting to lower reaches from Sakai Ohashi, and including its branches and excluding upper reaches from Inba drainage pump station and Inba floodgate; lower reaches from Ryosousous-Daiichi water pump station to Yodogawa river; Yodaura lake and Yodaura river)	-	-	-	-	-
					2012/5/7～2014/1/13 Naka river (including its branches)	-	-	-							
					2013/11/12～ Tone river in Ibaraki prefecture (limiting to lower reaches from Sakai Ohashi, and including its branches)	-	-	-							
					2013/11/12～2016/2/8 Kasumigaura lake, Kitaura lake, Sotonasakura lake, rivers flowing into these lakes, Hitachitone river	-	-	-							
Fishery product	Ayu sweetfish (excluding farmed fish)	-	-	2013/6/27～2013/12/25 Shiroishi river (upper reaches from Shiroishi river) of the Abukuma river (including its branches)	-	-	-	-	-	-	-	-	-	-	
				2013/6/27～2017/4/27 Upper reaches from junction of Tsuchikawa river and Uchikawa river and upper reaches from Kinnelbashi bridge of Kijibi river	-	-	-	-	-	-	-	-	-		
				2013/6/27～2019/10/1 Abukuma river (including its branches) including upper reaches from Shiroishi dam, upper reaches from junction of Gotukuya river and Uchikawa river, upper reaches from Kinei bridge of Kijo river)	-	-	-	-	-	-	-	-	-		
Land-locked cherry salmon(Yamame) (excluding farmed fish)	-	-	2012/4/20～ Shiroishi river (including its branches but excluding upper reaches from Shichigashuku dam)	-	2012/8/10～2013/1/23 Watarase river in area of Ashio-machi, Nikko-shi (including its branches and limiting to lower reaches from junction with Koushin river)	-	2012/4/27～ Agatsuma river (including its branches, but limiting toarea from Iwashima bridge to TEPCO's Saku power plant Agatsuma river water intake facility)	-	-	-	-	-	-	-	
				2012/4/20～2019/9/30 Abukuma river (including its branches but excluding upper reaches from Shichigashuku dam)	-	2012/9/10～2013/3/26 Nagano river (including its branches)	2012/4/27～2012/11/9 Usune river (including its branches)	-	2012/4/27～2013/4/25 Katsura river (including its branches and Agatsuma river (including its branches))	-	-	-	-	-	
Char(swan)	-	2012/5/9 Satetsu river (including its branches)	2012/5/14～ Okura river (limiting toupper reaches from Okura dam and including its branches) and Natori river (limiting toupper reaches from Akiu-taki waterfall and including its branches)	-	2012/6/20～2013/12/17 Watarase river in Tochigi prefecture (limiting toarea within Ashio-machi, Nikko-shi and including its branches)	-	2012/6/8～ Agatsuma river (limiting toarea from Iwashima bridge to TEPCO's Saku power plant Agatsuma river water intake facility but including its branches)	-	-	-	-	-	-	-	
			2012/5/24～ Sanhassama river limiting toupper reaches from Kurokawa dam (including its branches) and Matsukawa river (including its branches but excluding Nigorikawa river and its branches and upper reaches from Sumikawa No.4 dam)	-	-	-	-	-	-	-	-	-	-	-	
			2012/5/28～ Eai river (limiting toupper reaches from Hanao dam and including its branches), Nihassama river (limiting toupper reaches from Araozawa dam and including its branches)	-	-	-	-	-	-	-	-	-	-	-	
			2012/6/22～ Ichihassama river (limiting toupper reaches from Hanao dam and including its branches) and Goishi river (limiting toupper reaches from Kamifusa dam and including its branches)	-	-	-	-	-	-	-	-	-	-	-	
			2012/5/8～2015/9/30 Iwai river (including its branches)	-	-	-	-	-	-	-	-	-	-	-	

\* Instructions still imposed are expressed in **Italic** type.

**The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)**

As of 24 April 2020

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<b>2011/3/23~</b> <i>(excluding areas listed on the cells below)</i> 2011/3/23~ <b>5/4</b> Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~ <b>5/11</b> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~ <b>5/25</b> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~ <b>6/1</b> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~ <b>6/23</b> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23~ <b>11/4</b> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ <b>2013/3/29</b> Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		<b>2011/3/23~</b> <i>(excluding areas listed on the cells below)</i> 2011/3/23~ <b>4/27</b> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~ <b>5/4</b> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura 2011/3/23~ <b>5/11</b> Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~ <b>5/25</b> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~ <b>10/28</b> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ <b>2013/3/29</b> Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		<b>2011/3/23~</b> <i>(excluding areas listed on the cells below)</i> 2011/3/23~ <b>4/27</b> Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/23~ <b>5/4</b> Iwaki-shi 2011/3/23~ <b>5/11</b> Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi 2011/3/23~ <b>5/18</b> Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~ <b>6/15</b> Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/23~ <b>10/28</b> Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ <b>2013/3/29</b> Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Log-grown shiitake (grown outdoor)	<b>2011/4/13~</b> <i>Iitate-mura</i>
	Wild mushroom	<b>2011/9/6~</b> <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i> 2011/9/15~ <i>Iwaki-shi, Tanagura-machi</i>
		<b>2011/9/20~</b> <i>Minamisoma-shi</i>
		<b>2011/4/20~2012/6/22</b> Whole area
Fishery product	Japanese sandlance (juvenile)	<b>2012/3/29~</b> <i>Niida river (including its branches)</i>
	Land-locked cherry salmon(Yamame) (excluding farmed fish)	<b>2011/11/9~</b> <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i> 2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>
Meat	Boar meat	

\* Instructions still imposed are expressed in Italic type.