

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 24 April 2020

Fukushima Prefecture			
Raw milk			2011/3/21~: <i>(excluding areas listed on the cells below)</i> 2011/3/21~ 4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi 2011/3/21~ 4/16 Soma-shi, Shinchi-machi 2011/3/21~ 4/21 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area) 2011/3/21~ 5/1 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~ 6/8 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~ 10/7 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~ 2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012) 2011/3/21~ 2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013) 2011/3/21~ 2016/12/26 Kawamata-machi (limiting to Yamakiya area) 2011/3/21~ 2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013) 2011/3/21~ 2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)
			2011/3/21~: <i>(excluding areas listed on the cells below)</i> 2011/3/21~ 5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/21~ 5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/21~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~ 6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/21~ 6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/21~ 11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~ 2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012) 2011/3/21~ 2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012),
		Spinach, Kakina	
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	2011/3/23~: <i>(excluding areas listed on the cells below)</i> 2011/3/23~ 5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~ 5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi 2011/3/23~ 5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~ 6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura 2011/3/23~ 6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23~ 11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		All the other	

		2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Head type leafy vegetables, e.g. Cabbage		2011/3/23~ : (excluding areas listed on the cells below)	
		2011/3/23~4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Flowerhead brassicas, e.g. Broccoli, Cauliflower		2011/3/23 (excluding areas listed on the cells below)	
		2011/3/23~4/27	Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
		2011/3/23~5/4	Iwaki-shi
		2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
		2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
		2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
Turnip		2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
		2011/3/23~ : (excluding areas listed on the cells below)	
		2011/3/23~5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)

	2011/3/21~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Log-grown shiitake (grown outdoor)	2011/4/13~:	<i>Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</i>
	2011/4/18~:	<i>Fukushima-shi</i>
	2011/4/13~4/25	Iwaki-shi
	2011/4/25~:	<i>Motomiya-shi</i>
	2011/4/13~5/16	Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/4/13~5/23	Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Log-grown shiitake (indoor cultivation)	2011/10/18~:	<i>Nihonmatsu-shi</i>
	2011/7/19~:	<i>Date-shi</i>
	2011/7/19~ 2014/7/11	excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.
	2011/7/22~ 2014/7/11	Shinchi-machi
	2011/7/19~9/7	Motomiya-shi
Log-grown pholiota nameko (outdoor cultivation)	2011/11/14~:	<i>Kawamata-machi</i>
Vegetable	2011/10/31~:	<i>Soma-shi, Iwaki-shi</i>
	2011/9/6~:	<i>Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>
	2011/9/15~:	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
	2011/10/18~:	<i>Kitakata-shi</i>
	2012/8/15~:	<i>Showa-mura</i>
	2012/8/16~	
	2019/9/5	limiting to late fall oyster mushroom and grifola frondosa
	2012/10/11~:	<i>Bandai-machi</i>
	2012/10/18~:	<i>Aizubange-machi, Kitashiobara-mura</i>
	2013/9/26~:	<i>Shimogo-machi</i>
	2013/10/1~:	<i>Aizuwakamatsu-shi</i>
	2013/10/3~:	<i>Tadami-machi</i>
	2013/10/3~	
	2018/3/29	limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)
	2013/10/3~	
	2019/9/5	limiting to honey mushroom and bunaharitake
	2013/11/12~	<i>Aizumisato-machi</i>
	2013/11/12~	
	2017/4/24	limiting to late fall oyster mushroom
	2014/8/25~	<i>Nishiaizu-machi</i>
	2014/8/25~	
	2017/4/24	limiting to pholiota nameko
	2014/8/25~	
	2018/3/29	limiting to late fall oyster mushroom
	2014/8/25~	
	2019/9/5	limiting to grifola frondosa
	2014/9/22~:	<i>Mishima-machi</i>
	2014/9/22~	
	2019/9/5	limiting to grifola frondosa
	2014/10/2~:	<i>Yanaizu-machi</i>
	2014/10/2~	
	2019/9/5	limiting to grifola frondosa
	2011/5/9~:	<i>Date-shi, Soma-shi, Miharu-machi</i>
	2011/5/13~:	<i>Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</i>
	2011/5/9~5/30	Hirata-mura
	2011/5/9~6/8	Iwaki-shi
	2011/5/9~6/21	Tenei-mura
	2011/5/13~6/21	Kunimi-machi

Bamboo shoot	2012/4/9~: Iwaki-shi 2012/4/16~: Fukushima-shi, Shinchi-machi 2012/4/23~: Hirono-machi 2012/5/2~: Nihonmatsu-shi, Otama-mura 2012/5/7~: Sukagawa-shi 2012/6/25~: Koriyama-shi 2012/5/14~: Kawauchi-mura 2013/5/16~: Shirakawa-shi, Naraha-machi 2013/5/28~: Katsurao-mura 2013/6/10~: Tamura-shi 2014/5/1~: Tenei-mura
Wasabi (field cultivation)	2012/4/16~: Date-shi, Kawamata-machi 2012/4/16~ Kawamata-machi (excluding Yamakiya area) 2015/7/8 2012/4/16~ Date-shi (limiting to Wasabi controlled under the concept of management of Fukushima prefecture) 2018/3/6
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura 2015/5/13~: Naraha-machi
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharuru-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2015/5/18~: Hirono-machi
Wild ostrich fern	2014/4/24~ 2017/9/11 Aizumisato-machi 2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura 2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~: Kori-machi, Inawashiro-machi 2013/5/7~: Yanaizu-machi, Kitashiobara-mura 2013/5/14~: Katsurao-mura 2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura 2013/5/20~: Mishima-machi, Kawauchi-mura 2013/5/22~: Asakawa-machi, Hirono-machi 2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura 2013/5/29~: Miharuru-machi 2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi 2013/6/5~: Kanayama-machi 2013/6/10~: Showa-mura
Wild Koshiabura	2016/4/28~: Nishiaizu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi 2013/5/1~: Minamisoma-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2013/5/16~: Sukagawa-shi 2013/5/20~: Kawauchi-mura 2013/6/10~: Koriyama-shi 2015/5/11~: Tamura-shi
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisou	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura 2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura

	2013/5/20~: Kawauchi-mura 2013/5/28~: Motomiya-shi, Sukagawa-shi 2013/6/3~: Kagamiishi-machi 2013/6/10~: Tamura-shi 2014/5/14~: Inawashiro-machi 2018/5/2~: Kitashiobara-mura
Giant butterbur	2015/5/25~: Katsurao-mura
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi 2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Soma-shi, Hirono-machi 2012/4/9~: Tamura-shi 2019/2/27 2012/4/16~: Date-shi, Kori-machi and Kunimi-machi 2014/4/11~: Naraha-machi and Katsurao-mura 2015/2/25~: Minamisoma-shi 2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Date-shi 2020/3/10 2012/5/10~: Iwaki-shi 2017/9/11 2012/5/17~: Kawamata-machi 2012/5/17~: Kitakata-shi 2015/5/15 2012/5/17~: Fukushima-shi 2016/6/24 2013/4/25~: Minamisoma-shi 2013/6/11~: Samegawa-mura 2014/4/30~: Naraha-machi 2014/5/14~: Katsurao-mura
Wild Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi 2012/5/17~: Fukushima-shi 2012/5/17~: Kitakata-shi 2020/4/24 2013/6/24~: Nihonmatsu-shi 2014/5/14~: Hirono-machi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi 2013/10/21 2020/2/13~: Minamisoma-shi (limiting to "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012) 2011/6/6~: Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone, excluding "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012) 2020/2/13 2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2015/8/19 2011/6/6~: Soma-shi 2012/7/11 2012/6/6~: Kunimi-machi 2013/10/21
Yuzu	2011/8/29~: Fukushima-shi 2011/10/14~: Date-shi 2017/2/1 2012/1/10~: Iwaki-shi 2015/1/29 2011/10/14~: Kori-machi 2016/3/17 2011/8/29~: Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012) 2018/12/6
Chestnut	2011/9/20~: Date-shi, Minanisoma-shi 2012/9/26~: Nihonmatsu-shi 2015/12/3 2012/10/12~: Iwaki-shi 2014/11/17
Kiwi fruit	2011/12/9~: Minanisoma-shi (limiting to "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012) 2011/12/9~: Minanisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planed Evacuation Zone) 2013/12/25 2011/12/9~: Soma-shi 2014/11/17

		2011/12/9~ 2018/12/13	Minamisoma-shi (excluding area it is expected that the residents have difficulties in returning for a long time designated by the Instruction on March 30 2012 within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Cereal	Azuki bean	2013/1/4~ 2015/10/23:	Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
		2013/1/4~ 2014/3/13	excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
	Soybean	2012/11/15~ 2015/10/23	Minamisoma-shi (limiting to former Ishigami-mura)
		2012/11/15~ 2013/11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2012/12/25~ 2015/10/23	Sukagawa-shi (limiting to former Naganuma-machi)
		2012/12/25~ 2014/3/13	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2014/10/7	Koriyama-shi (limiting to former Takano-mura)
		2013/1/4~ 2015/10/23	Otama-mura (limiting to former Tamanoi-mura)
		2013/1/4~ 2015/10/23	Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2013/1/4~ 2014/10/7	Kori-machi (limiting to former Danzaki-mura)
		2013/1/4~8/9	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~ 2015/10/23	Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/2/18~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~ 2015/10/23	Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/5~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~ 2015/10/23	Fukushima-shi (limiting to former Niwatsuka-mura)
		2013/3/25~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
			Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ 2015/10/23	Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2013/1/4~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2016/3/25	Motomiya-shi (limiting to former Wakisawa-mura (Shirasawa-mura))
		2013/1/4~11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ 2015/10/23	Minamisoma-shi (limiting to former Ota-mura)
		2013/12/18~ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25	Motomiya-shi (limiting to former Shiraiwa-mura)
		2014/12/17~ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25	Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
	Rice (produced in 2011)	2011/11/17~:	Fukushima-shi (limiting to former Oguni-mura area)
		2011/11/29~:	Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)
		2011/12/5~:	Fukushima-shi (limiting to former Fukushima-shi area)
		2011/12/8~:	Nihonmatsu-shi (limiting to former Shibukawa-mura area)
		2011/12/9~:	Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)
		2011/12/19~:	Date-shi (limiting to former Kakeda-machi area)
		2012/1/4~:	Date-shi (limiting to former Sekimoto-mura area)
		2012/4/5~:	Areas subjected to restriction of distribution in advance
		2012/4/5~7/26	excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/10/25:	Sukagawa-shi (limiting to former Nishifukuro-mura)
		2012/10/25~10/29	excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/5~:	Otama-mura (limiting to former Tamanoi-mura)

[illegible]

Rice (produced in 2018)	<i>2018/3/23~: Kawamata-machi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Rice (produced in 2019)	<i>2019/3/22~: Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Rice (produced in 2020)	<i>2020/3/23~: Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012(excluding areas such restriction on access was eased on March 5,2020)), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Japanese sand lance (juvenile)	<i>2011/4/20~ whole area</i> <i>2012/6/22</i>
Land-locked cherry salmon(Yamame) (excluding farmed fish)	<i>2011/6/6~: Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Abukuma River (including its branches)</i>
	<i>2011/6/6~ Akimoto Lake and rivers flowing into the Lake (including its branches), Nagase River(limiting to upper reaches from the junction with Sukawa River)</i> <i>2019/3/14</i>
	<i>2011/6/17~: Mano River (including its branches)</i>
	<i>2012/3/29~: Niida River (including its branches) and Ota River (including its branches)</i>
	<i>2012/4/5~ Sukawa River (limiting to its branches)</i> <i>2015/9/30</i>
	<i>2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)</i>
Japanese dace	<i>2012/6/7~ Kuji river in Fukushima prefecture (including its branches)</i> <i>2013/7/30</i>
	<i>2011/6/17~: Mano River (including its branches)</i>
	<i>2011/6/27~ Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)</i> <i>2019/12/3</i>
	<i>2012/3/29~ Akimoto Lake and rivers flowing into this Lake (including its branches), Nagase River (including its branches but limiting to upper reaches from the junction with Sukawa River)</i> <i>2020/2/25</i>
	<i>2012/3/29~: Hibara Lake, Onogawa Lake and rivers flowing into these Lakes</i>
	<i>2012/4/24~ Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting to upper reaches from junction with Sukawa river)) and</i> <i>2017/4/27 Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)</i>
	<i>2012/5/31~ Abukuma river (limiting to upper reaches from Shinobu dam and including its branches)</i> <i>2019/12/3</i>
	<i>2012/5/25~ Tadami river limiting to upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)</i> <i>2014/10/24</i>
Japanese eel	<i>2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)</i>
Ayu sweetfish (excluding farmed fish)	<i>2011/6/27~: Mano River (including its branches), Niida River (including its branches)</i>
	<i>2011/6/27~ Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)</i> <i>2019/8/28</i>
Char(Iwana) (excluding farmed fish)	<i>2012/4/5~ Abukuma river in Fukushima prefecture (limiting to upper reaches from Shinobu dam and including its branches)</i> <i>2020/2/25</i>
	<i>2012/4/12~ Sukawa River (limiting to its branches)</i> <i>2015/9/30</i>
	<i>2012/4/24~: Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches),Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)</i>
	<i>2012/4/24~ Akimoto Lake and rivers flowing into the Lake (including its branches) and Nagase River(limiting to upper reaches from the junction with Sukawa River)</i> <i>2019/3/14</i>
	<i>2012/5/31~9/19 Tateiwa river (including its branches)</i>
	<i>2012/4/24~ Tadami river (limiting to between Honna dam and Uwada dam, but including its branches)</i> <i>2014/8/25</i>
	<i>2012/4/24~ Tadami river (limiting to lower reaches from Uwada dam, but including its branches)</i> <i>2014/12/11</i>

Fishery
product

	2012/4/24~ 2015/1/14	Nippashi river (limiting to lower reaches from Tokyo electric power company' s Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)
Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Nagase river (limiting to upper reaches from junction with Sukawa river)	
	2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)	
	2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)	
	2014/9/16~ 2019/8/28	Abukuma river in Fukushima prefecture (including its branches)
	2012/4/27~ 2019/12/3	Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO' s Kanakawa power plant and Katakado dam)
Any crucian carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches),Nagase river (limiting to upper reaches from junction with Sukawa river) and Mano river (including its branches)	
	2012/5/10~: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)	
	2012/4/27~ 2019/12/3	Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO' s Kanakawa power plant and Katakado dam)
Fat greenling	2012/6/22~	Fukushima offshore
Red tongue sole	2016/8/24	
Japanese sandlance (excluding juvenile)	2012/6/22~	Fukushima offshore
	2017/4/27	
Stone flounder	2012/6/22~	Fukushima offshore
	2017/1/17	
Goldeye rockfish	2012/6/22~	Fukushima offshore
	2017/6/21	
Surfperch	2012/6/22~	Fukushima offshore
	2019/3/14	
Brown hakeling	2012/6/22~	Fukushima offshore
	2016/8/24	
Fox jacopever	2012/6/22~	Fukushima offshore
	2018/4/24	
Black cow-tongue	2012/6/22~	Fukushima offshore
Black rockfish	2017/1/17	
Japanese black porgy	2012/6/22~	Fukushima offshore
	2019/3/14	
Sea raven	2012/6/22~	Fukushima offshore
	2015/6/30	
Ocellate spot skate	2012/6/22~	Fukushima offshore
	2016/8/24	
	2019/2/7~ 2020/2/25	Fukushima offshore
Cherry salmon (Sakuramasu)	2012/6/22~	Fukushima offshore
	2019/8/28	
Poacher	2012/6/22~	Fukushima offshore
	2016/7/15	
Rockfish (Sebastes cheni)	2012/6/22~	Fukushima offshore
Japanese seabass	2018/4/24	
Nibe croaker	2012/6/22~	Fukushima offshore
	2014/4/2	
Starry flounder	2012/6/22~	Fukushima offshore
	2019/3/14	
Slime flounder	2012/6/22~	Fukushima offshore
	2016/11/14	
Panther puffer	2012/6/22~	Fukushima offshore
	2015/12/3	
Olive flounder	2012/6/22~	Fukushima offshore
	2016/6/9	
Gurnard	2012/6/22~	Fukushima offshore
	2014/7/9	
Spotted halibut	2012/6/22~	Fukushima offshore
	2016/7/15	
Conger eel	2012/6/22~	Fukushima offshore
	2016/6/9	
Marbled flounder	2012/6/22~	Fukushima offshore
	2016/8/24	
Flathead	2012/6/22~	Fukushima offshore
	2016/7/15	

	Pacific cod	2012/6/22～ 2015/2/24	Fukushima offshore
	Shotted halibut	2012/6/22～ 2015/2/24	Fukushima offshore
	Brassblotched rockfish	2012/6/22～ 2019/8/28	Fukushima offshore
	Ridged-eye flounder	2012/6/22～ 2015/4/2	Fukushima offshore
	Venus clam	2012/6/22～ 2019/12/3	Fukushima offshore
	Northern sea urchin	2012/6/22～ 2014/7/9	Fukushima offshore
	Flathead flounder	2012/6/22～ 2013/10/9	Fukushima offshore
	Alaska Pollock	2012/6/22～ 2013/12/17	Fukushima offshore
	Littlemouth flounder	2012/6/22～ 2014/4/16	Fukushima offshore
	Long shanny	2012/7/12～	Fukushima offshore
	Barfin flounder	2016/7/15	
	Starspotted smooth-hound	2012/7/26～ 2015/2/18	Fukushima offshore
	Vermiculated puffer	2012/8/23～ 2014/10/15	Fukushima offshore
	Halfbeak	2013/2/14～ 2014/7/9	Fukushima offshore
	Scorpion fish	2013/8/8～ 2019/8/28	Fukushima offshore
	Hilgendorf saucord	2014/3/25～ 2014/5/28	Fukushima offshore
Meat・Egg	Beef	2011/7/19～ 2019/3/28	Whole area (2011/8/25～ 2019/3/28 : Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture) <i>Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012)</i>
	Boar meat	2011/11/9～: 2011/11/25～: 2011/12/2～:	<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shintchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Spot-billed duck meat	2013/1/30～:	<i>Whole area</i>
	Green pheasant meat	2013/1/30～:	<i>Whole area</i>
	Bear meat	2011/12/2～: 2012/7/27～:	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharuru-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
	Hare meat	2013/1/30～:	<i>Whole area</i>
	Copper pheasant meat	2012/11/13～:	<i>Whole area</i>

* Instructions still imposed are expressed in Italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 24 April 2020

			Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Gunma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture															
Raw milk			-	-	-	-	2011/3/23～4/10 Whole area	-	-	-	-	-	-	-	-	-															
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	-	2011/3/21～4/17 (excluding areas listed on the cells below)	2011/3/21～4/21 Nasushiobara-shi, Shioya- machi	2011/3/21～4/8 Whole area	-	2011/4/4～4/22	-	-	-	-	-															
	Kakina	-	-	-	-	-	2011/3/21～6/1 Kitaibaraki-shi, Takahagi- shi	2011/3/21～4/27 Whole area	-	-	Asahi-shi, Katori-shi, Tako- machi	-	-	-	-	-															
	Garland chrysanthemum, Qing-geng-cai, Sancho asian lettuce	-	-	-	-	-	2011/3/21～4/17 Whole area	2011/3/21～4/14 Whole area	2011/3/21～4/8 Whole area	-	-	-	-	-	-	-															
		-	-	-	-	-	-	-	-	-	2011/4/4～4/22 Asahi-shi	-	-	-	-	-															
Parsley			-	-	-	-	2011/3/23～4/17 Whole area	-	-	-	-	-	-	-	-	-															
Celery			-	-	-	-	-	-	-	-	2011/4/4～4/22 Asahi-shi	-	-	-	-	-															
Wild mushrooms		2012/10/28～ Hashikami-cho	2012/10/11～ Ichinoseki-shi, Rikuzentakata-shi, Hirazumi-cho	2012/10/18～ Kurihara-shi, Osaki-shi	-	2019/12/3～ Takahagi- shi,Kitaibaraki- shi,Shirosato-machi	2012/8/2～ Nikko-shi, Moka-shi, Nasushiobara-shi, Mashiko-machi, Nakagawa-machi	2012/9/25～ Numata-shi, Higashitagatsuma- machi, Tsumagoi-mura	2012/10/10～ Takayama-mura	2012/10/16～ Yokoze-machi, Minano-machi	-	-	-	2012/10/26～ Fujiyoshida-shi, Fujikawaguchiko-machi, Narusawa-mura	2012/8/20～ Karuzawa-machi, Miyota- machi	2012/11/5～ Gotemba-shi, Oyama-cho															
	2012/10/28～2017/3/31 (excluding honey mushroom)	2012/10/10～ Takayama-mura													2012/10/1～ Koumi-machi, Minamimaki-mura																
	2012/10/28～ 2018/11/07 (excluding brick cap mushroom)																														
	2012/10/28～ Towada-shi	2012/10/16～ Kamaishi-shi					2012/8/7～ Kanuma-shi	2012/10/16～ Annaka-shi							2012/10/29～ Tokigawa-machi																
	2012/10/28～ 2015/11/20 (excluding honey mushroom)	2012/10/18～ Oshu-shi	2012/10/18～ Oshu-shi																												
	2012/10/28～ 2018/11/07 (excluding bunaharitake mushroom, late fall oyster mushroom)	2012/10/28～ 2018/11/07 (excluding bunaharitake mushroom, late fall oyster mushroom)	2012/10/28～ 2018/11/07 (excluding bunaharitake mushroom, late fall oyster mushroom)	2012/8/9～ Yaita-shi			2012/10/16～ Annaka-shi										2012/10/29～ Tokigawa-machi														
	2012/10/26～2019/8/28 (excluding shiitake nameko)	2012/10/29～ Ofunato-shi, Kanegasaki-cho	2012/10/29～ Ofunato-shi, Kanegasaki-cho	2012/8/15～ Nasu-machi											2012/10/23～ Nagenohara-machi																
	2012/10/31～ Aomori-shi	2014/9/24～ Sendai-shi		2012/8/29～ Ohtawara-shi			2012/10/10～ Shiroyama-machi	2012/11/5～ Hatoyama-machi												2012/10/1～2015/11/20 (excluding matsutake mushroom)	2013/10/3～ Fujinomiya-shi, Fuji-shi										
	2012/10/28～ 2015/11/20 (excluding honey mushroom)			2012/11/7～ Tono-shi			2014/7/19～ Motegi-machi								2012/10/12～ Nasukarasuyama-shi	2012/11/13～ Minakami-machi						2012/10/1～2015/11/20 (excluding matsutake mushroom)									
	2012/10/30～ 2018/11/07 (excluding late fall oyster mushroom, brick cap mushroom and fried chicken mushroom)	2013/10/9～ Sumita-cho	2016/8/12～ Murata-machi	2012/10/12～ Nasukarasuyama-shi											2012/11/13～ Minakami-machi							2013/10/21～ Sakuto-machi									
	2013/10/1～ Aizawa-machi	2012/10/1～2015/11/20 (excluding honey mushroom)		2014/10/7～ Susono-shi																											
	2012/10/28～ 2015/11/20 (excluding honey mushroom)																														
Bamboo shoot	-	-	2012/5/31～ Ichinoseki-shi, Oshu-shi	2012/5/1～ Shiroishi-shi, Marumori- machi	-	-	2012/4/6～2017/9/6 Itako-shi	2012/5/1～ Nasukarasuyama-shi, Nasu-machi	-	-	2012/4/5～2013/10/23 Ichihara-shi, Kisarazu-shi	-	-	-	-	-															
		2012/5/31～2020/4/24 Ichinoseki-shi (limiting to former Daito- cho, former Higashiyama- cho, former Fujisawa-cho)	2012/5/1～2014/4/17 Marumori-machi (limiting to former Koya-mura)	2012/4/6～2015/4/17 Tsukubamirai-shi	2012/5/7～ Nikko-shi, Otawara-shi	2012/4/6～2016/1/14 Sakae-machi																									
	2013/4/30～ Rikuzentakata-shi	2012/5/1～2015/4/24 Shiroishi-shi, Marumori-machi (limiting to former Marumori- machi and former Kosai-mura)	2012/4/13～2015/4/17 Moriya-shi	2012/4/6～2017/7/24 Omitama-shi	2012/4/6～2016/9/21 Abiko-shi																										
	2013/4/30～2016/3/29 Rikuzentakata-shi (limiting to former Kesen- cho, former Hirota-cho, former Takata-cho, former Otono-mura, former Takekoma-mura, former Yonesaki-mura)	2012/5/1～2018/11/28 Marumori-machi (limiting to former Hippo- mura and former Ouchi-mura)	2012/4/13～2015/4/24 Toride-shi	2012/4/13～2016/1/14 Ryugasaki-shi	2012/4/13～2018/9/21 Ibaraki-machi	2012/4/11～2013/10/23 Yachiyo-shi																									
	-	2012/6/29～2015/7/17 Kurihara-shi (limiting to former Tsukidate- cho, former Shiwahime-cho, former Takashimizu-machi, former Semine-cho)	2012/4/13～2017/6/8 Tono-machi	2012/4/13～2015/9/11 Tokai-mura	2012/4/13～2018/11/28 Hitachinaka-shi	2012/4/12～2013/10/23 Funabashi-shi																									
	2012/6/29～2017/10/11 Kurihara-shi (limiting to former Wakayanagi-cho)	2012/4/19～2015/9/11 Tokai-mura	2012/4/19～2017/12/4 Hitachinaka-shi	2012/4/18～2013/10/23 Shibayama-machi																											
	2016/6/7～2018/10/25 Osaki-shi (limiting to former Sanbongi-cho)	2012/4/28～ Kitaibaraki-shi	2012/4/26～2018/11/28 Oarai-machi	2012/4/18～2013/10/23 Shibayama-machi																											
		2012/4/26～2018/11/28 Oarai-machi																													
			2012/4/13～ Rikuzentakata-shi, Sumita-cho	2012/1/16～ Shiroishi-shi	-	-	2011/10/14～ Hokota-shi	2012/2/15～ Yaita-shi	-	-	2011/10/11～ Abiko-shi	-	-	-	-	-	-														
			2012/4/13～2015/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/1/16～2018/4/24 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2011/10/14～ Tsuchiura-shi	2012/2/15～2020/2/25 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2011/10/11 Kimitsu-shi																								
		2011/10/14～2018/12/13 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture			2012/2/15～ Nasushiobara-shi,																										
		2011/10/14～ Omitama-shi			2012/2/15～2018/6/13 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Tochigi prefecture																										
2011/10/14～2018/7/10 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture		2012/2/15～2018/6/13 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Tochigi prefecture																													
2012/4/10～ Haga-machi, Shioya- machi, Takanezawa-machi, Nasu-machi		2012/4/10～ Takanezawa-machi																													
2012/4/10～2018/3/28 excluding Log-grown shiitakes (outdoor cultivation) controlled under the concept of management of Tochigi prefecture		2012/4/10～ Sakura-shi																													
2012/4/10～2017/6/22 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture		2012/4/10～2016/5/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2011/10/11～2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture																												
2012/4/10～ Utsunomiya-shi																															

[illegible]

							2012/12/11~ Otagawa-shi										
Ostrich fern	-	-	2012/4/27~2018/11/13 Kurihara-shi	-	-	-	2012/5/1~ Otagawa-shi, Nasu-machi (limiting towild plant)	-	-	-	-	-	-	-	-	-	
			2012/4/27~2015/6/23 Osaki-shi (limiting tocultivated plant)														
			2012/4/27~2017/5/23 Osaki-shi														
			2012/5/2~2015/5/25 Kami-machi														
			2012/5/9~2017/7/24 Kesennuma-shi														
Koshiabura	-	-	2012/5/10~ Oshu-shi, Hanamaki-shi	-	-	-	2012/5/2~ Hitachi-shi, Hitachiomiya-shi (limiting to wild plant)	-	-	-	-	-	-	-	-	-	
			2012/5/14~ Morioka-shi				2012/5/9~ Osaki-shi, Minamisanriku- cho										2012/5/1~ Utsunomiya-shi, Nasukarasuyama-shi (limiting to wild plant)
			2012/5/15 Kamaishi-shi				2012/5/11~ Kesennuma-shi, Shichikashuku-machi										2012/5/7~ Kanuma-shi, Nikko-shi, Yaita-shi, Nasu-shiobara- shi, Shiyoa-machi (limiting to wild plant)
			2012/5/18~ Sumita-cho														2012/5/15~ Sakura-shi (limiting to wild plant)
			2013/5/9~ Kitakami-shi				2013/5/7~ Taiwa-cho										2013/4/25~ Nakagawa-machi (limiting to wild plant)
			2013/5/18~ Tono-shi														2014/4/25~ Takanezawa-machi (limiting to wild plant)
			2015/5/12~ Ichinoseki-shi														2014/4/30~ Ichikai-machi (limiting to wild plant)
Japanese pepper (limiting to wild plant)	-	-	-	-	-	-	2012/5/1~ Utsunomiya-shi, Nikko-shi	-	-	-	-	-	-	-	-	-	
							2012/5/14~ Nasu-shiobara-shi										
							2012/5/18~ Otagawa-shi										
Japanese parsley (limiting towild plant)	-	-	2012/5/30~2020/4/15 Oshu-shi	-	-	-	-	-	-	-	-	-	-	-	-	-	
			2012/5/30~2015/12/21 Ichinoseki-shi														
Japanese royal fern	-	-	2012/5/18~ Ichinoseki-shi, Oshu- shi	-	-	-	2012/5/7~ Nikko-shi, Nasu-machi (limiting to wild plant)	-	-	-	-	-	-	-	-	-	
			2012/5/11~2020/4/15 Marumori-machi														
			2012/5/18~ Sumita-cho				2012/5/17~ Osaki-shi										2014/5/7~ Kanuma-shi (liming to wild plant)
Aralia sprout (limiting to wild plant)	-	-	-	-	-	-	2012/4/27~ Otagawa-shi, Yaita-shi	-	-	-	-	-	-	-	-	-	
							2012/5/1~ Nasu-machi										
							2012/5/2~ Ichikai-machi										
							2013/4/18~ Utsunomiya-shi										
							2013/4/18~ Shiyoa-machi										
							2014/4/18~ Nikko-shi										
							2014/5/1~ Nasu-shiobara-shi										
2014/4/25~2018/8/6 Kesennuma-shi	2018/6/7~ Maebashi-shi (limiting to former Fujimi-mura), Takasaki-shi (limiting to former Kurabuchi-mura), Numata-shi (limiting to former Tone-mura), Shibukawa-shi (limiting to former Shibukawa-shi), Yoshioka-machi, Nakanjo-machi (limiting to former Nakanjo-machi), Kawaba-mura																
2019/6/17~ Numata-shi(former Numata-shi)																	
Pteridium aquilinum (limiting to wild plant)	-	-	2012/5/18~ Oshu-shi, Rikuzentakata-shi	-	-	-	2012/5/17~ Otagawa-shi, Kanuma-shi	-	-	-	-	-	-	-	-	-	
			2013/5/17~ Ichinoseki-shi				2013/4/18~ Utsunomiya-machi, Nikko- shi										
			2013/8/4~ Hiraizumi-cho				2013/5/28~ Yaita-shi										
			2014/5/7~ Kamaishi-shi														
Chestnut	-	-	-	-	-	-	2012/9/14~2018/2/23 Nasu-machi	-	-	-	-	-	-	-	-	-	
							2012/9/14~2017/3/1 Nasu-shiobara-shi										
							2012/9/18~2017/3/1 Otagawa-shi										
Cereal	Soybean	-	2013/1/4~2015/7/1 Ichinoseki-shi (limiting to former Iwashimizu-mura)	-	-	-	-	-	-	-	-	-	-	-	-	-	
			2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of Iwate prefecture.														
Grain	Rice (produced in 2013)	-	-	2013/3/19~2016/3/18 Kurihara-shi (limiting to former Sawabe-mura) (excluding rice controlled under the management policy of Miyagi prefecture)	-	-	-	-	-	-	-	-	-	-	-	-	
	Buckwheat	-	2012/11/13~2014/4/11 Morioka-shi (limiting to former Shibutani-mura), Ichinoseki-shi (limiting toto former Ohara-machi)	-	-	-	-	-	-	-	-	-	-	-	-		
			2012/11/16~2014/4/11 Kurihara-shi (limiting toto former Kannari-mura)														
		-	2012/12/14~ Osaki-shi (limiting toto former Ichikuri-mura)				-								-	-	
		-	2012/11/30~2014/4/11 Oshu-shi (limiting to former Koromokawa-mura)	2012/12/14~2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.													
	Stone flounder	-	-	-	-	2012/7/5~2015/10/2 Ibaraki offshore	-	-	-	-	-	-	-	-	-	-	

Fishery product	Japanese black porgy	-	2012/11/6~2019/3/14 Miyagi offshore	2012/6/28~2019/3/14 Sendai bay	-	-	-	-	-	-	-	-	-	-	-
				2012/11/6~2019/3/14 Miyagi offshore											
	Japanese seabass	-	2012/10/25~2015/11/20 Miyagi offshore	2012/4/12~2015/11/20 Sendai bay	-	2012/4/17~2016/1/14 Ibaraki offshore	-	-	-	-	-	-	-	-	-
				2012/10/25~2015/11/20 Miyagi offshore											
	Rock fish (<i>Sebastes cheni</i>)	-	-	-	-	2012/4/13~2015/10/2 Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Nibe croaker	-	-	-	-	2012/4/17~2014/5/14 Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Olive flounder	-	2013/6/4~2013/8/6/30 Miyagi offshore	2012/5/30~2013/4/1 Sendai bay	-	2012/4/17~2015/2/5 Ibaraki offshore	-	-	-	-	-	-	-	-	-
				2013/6/4~2013/8/6/30 Miyagi offshore											
	Pacific cod	2012/8/27~2012/10/31 Pacific Ocean, Aomori offshore	2012/5/2~2013/1/17 Miyagi offshore	2012/5/2~2012/8/30 Miyagi offshore (limiting toto fish whose weight is less than 1kg)	-	2012/11/9~2014/11/20 Ibaraki offshore	-	-	-	-	-	-	-	-	-
				2012/5/2~2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)											
	Panther puffer	-	-	2012/5/8~ 2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-
	Ocellate spot skate	-	-	-	-	2012/6/1~2015/10/2 Ibaraki offshore	-	-	-	-	-	-	-	-	-
	Channel catfish (excluding farmed fish)	-	-	-	-	2012/4/17~ Kasumigaura lake, Kitaura lake, Sotonasakaura lake and rivers flowing into these lakes and Hitachitone river	-	-	-	-	-	-	-	-	-
	Silver crucian carp	-	-	-	-	2012/4/17~2015/3/24 Kasumigaura lake, Kitaura lake, Sotonasakaura lake and rivers flowing into these lakes and Hitachitone river (excluding farmed fish)	-	-	-	2012/7/19~ Toga pond, rivers flow into Toga pond and Toga river (including its branches)	-	-	-	-	-
	Common carp	-	-	-	-	-	-	-	-	2013/7/3~ Toga pond, rivers flow into Toga pond and Toga river (including its branches)	-	-	-	-	-
Fishery product	Japanese eel	-	-	-	-	2012/5/7~ Kasumigaura lake, Kitaura lake, Sotonasakaura lake and rivers flowing into these lakes and Hitachitone river	-	-	-	2013/11/12~ Tone river in Oiba prefecture (limiting tolower reaches from Sakai Ohashi, but including its branches and excluding upper reaches from Inba drainage pump station and Inba floodgate; lower reaches from Ryosoyosui-Daichi water pumping station; Yasuji river, Yodaura lake and Yodaura river)	-	-	-	-	-
					2012/5/7~2014/1/13 Naka river (including its branches)										
					2013/11/12~ Tone river in Ibaraki prefecture (limiting tolower reaches from Sakai Ohashi but including its branches)										
					2013/11/12~2016/2/9 Kasumigaura lake, Kitaura lake, Sotonasakaura lake, rivers flowing into these lakes, Hitachitone river										
	Ayu sweetfish (excluding farmed fish)			2013/6/27~2013/12/25 Shiroshi river (upper reaches from Shirahata dam) of the Abukuma river (including its branches)											
				2013/6/27~2017/4/27 Upper reaches from junction of Gofukuya river and Uchikawa river and upper reaches from Kinneibashi bridge of Kijibi river											
				2013/6/27~2019/10/1 Abukuma river (including its branches but excluding upper reaches from Shirahata dam, upper reaches from junction of Gofukuya river and Uchikawa river, upper reaches from Kinei bridge of Kijo river)											
	Land-locked cherry salmon(Yamame) (excluding farmed fish)	-	-	2012/4/20~ Shiroishi river (including its branches but excluding upper reaches from Shichigashuku dam)	-	-	2012/8/10~2013/1/23 Watarase river in area of Ashio-machi, Nikko-shi (including its branches and limiting tolower reaches from junction with Koushin river)	2012/4/27~ Agatsuma river (including its branches, but limiting toarea from Iwashima bridge to TEPCO's Saku power plant Agatsumariver water intake facility)	-	-	-	-	-	-	-
				2012/4/20~2013/9/30 Abukuma river (including its branches but excluding upper reaches from Shichigashuku dam)			2012/9/10~2013/3/26 Nagano river (including its branches)	2012/4/27~2012/11/9 Usune river (including its branches)							
								2012/4/27~2013/4/25 Konaka river (including its branches) and Momonoki river (including its branches)							
Char(Iwana) (excluding farmed fish)		-	2012/5/8. Satetsu river (including its branches)	2012/5/14~ Okura river (limiting toupper reaches from Okura dam and including its branches) and Natori river (limiting toupper reaches from Akiutaki waterfall and including its branches)			2012/6/20~2013/12/17 Watarase river in Tochigi prefecture (limiting toarea within Ashio-machi, Nikko-shi and including its branches)	2012/6/8~ Agatsuma river (limiting toarea from Iwashima bridge to TEPCO's Saku power plant Agatsuma river water intake facility but including its branches)	-	-	-	-	-	-	-
			2012/5/24~ Sanhasama river limiting toupper reaches from Kurikoma dam (including its branches) and Matsukawa river (including its branches but excluding Nigorioka river and its branches and upper reaches from Sumikawa No.4 dam)												
			2012/5/29~ Eai river (limiting toupper reaches from Naruko dam and including its branches), Nihassama river (limiting toupper reaches from Aratozawa dam and including its branches)												
			2012/5/22~ Ichihassama river (limiting toupper reaches from Hanayama dam and including its branches) and Goishi river (limiting toupper reaches from Kamafusa dam and including its branches)												

				2012/12/6~ <i>Hirose river (including its branches)</i>			2014/5/30~2015/6/23 Watarase river in Tochigi prefecture (limiting to area within Ashio-machi, Nishio-shi and including its branches)	2012/6/8~2013/6/28 2014/3/12~2018/1/29 Usune river (including its branches)							
	Japanese dace	-	2012/5/11~2015/3/10 Kitakami river (limiting to lower reaches from Shipushida dam and including its branches but excluding upper reaches from Ishibane dam, Ishibuchi dam, Irihata dam, Goshō dam, Sotoyama dam, Tase dam, Tsunatori dam, Toyosawa dam and Hayashine dam)	2012/4/20~ <i>Abukuma river (including its branches but excluding upper reaches from Shichigashuku dam)</i>	-	-	2012/5/7~2013/1/23 Muro river (including its branches) and Naka river limiting to in Tochigi prefecture and limiting to upper reaches from junction with Muro river (including its branches but excluding upper reaches from Shiobara dam and its branches)	-	-	-	-	-	-	-	-
			2012/06/12~2014/7/31 Kesen river (including its branches)	2012/5/18~2014/8/25 Okawa river (including its branches)			2012/5/7~9/28 Oashi river (including its branches but excluding Arai river and its branches)								
			2012/5/11~2014/8/25 Okawa river (including its branches)				2012/5/30~9/28 Arai river (including its branches)								
	Beef		2011/8/1~2019/3/28 Whole area	2011/7/28~2019/3/28 Whole area	-	-	2011/8/2~2019/3/28 Whole area	-	-	-	-	-	-	-	-
	Boar meat	-	-	2012/5/22~ <i>Kakuda-shi, Marumori-machi, Yamamoto-cho</i>	-	2011/12/2~ Whole area (2011/12/21~: Excluding boar meat which are managed based on shipment and inspection policy set by Ibaraki prefecture)	2011/12/2~ Whole area (2011/12/5~: Excluding boar meat which are managed based on shipment and inspection policy set by Tochigi prefecture)	2012/10/10~ Whole area	-	2012/11/5~ Whole area (2013/1/18~: Excluding boar meat which are managed based on shipment and inspection policy set by Chiba prefecture)	-	-	-	-	-
	Bear meat	-	2012/9/10~ Whole area	2012/6/25~ Whole area	2012/9/10~ Whole area (2016/3/17~: Excluding bear meat which are managed based on shipment and inspection policy set by Yamagata prefecture)	-	-	2012/9/10~ Whole area	-	-	-	2012/11/5~ Whole area (excluding Sado-shi and Awashima-mura)	-	-	-
	Sika Deer meat	-	2012/7/28~ Whole area (2020/4/15~: Excluding Sika deer meat which are managed based on shipment and inspection policy set by Iwate prefecture)	2017/12/13~ Whole area (2017/12/27~: Excluding Sika deer meat which are managed based on shipment and inspection policy set by Miyagi prefecture)	-	-	2011/12/2~ Whole area	2012/11/14~ Whole area	-	-	-	-	2017/12/7~ Karuzawa-machi, 2017/12/7~2017/12/7 Fujimi-machi excluding Sika deer meat controlled under the policy for shipment and inspection set by prefecture	-	-
	Copper pheasant meat	-	2012/10/22~ Whole area	-	-	-	-	2013/1/23~ Whole area	-	-	-	-	-	-	-
Others	Tea leaf	-	-	-	-	2012/6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi	2011/7/8~2012/6/1 Tochigi-shi	2011/6/30~2012/5/28 Kiryu-shi	-	2011/6/2~9/7 Oamishirasato-machi	2011/6/2~8/29 Minamishigara-shi	-	-	-	-
						2011/6/2~2012/4/9 Daigo-machi					2011/6/23~9/12 Matsuda-machi, Yamakita-machi				
						2011/6/2~2013/5/23 Hitachiota-shi, Hitachibomiya-shi				2011/7/4~2012/5/21 Katsuura-shi	2011/6/23~10/14 Aikawa-machi, Kiyokawa-mura				
						2011/6/2~2012/6/5 Hokota-shi	2011/6/2~2013/3/26 Otawara-shi			2011/6/2~2012/5/25 Yachimata-shi,	2011/6/23~10/26 Sagamihara-shi				
						2011/6/2~2012/7/24 Mito-shi					2011/6/27~10/26 Nakai-machi				
						2011/6/2~2012/8/20 Itakahagi-shi					2011/6/2~11/1 Odawara-shi				
						2011/6/2~2012/9/12 Hitachi-shi					2011/6/2~11/10 Manazuru-machi				
						2011/6/2~2012/10/5 Ibaraki-machi									
						2011/6/2~2012/10/11 Tsukuba-shi									
						2011/6/2~2013/4/3 Utsunomiya-shi									
						2011/6/2~2013/5/29 Tsukuba-shi, Maebashi-shi, Maebashi-shi									
						2011/6/2~2013/6/17 Omitama-shi									
						2011/6/2~2013/11/1 Yuki-shi, Ryugasaki-shi, Shimotsu-shi, Toride-shi, Hitachinaka-shi, Kashima-shi, Itako-shi, Maebashi-shi, Chikusei-shi, Inashiki-shi, Kasumigaoka-shi, Sakuragawa-shi, Kamisu-shi, Namegata-shi, Tsukubamirai-shi, Oarai-machi, Arai-machi, Kawachi-machi, Goka-machi, Tone-machi, Tokai-mura and Miho-mura.	2011/6/2~2013/5/31 Kanuma-shi	2011/6/30~2013/6/7 Shibukawa-shi	-	2011/6/2~2013/5/13 Narita-shi	2011/6/2~2012/10/19 Yugawara-machi	-	-	-	-

* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 24 April 2020

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area) , Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ <i>(excluding areas listed on the cells below)</i>
	Head type leafy vegetables, e.g. Cabbage	2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ <i>(excluding areas listed on the cells below)</i>
	Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
		2011/3/23~5/4 Iwaki-shi
		2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi
		2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura(excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/4/13~ <i>Iitate-mura</i>
		2011/9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>
	Wild mushroom	2011/9/15~ <i>Iwaki-shi, Tanagura-machi</i>
		2011/9/20~ <i>Minamisoma-shi</i>
		2011/4/20~2012/6/22 Whole area
Fishery product	Japanese sand lance (juvenile)	2012/3/29~ <i>Niida river (including its branches)</i>
	Land-locked cherry salmon(Yamame) (excluding farmed fish)	2011/11/9~ <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
Meat	Boar meat	2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

* Instructions still imposed are expressed in Italic type.