

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 19 April 2021

Fukushima Prefecture				
Raw milk		<p>2011/3/21~: (excluding areas listed on the cells below)</p> <p>2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi, Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharumachi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p> <p>2011/3/21~4/16 Soma-shi, Shinchi-machi</p> <p>2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area), Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/21~2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21~2018/3/16 Kawamata-machi (limiting to Yamakiya area)</p> <p>2011/3/21~2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p> <p>2011/3/21~2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)</p>		
	Spinach, Kakinna		<p>2011/3/21~: (excluding areas listed on the cells below)</p> <p>2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012)</p> <p>2011/3/21~2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012)</p> <p>2011/3/21~2021/3/26 Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)</p>	
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>
			All the other	

	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
	2011/3/23~ 2021/3/26	Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)
Head type leafy vegetables, e.g. Cabbage	2011/3/23~ 2011/3/23~4/27	(excluding areas listed on the cells below) Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012)
	2011/3/23~ 2021/3/26	Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ 2011/3/23~4/27	(excluding areas listed on the cells below) Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23~5/4	Iwaki-shi
	2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012)
2011/3/23~ 2021/3/26	Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)	
	2011/3/23~ 2011/3/23~5/4	(excluding areas listed on the cells below) Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)

Turnip	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/21~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
	2011/3/23~ 2021/3/26	Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)
Log-grown shiitake (grown outdoor)	2011/4/13~:	Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/4/18~:	Fukushima-shi
	2011/4/13~4/25	Iwaki-shi
	2011/4/25~:	Motomiya-shi
	2011/4/13~5/16 2011/4/13~5/23	Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Log-grown shiitake (indoor cultivation)	2011/10/18~:	Nihonmatsu-shi
	2011/7/19~:	Date-shi
	2011/7/19~	excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.
	2014/7/11	Shinchi-machi
	2011/7/19~9/7 2011/11/14~:	Motomiya-shi Kawamata-machi
Log-grown pholiota nameko (outdoor cultivation)	2011/10/31~:	Soma-shi, Iwaki-shi
Vegetable Wild mushroom	2011/9/6~:	Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)
	2011/9/15~:	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura
	2011/10/18~:	Kitakata-shi
	2012/8/15~:	Showa-mura
	2012/8/16~	limiting to late fall oyster mushroom and grifola frondosa
	2019/9/5	
	2012/10/11~:	Bandai-machi
	2012/10/18~:	Aizubange-machi, Kitashiohara-mura
	2013/9/26~:	Shimoge-machi
	2013/10/1~:	Aizuwakamatsu-shi
	2013/10/1~	limiting to late fall oyster mushroom
	2020/9/17	
	2013/10/3~:	Tadami-machi
	2013/10/3~	limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)
	2018/3/29	
	2013/10/3~	limiting to honey mushroom and bunaharitake
	2019/9/5	
	2013/11/12~	Aizumisato-machi
	2013/11/12~	limiting to late fall oyster mushroom
	2017/4/24	
	2013/11/12~	limiting to pholiota nameko
	2020/9/17	
	2014/8/25~	Nishiazu-machi
2014/8/25~	limiting to pholiota nameko	
2017/4/24		
2014/8/25~	limiting to late fall oyster mushroom	
2018/3/29		
2014/8/25~	limiting to grifola frondosa	
2019/9/5		
2014/9/22~:	Mishima-machi	
2014/9/22~	limiting to grifola frondosa	
2019/9/5		

	2014/10/2~ 2014/10/2~ 2019/9/5	Yanaizu-machi limiting to grifola frondosa
Bamboo shoot	2011/5/9~ 2011/5/13~ 2011/5/9~5/30 2011/5/9~6/8 2011/5/9~6/21 2011/5/13~6/21 2012/4/9~ 2012/4/16~ 2012/4/23~ 2012/5/2~ 2012/5/7~ 2012/6/25~ 2013/5/14~ 2013/5/16~ 2013/5/28~ 2013/6/10~ 2014/5/1~	Date-shi, Soma-shi, Miharū-machi Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura Hirata-mura Iwaki-shi Tenei-mura Kunimi-machi Iwaki-shi Fukushima-shi, Shinchi-machi Hirono-machi Nihonmatsu-shi, Otama-mura Sukagawa-shi Korivama-shi Kawauchi-mura Shirakawa-shi, Naraha-machi Katsurao-mura Tamura-shi Tenei-mura
Wasabi (field cultivation)	2012/4/16~ 2012/4/16~ 2015/7/8 2012/4/16~ 2018/3/6	Date-shi, Kawamata-machi Kawamata-machi (excluding Yamakiya area) Date-shi (limiting to Wasabi controlled under the concept of management of Fukushima prefecture)
Wild Aralia cordata	2014/5/14~ 2014/5/19~ 2015/5/13~	Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura Kawauchi-mura Naraha-machi
Ostrich fern	2011/5/9~ 2012/5/1~ 2012/5/2~ 2012/5/7~ 2012/5/7~ 2021/4/9 2012/5/10~ 2013/4/30~ 2013/5/14~ 2015/5/18~	Fukushima-shi, Kori-machi Soma-shi, Date-shi, Kunimi-machi, Miharū-machi Kawamata-machi Tamura-shi Furudono-machi Nihonmatsu-shi, Otama-mura Korivama-shi Naraha-machi, Katsurao-mura Hirono-machi
Wild ostrich fern	2014/4/24~ 2017/9/11 2015/4/30~	Aizumisato-machi Aizumisato-machi Minamisoma-shi
Koshiabura	2012/5/2~ 2012/5/7~ 2012/5/10~ 2012/5/14~ 2012/5/17~ 2013/5/7~ 2013/5/14~ 2013/5/16~ 2013/5/20~ 2013/5/22~ 2013/5/28~ 2013/5/29~ 2013/6/3~ 2013/6/5~ 2013/6/10~	Fukushima-shi, Nihonmatsu-shi Korivama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura Kori-machi, Inawashiro-machi Yanaizu-machi, Kitashiobara-mura Katsurao-mura Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura Mishima-machi, Kawauchi-mura Asakawa-machi, Hirono-machi Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura Miharū-machi Aizuwakamatsu-shi, Kagamiishi-machi Kanayama-machi Showa-mura
Wild Koshiabura	2016/4/28~ 2016/5/6~	Nishiaizu-machi Tadami-machi
Japanese royal fern	2012/5/2~ 2012/5/10~ 2012/5/24~ 2013/5/1~ 2013/5/14~ 2013/5/16~ 2013/5/20~ 2013/6/10~ 2015/5/11~	Iwaki-shi, Nihonmatsu-shi Soma-shi Kawamata-machi Minamisoma-shi Naraha-machi, Katsurao-mura Sukagawa-shi Kawauchi-mura Korivama-shi Tamura-shi
Wild Japanese royal fern	2014/5/14~	Hirono-machi, Otama-mura

Wild Uwabamisuou	2013/6/10~	Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~	Iwaki-shi, Soma-shi, Date-shi, Kori-machi
	2012/5/2~	Fukushima-shi
	2012/5/7~	Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi
	2012/5/10~	Otama-mura, Nishigo-mura
	2012/5/14~	Kawamata-machi
	2013/4/25~	Minamisoma-shi
	2013/5/14~	Hirono-machi, Samegawa-mura, Katsurao-mura
	2013/5/16~	Nihonmatsu-shi, Furudono-machi, Izumizaki-mura
	2013/5/20~	Kawayuchi-mura
	2013/5/28~	Motomiya-shi, Sukagawa-shi
	2013/6/3~	Kagamiishi-machi
	2013/6/10~	Tamura-shi
	2014/5/14~	Inawashiro-machi
	2018/5/2~	Kitashiobara-mura
	Giant butterbur	2015/5/25~
Wild Giant butterbur	2013/6/19~	Kori-machi, Naraha-machi
	2014/6/16~	Tenei-mura
Wild Japanese butterbur scape	2012/4/9~	Fukushima-shi, Kawamata-machi, Soma-shi, Hirono-machi
	2012/4/9~	Tamura-shi
	2019/2/27	
	2012/4/16~	Date-shi, Kori-machi and Kunimi-machi
	2014/4/11~	Naraha-machi and Katsurao-mura
	2015/2/25~	Minamisoma-shi
2016/1/20~	Motomiya-shi	
Pteridium aquilinum	2012/5/10~	Date-shi
	2020/3/10	
	2012/5/10~	Iwaki-shi
	2017/9/11	
	2012/5/17~	Kawamata-machi
	2012/5/17~	Kitakata-shi
	2015/5/15	
	2012/5/17~	Fukushima-shi
	2016/6/24	
	2013/4/25~	Minamisoma-shi
	2013/6/11~	Samegawa-mura
2014/4/30~	Naraha-machi	
2014/5/14~	Katsurao-mura	
Wild Pteridium aquilinum	2012/5/10~	Iwaki-shi, Date-shi
	2012/5/17~	Fukushima-shi
	2012/5/17~	Kitakata-shi
	2020/4/24	
	2013/6/24~	Nihonmatsu-shi
2014/5/14~	Hirono-machi	
Japanese apricot (Ume)	2011/6/2~	Fukushima-shi, Date-shi, Kori-machi
	2013/10/21	
	2020/2/13~	Minamisoma-shi (limiting to "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012)
	2011/6/6~	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone, excluding "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012)
	2020/2/13	
	2011/6/6~	Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2015/8/19	
	2011/6/6~	Soma-shi
2012/7/11		
2012/6/6~	Kunimi-machi	
2013/10/21		
Yuzu	2011/8/29~	Fukushima-shi
	2011/10/14~	Date-shi
	2017/2/1	
	2012/1/10~	Iwaki-shi
	2015/1/29	
	2011/10/14~	Kori-machi
	2016/3/17	
2011/8/29~	Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012)	
2018/12/6		
Chestnut	2011/9/20~	Date-shi, Minamisoma-shi
	2012/9/26~	Nihonmatsu-shi
	2015/12/3	
	2012/10/12~	Iwaki-shi

		2014/11/17	AWANI SHII
Kiwi fruit		2011/12/9~	<i>Minanisoma-shi (limiting to "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30, 2012)</i>
		2011/12/9~	Minanisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
		2013/12/25	
		2011/12/9~	Soma-shi
Azuki bean		2014/11/17	Minanisoma-shi (excluding area it is expected that the residents have difficulties in returning for a long time designated by the Instruction on March 30 2012 within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/12/9~	
		2018/12/13	
Soybean		2013/1/4~	Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
		2015/10/23	
		2013/1/4~	excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
Cereal	Soybean	2012/11/15~	Minamisoma-shi (limiting to former Ishigami-mura)
		2015/10/23	
		2012/11/15~	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/11/7	
		2012/12/25~	Sukagawa-shi (limiting to former Naganuma-machi)
		2015/10/23	
		2012/12/25~	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2014/3/13	
		2013/1/4~	Koriyama-shi (limiting to former Takano-mura)
		2014/10/7	
		2013/1/4~	Otama-mura (limiting to former Tamanoi-mura)
		2015/10/23	
		2013/1/4~	Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2015/10/23	
		2013/1/4~	Kori-machi (limiting to former Danzaki-mura)
		2014/10/7	
		2013/1/4~8/9	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~	Fukushima-shi (limiting to former Tatsugoyama-mura)
		2015/10/23	
		2013/2/18~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~	Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2015/10/23	
		2013/3/5~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~	Fukushima-shi (limiting to former Niwatsuka-mura)
		2015/10/23	
		2013/3/25~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
			Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~	Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2015/10/23	
		2013/1/4~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
2013/1/4~	Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))		
2016/3/25			
2013/1/4~11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.		
2013/12/18~	Minamisoma-shi (limiting to former Ota-mura)		
2015/10/23			
2013/12/18~	excluding Soybean controlled under the concept of management of Fukushima prefecture		
2015/6/23			
2014/12/17~	Motomiya-shi (limiting to former Shiraiwa-mura)		
2016/3/25			
2014/12/17~	excluding Soybean controlled under the concept of management of Fukushima prefecture		
2015/6/23			
2014/12/17~	Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)		
2016/3/25			
Rice (produced in 2011)		2011/11/17~	<i>Fukushima-shi (limiting to former Oguni-mura area)</i>
		2011/11/29~	<i>Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)</i>
		2011/12/5~	<i>Fukushima-shi (limiting to former Fukushima-shi area)</i>
		2011/12/8~	<i>Nihonmatsu-shi (limiting to former Shibukawa-mura area)</i>
		2011/12/9~	<i>Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)</i>
		2011/12/19~	<i>Date-shi (limiting to former Kakeda-machi area)</i>
		2012/1/4~	<i>Date-shi (limiting to former Sekimoto-mura area)</i>
	2012/4/5~	<i>Areas subjected to restriction of distribution in advance</i>	

Rice (produced in 2018)	2018/3/23~:	<i>Kawamata-machi (limiting to "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Rice (produced in 2019)	2019/3/22~:	<i>Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Rice (produced in 2020)	2020/3/23~:	<i>Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012(excluding areas such restriction on access was eased on March 5,2020)), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Rice (produced in 2021)	2021/3/26~:	<i>Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012 (excludes the specified reconstruction and revitalization base area certified on November 10, 2017)), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013 (excludes the specified reconstruction and revitalization base area certified on September 15, 2017)), Katsurao-mura (limiting to the specified reconstruction and revitalization base area certified on May 11, 2018) (excluding rice controlled under the management policy of Fukushima prefecture)</i>
Japanese sandlance (juvenile)	2011/4/20~ 2012/6/22	whole area
Land-locked cherry salmon(Yamame) (excluding farmed fish)	2011/6/6~:	<i>Abukuma River in Fukushima prefecture (including its branches)</i>
	2011/6/6~ 2019/3/14	Akimoto Lake and rivers flowing into the lake (including its branches), Nagase River(limiting to upper reaches from the junction with Sukawa River)
	2011/6/6~ 2020/12/21	Hibara Lake, Onogawa Lake and rivers flowing into these lakes (including its branches)
	2011/6/17~:	<i>Mano River (including its branches)</i>
	2012/3/29~:	<i>Niida River (including its branches) and Ota River (including its branches)</i>
	2012/4/5~ 2015/9/30	Sukawa River (limiting to its branches)
	2012/4/24~:	<i>Inawashiro Lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi River (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)</i>
Japanese dace	2012/6/7~ 2013/7/30	Kuji River in Fukushima prefecture (including its branches)
	2011/6/17~:	<i>Mano River (including its branches)</i>
	2011/6/27~ 2019/12/3	Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)
	2012/3/29~ 2020/2/25	Akimoto Lake and rivers flowing into the lake (including its branches), Nagase River (including its branches but limiting to upper reaches from the junction with Sukawa River)
	2012/3/29~ 2020/12/21	Hibara Lake, Onogawa Lake and rivers flowing into these lakes (including its branches)
	2012/4/24~ 2017/4/27	Inawashiro Lake and rivers flowing into the lake (including its branches but excluding Sukawa River and its branches and Nagase River (limiting to upper reaches from junction with Sukawa River)) and Nippashi River (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)
	2012/5/31~ 2019/12/3	Abukuma River in Fukushima prefecture (limiting to upper reaches from Shinobu Dam and including its branches)
Japanese eel	2012/5/25~ 2014/10/24	Tadami River in Fukushima prefecture limiting to upper reaches from Taki Dam (including its branches but excluding upper reaches from Tadami Dam)
	2012/8/2~:	<i>Abukuma River in Fukushima prefecture (including its branches)</i>
Ayu sweetfish (excluding farmed fish)	2011/6/27~:	<i>Mano River (including its branches), Niida River (including its branches)</i>
	2011/6/27~ 2019/8/28	Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)
Char(Iwana) (excluding farmed fish)	2012/4/5~:	<i>Abukuma River in Fukushima prefecture (limiting to lower reaches from Shinobu Dam and including its branches)</i>
	2012/4/5~ 2020/2/25	Abukuma River (limiting to upper reaches from Shinobu Dam and including its branches)
	2012/4/12~ 2015/9/30	Sukawa River (limiting to its branches)
	2012/4/24~ 2020/12/21	Onogawa Lake, Hibara Lake and rivers flowing into these lakes (including its branches)
	2012/4/24~ 2019/3/14	Akimoto Lake and rivers flowing into the lake (including its branches) and Nagase River(limiting to upper reaches from the junction with Sukawa River)

	2012/5/31~ 2012/9/19	Tateiwa River (including its branches)
	2012/4/24~ 2014/8/25	Tadami River (limiting to between Honna Dam and Uwada dam, but including its branches)
	2012/4/24~ 2014/12/11	Tadami River (limiting to lower reaches from Uwada Dam, but including its branches)
	2012/4/24~ 2015/1/14	Nippashi River (limiting to lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama Dam)
	2012/4/27~ :	Akimoto Lake, Onogawa Lake and Hibara Lake and rivers flowing into these lakes (including its branches), Nagase River (limiting to upper reaches from junction with Sukawa River)
Common carp (excluding farmed fish)	2012/5/10~ 2019/8/28	Abukuma River in Fukushima prefecture (limiting to lower reaches from Shinobu Dam and including its branches)
	2014/9/16~ 2019/8/28	Abukuma River in Fukushima prefecture (limiting to upper reaches from Shinobu Dam and including its branches)
	2012/4/27~ 2019/12/3	Aga River in Fukushima prefecture (limiting to lower reaches from Okawa Dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado Dam)
	2012/4/27~ :	Akimoto Lake and rivers flowing into this lake (including its branches), Nagase River (limiting to upper reaches from junction with Sukawa River) and Mano River (including its branches)
Any crucian carp (excluding farmed fish)	2012/4/27~ 2020/12/21	Onogawa Lake, Hibara Lake and rivers flowing into these lakes (including its branches)
	2012/5/10~ : 2012/4/27~ 2019/12/3	Abukuma River in Fukushima prefecture (limiting to lower reaches from Shinobu Dam and including its branches) Aga River in Fukushima prefecture (limiting to lower reaches from Okawa Dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado Dam)
Fat greenling	2012/6/22~ 2016/8/24	Fukushima offshore
Red tongue sole	2012/6/22~ 2017/4/27	Fukushima offshore
Japanese sandlance (excluding juvenile)	2012/6/22~ 2017/1/17	Fukushima offshore
Stone flounder	2012/6/22~ 2017/6/21	Fukushima offshore
Goldeye rockfish	2012/6/22~ 2019/3/14	Fukushima offshore
Surfperch	2012/6/22~ 2016/8/24	Fukushima offshore
Brown hakeling	2012/6/22~ 2018/4/24	Fukushima offshore
Fox jacopever	2012/6/22~ 2017/1/17	Fukushima offshore
Black cow-tongue	2012/6/22~ 2017/1/17	Fukushima offshore
Black rockfish	2012/6/22~ 2017/1/17	Fukushima offshore
	2021/4/19~ :	Fukushima offshore
Japanese black porgy	2012/6/22~ 2019/3/14	Fukushima offshore
Sea raven	2012/6/22~ 2015/6/30	Fukushima offshore
Ocellate spot skate	2012/6/22~ 2016/8/24 2019/2/7~ 2020/2/25	Fukushima offshore Fukushima offshore
Cherry salmon (Sakuramasu)	2012/6/22~ 2019/8/28	Fukushima offshore
Poacher	2012/6/22~ 2016/7/15	Fukushima offshore
Rockfish (Sebastes cheni)	2012/6/22~ 2018/4/24	Fukushima offshore
Japanese seabass	2012/6/22~ 2014/4/2	Fukushima offshore
Nibe croaker	2012/6/22~ 2019/3/14	Fukushima offshore
Starry flounder	2012/6/22~ 2016/11/14	Fukushima offshore
Slime flounder	2012/6/22~ 2015/12/3	Fukushima offshore
Panther puffer	2012/6/22~ 2015/12/3	Fukushima offshore

Fishery
product

Olive flounder	2012/6/22~ 2016/6/9	Fukushima offshore	
Gurnard	2012/6/22~ 2014/7/9	Fukushima offshore	
Spotted halibut	2012/6/22~ 2016/7/15	Fukushima offshore	
Conger eel	2012/6/22~ 2016/6/9	Fukushima offshore	
Marbled flounder	2012/6/22~ 2016/8/24	Fukushima offshore	
Flathead	2012/6/22~ 2016/7/15	Fukushima offshore	
Pacific cod	2012/6/22~ 2015/2/24	Fukushima offshore	
Shotted halibut	2012/6/22~ 2015/2/24	Fukushima offshore	
Brassblotched rockfish	2012/6/22~ 2019/8/28	Fukushima offshore	
Ridged-eye flounder	2012/6/22~ 2015/4/2	Fukushima offshore	
Venus clam	2012/6/22~ 2019/12/3	Fukushima offshore	
Northern sea urchin	2012/6/22~ 2014/7/9	Fukushima offshore	
Flathead flounder	2012/6/22~ 2013/10/9	Fukushima offshore	
Alaska Pollock	2012/6/22~ 2013/12/17	Fukushima offshore	
Littlemouth flounder	2012/6/22~ 2014/4/16	Fukushima offshore	
Long shanny	2012/7/12~	Fukushima offshore	
Barfin flounder	2016/7/15	Fukushima offshore	
Starspotted smooth-hound	2012/7/26~ 2015/2/18	Fukushima offshore	
Vermiculated puffer	2012/8/23~ 2014/10/15	Fukushima offshore	
Halfbeak	2013/2/14~ 2014/7/9	Fukushima offshore	
Scorpion fish	2013/8/8~ 2019/8/28	Fukushima offshore	
Hilgendorf saucord	2014/3/25~ 2014/5/28	Fukushima offshore	
Meat + Egg	Beef	2011/7/19~ 2019/3/28	Whole area (2011/8/25~2019/3/28: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)
		2019/3/28~	<i>Minamisoma-shi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Tomioka-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Katsurao-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting to areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012)</i>
	Boar meat	2011/11/9~	<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		2011/11/25~	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>
		2011/12/2~	<i>Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
Spot-billed duck meat	2013/1/30~	Whole area	
Green pheasant meat	2013/1/30~	Whole area	
Bear meat	2011/12/2~	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>	
	2012/7/27~	<i>Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>	

Hare meat	<i>2013/1/30~: Whole area</i>
Copper pheasant meat	<i>2012/11/13~: Whole area</i>

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 19 April 2021

	Aomori prefecture	Iwate prefecture	Myagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Gunma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture		
Raw milk					2017/3/23~4/10 Whole area	2011/3/21~4/17 (excluding areas listed on the table below) 2011/3/23~4/17 Kizabara-shi, Takahagi-shi, Shiotsuru-machi			2011/3/21~4/8 Whole area							
Non-head type leafy vegetables, e.g. Spinach, Komatsuna					2011/3/21~4/17 Whole area	2011/3/21~4/21 Nasu-shiobara-shi, Shioya-machi 2011/3/21~4/27 Whole area			2011/4/4~4/22 Asahi-shi, Katori-shi, Takamachi							
Garland chrysanthemum, Sing gong-cho, Bancho asian lettuce									2011/4/4~4/22 Asahi-shi							
Parley					2011/3/23~4/17 Whole area				2011/4/4~4/22 Asahi-shi							
Delary									2011/4/4~4/22 Asahi-shi							
Wild mushrooms	2012/10/26~ Hokkaido-shi ----- 2012/10/26~2017/3/31 (excluding honey mushroom) ----- 2012/10/26~ ----- 2018/11/07 (excluding brich cap mushroom) ----- 2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding barmanhake mushroom, itea fall oyster mushroom) ----- 2012/10/26~2017/3/31 ----- 2017/10/26~2017/11/25 (excluding philotia namaki)	2018/10/11~ Ikkawa-shi, Minakami-shi, Hiwaku-shi	2018/10/19~ Kurikuma-shi, Oueda-shi		2018/12/2~ Toda-shi, Oshidaira-shi, Ohnohara-machi		2018/7/2~ Naga-machi, Mito-shi, Maebashi-machi, Maebayashi-machi, Maeyama-machi		2018/10/28~ Numata-shi, Higashiagatsuma-machi, Tomogata-mura	2018/10/18~ Yokota-machi, Miharu-machi			2012/10/26~ Kuroiwa-machi, Mya-machi		2018/10/11~ Koma-machi, Misono-mura	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding brich cap mushroom, itea fall oyster mushroom, itea fall oyster mushroom, itea fall oyster mushroom) ----- 2017/10/26~2017/11/25 (excluding philotia namaki)			2018/9/24~ Senri-shi		2018/7/2~ Koma-shi	2018/7/2~ Naga-machi						2012/10/26~2017/11/20 (excluding matsutake mushroom)		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding brich cap mushroom, itea fall oyster mushroom, itea fall oyster mushroom) ----- 2017/10/26~2017/11/25 (excluding philotia namaki)			2018/9/18~ Miyata-machi		2018/7/2~ Naga-machi	2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding brich cap mushroom, itea fall oyster mushroom, itea fall oyster mushroom)					2018/7/2~ Naga-machi	2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~2018/11/20 (excluding matsutake mushroom)	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding brich cap mushroom, itea fall oyster mushroom, itea fall oyster mushroom)					2018/7/2~ Naga-machi	2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~2018/11/20 (excluding matsutake mushroom)	2018/11/9~ Ogawa-shi
Bamboo shoot	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding honey mushroom)				2018/10/9~ Sumita-sho		2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding honey mushroom)				2018/10/9~ Sumita-sho		2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding honey mushroom)				2018/10/9~ Sumita-sho		2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding honey mushroom)				2018/10/9~ Sumita-sho		2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
	2012/10/26~ ----- 2012/10/26~ ----- 2018/11/07 (excluding honey mushroom)				2018/10/9~ Sumita-sho		2018/7/2~ Naga-machi						2012/10/26~ Fujimaki-shi, Fujimaki-shi, Haruna-mura		2018/10/11~ Koma-shi	2018/11/9~ Ogawa-shi
Spinach																

	<p>2018/4/18~ Zao-machi</p> <p>2018/4/9~ Morita-machi</p> <p>2018/4/20~ Ohno-machi</p> <p>2012/4/10~2018/4/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2012/4/20~2018/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture.</p> <p>2018/4/28~ Hakusai-cho</p> <p>2018/4/11~ Mitsunuma-machi</p> <p>2012/4/25~2018/3/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture.</p> <p>2018/4/28~ Kamakura-machi, Otsu-machi</p> <p>2012/4/25~2018/1/22 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture.</p> <p>2018/4/28~ Ishikawa-machi, Ohno-machi</p> <p>2012/4/20~2018/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/4/7~ Kagami-machi</p> <p>2018/4/18~ Ishikawa-machi</p> <p>2012/5/7~2018/7/13 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/8/7~ Tsuru-machi</p> <p>2012/5/7~2018/4/10 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture.</p> <p>2018/8/7~ Hamaoka-machi, Yamada-machi</p> <p>2012/5/7~2018/10/7 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture.</p> <p>2018/4/27~ Natori-machi</p> <p>2012/4/27~2018/4/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/4/27~ Kai-machi</p> <p>2012/4/27~2018/3/11 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/4/27~ Satake-machi</p> <p>2012/4/27~2018/2/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/4/7~ Tomiyama-machi</p> <p>2018/4/7~ Kawabuchi-machi</p> <p>2012/5/10~2018/4/8 Morioka-shi</p>	<p>2011/11/10~ Banai-machi, Arai-machi</p> <p>2012/12/10~2017/13 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/9~ Moriya-machi, Tsuchikubo-machi</p> <p>2012/4/11~2018/3/23 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/4/9~ Miyatake-machi, Tsuchikubo-machi</p> <p>2012/4/11~2017/20 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/12~ Aoihaga-machi</p> <p>2012/4/12~2018/12/22 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/9~ Hakusai-cho</p> <p>2012/4/12~2018/12/22 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/12~ Kawano-machi</p> <p>2012/4/12~2018/5/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/12~ Naohara-cho-machi</p> <p>2012/4/6~2021/3/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture.</p> <p>2018/4/12~ Miyagi-machi, Haba-machi</p> <p>2012/4/12~2018/1/22 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/12~ Ishikawa-machi</p> <p>2012/4/12~2018/1/21 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/18~ Iku-machi</p> <p>2012/4/18~2018/7/13 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/4/18~ Miyama-machi</p> <p>2012/4/18~2018/7/13 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p>	<p>2011/1/18~ Nagaoka-machi</p> <p>2011/12/22~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture.</p> <p>2011/12/22~ Sakura-machi</p> <p>2012/2/23~2016/1/28 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture.</p> <p>2018/4/19~ Ohno-machi</p> <p>2012/4/19~2017/2/13 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture.</p> <p>2018/4/18~ Yoshiyama-machi</p> <p>2012/4/18~2018/7/13 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture.</p> <p>2018/6/18~ Ogino-machi</p> <p>2012/6/18~2018/2/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture.</p>
Log-grown shiitake (outdoor cultivation)			
Vegetable			

	Japanese black porgy	-	2012/11/8-2019/3/14 Myagi offshore	2012/6/28-2019/3/14 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Japanese seabass	-	2012/10/25-2015/11/20 Myagi offshore	2012/4/12-2015/11/20 Sendai bay	-	-	2012/4/17-2016/1/14 Baraki offshore	-	-	-	-	-	-	-	-	-	-	
	Rock fish (Sebastes chani)	-	-	-	-	-	2012/4/12-2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	
	Blue croaker	-	-	-	-	-	2012/4/17-2014/9/14 Baraki offshore	-	-	-	-	-	-	-	-	-	-	
	Olive flounder	-	2012/6/4-2013/9/30 Myagi offshore	2012/5/30-2013/4/1 Sendai bay	-	-	2012/4/17-2015/2/5 Baraki offshore	-	-	-	-	-	-	-	-	-	-	
	Pacific cod	2012/8/27-2012/10/31 Pacific Ocean, Aomori offshore	2012/5/2-2013/1/17 Myagi offshore	2012/5/2-2012/8/30 Myagi offshore (limiting total fish whose weight is less than 1kg)	-	-	2012/11/9-2014/11/20 Baraki offshore	-	-	-	-	-	-	-	-	-	-	
	Parrot puffer	-	-	2012/5/9-2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	
	Declate spot skate	-	-	-	-	-	2012/6/1-2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	
	Channel catfish (excluding farmed fish)	-	-	-	-	-	2012/4/17- Kamaigawa lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Hatahara river	-	-	-	-	-	-	-	-	-	-	
	Silver crucian carp	-	-	-	-	-	2012/4/17-2015/3/24 Kamaigawa lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Hatahara river (excluding farmed fish)	-	-	-	-	-	2012/7/18- Tage pond, Hara flow into Tage pond and Tage river (including its branches)	-	-	-	-	
	Common carp	-	-	-	-	-	-	-	-	-	-	2012/7/8- Tage pond, Hara flow into Tage pond and Tage river (including its branches)	-	-	-	-	-	
	Japanese eel	-	-	-	-	-	2012/6/7- Kamaigawa lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Hatahara river	-	-	-	-	2012/7/18- Tage pond, Hara flow into Tage pond and Tage river (including its branches)	-	-	-	-	-	
		-	-	-	-	-	2012/5/7-2014/1/13 Naka river (including its branches)	-	-	-	-	2012/7/18- Tage pond, Hara flow into Tage pond and Tage river (including its branches)	-	-	-	-	-	
		-	-	-	-	-	2012/11/12- 2014/1/13 Kamaigawa lake, Kitaura lake, Sotomatsukura lake, rivers flowing into these lakes, Hatahara river	-	-	-	-	2012/7/18- Tage pond, Hara flow into Tage pond and Tage river (including its branches)	-	-	-	-	-	
Fishery product	Ayu sweetfish (excluding farmed fish)	-	-	2013/6/27-2013/12/23 Shirotsu river (upper reaches from Shirakata dam of the Abukuma river (including its branches))	2013/6/27-2017/4/27 Upper reaches from junction of Gohkaya river and Ushikawa river and upper reaches from Komabaishi bridge of Kaji river	2013/6/27-2019/10/1 Abukuma river (including its branches but excluding upper reaches from Shirakata dam, upper reaches from junction of Gohkaya river and Ushikawa river, upper reaches from Koihi bridge of Kaji river)	-	-	-	-	-	-	-	-	-	-	-	
	Land-locked cherry salmon (Yamano) (excluding farmed fish)	-	-	2012/4/20- Shirotsu river (including its branches but excluding upper reaches from Shirakata dam)	2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shirakata dam)	-	2012/6/10-2013/1/23 Watarase river in area of Ashio-machi, Mikko-shi (including its branches and ending before reaches from junction with Kouhara river)	2012/4/27- Aomatsu river (including its branches, but excluding those from Iwajima bridge to TEPOD's Saku power plant Agatsuma river upper intake facility)	-	-	-	2012/4/27-2012/11/9 Ibura river (including its branches)	-	-	-	-	-	-
		-	-	2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shirakata dam)	2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shirakata dam)	-	2012/9/10-2013/3/28 Nagara river (including its branches)	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	-	-	-
		-	-	2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shirakata dam)	2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shirakata dam)	-	2012/6/20-2013/12/17 Watarase river in Tochigi prefecture (including those within Ashio-machi, Mikko-shi and including its branches)	2012/4/27- Aomatsu river (including its branches, but excluding those from Iwajima bridge to TEPOD's Saku power plant Agatsuma river upper intake facility but including its branches)	-	-	-	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	-	-	-
	Char (Iwana) (excluding farmed fish)	-	2012/5/8-2021/2/17 Sakabe river (including its branches)	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	-	2012/6/20-2013/12/17 Watarase river in Tochigi prefecture (including those within Ashio-machi, Mikko-shi and including its branches)	2012/4/27- Aomatsu river (including its branches, but excluding those from Iwajima bridge to TEPOD's Saku power plant Agatsuma river upper intake facility but including its branches)	-	-	-	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	-	-	-
		-	-	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	-	2012/6/20-2013/12/17 Watarase river in Tochigi prefecture (including those within Ashio-machi, Mikko-shi and including its branches)	2012/4/27- Aomatsu river (including its branches, but excluding those from Iwajima bridge to TEPOD's Saku power plant Agatsuma river upper intake facility but including its branches)	-	-	-	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	-	-	-
		-	-	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	-	2012/6/20-2013/12/17 Watarase river in Tochigi prefecture (including those within Ashio-machi, Mikko-shi and including its branches)	2012/4/27- Aomatsu river (including its branches, but excluding those from Iwajima bridge to TEPOD's Saku power plant Agatsuma river upper intake facility but including its branches)	-	-	-	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	-	-	-
		-	-	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	2012/4/14- Ohta river (including its upper reaches from Ohta dam and including its branches) and Hatori river (including its upper reaches from Abukuma reservoir and including its branches)	-	2012/6/20-2013/12/17 Watarase river in Tochigi prefecture (including those within Ashio-machi, Mikko-shi and including its branches)	2012/4/27- Aomatsu river (including its branches, but excluding those from Iwajima bridge to TEPOD's Saku power plant Agatsuma river upper intake facility but including its branches)	-	-	-	2012/4/27-2013/4/25 Kinohira river (including its branches) and Momotsuki river (including its branches)	-	-	-	-	-	-

			2012/5/8-2015/9/30 Izumi river (including its branches)	2012/12/9- Izumi river (including its branches)			2014/5/30-2015/6/23 Wakasa river in Tochi prefecture (limiting forage with Akita-machi, Mikawa-shi and including its branches)	2012/6/8-2013/6/28 2014/3/12-2018/1/29 Izumi river (including its branches)										
Japanese deer			2012/5/11-2015/3/10 Kikasen river (limiting to lower reaches from Shijuhida dam and including its branches but excluding upper reaches from Ishikawa dam, Iihayashi dam, Ohata dam, Oshio dam, Sotomura dam, Tama dam, Tsumoto dam, Toyosawa dam and Hayashiki dam)	2012/4/29- Abukawa river (including upper reaches from Shikakuhata dam)			2012/5/7-2013/1/23 Mano river (including its branches) and Naka river (limiting from Tochi prefecture and limiting to upper reaches from junction with Mano river (including its branches but excluding upper reaches from Shobara dam and its branches)											
			2013/06/12-2014/7/31 Kasen river (including its branches)	2012/5/18-2014/8/25 Okawa river (including its branches)			2012/5/7-9/28 Oshi river (including its branches but excluding Aoi river and its branches)											
			2012/5/11-2014/6/25 Okawa river (including its branches)				2012/5/30-9/28 Aoi river (including its branches)											
Beef			2011/8/1-2019/3/28 Whole area	2011/7/28-2019/3/28 Whole area			2011/8/2-2019/3/28 Whole area											
	Bear meat			2012/4/22- Kakunoi, Murasugi-machi, Yamatsubo-shi	2011/12/2- Whole area (including deer meat which are managed based on shipment and inspection policy set by Tochi prefecture)	2011/12/2- Whole area (including deer meat which are managed based on shipment and inspection policy set by Tochi prefecture)	2011/12/2- Whole area (including deer meat which are managed based on shipment and inspection policy set by Tochi prefecture)	2012/10/16- Whole area	2012/11/8- Whole area (including deer meat which are managed based on shipment and inspection policy set by Tochi prefecture)									
				2012/6/10- Whole area	2012/6/25- Whole area	2012/6/10- Whole area (excluding deer meat which are managed based on shipment and inspection policy set by Yamagata prefecture)			2012/10/10- Whole area									
	Sika Deer meat		2012/7/28- Whole area (including Sika deer meat which are managed based on shipment and inspection policy set by Iwate prefecture)	2012/12/18- Whole area (including Sika deer meat which are managed based on shipment and inspection policy set by Iwate prefecture)			2011/12/2- Whole area	2012/11/14- Whole area								2012/11/8-2020/10/22 Takahashi-shi, Jōtatsu-shi excluding Sika deer meat controlled under the policy for shipment and inspection set by prefecture	2012/12/7- Kariyama-machi	
Upper pheasant meat			2012/10/22- Whole area				2012/1/28- Whole area											
Others	Tea leaf				2012/6/2-2012/10/18 Koga-shi, Aso-shi, Banjo-shi, Yachiyo-shi, Ogiya-machi	2011/7/8-2012/6/1 Tochi-shi	2011/6/30-2012/6/28 Koyu-shi		2011/6/2-9/7 Oomatsuzato-machi	2011/6/2-8/29 Miyama-shi	2011/6/23-9/12 Matsuda-machi, Yamakita-machi		2011/7/4-2012/5/21 Katsuragi-shi	2011/6/2-10/14 Akawa-machi, Kiyokawa-mura				
					2011/6/2-2012/5/20 Tahara-shi, Nara-shi, Shirogane-machi													
					2011/6/2-2012/6/5 Hakutsu-shi													
					2011/6/2-2012/7/24 Miyu-shi													
					2011/6/2-2012/8/20 Miyu-shi													
					2011/6/2-2012/9/18 Miyu-shi													
					2011/6/2-2012/10/15 Miyu-shi													
					2011/6/2-2012/11/1 Miyu-shi													
					2011/6/2-2012/11/1 Yuki-shi, Ryugasaki-shi, Shimotsuganaka-shi, Tando-shi, Hachinaka-shi, Kashiwa-shi, Daka-shi, Moriya-shi, Chikusa-shi, Hachinohe-shi, Kasuga-shi, Sakuragawa-shi, Katsuragi-shi, Nanaga-shi, Tsubakura-shi, Otsu-machi, Aoi-machi, Kase-shi-machi, Daka-machi, Tama-machi, Takamura and Akamura	2011/6/2-2013/5/31 Kanuma-shi				2011/6/2-2012/5/25 Yachiyo-shi	2011/6/23-10/26 Shimada-shi	2011/6/2-11/1 Otsu-shi						
					2011/6/2-2012/11/1 Yuki-shi, Ryugasaki-shi, Shimotsuganaka-shi, Tando-shi, Hachinaka-shi, Kashiwa-shi, Daka-shi, Moriya-shi, Chikusa-shi, Hachinohe-shi, Kasuga-shi, Sakuragawa-shi, Katsuragi-shi, Nanaga-shi, Tsubakura-shi, Otsu-machi, Aoi-machi, Kase-shi-machi, Daka-machi, Tama-machi, Takamura and Akamura													
					2011/6/2-2013/6/17 Ohtsuka-shi													
					2011/6/2-2013/6/17 Ohtsuka-shi													

* Instructions still imposed are expressed in **italics** type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 19 April 2021

Fukushima Prefecture		Restriction of consumption				
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<p>2011/3/23~ (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura 2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura 2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/21~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/21~2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012) 2011/3/21~2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012) 2011/3/23~2021/3/26 Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)</p>				
		Head type leafy vegetables, e.g. Cabbage	<p>2011/3/23~ (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura 2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura 2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012) 2011/3/23~2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012) 2011/3/23~2021/3/26 Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)</p>			
			Flowerhead brassicas, e.g. Broccoli, Cauliflower	<p>2011/3/23~ (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura 2011/3/23~5/4 Iwaki-shi 2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi 2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi 2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura 2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/3/23~2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) 2011/3/23~2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012) 2011/3/23~2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012) 2011/3/23~2021/3/26 Futaba-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on May 7, 2013)</p>		
				Log-grown shiitake (grown outdoor)	<p>2011/4/13~ Iitate-mura 2011/9/6~</p>	
				Wild mushroom	<p>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi) 2011/9/15~</p>	
					<p>Iwaki-shi, Tanagura-machi 2011/9/20~ Minamisoma-shi</p>	
				Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
					Land-locked cherry salmon (Yamame) (excluding farmed fish)	2012/3/29~ Niida river (including its branches) 2011/11/9~
				Meat	Boar meat	Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura 2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

* Instructions still imposed are expressed in italic type.