

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 18 January 2013

Fukushima Prefecture		Restriction of distribution
Raw milk	2011/3/21~: (excluding areas listed on the cells below)	
	2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi	
	2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi	
	2011/3/21~4/21 Soma-shi, Shinchi-machi	
	2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)	
	2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	Spinach, Kakina	2011/3/21~: (excluding areas listed on the cells below)
		2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	All the other	2011/3/23~: (excluding areas listed on the cells below)
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Head type leafy vegetables, e.g. Cabbage	2011/3/23~: (excluding areas listed on the cells below)	
	2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura	
	2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
	2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
	2011/3/23~: (excluding areas listed on the cells below)	
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamakawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
	2011/3/23~: (excluding areas listed on the cells below)	
	Turnip	2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi		
2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)		
2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		

Vegetable	Log-grown shiitake (grown outdoor)	2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/18~: Fukushima-shi 2011/4/13~4/25: Iwaki-shi 2011/4/26~: Motomiya-shi 2011/4/13~5/16: Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/13~5/23: Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/10/18~: Nihonmatsu-shi		
	Log-grown shiitake (hothouse cultivation)	2011/7/19~: Date-shi 2011/7/22~: Shinchi-machi 2011/7/19~9/7: Motomiya-shi 2011/11/14~: Kawamata-machi		
	Log-grown pholiota nameko	2011/10/31~: Soma-shi, Iwaki-shi		
	Wild mushroom	2011/9/6~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi) 2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura 2011/10/18~: Kitakata-shi 2012/8/15~: Showa-mura 2012/10/11~: Bandai-machi 2012/10/18~: Aizubango-machi, Kitashiobara-mura		
		Bamboo shoot	2011/5/9~: Date-shi, Soma-shi, Miharu-machi 2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura 2011/5/9~5/30: Hirata-mura 2011/5/9~6/8: Iwaki-shi 2011/5/9~6/21: Tenei-mura 2011/5/13~6/21: Kunimi-machi 2012/4/9~: Iwaki-shi 2012/4/16~: Fukushima-shi, Shinchi-machi 2012/4/23~: Hirono-machi 2012/5/2~: Nihonmatsu-shi, Otama-mura 2012/6/7~: Sukagawa-shi 2012/6/25~: Koriyama-shi	
			Hatakewasabi	2012/4/16~: Date-shi, Kawamata-machi
			Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura
	Wild Aralia sprout			2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi
		Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi and Hirono-machi 2012/4/16~: Date-shi, Kori-machi and Kunimi-machi	
	Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Otama-mura, Nishigo-mura, Samegawa-mura 2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~: Kori-machi, Inawashiro-machi		
		Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi	
	Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi 2012/5/17~: Fukushima-shi, Kitakata-shi, Kawamata-machi		
Ume	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi 2011/6/6~: Minamisoma-shi 2011/6/6~2012/7/12: Soma-shi 2012/6/6~: Kunimi-machi			
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi 2011/10/14~: Date-shi, Kori-machi 2012/1/10~: Iwaki-shi			
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi 2012/9/26~: Nihonmatsu-shi 2012/10/12~: Iwaki-shi			
Kiwi fruit	2011/12/9~: Soma-shi, Minamisoma-shi			

Cereal	Azuki bean	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	Soybean	2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura) 2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi) 2013/1/4~: Fukushima-shi (limiting to former Noda-mura and Hirano-mura), Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura), Date-shi (limiting to former Tomino-mura and Sekimoto mura), Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura)), Koriyama-shi (limiting to former Takano-mura), Kori-machi (limiting to former Danzaki-mura) and Otama-mura (limiting to former Tamanoi-mura)
Grain	Rice (produced in 2011)	2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area) 2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area) 2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area) 2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area) 2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area) 2011/12/19~: Date-shi (limiting to former Kakeda-machi area) 2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)
	Rice (produced in 2012)	2012/4/5~: Areas subjected to restriction of distribution in advance 2012/4/5~7/26 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/10/25: Sukagawa-shi (limiting to former Nishifukuro-mura) 2012/10/25~10/29 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~: Otama-mura (limiting to former Tamanoi-mura) 2012/11/5~11/6 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi) 2012/11/5~11/8 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura) 2012/11/7~11/12 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura) 2012/11/15~11/19 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura) 2012/11/26~11/29 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/28~: Iwaki-shi (limiting to former Yamada-mura) 2012/11/28~12/4 excluding rice controlled under the concept of management of Fukushima prefecture.
	Japanese sandlance (juvenile)	2011/4/20~2012/6/22 whole area
	Land-locked salmon (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches) 2011/6/17~: Mano River (including its branches) 2012/3/29~: Niida River (including its branches) and Ota River (including its branches) 2012/4/5~: Sukawa River (limiting its branches) 2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's 2012/6/7~: Kuji river in Fukushima prefecture (including its branches)
	Japanese dace	2011/6/17~: Mano River (including its branches) 2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches) 2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River) 2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches) 2012/5/25~: Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam) 2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)
	Japanese eel	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)
	Ayu sweetfish (excluding farmed fish)	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)
	Whitespotted char (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches) 2012/4/12~: Sukawa River (limiting its branches) 2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Tadami river (limiting lower reaches from Honna dam, but including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River), Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches, and excluding upper reaches from Hiashiyama dam) 2012/5/31~9/19 Tateiwa river (including its branches)
	Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) 2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)
	Any crucian carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches) 2012/5/10~: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)

Fishery product	Fat greenling	
	Flathead flounder	
	Red tongue sole	
	Japanese sandlance (excluding juvenile)	
	Stone flounder	
	Goldeve rockfish	
	Surfperch	
	Brown hakeling	
	Fox jacopever	
	Black cow-tongue	
	Black rockfish	
	Japanese black porgy	
	Sea raven	
	Ocellate spot skate	
	Cherry salmon	
	Poacher	
	Rockfish (Sebastes cheni)	
	Alaska Pollack	<i>2012/6/22~: Fukushima offshore</i>
	Japanese seabass	
	Nibe croaker	
	Starry flounder	
	Slime flounder	
	Panther puffer	
	Olive flounder	
	Gurnard	
	Spotted halibut	
	Conger eel	
	Littlemouth flounder	
	Marbled flounder	
	Flathead	
	Pacific cod	
	Shotted halibut	
	Brassblotched rockfish	
Ridged-eye flounder		
Venus clam		
Northern sea urchin		
Long shanny		
Barfin flounder	<i>2012/7/12~: Fukushima offshore</i>	
Starspotted smooth-hound	<i>2012/7/26~: Fukushima offshore</i>	
Vermiculated puffer	<i>2012/8/23~: Fukushima offshore</i>	
Meat·Egg	Beef	<i>2011/7/19~: Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>
	Boar meat	<i>2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		<i>2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>
		<i>2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Bear meat	<i>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
<i>2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubango-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>		
Copper pheasant meat	<i>2012/11/13~: Whole area</i>	

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 18 January 2013

Food risk		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Tohoku prefecture	Ibaraki prefecture	Tochigi prefecture	Gunma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Non-head type leafy vegetables, e.g. Spinach, Kale, etc.	Spinach	-	-	-	-	2011/3/21~4/17 Including areas listed on the table below	2011/3/21~4/21 Nasuhikojima-cho, Shiga-machi	2011/3/21~4/8 Whole area	-	2011/4/4~4/22	-	-	-	-	-	
	Kale	-	-	-	-	2011/3/21~4/17 Whole area	2011/3/21~4/21 Whole area	2011/3/21~4/8 Whole area	-	2011/4/4~4/22	-	-	-	-	-	
Parsley	Standard production, drug sprays, etc. (except water surface)	-	-	-	-	2011/3/22~4/17 Whole area	-	-	-	2011/4/4~4/22	-	-	-	-	-	
	Others	-	-	-	-	-	-	-	-	2011/4/4~4/22	-	-	-	-	-	
Wild mushrooms	2012/10/28~ Tamaoka-cho Miyama-cho	2012/10/11~ Miyama-cho Miyama-cho	2012/10/18~ Kakino-cho, Otsu-cho	-	-	-	2012/9/2~ Miyama-cho Miyama-cho	2012/9/28~ Miyama-cho Miyama-cho	2012/10/18~ Miyama-cho	-	-	-	-	-	-	
	2012/10/19~ Miyama-cho	2012/10/7~ Miyama-cho					2012/10/10~ Miyama-cho									
	2012/10/18~ Miyama-cho	2012/10/9~ Miyama-cho					2012/10/10~ Miyama-cho									
	2012/11/7~ Tamaoka-cho	2012/10/18~ Miyama-cho					2012/10/22~ Miyama-cho									
Bamboo shoot	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
Lag green shikake (under cultivation)	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
Lag green shikake (under cultivation)	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-
	-	2012/10/11~ Miyama-cho, Otsu-cho	2012/10/18~ Kakino-cho	-	-	-	2012/10/2~ Miyama-cho Miyama-cho	2012/10/7~ Miyama-cho	-	2012/10/18~ Miyama-cho	-	-	-	-	-	-

			2011/6/1~ Hokkaido Excluding areas which are managed based on alignment and inspection policy set by local prefectures	2011/7/26~ Hokkaido 2011/8/18~: Excluding areas which are managed based on alignment and inspection policy set by local prefectures			2011/8/2~ Hokkaido 2011/8/29~: Excluding areas which are managed based on alignment and inspection policy set by local prefectures											
Meat	Deer meat			2011/6/28~ Kubota-shi, Nemuro-shi 2011/9/28~ Hokkaido (excluding area above)		2011/12/2~ Hokkaido 2011/12/21~: Excluding deer meat which are managed based on alignment and inspection policy set by local prefectures	2011/12/2~ Hokkaido 2011/12/21~: Excluding deer meat which are managed based on alignment and inspection policy set by local prefectures	2012/10/10~ Hokkaido		2012/11/2~ Hokkaido 2012/12/18~: Excluding deer meat which are managed based on alignment and inspection policy set by local prefectures								
	Deer meat		2012/6/19~ Hokkaido	2012/6/25~ Hokkaido	2012/3/19~ Hokkaido			2012/9/19~ Hokkaido				2012/11/2~ Hokkaido (excluding Hokkaido and Aomori prefectures)						
	Deer meat		2012/7/28~ Hokkaido				2011/12/2~ Hokkaido	2012/11/11~ Hokkaido										
	Copper pheasant meat		2012/10/23~ Hokkaido															
Others	Tea leaf					2011/6/2~ Excluding areas listed on the table below	2011/6/2~ Furukawa-shi, Oshima-shi	2011/6/28~ Shikama-shi		2011/6/2~ Hokkaido	2011/6/2~9/28 Moriyama-shi							
		2012/6/2~10/9 Kariya-shi, Joze-shi, Bando-shi, Tachibana-shi, Sakai-machi									2011/6/2~9/7 Oomahara-machi	2011/6/23~11/12 Matsuda-machi, Yamakita-machi						
		2011/6/2~2012/4/9 Daigo-machi									2011/7/4~2012/5/21 Katsuragi-shi	2011/6/2~10/16 Akawa-machi, Kyokawa-machi						
		2011/6/2~2012/5/23 Hakodate-shi, Maunomai-shi									2011/6/2~2012/5/29 Yakushima-shi	2011/6/23~10/28 Sagamihara-shi						
		2011/6/2~2012/5/30 Sakurai-shi, Naka-shi, Shimada-machi, Ogi-shi, Ogi-machi, Ogi-machi	2011/7/8~2012/6/1 Tachibana-shi					2011/6/20~2012/5/28 Kariya-shi				2011/6/21~10/28 Naka-machi						
		2011/6/2~2012/11/24 Mito-shi										2011/6/2~11/7 Ogi-machi						
		2011/6/2~2012/5/30 Tachibana-shi										2011/6/2~2012/5/28 Miyama-machi	2011/6/2~2012/10/18 Yagasaki-machi					
		2011/6/2~2012/10/9 Bando-machi																
		2011/6/2~2012/10/11 Sakurai-shi																

* Instructions still imposed are expressed in bold type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 18 January 2013

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Head type leafy vegetables, e.g. Cabbage	2011/3/23~ <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		Flowerhead brassicas, e.g. Broccoli, Cauliflower
	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharumachi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura		
2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	2011/4/13~ <i>Iitate-mura</i>	
Wild mushroom	2011/9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	2011/9/15~ <i>Iwaki-shi, Tanagura-machi</i>	
	2011/9/20~ <i>Minamisoma-shi</i>	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Land-locked salmon (excluding farmed fish)	2012/3/29~ <i>Niida river (including its branches)</i>
Meat	Boar meat	2011/11/9~ <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

* Instructions still imposed are expressed in italic type.