

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in Fukushima Prefecture)

As of 29 Mar 2012

		Restriction of distribution Fukushima prefecture	
		whole area	Individual areas
raw milk		2011/3/21~ (excluding areas listed on the right cells)	2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi
			2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
			2011/3/21~4/21 Soma-shi, Shinchi-machi
			2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
			2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Hirano-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
non-head type leafy vegetables, e.g. spinach, komatsunna	spinach, kakina	2011/3/21~ (excluding areas listed on the right cells)	2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiohara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
			2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
	all the other	2011/3/23~ (excluding areas listed on the right cells)	2011/3/23~11/4 Hirano-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
			2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
head type leafy vegetables, e.g. cabbage	2011/3/23~ (excluding areas listed on the right cells)	2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiohara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura	
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
		2011/3/23~10/28 Hirano-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
flowerhead brassicas, e.g. broccoli, cauliflower	2011/3/23~ (excluding areas listed on the right cells)	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
		2011/3/23~5/4 Iwaki-shi	
		2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
		2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiohara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
		2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
Vegetable turnip	2011/3/23~ (excluding areas listed on the right cells)	2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura	
		2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiohara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
		2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)	
		2011/3/23~11/4 Hirano-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
		2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiohara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi	
log-grown shiitake (grown outdoor)	-	2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirano-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
			2011/4/18~: Fukushima-shi
			2011/4/13~4/25 Iwaki-shi
			2011/4/25~: Motomiya-shi
			2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
log-grown shiitake (hothouse cultivation)	-	2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
			2011/10/18~: Nihonmatsu-shi
			2011/7/19~: Date-shi
			2011/7/22~: Shinchi-machi
			2011/7/19~9/7 Motomiya-shi
log-grown pholiota nameko	-	2011/11/14~: Kawamata-machi	
			2011/10/31~: Soma-shi, Iwaki-shi

			<p>2011/9/6~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</p> <p>2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinci-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p>2011/10/18~: Kitakata-shi</p>
wild mushroom	-		
			<p>2011/5/9~: Date-shi, Soma-shi, Miharu-machi</p> <p>2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</p> <p>2011/5/9~5/30 Hirata-mura</p> <p>2011/5/9~6/8 Iwaki-shi</p> <p>2011/5/9~6/21 Tenei-mura</p> <p>2011/5/13~6/21 Kunimi-machi</p>
bamboo shoot	-		
			<p>2011/5/9~: Fukushima-shi, Kori-machi</p> <p>2011/6/2~: Fukushima-shi, Date-shi, Kori-machi</p> <p>2011/6/8~: Soma-shi, Minamisoma-shi</p> <p>2011/8/29~: Fukushima-shi, Minamisoma-shi</p> <p>2011/10/14~: Date-shi, Kori-machi</p> <p>2012/1/10~: Iwaki-shi</p> <p>2011/9/20~: Date-shi, Minamisoma-shi</p> <p>2011/12/9~: Soma-shi, Minamisoma-shi</p>
ostrich fern	-		
ume	-		
			<p>2011/6/8~: Soma-shi, Minamisoma-shi</p> <p>2011/8/29~: Fukushima-shi, Minamisoma-shi</p> <p>2011/10/14~: Date-shi, Kori-machi</p> <p>2012/1/10~: Iwaki-shi</p> <p>2011/9/20~: Date-shi, Minamisoma-shi</p> <p>2011/12/9~: Soma-shi, Minamisoma-shi</p>
yuzu	-		
chestnut	-		
kiwi fruit	-		
			<p>2011/11/17~: Fukushima-shi (limiting former Oguni-mura area)</p> <p>2011/11/29~: Date-shi (limiting former Oguni-mura and former Tsukidate-machi area)</p> <p>2011/12/5~: Fukushima-shi (limiting former Fukushima-shi area)</p> <p>2011/12/8~: Nihonmatsu-shi (limiting former Shibukawa-mura area)</p> <p>2011/12/9~: Date-shi (limiting former Hashirazawa-mura and former Tominari-mura area)</p> <p>2011/12/19~: Date-shi (limiting former Kakeda-machi area)</p> <p>2012/1/4~: Date-shi (limiting former Sekimoto-mura area)</p>
Grain	Rice (produced in 2011)	-	
			<p>2011/11/17~: Fukushima-shi (limiting former Oguni-mura area)</p> <p>2011/11/29~: Date-shi (limiting former Oguni-mura and former Tsukidate-machi area)</p> <p>2011/12/5~: Fukushima-shi (limiting former Fukushima-shi area)</p> <p>2011/12/8~: Nihonmatsu-shi (limiting former Shibukawa-mura area)</p> <p>2011/12/9~: Date-shi (limiting former Hashirazawa-mura and former Tominari-mura area)</p> <p>2011/12/19~: Date-shi (limiting former Kakeda-machi area)</p> <p>2012/1/4~: Date-shi (limiting former Sekimoto-mura area)</p>
	sand lance (juvenile)	2011/4/20~	
	Land-locked salmon (excluding farmed fish)	-	<p>2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Su River), Abukuma River (including its branches but limiting inside Fukushima prefecture)</p> <p>2011/6/17~: Mano River (including its branches)</p> <p>2012/3/29~: Niida river (including its branches) and Ota river (including its branches)</p>
Fishery product	japanese dace	-	<p>2011/6/17~: Mano River (including its branches)</p> <p>2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)</p> <p>2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Su River)</p>
	ayu (excluding farmed fish)	-	<p>2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)</p>
	beef	2011/7/19~ (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	
meat+egg	boar meat	-	<p>2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinci-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p>2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</p> <p>2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p>
	bear meat	-	<p>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p>

\* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 29 Mar 2012

			Restriction of distribution													
			Ibaraki prefecture		Tochigi prefecture		Gunma prefecture		Chiba prefecture		Kanagawa prefecture		Miyagi prefecture		Iwate prefecture	
			whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas	whole area	individual areas
raw milk			2011/3/23~4/10	-	-	-	-	-	-	-	-	-	-	-	-	
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	2011/3/21~4/17 (excluding areas listed on the right cells)	2011/3/21~6/1 Kitabaraki-shi, Takahagi-shi	2011/3/21~4/27	2011/3/21~4/21 Nasushiobara-shi, Shioya-machi	2011/3/21~4/8	-	-	2011/4/4~4/22 Asahi-shi, Katori-shi, Tako-machi	-	-	-	-		
		kakina	2011/3/21~4/17	-	2011/3/21~4/14	-	2011/3/21~4/8	-	-	-	-	-	-	-		
		garland chrysanthemum, qing-geng-cai, sanchu asian lettuce	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-		
	parsley	2011/3/23~4/17	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-			
	celery	-	-	-	-	-	-	-	2011/4/4~4/22 Asahi-shi	-	-	-	-			
	log-grown shiitake (outdoor cultivation)	-	2011/10/14~ Tsuchiura-shi, Nemagata-shi, Hokota-shi, Omitama-shi	-	2012/2/15~ Nasushiobara-shi, Yaiba-shi	-	-	-	2011/10/11~ Abiko-shi, Kimitsu-shi	-	-	2012/1/16~ Shiroishi-shi, Kakuda-shi	-			
		2011/11/10~ Ibaraki-machi, Ami-machi						2011/11/18~ Nagayama-shi			2012/3/8~ Marumori-machi					
								2011/12/22~ Sakura-shi			2012/3/15~ Zao-machi					
log-grown shiitake (hothouse cultivation)	-	2011/10/14~ Tsuchiura-shi, Hokota-shi	-	2012/2/15~ Nasushiobara-shi, Yaiba-shi	-	-	-	-	-	-	-	-				
log-grown brick cap (outdoor)	-	-	-	2011/11/7~ Kanuma-shi, Yaiba-shi	-	-	-	-	-	-	-	-				
				2011/11/8~ Otawara-shi, Nasushiobara-shi												
				2011/11/14~ Ashikaga-shi, Sano-shi, Moka-shi, Sakura-shi, Nasukarasuyama-shi, Kaminokawa-machi, Mogi-machi, Ishiai-machi, Haga-machi, Takanozawa-machi												
log-grown pholiota nameko	-	-	-	2011/11/14~ Nasushiobara-shi, Niko-shi	-	-	-	-	-	-	-	-				
meat	beef	-	-	2011/8/2~ (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture)	-	-	-	-	-	-	2011/7/28~ (2011/8/19~: Excluding cattle which are managed based on shipment and inspection policy set by Miyagi prefecture)	-	2011/8/1~ (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture)			
	boar meat	2011/12/2~ (2011/12/21~: Excluding boar meat which are managed based on shipment and inspection policy set by Ibaraki prefecture)	-	2011/12/2~ (2011/12/5~: Excluding boar meat which are managed based on shipment and inspection policy set by Tochigi prefecture)	-	-	-	-	-	-	-	-				
	deer meat	-	-	2011/12/2~	-	-	-	-	-	-	-	-				
others	tea leaf	2011/8/2~ (excluding areas listed on the right cell)	6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Yachiyo-shi, Sakai-machi	2011/8/2~ Kanuma-shi, Otawara-shi	6/30~ Shibukawa-shi, Kiryu-shi	-	-	2011/6/2~ Noda-shi, Narita-shi, Yachimata-shi, Tomisato-shi, Sannu-shi	2011/6/2~ Yugawara-machi	-	-	-	-			
				2011/7/8~ Tochigi-shi				2011/7/4~ Katsuragi-shi	2011/6/2~8/29 Minamishigara-shi	2011/6/23~9/12 Matsuda-machi, Yamakita-machi	2011/6/2~10/14 Aikawa-machi, Kyokawamura	2011/6/23~10/26 Sagamihara-shi	2011/6/27~10/26 Nakai-machi	2011/6/2~11/1 Odawara-shi	2011/6/2~11/10 Manazuru-machi	

\* Instructions still imposed are expressed in italic type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters  
(Restriction of consumption in Fukushima Prefecture)

As of 29 Mar 2012

		Restriction of consumption	
		Fukushima prefecture	
		whole area	individual areas
vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	<i>2011/3/23~ (excluding areas listed on the right cell)</i>	2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
			2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
			2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
			2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	head type leafy vegetables, e.g. cabbage	<i>2011/3/23~ (excluding areas listed on the right cell)</i>	2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
			2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
			2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
			2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
			2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	flowerhead brassicas, e.g. broccoli, cauliflower	<i>2011/3/23~ (excluding areas listed on the right cell)</i>	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
			2011/3/23~5/4 Iwaki-shi
2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi			
2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi			
2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura			
2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)			
log-grown shiitake (grown outdoor)	-	2011/4/13~ Iitate-mura 2011/9/6~	
wild mushroom	-	<i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i> 2011/9/15~ Iwaki-shi, Tanagura-machi 2011/9/20~ Minamisoma-shi	
fishery product	sand lance (juvenile)	2011/4/20~	-
	Land-locked salmon (excluding farmed fish)	-	2012/3/29 Niida river (including its branches) 2011/11/9~
meat	boar meat	-	<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i> 2011/11/25~ <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

\* Instructions still imposed are expressed in italic type.