

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters

as of 17 April 2011

			Restriction of distribution							Restriction of consumption		
			Fukushima		Ibaraki		Tochigi	Gunma	Chiba		Fukushima	
			Whole area	Individual areas	Whole area	Individual areas	Whole area	Whole area	Whole area	Individual areas	Whole area	Individual areas
raw milk			3/21~	3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi		3/23~ 4/10	—	—	—	—	—	
Vegetable	non-head type leafy vegetables, e.g. spinach, komatsuna	spinach	3/21~	3/21~4/17	3/21~ Kitaibaraki-shi, Takahagi-shi	3/21~	3/21~ 4/8	—	4/4~ Asahi-shi, Katori-shi, Tako-machi	3/23~		
		kakina	3/21~	3/21~4/17		3/21~ 4/14	3/21~ 4/8	—		3/23~		
		garland chrysanthemum (shungiku)	3/23~	—	—	—	—	—	4/4~ Asahi-shi	3/23~		
		qing-geng-cai	3/23~	—	—	—	—	—	4/4~ Asahi-shi	3/23~		
		sanchu asian lettuce	3/23~	—	—	—	—	—	4/4~ Asahi-shi	3/23~		
		all the other	3/23~	—	—	—	—	—	—	3/23~		
	head type leafy vegetables, e.g. cabbage	3/23~	—	—	—	—	—	—	3/23~			
	flowerhead brassicas, e.g. broccoli, cauliflower	3/23~	—	—	—	—	—	—	3/23~			
	turnip	3/23~	—	—	—	—	—	—	—			
	parsley	—	—	3/23~4/17	—	—	—	—	4/4~ Asahi-shi	—		
celery	—	—	—	—	—	—	—	4/4~ Asahi-shi	—			
genboku shiitake (grown outdoor)	—	4/13~ Shinchi-machi, Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namiie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi, Kawauchi-mura, Iwaki-shi	—	—	—	—	—	—	4/13~ Iitate-mura			