

Press Release (This is provisional translation. Please refer to the original text written in Japanese.)

March 18, 2026
Food Inspection and Safety Division,
Public Health Bureau

To Press and those who may concern,

Lifting of restriction of distribution of foods based on the Act on Special Measures Concerning Nuclear Emergency Preparedness, direction of Director-General of the Nuclear Emergency Response Headquarters.

Today, the Nuclear Emergency Response Headquarters has lifted the restriction on distribution or consumption of the following foods.

- (1) Wild *grifola frondosa* (Maitakes) picked in Fukushima prefecture (limited to areas currently restricted)
- (2) Bamboo shoots produced in Rikuzentakata-city (limited to former Yahagi-village and former Yokota-village)
- (3) Bamboo shoots produced in Nikko-city (limited to areas under control based on the management policy set by Tochigi prefecture)

1. With regard to Fukushima prefecture, the restriction on distribution of wild *grifola frondosa* (Maitakes) picked in Fukushima prefecture (limited to areas currently restricted; Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Koriyama-city, Sukagawa-city, Tamura-city, Shirakawa-city, Kitakata-city, Soma-city, Minamisoma-city, Iwaki-city, Kori-town, Kunimi-town, Kawamata-town, Kagamiishi-town, Ishikawa-town, Asakawa-town, Furudono-town, Miharu-town, Ono-town, Yabuki-town, Tanagura-town, Yamatsuri-town, Hanawa-town, Bandai-town, Inawashiro-town, Aizubange-town, Hirono-town, Naraha-town, Tomioka-town, Okuma-town, Futaba-town, Namie-town, Shinchi-town, Otama-village, Tenei-village, Tamakawa-village, Hirata-village, Nishigo-village, Izumizaki-village, Nakajima-village, Samekawa-village, Kitashiobara-village, Kawauchi-village, Katsurao-village, Iitate-village, Aizuwakamatsu-city, Shimogo-town and Aizumisato-town) has been lifted today. The restriction on consumption of those picked in Minamisoma-city, Iwaki-city and Tanagura-town also has been lifted today.

- (1) The instructions by the Nuclear Emergency Response Headquarters: Attachment 1
- (2) The application from Fukushima prefecture: Attachment 2 [omitted]

2. With regard to Iwate prefecture, the restriction on distribution of bamboo shoots produced in Rikuzentakata-city (limited to former Yahagi-village and former Yokota-village) has been lifted today.

- (1) The instructions by the Nuclear Emergency Response Headquarters: Attachment 3
- (2) The application from Iwate prefecture: Attachment 4 [omitted]

3. With regard to Tochigi prefecture, the restriction on distribution of bamboo shoots produced in Nikko-city (limited to areas under control based on the management policy set by Tochigi prefecture) has been lifted today.
 - (1) The instructions by the Nuclear Emergency Response Headquarters: Attachment 5
 - (2) The application from Tochigi prefecture: Attachment 6 [omitted]

4. The list of the restrictions on distributions and/or consumptions of food in accordance with the Act on Special Measures Concerning Nuclear Emergency Preparedness: Reference [omitted]

Instruction

March 18, 2026

From Director-General of the Nuclear Emergency Response Headquarters
To Governor of Fukushima Prefecture,

The Instruction to the Prefecture on October 3, 2025 based on the Article 20.2 of the Act on Special Measures Concerning Nuclear Emergency Preparedness (Act No. 156, 1999) shall be changed as follows.

1. Restrictive requirements shall apply to heads of relevant municipalities, food business operators concerned and residents not to consume and distribute any non-head type leafy vegetable produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012), Tomioka-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on March 9, 2018)), Okuma-town (limiting to “Restricted area” designated by the Instruction on November 30, 2012 (excluding "Specific Reconstruction Reproduction Base Area" designated on November 10, 2017)), Futaba-town (limiting to “Restricted area” designated by the Instruction on May 7, 2013 (excluding “Specific Reconstruction Reproduction Base Area” designated on September 15, 2017)), Namie-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on December 22, 2017)), Katsurao-village (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on May 11, 2018)) and Iitate-village (limiting to “Restricted area” designated by the Instruction on June 15, 2012), for the time being.
2. Restrictive requirements shall apply to heads of relevant municipalities, food business operators concerned and residents not to consume and distribute any head type leafy vegetable produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012), Tomioka-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on March 9, 2018)), Okuma-town (limiting to “Restricted area” designated by the Instruction on November 30, 2012 (excluding "Specific Reconstruction Reproduction Base Area" designated on November 10, 2017)), Futaba-town (limiting to “Restricted area” designated by the Instruction on May 7, 2013 (excluding “Specific Reconstruction Reproduction Base Area” designated on September 15, 2017)), Namie-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on December 22, 2017)), Katsurao-village (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on May 11, 2018)) and Iitate-village (limiting to “Restricted area” designated by the Instruction on June 15, 2012), for the time being.
3. Restrictive requirements shall apply to heads of relevant municipalities, food business operators concerned and residents not to consume and distribute any flowerhead brassica produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012), Tomioka-town, (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on March 9, 2018)) Okuma-town (limiting to “Restricted area” designated by the Instruction on November 30, 2012 (excluding "Specific Reconstruction Reproduction Base Area" designated on November 10, 2017)), Futaba-town (limiting to “Restricted area” designated by the Instruction on May 7, 2013 (excluding

“Specific Reconstruction Reproduction Base Area” designated on September 15, 2017)), Namie-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on December 22, 2017)), Katsurao-village (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on May 11, 2018)) and Iitate-village (limiting to “Restricted area” designated by the Instruction on June 15, 2012), for the time being.

4. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any turnip produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012), Tomioka-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on March 9, 2018)), Okuma-town (limiting to “Restricted area” designated by the Instruction on November 30, 2012 (excluding "Specific Reconstruction Reproduction Base Area" designated on November 10, 2017)), Futaba-town (limiting to “Restricted area” designated by the Instruction on May 7, 2013 (excluding “Specific Reconstruction Reproduction Base Area” designated on September 15, 2017)), Namie-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on December 22, 2017)), Katsurao-village (limiting to “Restricted area” designated by the Instruction on March 7, 2013 (excluding "Specific Reconstruction Reproduction Base Area" designated on May 11, 2018)) and Iitate-village (limiting to “Restricted area” designated by the Instruction on June 15, 2012), for the time being.
5. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Japanese apricot (Ume) produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30 2012) for the time being.
6. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Yuzu produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012) for the time being.
7. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any chestnut produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012) for the time being.
8. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any kiwi fruit produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30 2012) for the time being.
9. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Fukushima-city (limiting to former Fukushima-city and former Oguni-village area), Nihonmatsu-city (limiting to former Shibukawa-village area) and Date-city (limiting to former Sekimoto-village, former Hashirazawa-village, former Tominari-village, former Kakeda-town, former Oguni-village and former Tsukidate-town area) in 2011, for the time being.
10. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in areas subjected to restriction of distribution in advance in 2012 (including Koriyama-city (limiting to former Fukuyama-town), Sukagawa-city (limiting to former Nishifukuro-village), Miharu-town (limiting to former Sawaishi-village), Otama-village (limiting to former Tamanoi-village), Fukushima-city (limiting to former Mizuhara-village and Tatsugoyama-village), Iwaki-city (limiting to former Yamada-village) and Kawamata-town (limiting to former Iizaka-village), for the time being; provided, however, that these shall not apply to rice produced in 2012, which is controlled under the management policy set by Fukushima prefecture.

11. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in areas preparing for resumption of rice farming and areas where all rice farming and shipment are managed by local governments in 2013; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
12. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Minamisoma-city (limiting to areas except “Restricted area” designated by the Instruction on March 30 2012), Kawamata-town (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on August 7 2013), Naraha-town, Tomioka-town (limiting to areas except “Restricted area” designated by the Instruction on March 7 2013), Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30 2012), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7 2013), Namie-town (limiting to areas except “Restricted area” designated by the Instruction on March 7 2013), Kawauchi-village (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on March 30 2012), Katsurao-village (limiting to areas except “Restricted area” designated by the Instruction on March 7 2013) and Iitate-village (limiting to areas except “Restricted area” designated by the Instruction on June 15 2012) in 2014; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
13. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Minamisoma-city (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on March 30, 2012), Kawamata-town (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on August 7, 2013), Naraha-town, Tomioka-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013), Namie-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Kawauchi-village (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on March 30, 2012), Katsurao-village (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013) and Iitate-village (limiting to areas except “Restricted area” designated by the Instruction on June 15, 2012) in 2015; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
14. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Minamisoma-city (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on March 30, 2012), Kawamata-town (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on August 7, 2013), Naraha-town, Tomioka-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013), Namie-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Kawauchi-village (limiting to “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on September 12, 2014), Katsurao-village (limiting to areas except “Restricted

area” designated by the Instruction on March 7, 2013) and Iitate-village (limiting to areas except “Restricted area” designated by the Instruction on June 15, 2012) in 2016; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.

15. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Minamisoma-city (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on March 30, 2012), Kawamata-town (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on August 7, 2013), Tomioka-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013), Namie-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Kawauchi-village (limiting to “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on September 12, 2014), Katsurao-village (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013) and Iitate-village (limiting to areas except “Restricted area” designated by the Instruction on June 15, 2012) in 2017; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
16. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Kawamata-town (limiting to “Areas in which the residents are not permitted to live” and “Areas to which evacuation orders are ready to be lifted” designated by the Instruction on August 7, 2013), Tomioka-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013), Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013), Namie-town (limiting to areas except “Restricted area” designated by the Instruction on March 7, 2013) in 2018; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
17. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012) and Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013) in 2019; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
18. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012(excluding areas such restriction on access was eased on March 5,2020)) and Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013) in 2020; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
19. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012 (excludes “the specified reconstruction and revitalization base area” certified on November 10, 2017)), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013 (excludes “the specified reconstruction and revitalization base area” certified on September 15, 2017)), Katsurao-village

(limiting to “the specified reconstruction and revitalization base area” certified on May 11, 2018) in 2021; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.

20. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Tomioka-town (limiting to “the specified reconstruction and revitalization base area” certified on March 9, 2018), Okuma-town (limiting to areas except “Restricted area” designated by the Instruction on November 30, 2012 (excludes “the specified reconstruction and revitalization base area” certified on November 10, 2017)), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013 (excludes “the specified reconstruction and revitalization base area” certified on September 15, 2017)), Namie-town (limiting to “the specified reconstruction and revitalization base area” certified on December 22, 2017), Katsurao-village (limiting to “the specified reconstruction and revitalization base area” certified on May 11, 2018), Iitate-village (limiting to “the specified reconstruction and revitalization base area” certified on April 20, 2018) in 2022; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
21. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Tomioka-town (limiting to “the specified reconstruction and revitalization base area” certified on March 9, 2018), Okuma-town (limiting to "zone in preparation for the lifting of the evacuation order" designated by the Instruction on November 30, 2012 and “the specified reconstruction and revitalization base area” certified on November 10, 2017), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013 (excludes “the specified reconstruction and revitalization base area” certified on September 15, 2017)), Namie-town (limiting to “the specified reconstruction and revitalization base area” certified on December 22, 2017), Katsurao-village (limiting to “the specified reconstruction and revitalization base area” certified on May 11, 2018), Iitate-village (limiting to “the specified reconstruction and revitalization base area” certified on April 20, 2018) in 2023; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
22. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Tomioka-town (limiting to “the specified reconstruction and revitalization base area” certified on March 9, 2018), Okuma-town (limiting to "zone in preparation for the lifting of the evacuation order" designated by the Instruction on November 30, 2012 and “the specified reconstruction and revitalization base area” certified on November 10, 2017), Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013 (excludes “the specified reconstruction and revitalization base area” certified on September 15, 2017)), Namie-town (limiting to “the specified reconstruction and revitalization base area” certified on December 22, 2017), Katsurao-village (limiting to “the specified reconstruction and revitalization base area” certified on May 11, 2018), and Iitate-village (limiting to “the specified reconstruction and revitalization base area” certified on April 20, 2018) in 2024; provided, however, that these shall not apply to rice which is controlled under the management policy set by Fukushima prefecture.
23. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any rice produced in Futaba-town (limiting to areas except “Restricted area” designated by the Instruction on May 7, 2013 (excludes “the specified reconstruction and revitalization base area” certified on September 15, 2017)), Namie-town (limiting to “the specified reconstruction and revitalization base area” certified on December 22, 2017 (limiting to Murohara-area, Tsushima-area and Suemori-area)) and Iitate-village (limiting to “the specified reconstruction and revitalization base area” certified on April 20, 2018) in 2025; provided, however, that these shall

not apply to rice which is controlled under the management policy set by Fukushima prefecture.

24. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any raw milk produced in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012), Tomioka-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013), Okuma-town, Futaba-town, Namie-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013), Katsurao-village (limiting to “Restricted area” designated by the Instruction on March 7, 2013) and Iitate-village (limiting to “Restricted area” designated by the Instruction on June 15, 2012) for the time being.
25. Restrictive requirements shall apply to heads of relevant municipalities, food business operators concerned and residents not to consume any log-grown Shiitake (outdoor cultivation) produced in Iitate-village for the time being.
26. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown Shiitake (outdoor cultivation) produced in Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Minamisoma-city, Tamura-city (limiting to area within 20 km radius from the TEPCO’s Fukushima Daiichi Nuclear Power Plant), Kawamata-town, Namie-town, Futaba-town, Okuma-town, Tomioka-town, Naraha-town, Hirono-town, Iitate-village, Katsurao-village and Kawauchi-village (limiting to area within 20 km radius from the TEPCO’s Fukushima Daiichi Nuclear Power Plant) for the time being.
27. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown Shiitake (outdoor cultivation) produced in Soma-city for the time being; provided, however, that these shall not apply to log-grown Shiitakes which are controlled under the management policy set by Fukushima prefecture.
28. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown Shiitake (indoor cultivation) produced in Date-city for the time being; provided, however, that these shall not apply to log-grown Shiitakes which are controlled under the management policy set by Fukushima prefecture.
29. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown Shiitake (indoor cultivation) produced in Kawamata-town for the time being.
30. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown pholiota nameko (outdoor cultivation) produced in Soma-city and Iwaki-city for the time being.
31. Restrictive requirements shall apply to heads of relevant municipalities, food business operators concerned and residents not to consume any wild mushroom picked in Minamisoma-city, Iwaki-city and Tanagura-town for the time being, however, these shall not apply to wild mushrooms limiting to Matsutakes, pholiota nameko, honey mushroom, late fall oyster mushroom, brick cap mushroom and maitakes which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
32. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Koriyama-city, Sukagawa-city, Tamura-city, Shirakawa-city, Kitakata-city, Soma-city, Minamisoma-city, Iwaki-city, Kori-town, Kunimi-town, Kawamata-town, Kagamiishi-town, Ishikawa-town, Asakawa-town, Furudono-town, Miharu-town, Ono-town, Yabuki-town, Tanagura-town, Yamatsuri-town, Hanawa-town, Bandai-town, Inawashiro-town, Aizubange-town, Hirono-town, Naraha-town, Tomioka-town, Okuma-town, Futaba-town, Namie-town, Shinchi-town, Otama-village, Tenei-village, Tamakawa-village, Hirata-village, Nishigo-village, Izumizaki-village, Nakajima-village, Samekawa-village, Kitashiobara-village, Kawauchi-village, Katsurao-village and Iitate-village for the time being, however, these shall not apply to wild mushrooms limiting to

Matsutakes, pholiota nameko, honey mushroom, late fall oyster mushroom, brick cap mushroom and maitakes which are controlled under the policy for shipment and inspection set by Fukushima prefecture.

33. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Aizuwakamatsu-city for the time being, however, these shall not apply to late fall oyster mushrooms, brick cap mushrooms and wild mushrooms limiting to Matsutakes, pholiota nameko, honey mushroom and maitakes which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
34. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Shimogo-town for the time being, however, these shall not apply to late fall oyster mushrooms and wild mushrooms limiting to Matsutakes, pholiota nameko, honey mushroom, brick cap mushroom and maitakes which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
35. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Nishiaizu-town for the time being, however, these shall not apply to grifola frondosa (Maitakes), pholiota nameko, late fall oyster mushrooms, brick cap mushrooms and wild mushrooms limiting to Matsutakes and honey mushroom which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
36. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Aizumisato-town for the time being, however, these shall not apply to pholiota nameko, late fall oyster mushrooms and wild mushrooms limiting to Matsutakes, honey mushroom, brick cap mushroom and maitakes which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
37. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Tadami-town for the time being, however, these shall not apply to honey mushrooms, Bunaharitakes, pholiota nameko, late fall oyster mushrooms, brick cap mushrooms, grifola frondosa (Maitakes) and Matsutakes (wild mushrooms)
38. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Yanaizu-town and Mishima town for the time being, however, these shall not apply to grifola frondosa (Maitakes) and wild mushrooms limiting to Matsutakes, pholiota nameko, honey mushroom, late fall oyster mushroom and brick cap mushroom which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
39. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Showa-village for the time being, however, these shall not apply to late fall oyster mushrooms (Mukitakes), grifola frondosa (Maitakes), brick cap mushrooms, pholiota nameko and wild mushrooms limiting to Matsutakes and honey mushroom which are controlled under the policy for shipment and inspection set by Fukushima prefecture.
40. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any bamboo shoot produced in Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Koriyama-city, Sukagawa-city, Tamura-city, Shirakawa-city, Soma-city, Minamisoma-city, Iwaki-city, Kori-town, Kawamata-town, Miharu-town, Hirono-town, Naraha-town, Shinchi-town, Otama-village, Tenei-village, Nishigo-village, Kawauchi-village and Katsurao-village for the time being.
41. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Wasabi (field cultivation) produced in Date-city, however these shall not apply to Wasabi which are controlled under the management policy set by Fukushima prefecture.
42. Restrictive requirements shall apply to heads of relevant municipalities and food business operators

- concerned not to distribute any Wasabi (field cultivation) produced in Kawamata-town (limiting to Yamakiya area), for the time being.
43. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild *Aralia cordata* picked in Sukagawa-city, Soma-city, Hirono-town, Naraha-town and Katsurao-village for the time being.
 44. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Uwabamisou picked in Kunimi-town for the time being.
 45. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any ostrich fern produced in Date-city, Koriyama-city, Soma-city, Kori-town, Kunimi-town, Kawamata-town, Miharu-town, Hirono-town, Naraha-town and Katsurao-village for the time being.
 46. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild ostrich fern picked in Fukushima-city, Nihonmatsu-city, Minamisoma-city and Otama-village for the time being.
 47. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Koshiabura produced in Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Koriyama-city, Sukagawa-city, Tamura-city, Shirakawa-city, Aizuwakamatsu-city, Kitakata-city, Soma-city, Minamisoma-city, Iwaki-city, Kori-town, Kunimi-town, Kawamata-town, Kagamiishi-town, Ishikawa-town, Asakawa-town, Furudono-town, Miharu-town, Ono-town, Yabuki-town, Tanagura-town, Yamatsuri-town, Hanawa-town, Bandai-town, Inawashiro-town, Aizubange-town, Yanaizu-town, Mishima-town, Kanayama-town, Aizumisato-town, Shimogo-town, Minamiaizu-town, Hirono-town, Shinchi-town, Otama-village, Tenei-village, Tamakawa-village, Hirata-village, Nishigo-village, Izumizaki-village, Nakajima-village, Samegawa-village, Kitashiobara-village, Showa-village, Kawauchi-village and Katsurao-village for the time being.
 48. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Koshiabura picked in Nishiaizu-town and Tadami-town for the time being.
 49. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Japanese royal fern produced in Nihonmatsu-city, Koriyama-city, Sukagawa-city, Tamura-city, Soma-city, Minamisoma-city, Iwaki-city, Kawamata-town, Naraha-town, Kawauchi-village and Katsurao-village for the time being.
 50. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Japanese royal fern picked in Hirono-town and Otama-village for the time being.
 51. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild *Aralia* sprout picked in Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Koriyama-city, Sukagawa-city, Tamura-city, Shirakawa-city, Soma-city, Minamisoma-city, Iwaki-city, Kori-town, Kawamata-town, Kagamiishi-town, Furudono-town, Hanawa-town, Inawashiro-town, Hirono-town, Shinchi-town, Otama-village, Kitashiobara-village, Nishigo-village, Izumizaki-village, Samegawa-village, Kawauchi-village and Katsurao-village for the time being.
 52. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any giant butterbur produced in Katsurao-village for the time being.
 53. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild giant butterbur picked in Naraha-town for the time being.
 54. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Japanese butterbur scape picked in Fukushima-city, Date-city, Motomiya-city, Soma-city, Minamisoma-city, Kori-town, Kunimi-town, Hirono-town, Naraha-

town and Katsurao-village for the time being.

55. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any *Pteridium aquilinum* produced in Minamisoma-city, Kawamata-town, Naraha-town, Samegawa-village and Katsurao-village for the time being.
56. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild *Pteridium aquilinum* picked in Fukushima-city, Nihonmatsu-city, Iwaki-city, Date-city and Hirono-town for the time being.
57. Restrictive requirements shall apply to food business operators concerned not to distribute any Ayu (excluding farmed fish) captured in Mano River (including its branches) and Niida River (including its branches) in Fukushima prefecture for the time being.
58. Restrictive requirements shall apply to food business operators concerned not to distribute any charrs (Iwana) (excluding farmed fish) captured in Abukuma River in Fukushima prefecture (limiting to lower reaches from Shinobu Dam and including its branches), for the time being.
59. Restrictive requirements shall apply to food business operators concerned not to distribute any Japanese dace captured in Mano River (including its branches), for the time being.
60. Restrictive requirements shall apply to food business operators concerned not to distribute any Crucian carp (excluding farmed fish) captured in Mano River (including its branches), for the time being.
61. Restrictive requirements shall apply to food business operators concerned and residents not to consume any land-locked cherry salmon (excluding farmed fish) captured in Niida River (including its branches) for the time being.
62. Restrictive requirements shall apply to food business operators concerned not to distribute any land-locked cherry salmon (Yamame) (excluding farmed fish) captured in Ota River (including its branches), Niida River (including its branches), Mano River (including its branches) and Abukuma River (including its branches) in Fukushima prefecture, for the time being.
63. Restrictive requirements shall apply to food business operators concerned not to move any Cattle (excluding under 12-month old) to outside of the prefecture nor ship to slaughterhouses for the time being, which is farmed in Minamisoma-city (limiting to “Restricted area” designated by the Instruction on March 30, 2012).
64. Restrictive requirements shall apply to food business operators concerned not to move any Cattle (excluding under 12-month old) to outside of the prefecture nor ship to slaughterhouses for the time being, which is farmed in Tomioka-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013), Okuma-town (limiting to “Restricted area” designated by the Instruction on November 30, 2012), Futaba-town (limiting to “Restricted area” designated by the Instruction on May 7, 2013), Namie-town (limiting to “Restricted area” designated by the Instruction on March 7, 2013), Katsurao-village (limiting to “Restricted area” designated by the Instruction on March 7, 2013) and Iitate-village (limiting to “Restricted area” designated by the Instruction on June 15, 2012). However, in Tomioka-town (limiting to “Specific Reconstruction Reproduction Base Area” designated on March 9, 2018), Okuma-town (limiting to “Specific Reconstruction Reproduction Base Area” designated on November 10, 2017), Futaba-town (limiting to “Specific Reconstruction Reproduction Base Area” designated on September 15, 2017), Namie-town (limiting to “Specific Reconstruction Reproduction Base Area” designated on December 22, 2017), Katsurao-village (limiting to “Specific Reconstruction Reproduction Base Area” designated on May 11, 2018), and Iitate-village (limiting to “Specific Reconstruction Reproduction Base Area” designated on April 20, 2018), that shall not apply to Cattle which are managed based on shipment and inspection policy set by Fukushima prefecture.
65. Restrictive requirements shall apply to heads of relevant municipalities, food business operators concerned and residents not to consume any boar meat obtained after capturing in Fukushima-city,

Nihonmatsu-city, Date-city, Motomiya-city, Soma-city, Minamisoma-city, Kori-town, Kunimi-town, Kawamata-town, Hirono-town, Naraha-town, Tomioka-town, Okuma-town, Futaba-town, Namie-town, Shinchi-town, Otama-village, Kawauchi-village, Katsurao-village and Iitate-village for the time being.

66. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any boar meat obtained after capturing in Fukushima prefecture for the time being.
67. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any spot-billed duck meat obtained after capturing in Fukushima prefecture for the time being.
68. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any green pheasant meat obtained after capturing in Fukushima prefecture for the time being.
69. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any bear meat obtained after capturing in Fukushima-city, Nihonmatsu-city, Date-city, Motomiya-city, Koriyama-city, Sukagawa-city, Tamura-city, Shirakawa-city, Aizuwakamatsu-city, Kitakata-city, Kori-town, Kunimi-town, Kawamata-town, Kagamiishi-town, Ishikawa-town, Asakawa-town, Furudono-town, Miharu-town, Ono-town, Yabuki-town, Tanagura-town, Yamatsuri-town, Hanawa-town, Nishiaizu-town, Bandai-town, Inawashiro-town, Aizubange-town, Yanaizu-town, Mishima-town, Kanayama-town, Aizumisato-town, Shimogo-town, Tadami-town, Minamiaizu-town, Otama-village, Tenei-village, Tamagawa-village, Hirata-village, Nishigo-village, Izumizaki-village, Nakajima-village, Samegawa-village, Kitashiobara-village, Yukawa-village, Showa-village and Hinoemata-village for the time being.
70. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any hare meat obtained after capturing in Fukushima prefecture for the time being.
71. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any copper pheasant meat obtained after capturing in Fukushima prefecture, for the time being.
72. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Sika deer meat obtained after capturing in Fukushima prefecture, for the time being: provided, however, that this shall not apply to Sika deer meat managed based on shipment and inspection policy set by Fukushima prefecture.

Instruction

March 18, 2026

From Director-General of the Nuclear Emergency Response Headquarters
To Governor of Iwate Prefecture,

The Instruction to the Prefecture on April 27, 2023 based on the Article 20.2 of the Act on Special Measures Concerning Nuclear Emergency Preparedness (Act No. 156, 1999) shall be changed as follows.

1. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown shiitake (outdoor cultivation) produced in Ofunato-city, Hanamaki-city, Kitakami-city, Tono-city, Ichinoseki-city, Rikuzentakata-city, Kamaishi-city, Oshu-city, Kanegasaki-town, Hiraizumi-town, Sumita-town, Otsuchi-town and Yamada-town for the time being, provided, however, that these shall not apply to log-grown shiitakes (outdoor cultivation) which are controlled under the management policy set by Iwate prefecture.
2. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown pholiota nameko (outdoor cultivation) produced in Ofunato-city and Ichinoseki-city for the time being, provided, however, that these shall not apply to log-grown pholiota nameko (outdoor cultivation) which are controlled under the management policy set by Iwate prefecture.
3. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown pholiota nameko (outdoor cultivation) produced in Rikuzentakata-city, Oshu-city and Kamaishi-city for the time being.
4. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown brick cap (outdoor cultivation) produced in Ichinoseki-city for the time being, provided, however, that these shall not apply to log-grown brick cap (outdoor cultivation) which are controlled under the management policy set by Iwate prefecture.
5. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown brick cap (outdoor cultivation) produced in Oshu-city for the time being.
6. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Ofunato-city, Tono-city, Ichinoseki-city, Rikuzentakata-city, Kamaishi-city, Oshu-city, Kanegasaki-town, Hiraizumi-town and Sumita-town for the time being.
7. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any bamboo shoot produced in Ichinoseki-city (limiting to former Ichinoseki-city, former Murone-village and former Kawasaki-village) and Oshu-city (limiting to former Maesawa-town and former Koromogawa-village) for the time being.

8. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any koshiabura produced in Morioka-city, Hanamaki-city, Kitakami-city, Tono-city, Ichinoseki-city, Kamaishi-city, Oshu-city and Sumita-town for the time being.
9. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any Japanese royal ferns produced in Ichinoseki-city, Oshu-city and Sumita-town for the time being.
10. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild *Pteridium aquilinum* produced in Rikuzentakata-city, Oshu-city (limiting to former Maesawa-town and former Koromogawa-village) and Hiraizumi-town (excluding former Hiraizumi-town) for the time being.
11. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any bear meat obtained after capturing in Iwate prefecture for the time being.
12. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any sika deer meat obtained after capturing in Iwate prefecture for the time being, provided, however, that these shall not apply to sika deer meat which are managed based on shipment and inspection policy set by Iwate prefecture.
13. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any copper pheasant meat obtained after capturing in Iwate prefecture for the time being.

Instruction

March 18, 2026

From Director-General of the Nuclear Emergency Response Headquarters
To Governor of Tochigi Prefecture,

The Instruction to the Prefecture on August 4, 2025 based on the Article 20.2 of the Act on Special Measures Concerning Nuclear Emergency Preparedness (Act No. 156, 1999) shall be changed as follows.

1. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown shiitake (outdoor cultivation) produced in Utsunomiya-city, Ashikaga-city, Tochigi-city (excluding former Iwafune-town), Kanuma-city, Nikko-city, Moka-city, Ohtawara-city, Yaita-city, Nasushiobara-city, Sakura-city, Mashiko-town, Nasukarasuyama-city, Motegi-town, Ichikai-town, Haga-town, Mibu-town, Takanezawa-town or Nakagawa-town for the time being, provided, however, that these shall not apply to log-grown shiitakes (outdoor cultivation) which are controlled under the management policy set by Tochigi prefecture.
2. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown shiitake (outdoor cultivation) produced in Kaminokawa-town, Shioya-town or Nasu-town for the time being.
3. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown shiitake (indoor cultivation) produced in Kanuma-city, Nikko-city, Ohtawara-city, Yaita-city, Nasushiobara-city, Sakura-city, Haga-town, Mibu-town or Nasu-town for the time being, provided, however, that these shall not apply to log-grown shiitakes (indoor cultivation) which are controlled under the management policy set by Tochigi prefecture.
4. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown pholiota nameko (outdoor cultivation) produced in Sano-city, Kanuma-city, Nikko-city, Ohtawara-city, Yaita-city, Nasushiobara-city, Nasukarasuyama-city, Mibu-town, Nasu-town or Nakagawa-town for the time being.
5. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown brick cap (outdoor cultivation) produced in Utsunomiya-city, Ashikaga-city, Sano-city, Kanuma-city, Moka-city, Ohtawara-city, Yaita-city, Nasushiobara-city, Nasukarasuyama-city, Kaminokawa-town, Motegi-town, Ichikai-town, Haga-town, Mibu-town, Shioya-town or Takanezawa-town for the time being.
6. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any log-grown brick cap (outdoor cultivation) produced in Sakura-city for the time being, however, that shall not apply to log-grown brick cap (outdoor cultivation) which are controlled under the management policy set by Tochigi prefecture.
7. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild mushroom picked in Kanuma-city, Nikko-city, Moka-city,

Ohtawara-city, Yaita-city, Nasushiobara-city, Nasukarasuyama-city, Mashiko-town, Motegi-town, Shioya-town, Nasu-town or Nakagawa-town for the time being.

8. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any bamboo shoot produced in Nikko-city, Ohtawara-city, Yaita-city, Nasushiobara-city or Nasu-town for the time being; provided, however, that this shall not apply to bamboo shoot produced in areas under control based on the management policy set by Tochigi prefecture.
9. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild ostrich fern picked in Ohtawara-city, Nasushiobara-city or Nasu-town for the time being.
10. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild koshiabura picked in Utsunomiya-city, Kanuma-city, Nikko-city, Ohtawara-city, Yaita-city, Nasushiobara-city, Sakura-city, Nasukarasuyama-city, Motegi-town, Ichikai-town, Shioya-town, Takanezawa-town, Nasu-town or Nakagawa-town for the time being.
11. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Japanese pepper produced in Utsunomiya-city, Nikko-city, Ohtawara-city, Nasushiobara-city for the time being.
12. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Japanese royal fern picked in Kanuma-city, Nikko-city or Nasu-town for the time being.
13. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Aralia sprout picked in Utsunomiya-city, Nikko-city, Ohtawara-city, Yaita-city, Nasushiobara-city, Sakura-city, Ichikai-town, Shioya-town or Nasu-town for the time being.
14. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any wild Pteridium aquilinum picked in Utsunomiya-city, Kanuma-city, Nikko-city, Ohtawara-city or Yaita-city for the time being.
15. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any boar meat obtained after capturing in Tochigi prefecture for the time being, provided, however, that these shall not apply to boar meat which are managed based on shipment and inspection policy set by Tochigi prefecture.
16. Restrictive requirements shall apply to heads of relevant municipalities and food business operators concerned not to distribute any sika deer meat obtained after capturing in Tochigi prefecture for the time being.