

Realizing the Delivery of Healthcare and Long- term Services Open to All: The Philippine Experience

**23rd ASEAN & Japan High-Level
Officials Meeting on Caring Societies**

Narita, Japan
28-30 October 2025





12%
**of the total Philippine
population is comprised
of Senior Citizens**

Total Philippine Population
(2024, PSA):

112,729,484

COUNTRY INITIATIVES: **POLICY**

Republic Act No. 11350

An Act Creating The
National Commission Of
Senior Citizens

Republic Act No. 11982

An Act Granting Benefits to
Filipino Octogenarians and
Nonagenarians

Republic Act No. 11916

An Act Increasing The Social
Pension Of Indigent Senior
Citizens To Php1,000.00



Republic Act No. 9994

An Act Granting Additional
Benefits And Privileges To
Senior Citizens

Republic Act No. 10868

An Act Honoring and
Granting Additional
Benefits and Privileges to
Filipino Centenarians

**Basic Income Security for
Older Persons under the
Philippine Social Protection
Floor (2023)**

COUNTRY INITIATIVES: **INCOME**

Social Pension for Indigent Senior Citizens



**₱500/US\$10 (2011-2024)
to ₱1,000/US\$20 (2025)**

Monthly Stipend for
Indigent Senior Citizens

Increased Coverage

BEFORE:

70+ years old

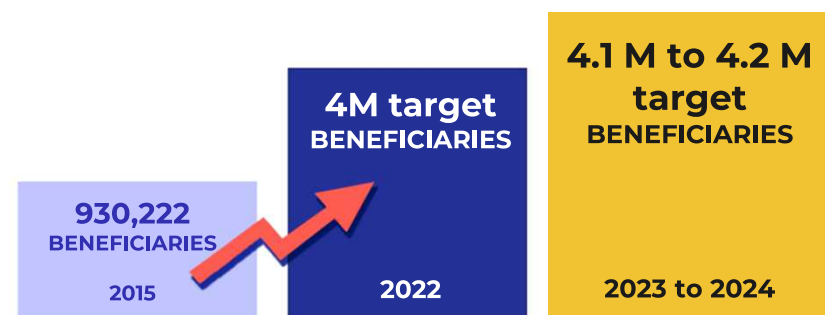
2011-2014

65+ years old
2015

NOW:

60+ years

2016-present



Social Pension for Indigent Senior Citizens

COUNTRY INITIATIVES: **INCOME**

Cash Gifts for Centenarians

Implementation of RA 10868 or the Centenarian Act of 2016

₱100,000/US\$2,000

Cash Gifts Awarded to

3,792 beneficiaries

2023-2025

COUNTRY INITIATIVES: **INCOME**

Assistance to Individuals in Crisis Situations

352,337
Senior Citizens

AICS Beneficiaries

Provided with **Medical, Burial,
and Financial Assistance**
(2023-2025) (May 2025)

Provision of medical, burial, educational, food and non-food assistance to individuals and families in crisis or in difficult situations to enable them to afford food and other immediate needs



COUNTRY INITIATIVES: **INCOME**

Sustainable Livelihood Program

out of
542,453
Households Served (2023-
2025)

77,638
SC Clients Benefited
(2023-2025)

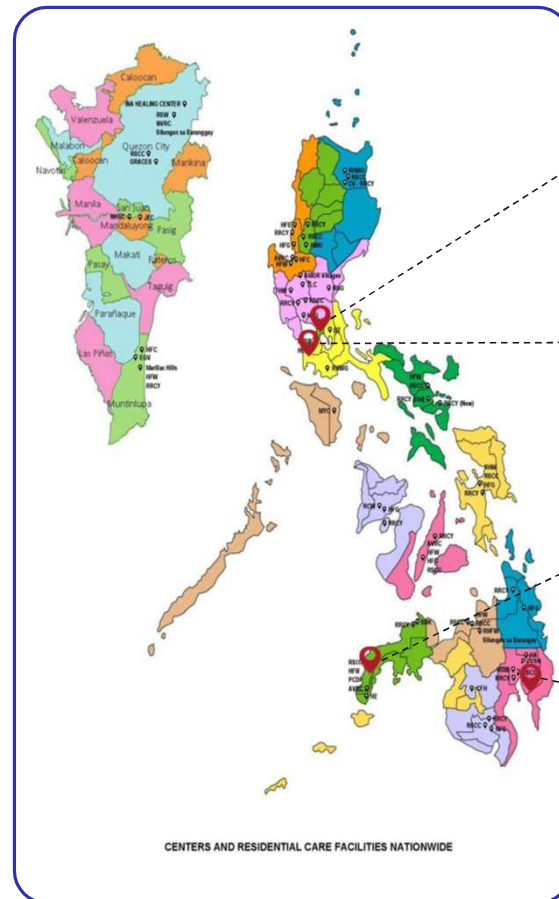


PROVISION OF SERVICES TO CENTER-BASED CLIENTS

4
DSWD
Centers and
Residential
Facilities for
Senior
Citizens

2,117

(2023 to May
2025)



Longitudinal Study of Ageing and Health Philippines, 2018



- 1 out of 5 has difficulty with at least one Activities of Daily Living (F>M) OPs find it most difficult to leave the house
- **About 6 in 10 males reported their spouse as their major caregiver, while 38% of females reported a daughter.**

Focused InTerventions for Frail Older Adults Research, 2019



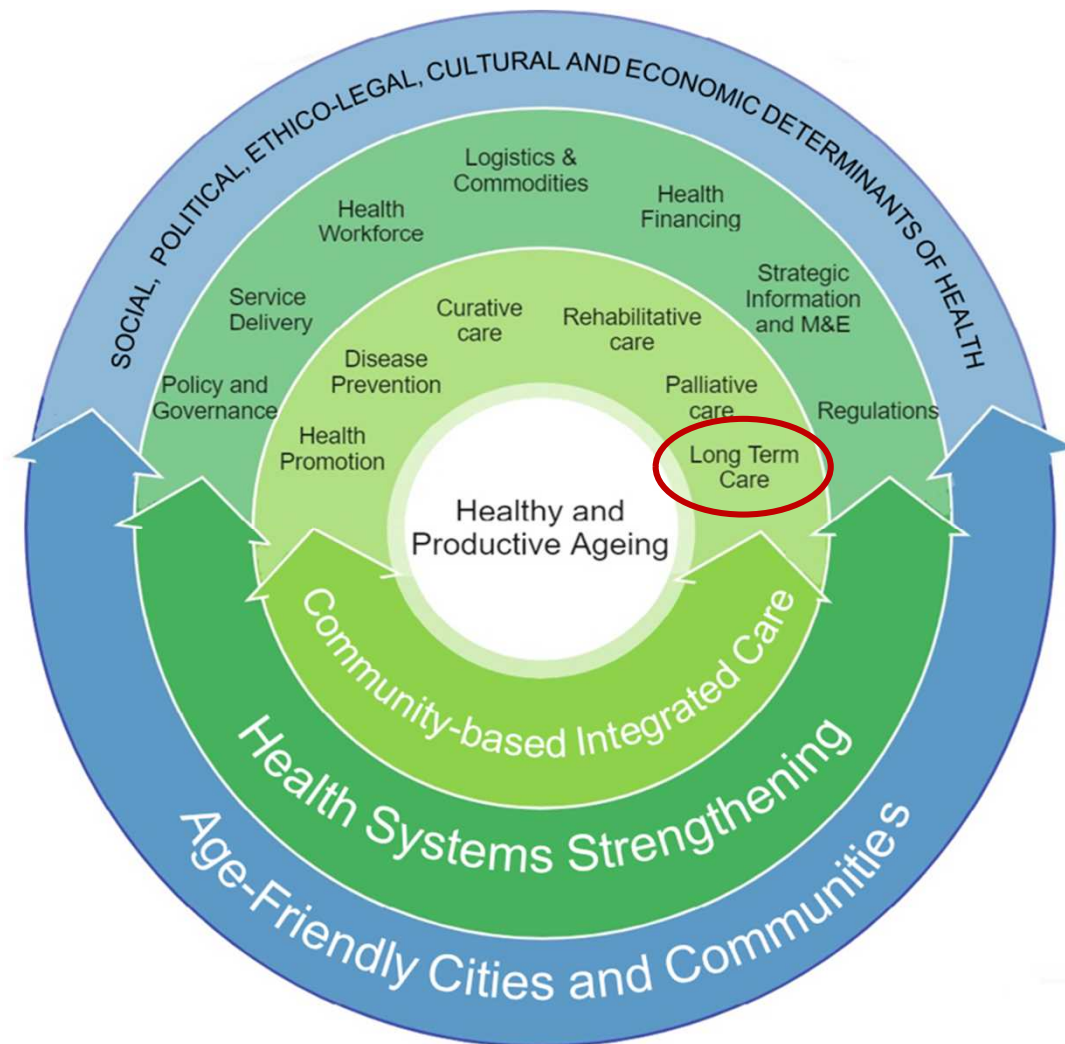
DOST - PCHRD



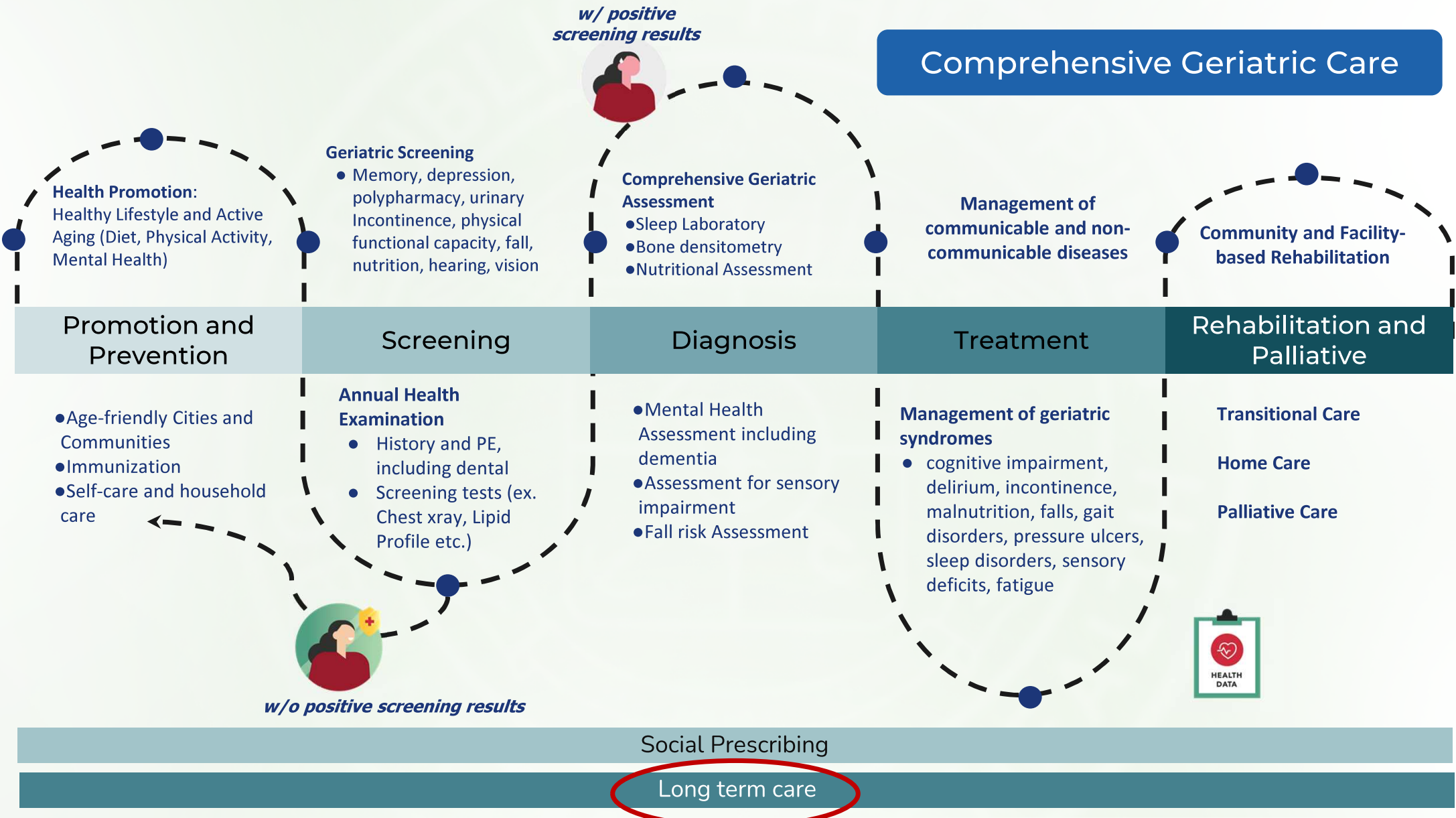
INSTITUTE ON AGING
NATIONAL INSTITUTES OF HEALTH
UNIVERSITY OF THE PHILIPPINES MANILA

- 15.5% were frail, **60.5% were PRE-FRAIL, 19.3% were ROBUST. Frailty increases in 80 years old and above age group.**
- Sensory Impairment: Visual: 80.4%, Hearing: 30.9%, Vestibular: 23.4%
- 9.1% diagnosed with dementia

Healthy Ageing Strategic Framework



Comprehensive Geriatric Care



Long Term Care Models



Senior Citizen Day Care Centers



Residential Care Facility



Hospital-based Adult Day Care



Home Care



Informal Care

Are Filipinos Ready for Long-term Care? A Qualitative Study on Awareness, Perspectives, and Challenges of Relevant Organizations, Community Leaders, Carers, and Older Persons in Select Sites in the Philippines, 2025



Key Findings:

- **Diverse Roles and Awareness:** Stakeholders, including organizations, community leaders, carers, and older persons, exhibited varying levels of awareness and understanding of LTC.
- **Challenges Identified:** The study highlighted challenges such as limited awareness, inadequate integration of LTC into existing programs, and insufficient training for caregivers.
- **Need for Comprehensive Understanding:** A better grasp of LTC among policymakers, healthcare workers, families, communities, and older persons is essential for effective provision and utilization.

Proposed Next Steps for Long Term Care

- Develop **consensus** on a long term care framework for the Philippines through a intersectoral LTC technical working group
- Advocate for increasing **awareness** for LTC
- Support passing of a **law or act** for Long Term Care:
 - Develop **policy** to establish and institutionalize an integrated long term care system
 - **Set standards** for quality long term care services
 - **Build capacity** for delivery of Long term Care Services including Caregiver Support
 - Establish **sustainable financing** for Long Term Care

Ways Forward

Unlocking the Silver Economy in ASEAN



THANK YOU!

Philippines
SLOM, SOMHD, SOMSWD

