

The 23<sup>th</sup> ASEAN & Japan  
High-Level Officials Meeting  
on Caring Societies  
“Sustainable Support for Ageing  
Population”

28-30 October **2025**

Narita, Japan



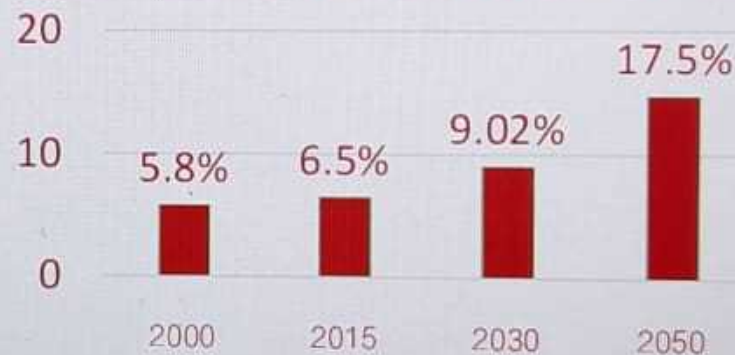
# Introduction

☛ Lao PDR will enter an aging society by 2032, with the population aged 60 and above accounting for 10% of the total population (or the population aged 65 and above making up 7%).

## The world's population aged 60 and above



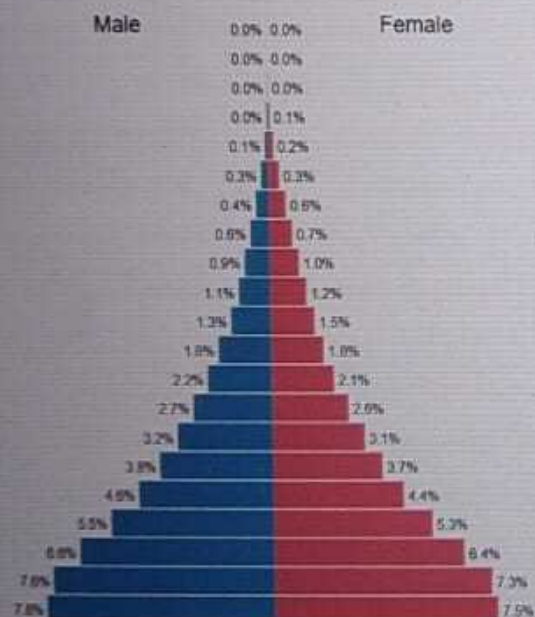
## Lao PDR's older population aged 60 and above



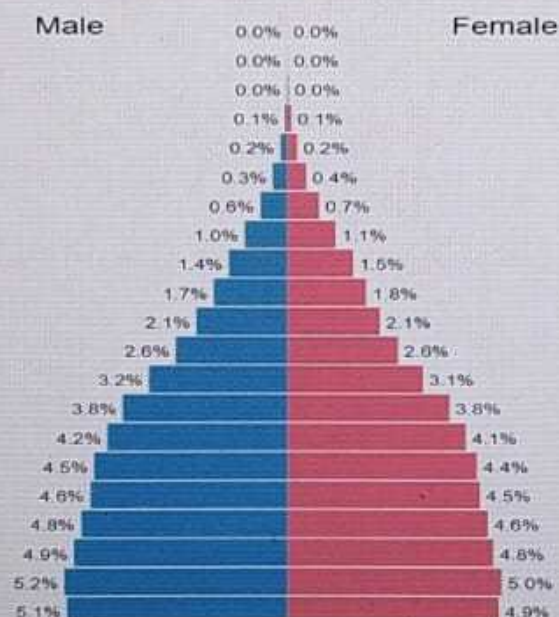
## Introduction(cont.)

### The evolving population pyramid structure of the Lao PDR

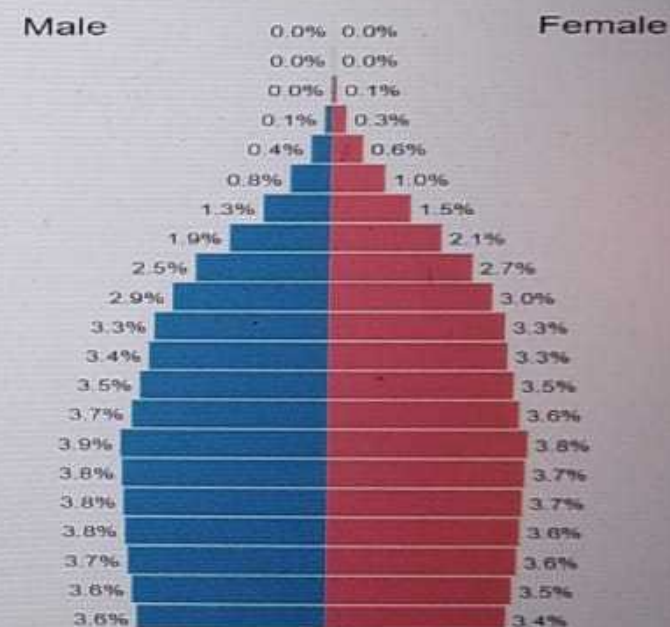
2000



2025



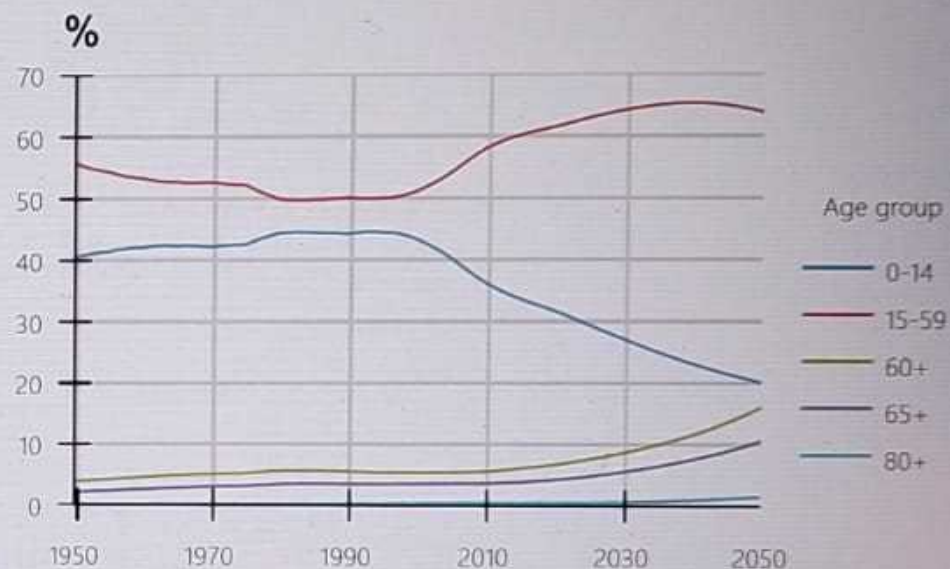
2050



## Introduction(cont.)

% Decrease and Increase for each age group

| Age group | 1950 | 2017 | 2030 | 2050 |
|-----------|------|------|------|------|
| 0-14      | 40.4 | 32.9 | 27.2 | 20.1 |
| 15-59     | 55.7 | 60.8 | 64.2 | 63.8 |
| 60+       | 3.9  | 6.3  | 8.6  | 16.1 |
| 65+       | 2.1  | 4.0  | 5.6  | 10.6 |
| 80+       | 0.1  | 0.6  | 0.7  | 1.5  |



Why is the population of older persons increasing?

| Fertility                   | 1995 | 2005 | 2015 | 2020 |
|-----------------------------|------|------|------|------|
| Birth rate per 1,000 people | 41.3 | 34.7 | 28   | 21.2 |

| life expectancy | 1995 | 2005 | 2015 | 2020 | 2025 | 2030 | 2035 | 2040 | 2045 |
|-----------------|------|------|------|------|------|------|------|------|------|
| Female          | 56   | 63   | 65   | 69   | 70   | 72   | 73   | 75   | 76   |
| Male            | 53   | 59   | 62   | 65   | 66   | 67   | 69   | 70   | 72   |

## Introduction(cont.)

### Compare Statistics between Women and Men

| People aged 60 and over | 2015    | 2030    | 2050    |
|-------------------------|---------|---------|---------|
| Women                   | 250,580 | 398,507 | 809,246 |
| Men                     | 201,696 | 343,198 | 681,594 |



VS



# Legislation, policies and mechanisms

over the past period, the government has implemented the guidelines and the constitution of the Lao PDR into law, policies and sub-legal acts to promote and create conditions for the elderly development highlighted below:

- **The Decree on the Elderly is the mechanisms for the elderly development:** The elderly care is defined in the Articles 10, 11, 12 and 13, which stipulate that elderly care is the responsibility of the family, society and government. They have to provide care, assistance and support to ensure their daily physical, mental and moral safety, receive health care, facilitate, employment, earning income and able to participate in various social activities, create infrastructure, technology and services for elderly care.
- **Law on Social Security:** The Lao Government has taken concrete steps to protect benefits of older persons who are in the social security scheme both compulsory and voluntary.
- **Law on Health:** Ministry of Health has paid attention to provide health care services at hospital and rural areas. This includes community health care services.



# Challenges

- Intermittent of the role of families and children as well as the tradition of generosity and gratitude in caring for the elderly that has been passed down from generation to generation, may be reduced or replaced by the presence of organized and socially involved senior living facilities in professional care or care for the elderly.
- A significant number of poor and vulnerable elderly people are still not covered by the national health insurance system due to lack of access to health insurance information and lack of contributions to health insurance fund, which will affect the care, treatment, rehabilitation of physical and mental health of the elderly, and is likely to increase in the future without careful planning to address this issue in advance.
- In old age, physical health will deteriorate overtime, which will reduce the ability to work to generate income for oneself especially the elderly.

## Way forward to achieve of health care and long-term care services

There are 8 strategies of the **National Strategy on Older Persons 2026-2036** were identified for elderly, and 3 of these strategies related caring as follows:

- Strategy 1: Promote the role of the family and community institutions to respect the dignity and care of the elderly which elderly are respected and cared by their families, communities, society and the government main activities.
- Strategy 2: Promote the care, treatment and rehabilitation of the elderly that encourage older people to maintain their health and all sectors of society to provide services to older people to help them stay healthy, strong and live longer).
- Strategy 3: Protecting the elderly society which elderly receive social assistance services, access to health insurance systems and basic social welfare.

There are 3 projects supporting the strategies above such as:

- Advertising, advice on proper nutrition and health care for the elderly.
- Provide comprehensive health check-up treatment and physical and mental health rehabilitation services to the elderly.
- Study the feasibility of long-term care for the elderly.

