



# The 21st ASEAN & Japan High-Level Officials Meeting on Caring Societies

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# Ongoing and *Upcoming* Activities in ERIA Healthcare Unit

- ERIA Healthcare Unit was established in 2017 to support policy making for healthcare and long-term care in ERIA Member States with research activities.
- Healthcare Unit has mainly focused on three topics in UHC and Social Development area.

## Universal Health Coverage

### Ageing in Asia

- Longitudinal Study for Elderly People in Philippines and Vietnam
- Economic Impact of Active Ageing in ASEAN Region (with OECD)
- Healthy Ageing Prize for Asian Innovation (JCIE)

### Access and Delivery

- Assessment on the coverage of Essential IVD List in ASEAN (with WHO)
- *Supporting ARO Alliance for ASEAN and East Asia (ARISE) (with NCGM)*

## Social Development

- Study on the Policy to Support People with Developmental Disorder
- *Study on the reason of low fertility in Mecon region (Vietnam)*

# Longitudinal Study in Vietnam and Philippines

- Find a detailed situation of elderlies in both countries

<overview of the study>

- Pick up around 6,000 national representative aged people
  - Ask a lot of questions and follow up two years later
  - Finished first base-line survey in 2018
  - Second survey has been done, and the report is expected to release around the end of this year

# Longitudinal Study in Vietnam and Philippines

From longitudinal study of elderly (60+) in the Philippines and Viet Nam

## Activity of Daily Living (ADL)

**21% / 15%**  
(Philippines) (Viet Nam)

of elderly have at least one  
ADL difficulty

## Non-Communicable Diseases

**46% / 41%**  
(Philippines) (Viet Nam)

of elderly suffer from  
hypertension

## Oral Health

**47% / 12%**  
(Philippines) (Viet Nam)

of 80+ people who have  
no teeth

## Healthcare Access

**29% / 13%**  
(Philippines) (Viet Nam)

of elderly did not see a doctor when  
they felt ill in past 12 months

# Sharing Best Practices : HAPI Award

## Healthy Ageing Prize for Asian Innovation (HAPI)

Amplifying innovations that address aging societies (2020–present, every two year since 2022)



### Case 1: Addressing Covid-19, Indonesia

- Collaborated with the local community health centers and volunteers to help resolve medical issues of older residents
- Initiated provision of correct information regarding precautions



2021 Special Prize for COVID-19 Response



### Case 2: QR code for dementia, Japan

Japan has created a waterproof sticker with a personalized QR code for dementia patients to wear on their fingernails



This helps quickly access important information such as patients' name, address, and emergency contacts

2022 Grand Prize for Tech & Innovation

# Promoting Active Ageing in ASEAN region

- ERIA-OECD are analysing **the economic impact of population ageing in ASEAN Member States**, utilising the data of countries



- This research aims
  - 1) to see how much promotion of active ageing can affect **healthcare and pension expenditure**
  - 2) To estimate how active ageing policies can **extend “working years”** in the region
  - 3) To **bring about valuable recommendations** based on scientific data



# Supporting Policymaking for those with Developmental Disorder

- Development of a Coaching-Based Guidebook **to enhance the Quality of Life of Parents of with Developmental Disorders** in Southeast Asia (from Dec 2021)



## <Expected goals>

- To clarify the current situation and issues of healthcare policies for persons with developmental disorders
- To develop a best practical life skills guidebook for parents and/or primary caregivers of persons with developmental disorders to enhance their quality of life

## <Target>

- Government agencies, Organizations of persons with developmental disorders and their families, and Researchers in Indonesia, the Philippines and Vietnam

## <Secretariat/Chief Researcher>

- The National Center for Persons with Severe Intellectual Disabilities, Nozominosono (Japan); LSPR Institute of Communication & Business (Indonesia) / Dr. Ryuhei Sano (Hosei University)

# ASEAN-Japan Initiative on Developmental Disorders (TBD)

## **1. Current Activities**

Since 2021, ERIA has been actively promoting a dialog on policymaking aimed at supporting persons with developmental disorders and their families, specifically between Japan, Indonesia, and other ASEAN Member States (AMS). Thorough the dialog, common issues have emerged, including:

- Awareness-raising of developmental disorders, statistical data, and support systems are often less developed compared to those for physical and intellectual disabilities.
- Specialized support professionals are predominantly located in urban areas.

Given these circumstances, stakeholders in both Japan and AMS are eager to enhance their partnership to collaboratively address these issues, drawing upon Japan's experiences\* as a reference.

\* For example, Japan has made significant advancements in policymaking. Various groups were previously divided based on specific conditions like autism or learning disabilities in the past. Instead, these groups now cooperate under the concept of developmental disorders. As persons with developmental disorders have grown older, there has been an expansion in support for their employment and housing needs in response to aging.



## **2. Overview of JP-ASEAN DDI (with JAIF)**

### **- Human Resource Development and Capacity Building (middle to long-term)**

In collaboration with Japan, human resource development and capacity building in Indonesia and other AMS will be focused in the middle to long term, ensuring that necessary support for those with developmental disorders and their families can be provided at each life stage, regardless of whether they live in urban or rural areas.

### **- Research and Awareness**

While some research indicates that 10% of the population might experience developmental disorders, the available statistical data is insufficient. To gain a more accurate understanding, we need to raise awareness and investigate the situation of persons with developmental disorders in both Japan and the ASEAN region.

### **- Dialog**

Continue and deepen the dialog among persons with developmental disorders, their families, government agencies, academia, and the private sector between Japan, Indonesia, and other AMS to share best practices and develop more effective policies.



# The 21<sup>st</sup> ASEAN & Japan High-Level Officials Meeting on Caring Societies

Towards building a society where everyone can live lively as being oneself in communities

– focusing on maintaining and strengthening physical and mental capacities to optimize one's full potential –

28 - 30 November, 2023

Oita, Japan

Ministry of Health, Labour and Welfare  
(MHLW)

