

**Indonesia's Presentation**  
**Panel Session 4: Establishment of Seamless  
Health and Welfare Services**

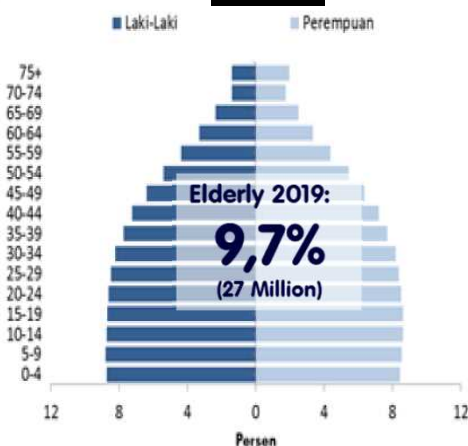
**The 17<sup>th</sup> ASEAN Japan HLOM on Caring Societies**  
**4-6 December 2019, Nagoya**



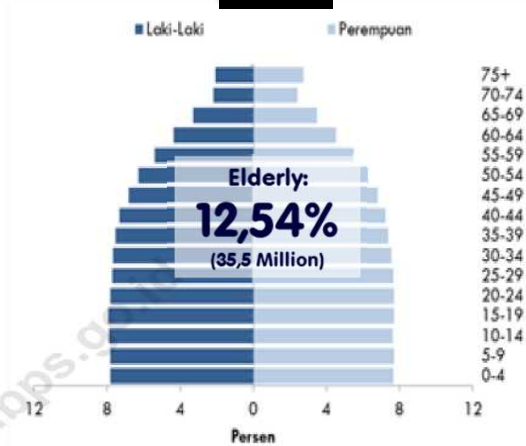
# Indonesia Towards Ageing Population

PROJECTION OF ELDERLY POPULATION YEAR 2015 - 2045

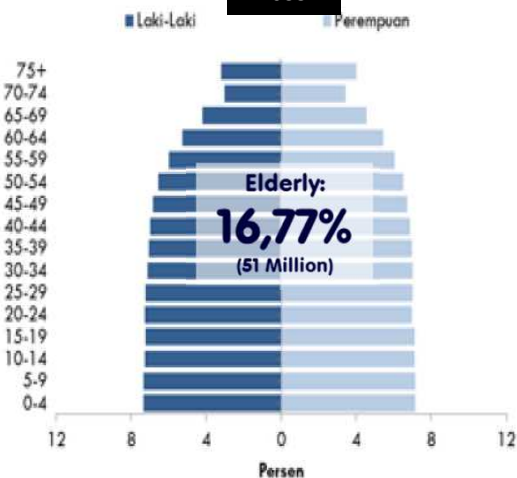
2015



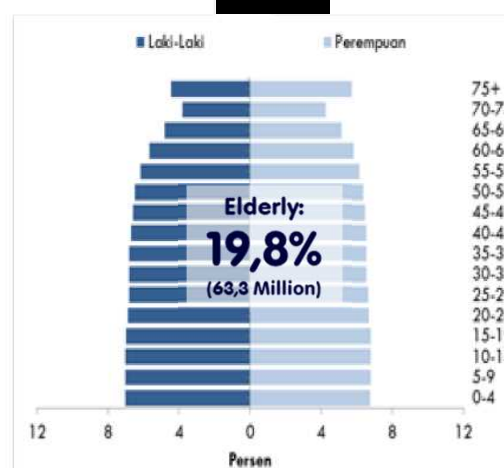
2025



2035

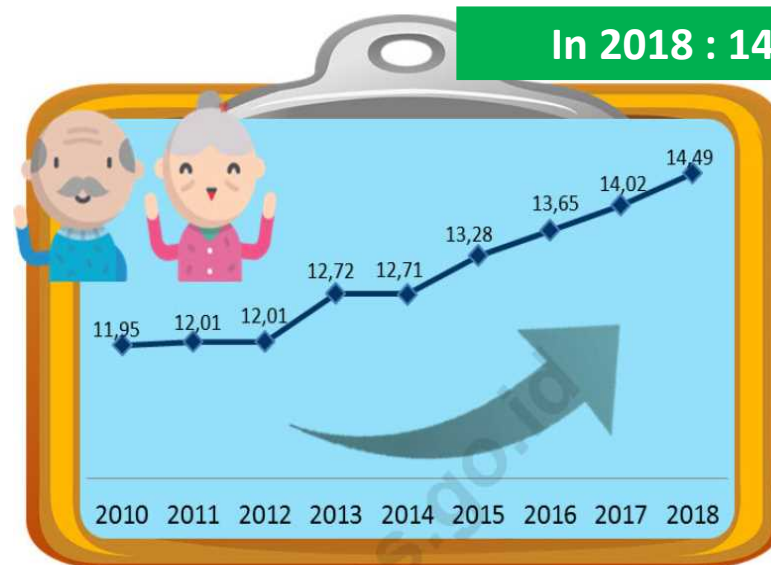


2045



Old population dependency ratio more increasing

In 2018 : 14,49

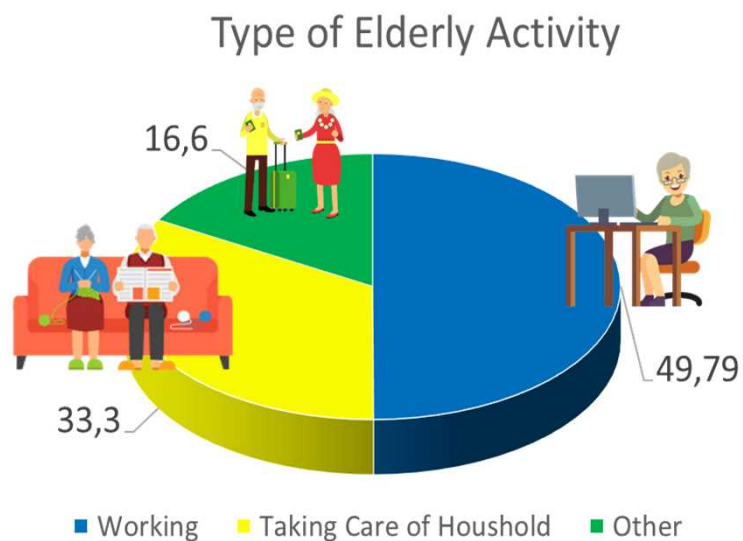
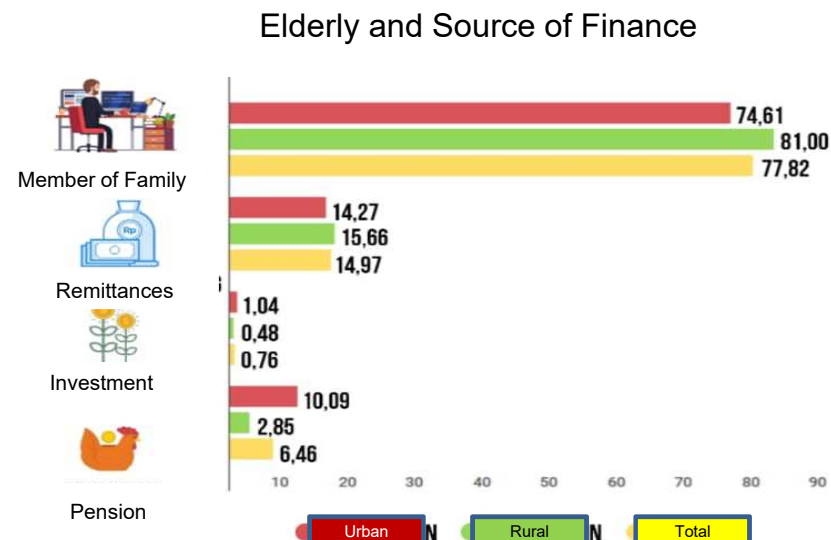
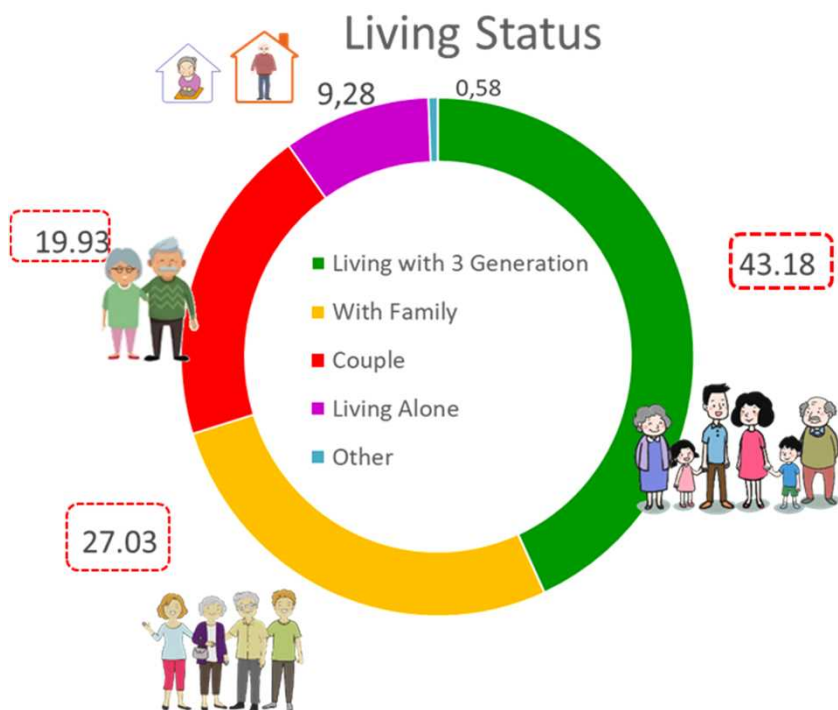


**7** productive age population

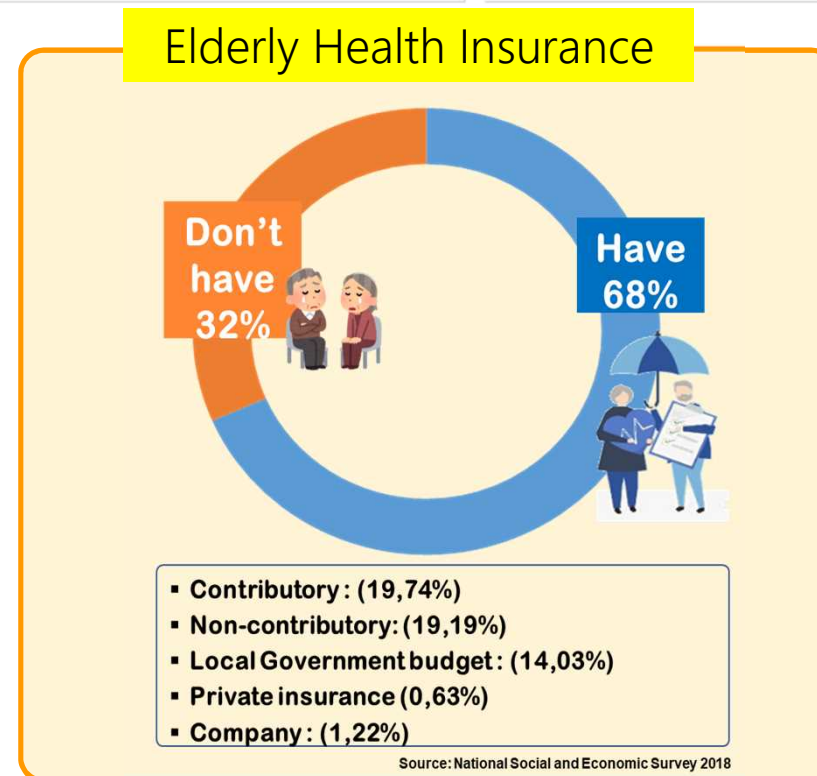
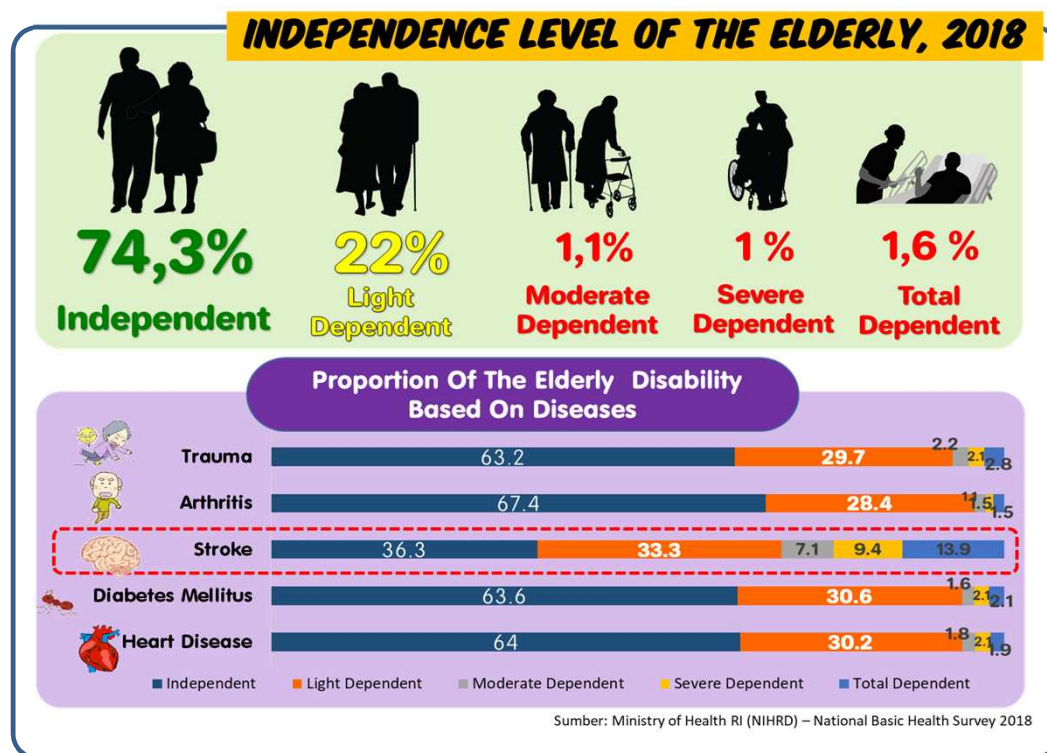
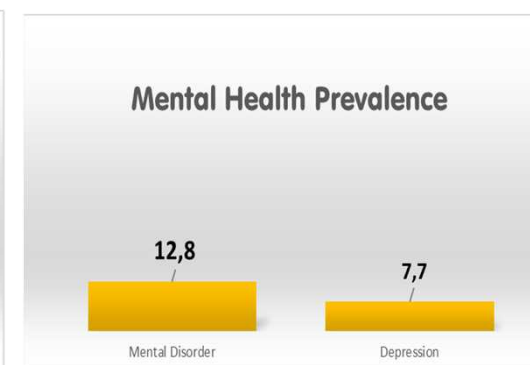
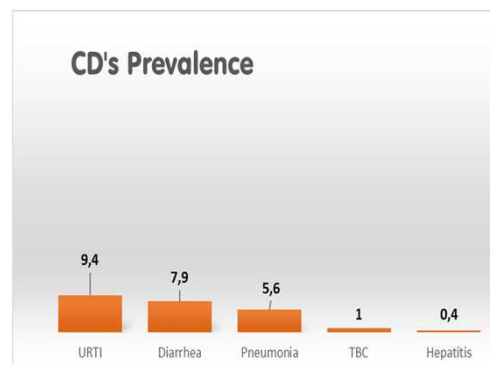
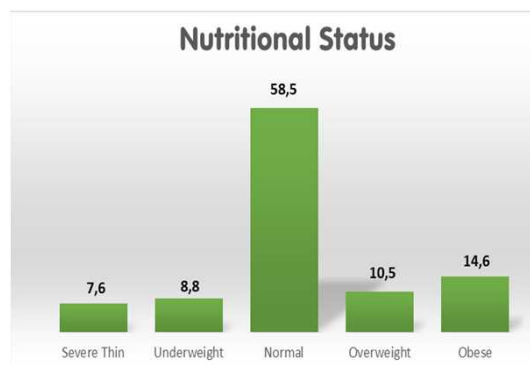
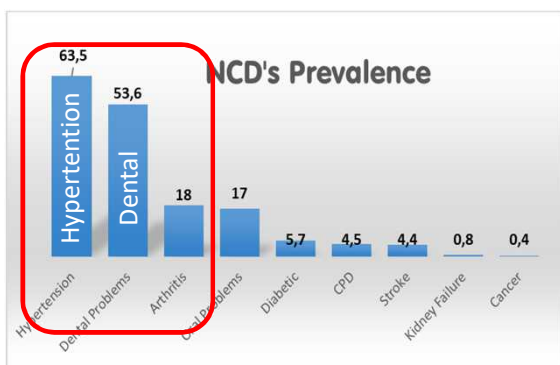


**1 Elderly**

# Socio-Economic Status of Elderly in Indonesia



# INDONESIA ELDERLY (+60yr) HEALTH STATUS AND HEALTH INSURANCE, 2018



# National Commitments

## LAW

Law No.13/1998:  
The Welfare for Older Persons

Law No. 39/1999:  
Human Rights

Law No.11/2009:  
Social Welfare

Law No. 36/2009:  
Health

Law No. 23/2014:  
Local Government

## GOVERNMENT REGULATION & PRESIDENTIAL DECREE

Pres Reg. No. 43/2004:  
the Implementation of Welfare  
Promotion of Older Persons effort

Pres Decree No. 52/2004: National  
Commission for Older Persons

Pres Decree No. 75/2015: National  
Action Plan on the **Human Right**

## Ministerial Regulation

MoH Reg.No. 79/2014: Geriatric  
Health Care in Hospital

MoH Reg. No.67/2015:  
Implementation of Eldelry Health Care  
in PHC

MoH Reg. No.25/2016: National  
Action Plan for Elderly Health 2016-  
2019

MOSA Reg. No.1/2017: guidelines for  
awarding elderly welfare

MOSA Reg. No.4/2017: guidelines for  
developing elderly friendly areas

MOSA Reg. No.5/2018: National  
standard of social rehabilitation for  
older persons



# Elderly Health Programs in Indonesia

Development and strengthening basic health services →→  
Development of Elderly Friendly Primary Health Centers. 2018: 4.835 (48,4%) PHC



Community Empowerment through the implementation of activities at the Elderly Integrated services post (Posyandu lansia) → 2018: 100.470 unit



Improve Home Care Services that integrated with Public Health Nursing



Development of Long Term Care → → →  
Pilot project in 6 Provinces

Strengthening the Referral health Services →→ Development the Geriatric services with integrated team approach in hospital. 2018: 88 hospitals



Empowerment of the elderly in the family / community →  
Pilot project in 8 Provinces



Integration service with cross Programs through a life cycle approach



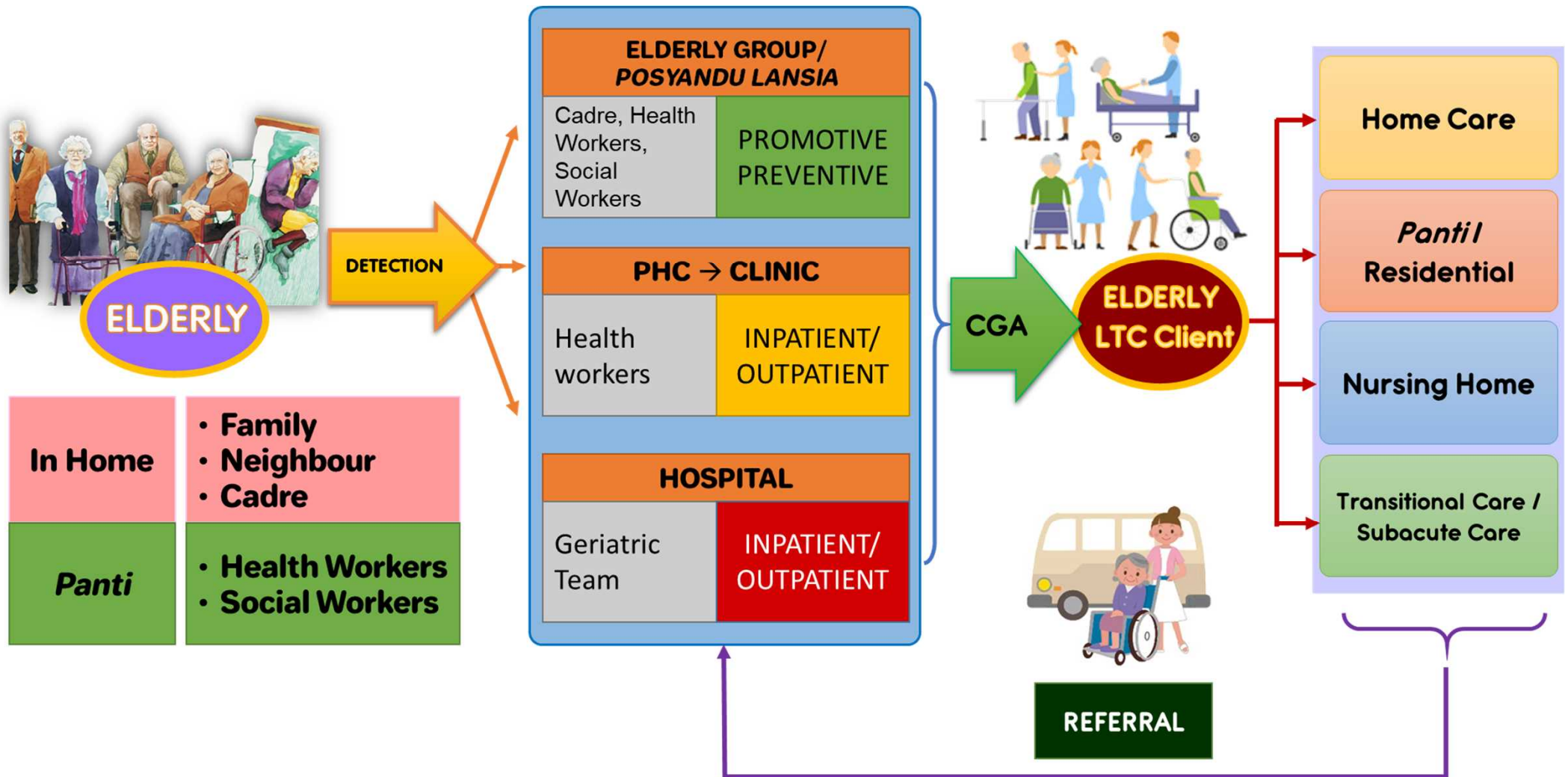
Enhance partnerships with cross sectors, public figures, religious leaders, NGOs, Private Sector, etc



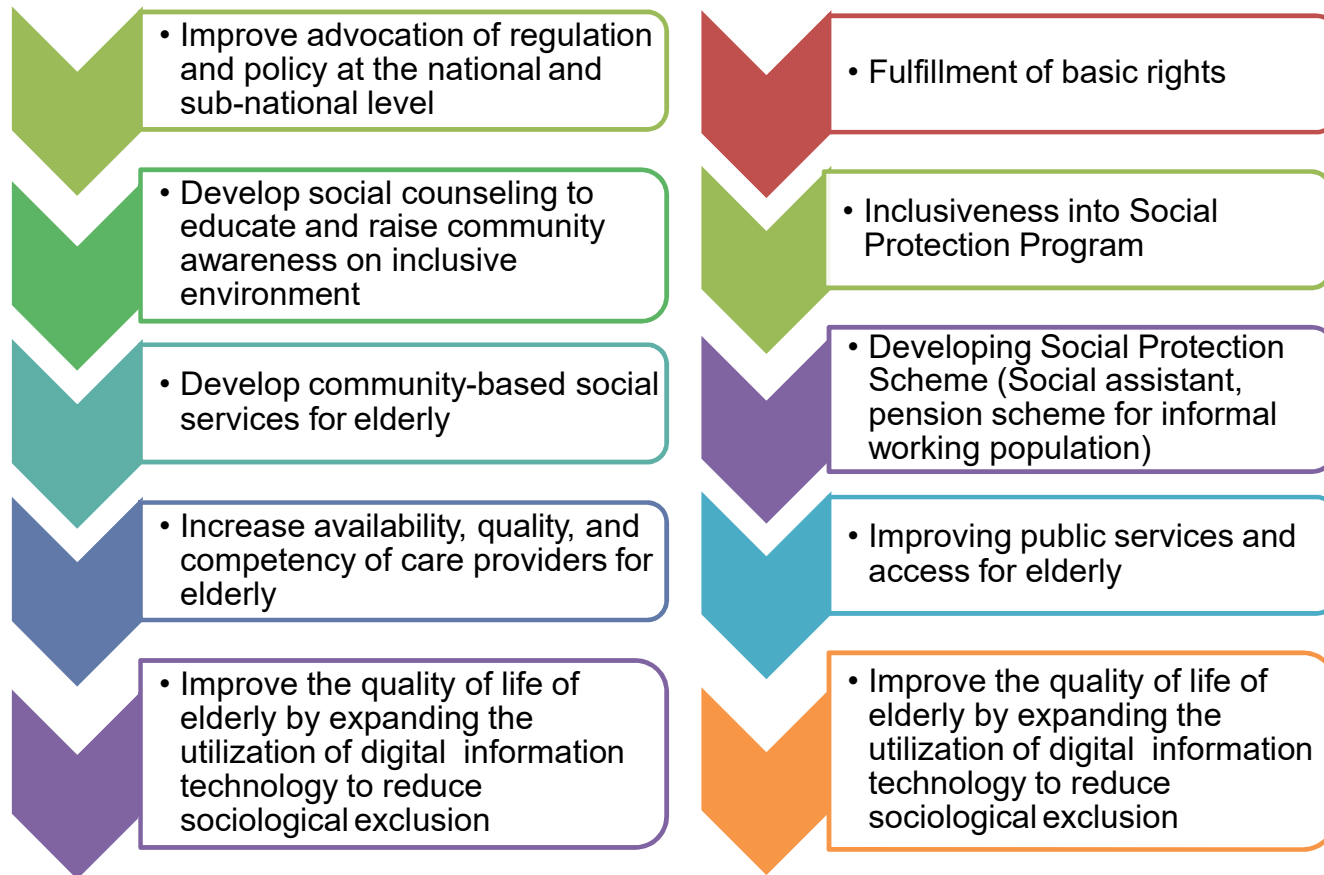
**Strengthening the utilization of Elderly Health Hand Book**



# LTC Mechanism



# Policy Direction on Ageing and Social Protection Medium-Term Development Plan (2015-2019)



## Social Protection for Elderly



### Financial Protection :

- 1) Pension Contribution-based (formal-informal)
- 2) Old age Saving



### Non Financial Protection :

- 1) Health
- 2) Long-term Care



### Active Ageing:

- 1) Empowerment
- 2) Inclusiveness



## Elderly Social Rehabilitation Programs

Aimed to restore and develop the social functions of the elderly

### Social Care and Family Support

### Elderly Assistance

### Accessibilities Support

#### Programs

**Therapy** includes psychosocial, physical, mental spiritual and livelihood therapy (2,655 elderly in 2019)

**Family Support** includes emotional, respect, instrumental, information and **Support Groups** (7,000 elderly in 2019)

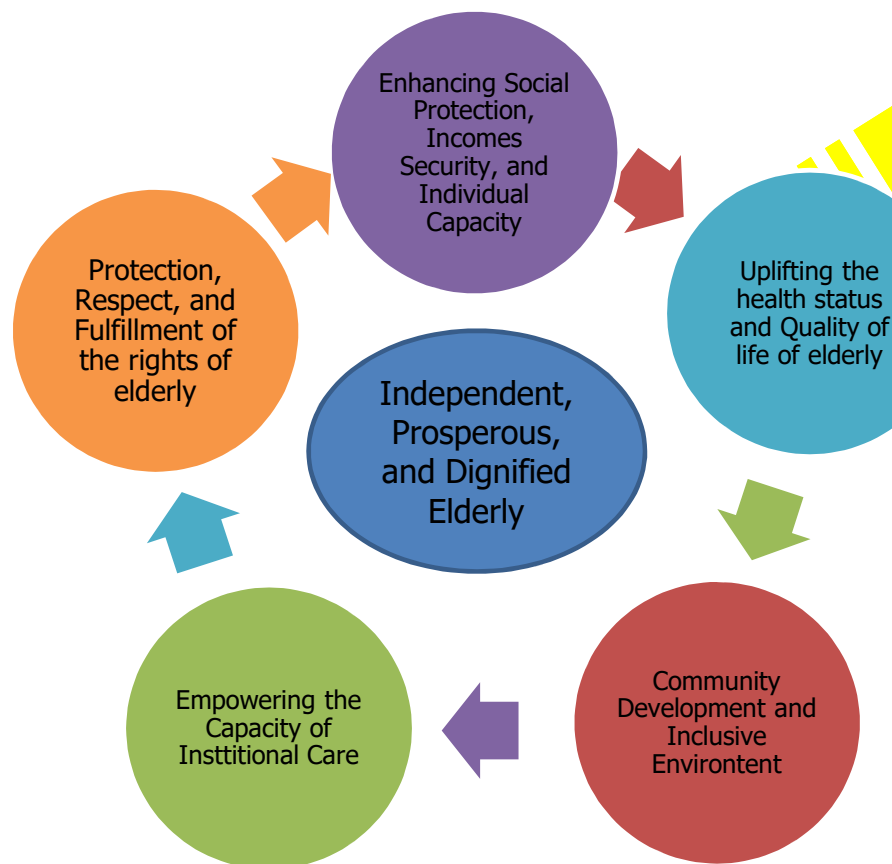
#### Programs

- **Displaced Elderly Assistance Program** (30,000 elderly)
- **Home Care Assistance Programs** 20,000 elderly)
- **PKH for Elderly**



(8,390 elderly)

**Regulation and Coordination Implementation :  
Presidential Regulation on National Strategy on Aging**



**Multi-stakeholders  
formulation team**

Progress  
Report

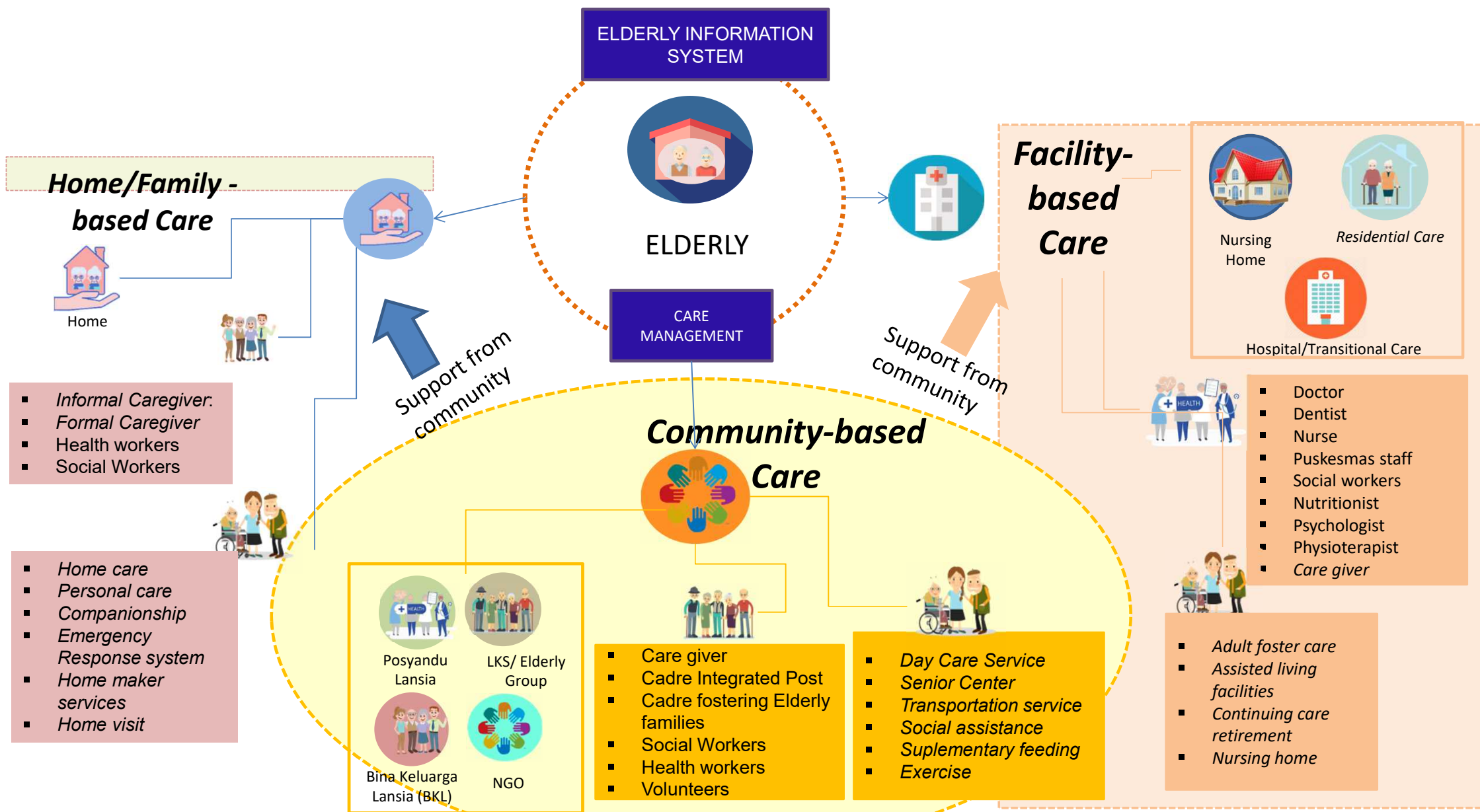
Substantive  
Discussion

Data Analysis

Coordination

Ministry of National Development Planning, Coordinating Ministry on Politic, Law, and Defense-Security, Coordinating Ministry on Human Development and Culture, Ministry of State Secretariat, Ministry of Home Affairs, **Ministry of Social Affairs**, Ministry of Women Empowerment and Child Protection, **Ministry of Health**, Ministry of Public Work and Housing, Ministry of Transportation, Ministry of Cooperative and SME, Ministry of Education and Culture, Indonesia Statistics, Ministry of Labor, and Ministry of Law and Human Rights





# CHALLENGES IN DEVELOPING ELDERLY PROGRAM IN INDONESIA

CHALLENGES	FOLLOW UP ACTION
<ul style="list-style-type: none"> <li>• Number of elderly is increasing rapidly, followed by an increase in degenerative diseases with their complication. Also, dementia thread.</li> <li>• Limited number of elderly-friendly PHC and hospital with integrated Geriatric Team (not evenly distributed)</li> <li>• The demand of LTC services for Elderly are increasing</li> </ul>	<ul style="list-style-type: none"> <li>• Strengthen promotive and preventive efforts (eq. elderly health screening, etc.) with life cycle approach health intervention (<i>PIS-PK</i>)</li> <li>• Promote socialization and advocacy to accelerate the development of elderly health services (elderly friendly PHC and hospital)</li> <li>• Conduct geriatric training and curriculum development</li> <li>• Strengthen Geriatric health services training for health provider in PHC</li> <li>• Development of LTC system regulation and standardization</li> <li>• Engagement with related parties (intersectoral, private and community)</li> <li>• Develop a financing system and LTC insurance benefit</li> </ul>
<ul style="list-style-type: none"> <li>• Requires cooperation of many parties, such as social, psychosocial, physical, health, economic, identity and appreciation aspects</li> <li>• Elderly research requires the comprehensive data availability</li> <li>• Guarantees for the value of the social functioning of the elderly can be a good start in research</li> <li>• Social protection efforts undertaken by the government should lead to the optimization of the role of families and communities</li> <li>• Assistance is not only for the elderly but also for people who are in direct contact with elderly</li> </ul>	<p>Draft of amandement of Law on Elderly Welfare has been discussed at the Parliementary, and would be the National Legislation Program (Prolegnas) in 2020. With the amendment, the Law on Elderly Welfare will have an impact on the increasing of need for professionalism in handling and empowering the elderly</p>