



The 17th ASEAN and Japan High Level Officials Meeting on Caring Societies Dec. 4, 2019

Regional Development to Address the Needs of Aging Populations ~Keyaki Lively Project ~

Masafumi Koki, Mayor of Toyoake, Aichi Prefecture

Overview of Toyoake

- Population: 68,817
- •Number of senior citizens (65 years old or older): 17,715
- Percentage of senior citizens: 25.7%



Hospitals and housing complexes in Toyoake



Fujita Health University Hospital

Number of beds allowed : 1,435 beds

Average number of outpatients: Approx. 2,100/day

Number of medical staff: Approx. 2,600

Toyoake Housing complexes

2,127 dwellings, 55 buildings

Population: 4,228 Number of households: 2,320 Population aging rate: 28.8% (or 35.1% when excluding foreigners)



TOYOAKE CITY

Lively project for Keyaki Housing Complexes in Toyoake through cooperation of government, industry, academia and citizens to promote comprehensive regional care



Students living in Toyoake participate in local activities

Disaster drills



Having lunch with single-living senior citizens



Students supporting senior citizens in shopping



Summer festival in Toyoake Housing Complexes



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Promising resources identified by knowing senior citizens' daily lives **Resources identified** through support cases l can't take my This may be useful I used to enjoy purchases home Karaoke Destinations where pickup Places within services are walking distance of my available Life support house 6 coordinator

Agreement with private businesses to promote service creation



Government: Hosting liaison meetings and disseminating information to residents Businesses: Recognizing senior citizens' needs and creating services Free delivery of purchased goods

Care prevention classes

Livelihood assistance and homemaking support

Health and fitness courses

Health and care prevention classes

Outing and bathing support with pickup bus service

Support for keeping the house tidy and livelihood assistance

Hiring senior citizens for easy cleaning jobs

OYZ, an exercise program for senior citizens

Seishun (adolescence) pops for health promotion through songs

On-demand pickup services

Measures against fragility

Promoting "Commutable places" by making the most of private resources in the community



Commuting to natural hot spring facilities using free pickup bus services



Attending physical exercise classes held in Karaoke facilities



Taking health instruction lessons by instructors

Attending health promotion events at drugstores 8

Producing commutable places and commuting means through collaboration between local private businesses On-demand share-ride buses offering pickup services to and from commutable places for senior citizens

Gyms



"Choi-soko": Share-ride pickup bus service allowing senior citizens to ride at convenient time to go where they want to go

Public facilitie



Karaoke bars



Culture lessons

A

Supermarkets

H

Hot-spring facilities

Resident-based Mutual Support Mechanism Toyoake Otagaisama (mutual cooperation) Center "Chatto"

Detail of the project

Promoting the project not as an administrative service but mutual support activities by residents

Otagaisama Center "Chatto" coordinate "mutual support" activities by residents, in which residents help other residents who have some trouble (¥250/30 min.)

Number of supporter residents (as of April 2019): 211

Mechanism of Toyoake Otagaisama Center "Chatto"



スライド 10

小川 正寿1 Turu tickets into money ⇒Redeem tickets for money 小川 正寿, 2019/11/27

Toyoake's Goal: Comprehensive Community Care System



Seek, find and create a system which supports "happiness in ordinary life"

