Country report
VIETNAM

Nagoya, Nov 2019
Overview

- Area: 331,236 km² (2018)
- 7 ecological zones, 63 provinces, 713 districts, 11,162 communes (2018)
- 54 ethnic minorities
- Life expectancy: 73.6 years old – men: 70 and women: 75 (2018)
- Persons aged 60 and above: 11.8 million (2018)
Entering the stage of population aging in 2011

Source: GSO 2017, Population Change and Family Planning Survey
Forecast of the 65+ population, 2009-2049

A comprehensive legal framework
- Law
- National Strategy and Action plan
- Regulations in Legal documents

Extensive caring structures for the elderly
- Assistance centers
- Senior homes
- Clubs

A strong new level of social awareness
- Within family
- Community
- Society

Sustainable income
- 3.1mil persons receiving pension/SI allowance
- 1.6mil persons receiving allowance for national devotees
- 1.8mil persons receiving social pension
Health care management for the elderly

Ministry of Health

Department of Health

Division of Health

Central Geriatric Hospital

Provincial Hospital (Geriatric Division, beds for elderly patients)

District Hospital/Health Center

Commune Health Center

Central Hospital (Geriatric Department)

Direct relationship

Indirect relationship
 Health status of elderly

- 50% of the elderly reported bad or very bad health conditions

- 95% of the elderly suffering from sickness, mainly chronic and non-communicable diseases
  - arthritis (34.3%)
  - high blood pressure (more than 47%)
  - heart related diseases (16.5%)
  - lung diseases (17.6 %)
  - digestive problems (27.1%)

- 63% of the elderly suffering from weak eyesight without supportive facilities

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Report on 10 Years’ Implementation of the Madrid International Action Plan; 2012
Remaining issues

*Traditional care of the family to the elderly is decreasing, increasing in number of the elderly*

- live alone
- live with their spouse (also the elderly)
- live in a skipped-generation family

*The living standard of the elderly is low in general:*

- live in temporary houses
- work hardly especially in difficult regions and ethnic minority
- live without pension, saving money or any stable income
Expectation
LIVE IN JOY, HEALTH AND USEFULNESS

By 2025
- 80% of elderly have regular health checkups at least once a year with health monitoring and management record;
- 90% of elderly get accessing to health care services in case of illness
- 100% of elderly have health insurance cards

By 2030
- Population: 104 million
- Life expectancy: ~75
- Healthy life expectancy: ~68
Priority Issues

- Further improve the legal framework
- Promote private sector to take a part in service providing
- Diversify care models in more effective and professional way
- Focus on capacity building for staff with social work
- Strengthen M&E system in policy implementation
- Increase cooperation, sharing experience and mobilize resources
THANK YOU!