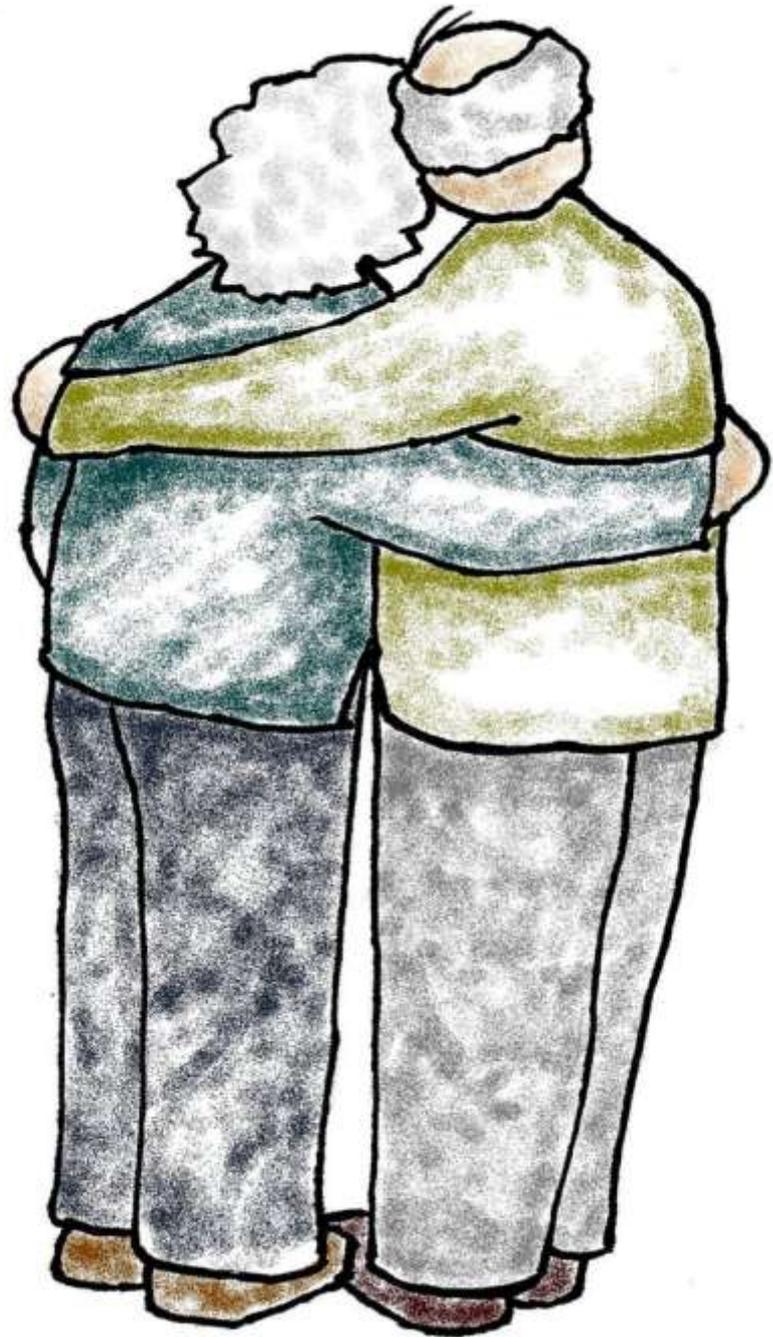
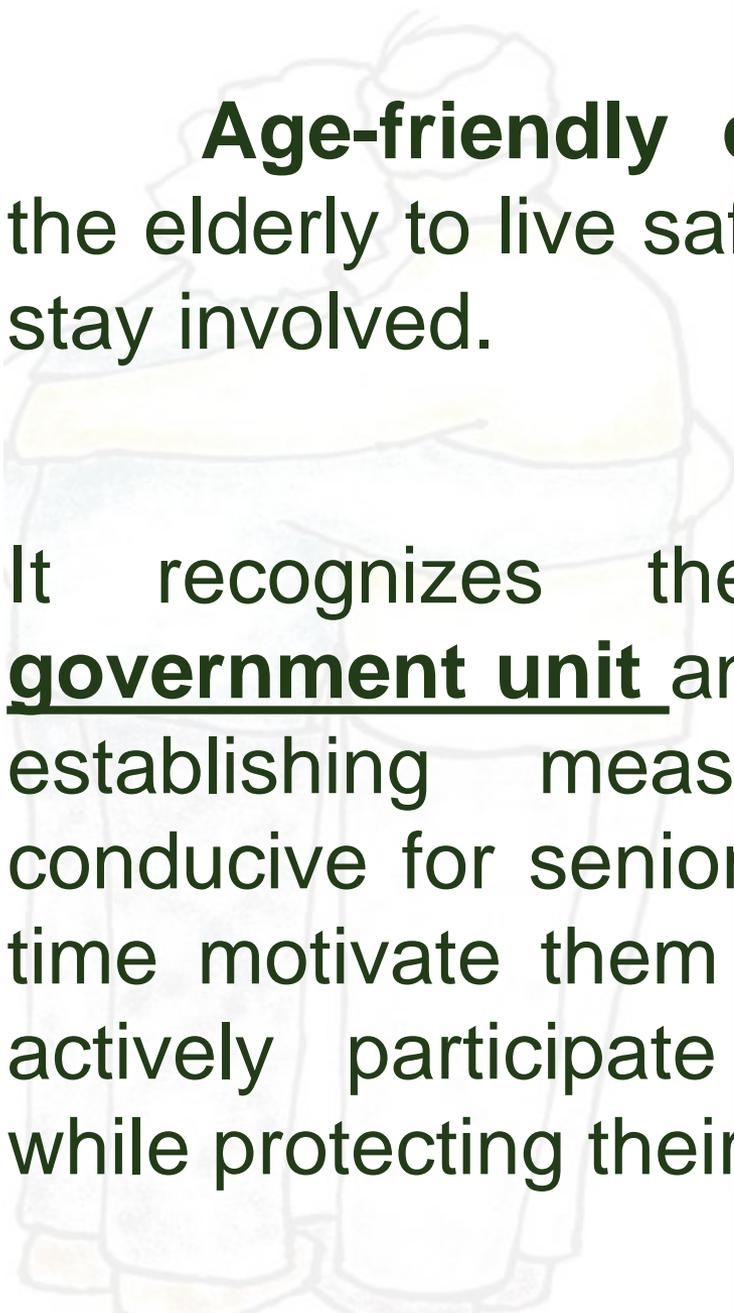


# Age-Friendly Cities and Communities

12<sup>th</sup> ASEAN and Japan High Level  
Officials' Meeting (HLOM) on  
Caring Societies

Philippines





**Age-friendly cities/communities** helps the elderly to live safely, enjoy good health and stay involved.

It recognizes the initiatives of local government unit and the community itself in establishing measures and mechanisms conducive for senior citizens and at the same time motivate them to remain productive and actively participate in community activities while protecting their rights and welfare.

# **Philippine Plan of Action for Senior Citizens (PPASC).**

- Philippine Government response to various key issues related to the ageing population in the country
- Focuses on strengthening the collaboration of different stakeholders and the senior citizens themselves to ensure implementation of various programs and services for the elderly

# Three Strategies Adopted by PPASC:

- Senior Citizens and Development
- Advancing Health and Well-being into Old Age
- Ensuring Supportive and Enabling Environment



# City of Cabadbaran, Agusan Del Norte

## Goals of the Local Government Unit for Older Persons:

- empowered senior citizens;
- established measures whereby the contribution of the senior citizens are maximized;
- motivated senior citizens to contribute to nation building;
- encourage families and communities they live in to reaffirm valued Filipino tradition of caring for senior citizens;
- functional FSCAP and OSCA Office Sustained;
- improved quality of life of Senior Citizens through provision of social protection and welfare services;
- mobilization of elderly as volunteer and human resource in the locality

# City of Cabadbaran, Agusan Del Norte:

- Self and Social Enhancement Services for the Elderly;
- Pa-Birthday ni Lolo og Lola;
- Cash incentive;
- Advocacy Services and Information Drive;
- Support to Medical and Mortuary Services;
- Support to FSCAP Meetings / Transportation / Seminars and Meetings of Senior Citizens;
- Milestone Award; and
- Healthy Lifestyle and Long Term Support

# City of Makati, Metro Manila:

- Bi-annual allowance to 70 years old and above
- exemption from color coding, free movies, birthday cakes delivered during their birthdays, free haircut and salon treatments, free massage
- cash gift and burial assistance
- established an Elderly Health Care Office that caters to the health and social needs of senior citizens
- Elderly Welfare Program
- Provision of mobility aids (e.g. walking sticks, quad canes, wheelchairs)

**THANK YOU  
and  
MABUHAY!**

**Philippines**

