

## Outline of results

### 1 Estimated number of patients (per day)

The estimated number of patients who received medical treatment nationwide on the dates of the survey were 1,175.3 thousand "inpatients" and 7,275.0 thousand "outpatients."

#### (1) By type of medical institution, sex, and age group

Looking at the 1,175.3 thousand "inpatients" by type of medical institution, 1,148.6 thousand inpatients were in "hospitals" and 26.7 thousand inpatients were in "medical clinics." By sex, 539.9 thousand inpatients were "male" and 635.4 thousand inpatients were "female." By age group, 887.2 thousand inpatients were "65 and over", 805.3 thousand inpatients were "70 and over" and 672.9 thousand inpatients were "75 and over."

Looking at the 7,275.0 thousand "outpatients" by type of medical institution, 1,516.9 thousand patients visited "hospitals," 4,494.3 thousand patients visited "medical clinics," and 1,263.8 thousand patients visited "dental clinics." By sex, 3,096.1 thousand patients were "male" and 4,178.9 thousand patients were "female." By age group, 3,698.2 thousand patients were "65 and over", 3,103.7 thousand patients were "70 and over" and 2,275.3 thousand patients were "75 and over." (Table 1, Statistics Table 1).

**Table 1 Estimated Number of Patients (per day) by Type of Medical Institution and Age Group**

(Unit: Thousand persons)

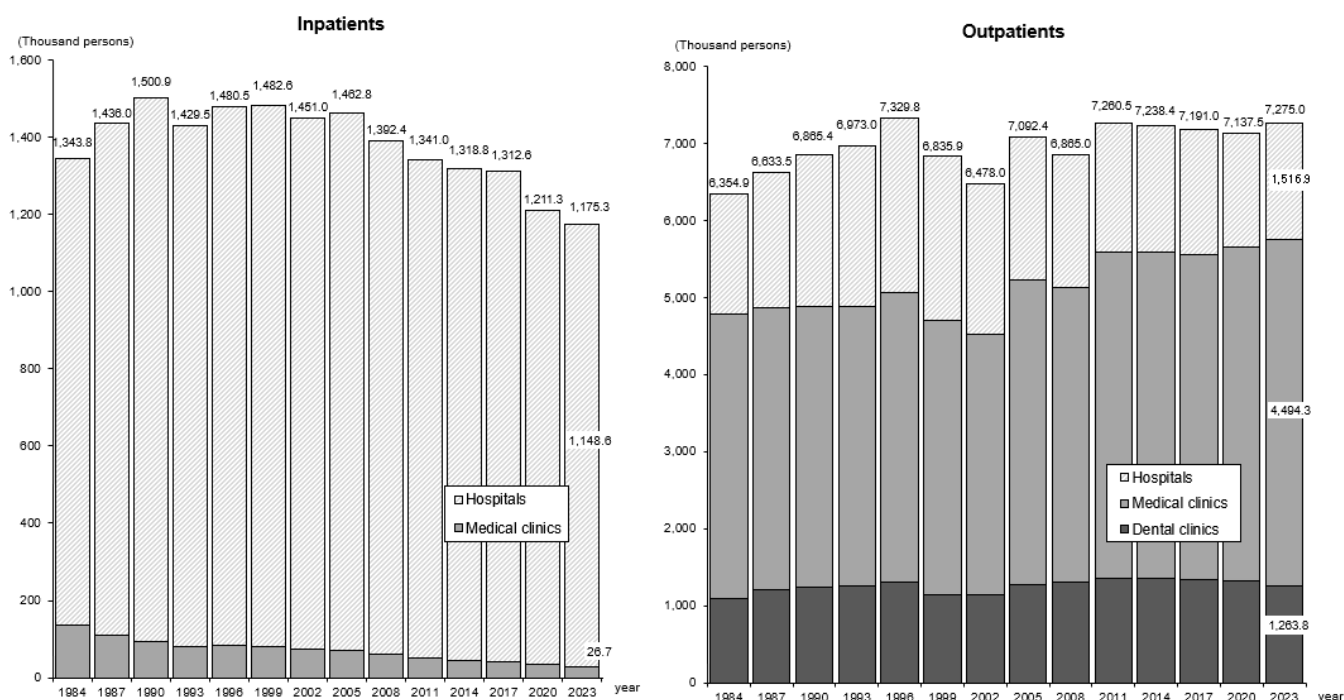
October 2023

Sex Age group	Inpatients			Outpatients			
	Total	Hospitals	Medical clinics	Total	Hospitals	Medical clinics	Dental clinics
Total	1 175.3	1 148.6	26.7	7 275.0	1 516.9	4 494.3	1 263.8
Male	539.9	531.0	8.9	3 096.1	706.8	1 870.3	518.9
Female	635.4	617.6	17.8	4 178.9	810.1	2 623.9	744.9
Age 0	9.4	8.8	0.5	49.0	10.2	38.5	0.2
1~4	5.1	5.1	-	209.5	25.1	168.9	15.6
5~9	4.2	4.2	-	251.4	26.3	176.0	49.0
10~14	4.6	4.6	0.0	193.1	22.6	134.8	35.7
15~19	6.3	6.2	0.1	135.1	19.7	93.8	21.6
20~24	8.6	8.2	0.3	147.6	23.1	95.1	29.4
25~29	11.8	10.6	1.3	183.8	29.6	114.8	39.3
30~34	15.3	13.5	1.8	204.2	35.4	127.0	41.8
35~39	17.1	16.0	1.1	236.3	42.6	143.7	49.9
40~44	20.0	19.6	0.4	271.9	52.1	161.0	58.8
45~49	28.9	28.3	0.7	356.6	70.5	208.7	77.4
50~54	42.5	42.0	0.5	424.1	90.8	245.6	87.7
55~59	50.8	49.7	1.0	428.1	94.3	251.9	81.8
60~64	62.9	62.1	0.8	474.4	106.7	274.8	92.9
65~69	81.9	80.6	1.3	594.5	133.5	353.5	107.5
70~74	132.5	130.5	1.9	828.4	198.2	500.9	129.3
75~79	152.0	149.3	2.6	836.9	202.2	513.3	121.5
80~84	174.0	171.0	3.0	708.0	168.6	438.4	101.0
85~89	175.6	171.6	4.0	456.9	105.6	277.6	73.7
Aged 90 and over	171.3	166.1	5.2	273.6	58.6	167.2	47.8
Not stated	0.7	0.6	0.1	11.7	1.0	8.8	1.8
(Regrouped)							
Aged 65 and over	887.2	869.2	18.0	3 698.2	866.6	2 250.8	580.8
Aged 70 and over	805.3	788.6	16.8	3 103.7	733.1	1 897.3	473.3
Aged 75 and over	672.9	658.0	14.8	2 275.3	534.9	1 396.4	344.0

Looking at the yearly trend of the estimated number of patients, the number of inpatients has been decreasing since 2008, and is now at its lowest level since 1984, when the current survey method was implemented. The number of outpatients has not changed much since 2011 (Figure 1, Statistics Table 1).

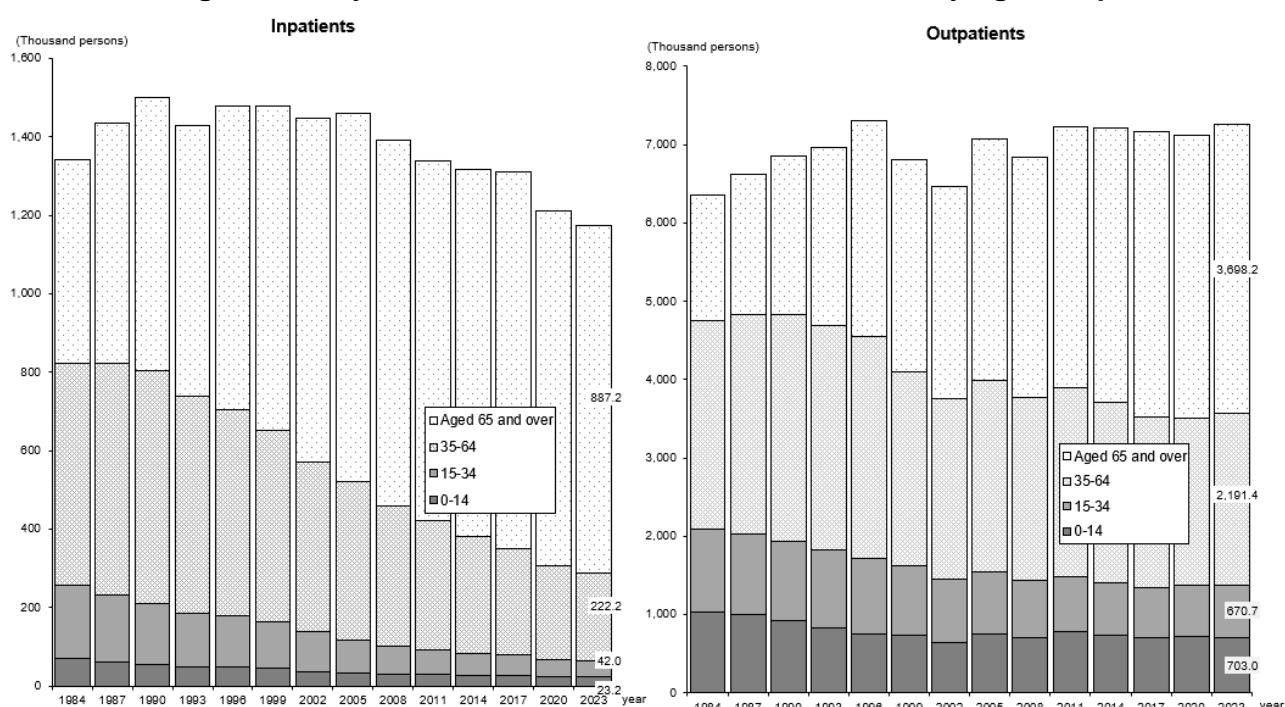
By age group, the number of inpatients has been declining since 1990 for all age groups except for those aged 65 and over, while the number of outpatients has not changed much since 2011 (Figure 2, Statistics Table 1).

**Figure 1 Yearly Trend in the Estimated Number of Patients (per day) by Type of Medical Institution**



Note: Figures of 2011 exclude data of Fukushima Prefecture and the medical areas of Ishinomaki and Kesennuma in Miyagi Prefecture.

**Figure 2 Yearly Trend in the Estimated Number of Patients by Age Group**



Note: Figures of 2011 exclude data of Fukushima Prefecture and the medical areas of Ishinomaki and Kesennuma in Miyagi Prefecture.

## (2) By classification of injury/disease

Looking at the estimated number of inpatients by classification of injury/disease, the highest rate was "V Mental and behavioral disorders" (213.1 thousand), followed by "IX Diseases of the circulatory system" (182.5 thousand), and "X IX Injury, poisoning and certain other consequences of external causes" (133.5 thousand).

Regarding the estimated number of outpatients, the most common categories, ranked highest to lowest, are: "XI Diseases of the digestive system" (1,236.0 thousand), "XXI Factors influencing health status and contact with health services" (999.0 thousand) and "IX Diseases of the circulatory system" (842.2 thousand) (Table 2, Statistics Tables 2 and 3)

**Table 2 Estimated Number of Patients by Type of Medical Institution and Classification of Injury/Disease**

(Unit: Thousand persons)

October 2023

Classification of injury/disease		Inpatients			Outpatients			
		Total	Hospitals	Medical clinics	Total	Hospitals	Medical clinics	Dental clinics
Total		1 175.3	1 148.6	26.7	7 275.0	1 516.9	4 494.3	1 263.8
I	Certain infectious and parasitic diseases	15.6	15.3	0.2	148.4	27.6	120.8	.
	Tuberculosis (Regrouped)	1.3	1.3	-	0.9	0.9	0.1	.
	Viral hepatitis (Regrouped)	0.4	0.3	0.0	9.5	6.5	3.0	.
II	Neoplasms (tumor)	118.8	117.8	1.0	258.2	198.6	59.6	.
	Malignant neoplasms (tumor) (Regrouped)	106.1	105.2	0.9	186.4	152.8	33.6	.
	Malignant neoplasm of stomach (tumor) (Regrouped)	8.6	8.5	0.1	15.5	12.3	3.2	.
	Malignant neoplasm of colon and rectosigmoid junction and rectum (tumor) (Regrouped)	15.8	15.7	0.1	28.0	22.9	5.2	.
	Malignant neoplasm of liver and intrahepatic bile ducts (tumor) (Regrouped)	4.0	4.0	-	4.2	3.7	0.6	.
	Malignant neoplasm of trachea, bronchus and lung (tumor) (Regrouped)	14.3	14.2	0.1	18.6	16.9	1.7	.
	Malignant neoplasm of breast (tumor) (Regrouped)	5.4	5.3	0.1	33.0	23.8	9.2	.
III	Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism	5.6	5.6	0.0	20.3	11.1	9.2	.
IV	Endocrine, nutritional and metabolic diseases	29.1	28.5	0.6	432.5	108.0	324.5	.
	Diabetes mellitus (Regrouped)	12.7	12.4	0.3	205.4	64.2	141.2	.
	Dyslipidemia (Regrouped)	0.3	0.2	0.0	162.0	19.9	142.2	.
V	Mental and behavioral disorders	213.1	212.7	0.4	244.6	102.1	142.5	.
	Vascular and unspecified dementia (Regrouped)	22.8	22.5	0.3	14.1	3.6	10.5	.
	Schizophrenia, schizotypal and delusional disorders (Regrouped)	126.4	126.3	0.0	49.5	32.7	16.7	.
	Mood [affective] disorders (including bipolar affective disorder) (Regrouped)	26.6	26.6	0.1	76.8	25.8	51.0	.
VI	Diseases of the nervous system	123.2	122.5	0.8	161.8	62.3	99.4	.
	Alzheimer disease (Regrouped)	52.7	52.4	0.2	44.0	13.8	30.1	.
VII	Diseases of the eye and adnexa	10.0	9.5	0.5	333.7	57.4	276.3	.
VIII	Diseases of the ear and mastoid process	1.9	1.9	0.0	81.0	12.6	68.5	.
IX	Diseases of the circulatory system	182.5	178.5	4.1	842.2	192.8	649.4	.
	Hypertensive diseases (Regrouped)	4.2	3.2	1.0	606.4	81.1	525.4	.
	Heart diseases (excluding hypertensive) (Regrouped)	57.2	55.9	1.4	139.0	64.2	74.7	.
	Cerebrovascular diseases (Regrouped)	109.4	107.9	1.5	74.8	32.6	42.2	.
X	Diseases of the respiratory system	83.5	82.5	1.0	625.3	71.8	553.4	.
	Pneumonia (Regrouped)	26.3	25.9	0.4	4.7	2.5	2.2	.
	Chronic obstructive pulmonary disease (Regrouped)	5.7	5.6	0.1	16.4	5.9	10.5	.
	Asthma (Regrouped)	2.1	2.0	0.1	98.3	14.7	83.6	.
XI	Diseases of the digestive system	60.1	57.5	2.6	1 236.0	112.5	157.1	966.4
	Dental caries (Regrouped)	0.0	0.0	-	222.6	4.2	2.1	216.3
	Gingivitis and periodontal diseases (Regrouped)	0.2	0.2	0.0	550.6	9.9	4.6	536.2
	Diseases of liver (Regrouped)	5.5	5.4	0.1	23.1	12.0	11.0	.
XII	Diseases of the skin and subcutaneous tissue	12.3	12.2	0.2	314.2	40.3	273.9	.
XIII	Diseases of the musculoskeletal system and connective tissue	73.6	70.9	2.7	805.1	160.2	644.9	.
XIV	Diseases of the genitourinary system	51.1	48.9	2.2	337.1	112.2	224.9	.
	Chronic kidney diseases (Regrouped)	22.0	20.3	1.7	128.8	51.0	77.8	.
XV	Pregnancy, childbirth and the puerperium	14.1	10.4	3.7	12.1	6.0	6.1	.
XVI	Certain conditions originating in the perinatal period	6.6	6.2	0.4	3.3	3.0	0.3	.
XVII	Congenital malformations, deformations and chromosomal abnormalities	5.5	5.5	0.0	16.4	11.0	5.4	.
XVIII	Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified	14.5	13.3	1.2	92.7	42.6	50.1	.
XIX	Injury, poisoning and certain other consequences of external causes	133.5	129.1	4.5	281.9	86.2	194.2	1.5
	Fracture (Regrouped)	96.3	92.6	3.7	98.1	38.6	59.5	.
XXI	Factors influencing health status and contact with health services	5.7	5.3	0.4	999.0	92.7	610.4	296.0
XXII	Codes for special purposes	14.8	14.8	0.1	29.3	6.0	23.3	.

### (3) Home medical care

The estimated number of outpatients who received home medical care on the date of the survey was 239.0 thousand. By type of medical institution, 21.8 thousand patients received home medical care by "hospitals," 121.5 thousand by "medical clinics," and 95.7 thousand by "dental clinics."

By type of home medical care in total, 40.4 thousand received "on-call visit," 166.3 thousand received "home visit consultation," and 32.4 thousand received "Home visit by person other than physician/dentist." (Table 3)

Looking at the yearly trend, the estimated number of outpatients who received home medical care, in all categories of "on-call visit," "home-visit consultation," and "home visit by person other than physician/dentist," has increased since 1996. (Figure 3)

**Table 3 Estimated Number of Patients (per day) who Received Home Medical Care by Age Group**

(Unit: Thousand persons)

Age group	Total of estimated number of outpatients	(Total)				(Hospitals)				(Medical clinics)				(Dental clinics)		
		Home medical care	Home visit by physician	Doctor's visit	Home visit by person other than physician or dentist	Home medical care	Home visit by physician	Doctor's visit	Home visit by person other than physician or dentist	Home medical care	Home visit by physician	Doctor's visit	Home visit by person other than physician	Home medical care	Doctor's visit	Home visit by person other than dentist
Total	7 275.0	239.0	40.4	166.3	32.4	21.8	6.8	12.8	2.3	121.5	33.6	86.1	1.9	95.7	67.4	28.3
0 ~ 14	703.0	0.9	0.4	0.6	0.0	0.1	0.0	0.0	0.0	0.7	0.3	0.3	0.0	0.2	0.2	-
15 ~ 34	670.7	3.3	1.5	1.8	0.1	0.3	0.2	0.1	0.1	2.6	1.3	1.3	0.0	0.4	0.4	-
35 ~ 64	2 191.4	14.5	5.5	7.5	1.4	2.5	0.8	0.8	0.9	8.7	4.7	3.8	0.2	3.2	2.9	0.3
Aged 65 and over	3 698.2	220.0	32.9	156.3	30.8	18.9	5.7	11.9	1.3	109.3	27.2	80.6	1.6	91.8	63.8	28.0
(Regrouped)																
Aged 70 and over	3 103.7	213.9	31.9	151.6	30.3	17.9	5.4	11.4	1.1	106.5	26.6	78.5	1.5	89.4	61.7	27.7
Aged 75 and over	2 275.3	202.5	30.0	143.8	28.8	16.7	5.0	10.7	0.9	100.2	24.9	74.0	1.3	85.7	59.1	26.6

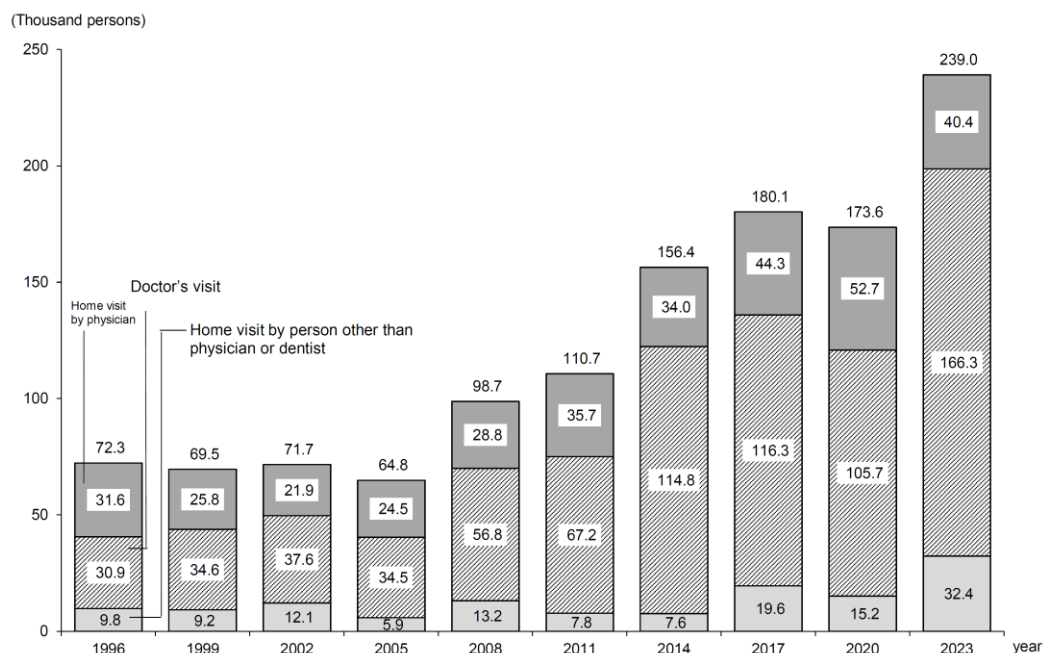
Notes: 1) Total includes patients of unknown age.

2) "On-call visit" means a visit to a patient's home (including facilities, such as "health care facility for the elderly requiring long-term care") for consultation upon the request of the patient, his/her family, or others.

3) "Home visit consultation" means, in medical care, a physician's regular visit to a patient's home for consultation under planned medical management with the consent of the patient who is receiving long-term care at home and has difficulty in making regular outpatient visits, and in dental care, a dentist's visit to a patient's home for dental treatment.

4) "Home visit by a person other than a physician/dentist," "Home visit by a person other than a physician" and "Home visit by a person other than a dentist" mean a regular visit by a person other than a physician or dentist to a patient's home to provide consultation under planned medical management with the consent of the patient who is receiving long-term care at home and has difficulty in making regular outpatient visits.

**Figure 3 Yearly Trend in the Estimated Number of Patients (per day) who Received Home Medical Care**

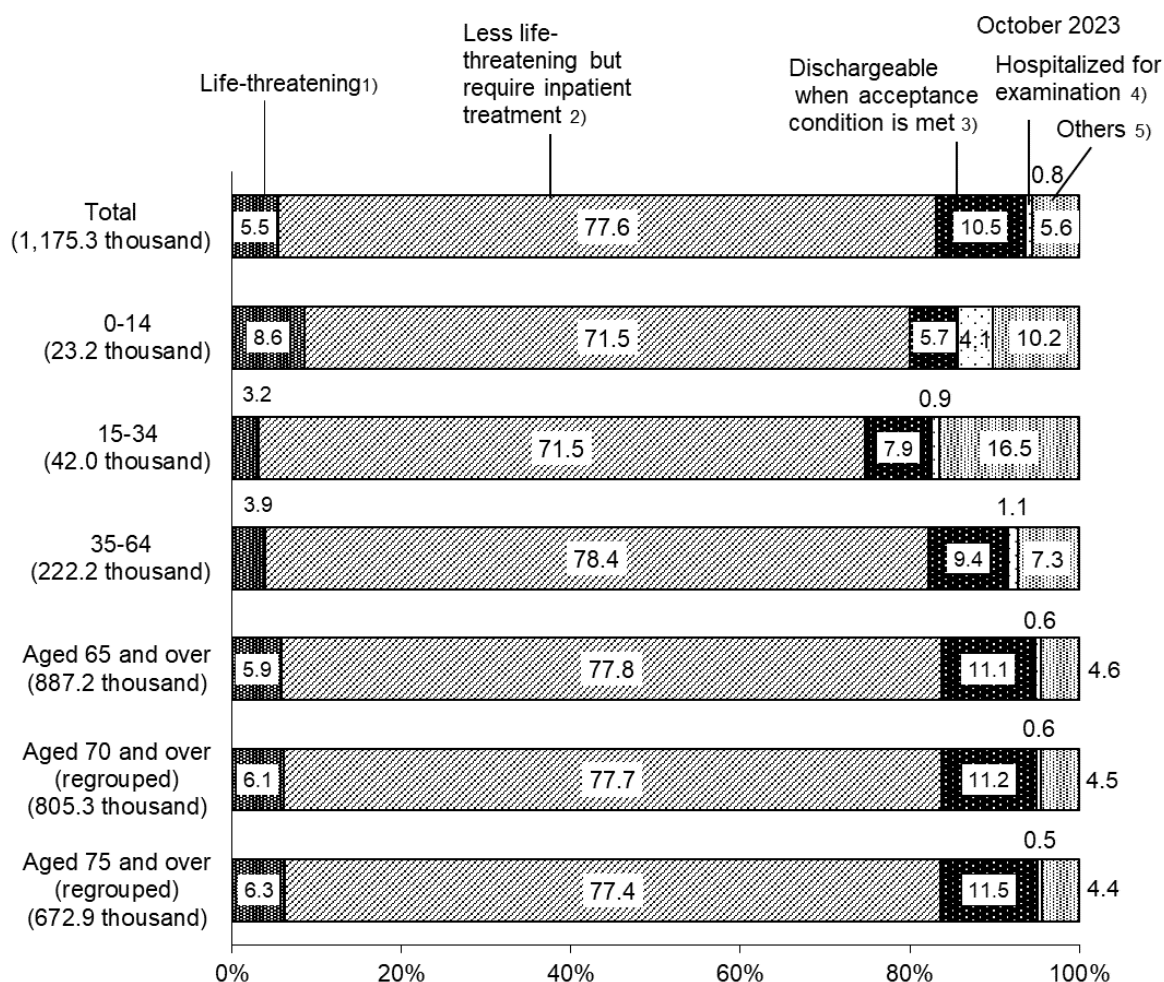


Note: Figures of 2011 exclude data of Fukushima Prefecture and the medical areas of Ishinomaki and Kesennuma in Miyagi Prefecture.

#### (4) Inpatient status (severity of illness, etc.)

Looking at the inpatient status (severity of illness, etc.), 5.5% were "life-threatening," 77.6% were "less life-threatening but require inpatient treatment," 10.5% were "dischargeable when acceptance condition is met," and 0.8% were "hospitalized for examination." (Figure 4)

**Figure 4 Percentage Distribution of the Estimated Number of Inpatients by Inpatient Status (Severity of Illness, etc.) and Age Group**



- Notes: 1) "Life-threatening" means patients with a severe condition whose lives are at risk.  
 2) "Less life-threatening but require inpatient treatment" includes patients scheduled to be discharged.  
 3) "Dischargeable when acceptance condition is met" means patients who are not scheduled to be discharged but in a condition where they can be discharged.  
 4) "Hospitalized for examination" means patients who are hospitalized for examination and includes healthy patients hospitalized for general examination.  
 5) "Others" means patients who are not listed in 1) through 4) above.  
 6) Total includes patients of unknown age.  
 7) The figures in parentheses are the estimated number of inpatients.