

Terms and Definitions

1. Preventive long-term care services and In-home services

(1) “Home-visit care for preventive long-term care”, “Home-visit care”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others provided by care workers etc. at the individual’s home.

(2) “Home-visit bathing service for preventive long-term care”, “Home-visit bathing service”

Assistance for bathing with a bathtub service provided at the individual’s home.

(3) “Home-visit nursing care for preventive long-term care”, “Home-visit nursing care”

Recuperative care or necessary medical assistance provided by nurses etc. at the individual’s home.

(4) “Daycare service for preventive long-term care”, “Daycare service for long-term care”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, and functional training, provided on an ambulatory basis at facilities including daycare service centers for the elderly.

(5) “Commuting rehabilitation service for preventive long-term care”, “Commuting rehabilitation service”

Rehabilitation services such as physical therapy and occupational therapy provided to maintain or restore physical or mental functions and to assist independence in activities of daily living. The services are provided on an ambulatory basis at ‘Healthcare facilities for the elderly requiring long-term care’, hospitals, clinics, etc.

(6) “Short-term stay for preventive long-term care”, “Short-term stay for long-term care”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, and functional training, provided through a short-term admission to facilities such as ‘Special nursing home for the elderly’ or ‘short-term stay facilities for the elderly’.

(7) “Short-term stay for preventive recuperative care”, “Short-term stay for recuperative care”

Nursing care, long-term care under control of medical management, functional training and other necessary medical treatment, and assistance in activities of daily living, provided through a short-term admission to ‘Healthcare facilities for the elderly requiring long-term care’, ‘Sanatorium-type medical care facilities for the elderly requiring long-term care’ and so on.

(8) “Preventive long-term care for residents of specified institutions”, “Long-term care for residents of specified facilities”

Assistance in activities of daily living including care for bathing, toileting, eating etc. and others, functional training, and recuperative care provided at facilities to residents of the ‘fee-based nursing homes for the elderly’ and so on requiring long-term care etc., based on a specified facility service plan.

(9) “Rental of assistive equipment for preventive long-term care”, “Rental of assistive equipment”

Rental service of equipments that make activities of daily living easier and equipments for functional training, which helps the independence in daily life (those designated by the Minister of Health, Labour and Welfare).

(10) “Sale of specified assistive equipment for preventive long-term care”, “Sale of specified assistive equipment”

Sale of equipment provided for use in bathing or toileting, among assistive equipments.

2. Community-based preventive long-term care services and community-based services

(1) “Nighttime home-visit care”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others provided by care workers etc. at the individual’s home at night through periodic visits or on requests.

(2) “Daycare for preventive long-term care of the elderly with dementia”, “Daycare for the elderly with dementia”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, and functional training, provided on an ambulatory basis at facilities providing daycare services etc. for persons with dementia requiring long-term care (or support).

(3) “Multifunctional preventive long-term care in a small group home setting”, “Multifunctional care in a small group home setting”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, and functional training, provided at the individual’s home or at certain locations of service designated by an Ordinance of the Ministry of Health, Labour and Welfare, where service provisions are made on an ambulatory basis or through a short stay.

(4) “Preventive long-term care in a small group home setting for the elderly with dementia”, “Care in a small group home setting for the elderly with dementia”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, and functional training, provided at housings for shared living for persons with dementia requiring long-term care (or support) with a relatively stable condition.

(5) “Community-based long-term care for residents of specified facilities”

Assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, functional training and recuperative care, provided at facilities to the residents requiring long-term care etc. living at ‘fee-based nursing homes for the elderly’ and so on, based on a community-based service plan.

(6) “Community-based welfare facilities for the elderly requiring long-term care”

A ‘Special nursing home for the elderly’ (only those with capacity of 29 residents or less) prescribed in the Act on Social Welfare Service for Elderly, which is designated by the mayor of a municipality under the Long-term Care Insurance Act, and aims to provide assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, functional training, health control and recuperative care at its facility to their residents requiring long-term care based on a community-based service plan.

3. “Assistance in Receiving Preventive Long-Term Care”

Support provided at the request of a care recipient requiring in-home support, taking into consideration the recipient’s physical and mental conditions, circumstances, and the preference of the recipient or his/her family etc. It provides services including preparation of a preventive long-term care service plan to help the recipient use preventive long-term care services and community-based preventive long-term care services appropriately, coordination with service providers to secure the preventive long-term care services for the recipient, and others.

4. “Assistance in Receiving In-home Long-Term Care”

Support provided at the request of a care recipient requiring in-home long-term care, taking into consideration the recipient’s physical and mental conditions, circumstances and the preference of recipient or his/her family, etc. It provides services including preparation of a in-home service plan on the type and content of the service to help the recipient use in-home service etc. appropriately, coordination with service providers to secure the preventive long-term care services for the recipient, and others, and when the recipient needs admission to an ‘Institution covered by the long-term care insurance’ etc. it provides referrals and other forms of assistance.

5. Institutions covered by the Long-term Care Insurance

(1) “Welfare Facility for the Elderly Requiring Long-Term Care”

A ‘Special nursing home for the elderly’ (only those with capacity of 30 residents or more) prescribed in the Act on Social Welfare Service for Elderly, which is designated by a prefectural governor based on the Long-term Care Insurance Act, and aims to provide assistance in activities of daily living such as care for bathing, toileting, eating etc. and others, functional training, health control and recuperative care to their residents requiring long-term care based on a facility service plan.

(2) “Healthcare Facility for the Elderly Requiring Long-Term Care”

A facility which is established with the prefectural governor’s permission based on the Long-term Care Insurance Act, with the purpose of providing nursing care, long-term care under control of medical management, functional training and other necessary medical treatment, and assistance in activities of daily living to their residents requiring long-term care based on a facility service plan.

(3) “Sanatorium-Type Medical Care Facility for the Elderly Requiring Long-Term Care”

A medical facility prescribed in the Medical Care Act, that is designated by a prefectural governor based on the Long-Term Care Insurance Act, and aims to provide recuperative management, nursing care, assistance including long-term care under control of medical management, functional training, and necessary medical treatment to their residents requiring long-term care based on a facility service plan.

Please click [here](#) for the details (Japanese only)