Outline of Scope and Estimates of National Medical Care Expenditure

1 Scope of National Medical Care Expenditure

“National Medical Care Expenditure” is an estimate of expenditure spent on treatments for diseases and injuries at health care institutions during the year of estimate. These estimates include medical expenses, pharmacy expenses, hospital meal and living expenses, and home-visit nursing care expenses as well as transfer expenses provided by medical insurance, etc.

Scope of National Medical Care Expenditure is limited to treatments for diseases and injuries, therefore excludes (1) cost for uncomplicated pregnancies and deliveries, (2) cost for medical checkups and protective inoculations for maintenance and enhancement of health, and (3) cost for prostheses for eyes and limbs required for established disabilities, etc.

Additionally, it excludes cost to cover differences in hospital room charge and dental treatment.

Scope of National Medical Care Expenditure

Medical institutions, etc. | Provided services
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Hospitals | Medical expenses
Medicall clinics | Medical treatment
Dental clinics | Inpatients
| Outpatients
Dental treatment | Hospital meal and living expenses
Medical expenses | (those covered by public funds, health insurances, and medical care system for the elderly)
Prostheses | (those covered by insurances, etc.)
Medicinal expenses | Pharmacy expenses
Clinics of Japanese traditional massage, acupuncture, moxacautery, and bone-setting | (those covered by public funds, health insurances, and medical care system for the elderly)
Other services | Medical expenses for treatments by Judo therapists and acupuncture therapists
| (Those covered by insurances, etc.)
Home-visit nursing care expenses | Transfer expenses
Home-visit nursing care | (those covered by insurances, etc.)
Home-visit nursing care for the elderly | Prostheses
| Basic fee
Health care facilities for the elderly requiring Long-term Care | Facilities services at Sanatorium-type medical care facility for the elderly requiring Long-term Care.
| In-home and facility services under the Long-term Care Insurance Act
Establishments for home-visiting nursing care | Cost for home-visit nursing care under the Long-term Care Insurance Act
| Cost for fees other than basic fee
Maternity homes | Cost for medicine purchasing
Pharmacies | Japanese traditional massage, etc. not instructed by medical doctors
| (Those uncovered by insurances, etc.)
Others | Indirect cost for medical treatment
| Costs for transport and goods
| Prostheses
| Spectacles
| (Those uncovered by insurances, etc.)

Cost for uncomplicated pregnancies and deliveries
Hospital room charge difference
Dental treatment difference
Cost for cosmetic surgery
Cost for group medical checkup
Cost for individual medical checkup
Complete medical checkup, etc.
In-home services such as short-term stay for recuperative care under the Long-term Care Insurance Act
Facility services at Sanatorium-type medical care facility for the elderly requiring Long-term Care.
Cost for normal pregnancies, deliveries, and puerperal management
Indirect cost for medical treatment
Costs for transport and goods
Prostheses
Spectacles
(Those uncovered by insurances, etc.)
2 Outline of the estimate method

National medical care expenditure was estimated by type of system using the methods described in (1) to (3) below.

(1) Confirmed payment (including high cost medical treatment expenses) in the year of estimate in principle for “Public expense” covered by national government or local public agency under public expenditure system, “Social insurance” as medical insurance system, workers’ compensation insurance system, etc., and “Medical Service for the aged” as medical treatment by the Health and Medical Service Law for the Aged

(2) Estimate of patient copayment involving (1) among the medical fee paid by patients

(3) Estimate of complete private payment for diseases and injuries (cost paid by automobile liability insurance or as private medical treatment) among the medical fee paid by patients

Then, based on the estimates of national medical care expenditure described above, estimates of national medical care expenditure by source of fund by type of medical treatment, by age group, and estimates of general medical treatment expenditure by classification of diseases were estimated from distribution using percentages provided by each survey.

3 Definitions

(1) Estimates of national medical care expenditure by source of fund

| Public funds | Expenses covered by share of national treasury and local public agencies for public medical service system, medical insurance system, and medical care system for the elderly |
| Insurance premium | Fee due to be paid as insurance premium (tax) by the insured of the national health insurance, the insured and business owners in benefit from medical insurance system, medical care system for the elderly, and workers’ compensation insurance system |
| Others | Patient copayment and payment by responsible party (compensation benefit by Act on Compensation, etc. of Pollution-related Health Damage and relief benefits by health damage relief system) |

(2) Estimates of national medical care expenditure by type of medical treatment

| General medical expenses | Medical expenses for medical treatment and cost for treatment by Judo therapist, acupuncture therapists, etc., transfer, prostheses, that are benefitted by medical insurance, etc. |
| Dental expenses | Medical expenses for dental treatment |
| Pharmacy expenses | Cost for medicines, etc. provided by insurance pharmacies on prescription by medical doctors (sum of medical product price and technical costs including basic dispensing fee, etc.) |
| Hospital meal and living expenses | “Hospital meal expenses” until 2005 (sum of hospital meal expenses and standard cost) and since 2006, total of hospital meal expenses, standard cost for hospital meal, hospital living expenses, and standard cost for hospital living |
| Home-visit nursing care expenses | Total of home-visit nursing care expenses, expenses of home-visit nursing care expense for the elderly and basic fee for each |

4 Notes

(1) Symbols used in the tables

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>Quantity zero</td>
<td>—</td>
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<tr>
<td>Item/Category not applicable</td>
<td>.</td>
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<tr>
<td>Data not available or applicable</td>
<td>…</td>
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<tr>
<td>Estimate not zero, but less than 1/2 of units or minimal percentage</td>
<td>0.0</td>
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<tr>
<td>Decreased number (percentage)</td>
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(2) Values presented in the outline of survey results are rounded and the sums of the items do not always
make up the totals.

(3) Data of public expenses and patient copayment in estimates of national medical care expenditure by type of system and by source of fund are altered retroactively up to 1996 when survey method for medical care expenditure in “public expense benefit” involving solely local public agency was changed in 2005. Therefore, those data since 2005 are presented in different values from those until 2004 estimates of national medical care expenditure.

References:
・“Health Statistics in Japan 2007” （page 39-42）
・Japanese: Estimates of National Medical Care Expenditure （国民医療費）
  http://www.mhlw.go.jp/toukei/saikin/hw/k-iryohi/07/gaiyou.html