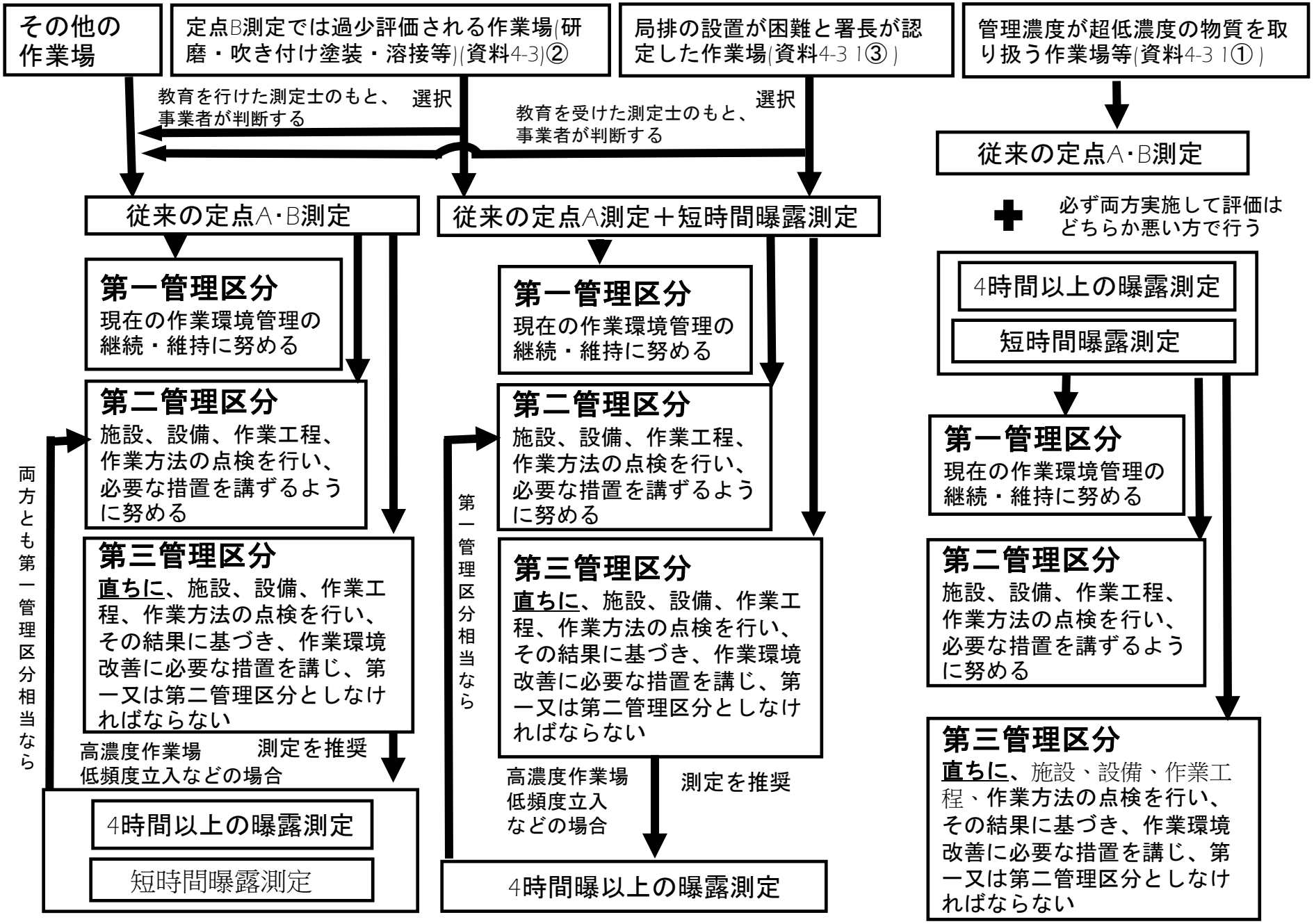測定方法の選択案　（文責　宮内博幸）