



كمنتريڤ كبوداڤاءن، بليا دان سوكن
KEMENTERIAN KEBUDAYAAN, BELIA DAN SUKAN
NEGARA BRUNEI DARUSSALAM



كمنتريڤ كصيحتن
KEMENTERIAN KESIHATAN
MINISTRY OF HEALTH

SUSTAINABLE SUPPORT FOR AGEING POPULATION IN BRUNEI DARUSSALAM

30th October
Narita City, Japan

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BRUNEI DARUSSALAM

AGEING SOCIETY IN BRUNEI DARUSSALAM: AN OVERVIEW



TOTAL POPULATION

455,500 persons

LIFE EXPECTANCY

**80.7 years for women
78 years men**

AGEING DEMOGRAPHIC

Approximately **48,800
persons** aged 60 and
above

45,761 persons aged 60
and above benefit from the Old
Age Pension Scheme (a non
contributory universal allowance)
for Brunei citizens

4 Senior Citizens
Activity Centres (PKWE)
across all districts

2023

The World Health Organization (WHO) has recognized the practices of the Tutong Senior Citizens Activity Centre (PKWE Tutong) including it in the Global Database on Age-Friendly Practices

SUSTAINABLE SUPPORT FOR AGING POPULATION IN A CROSS-SECTORAL MANNER

Ministry of Health (MoH)

- Leads healthcare and preventive programmes for older adults (chronic disease, healthy ageing).
- Develops age-friendly health policies and clinical guidelines for senior care.
- Implements community-based health initiatives to encourage active lifestyles.



MINISTRY OF HEALTH & MINISTRY OF CULTURE, YOUTH AND SPORTS

Ministry of Culture, Youth Sports (MCYS): Through Community Development Department (JAPEM)

Through JAPEM, provides social protection and welfare assistance for senior citizens (intervention, old age pension, financial assistance)

- Oversees Senior Citizens Activity Centres promoting social participation and intergenerational bonds.
- Coordinates Senior Citizens Action Plan: Towards Successful Ageing for cohesive national efforts

A blurred background image showing a healthcare professional in a red uniform standing by a hospital bed, interacting with an elderly patient. The professional is leaning over the bed, and the patient is lying down. The scene is brightly lit, suggesting a clinical or hospital setting.

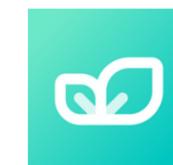
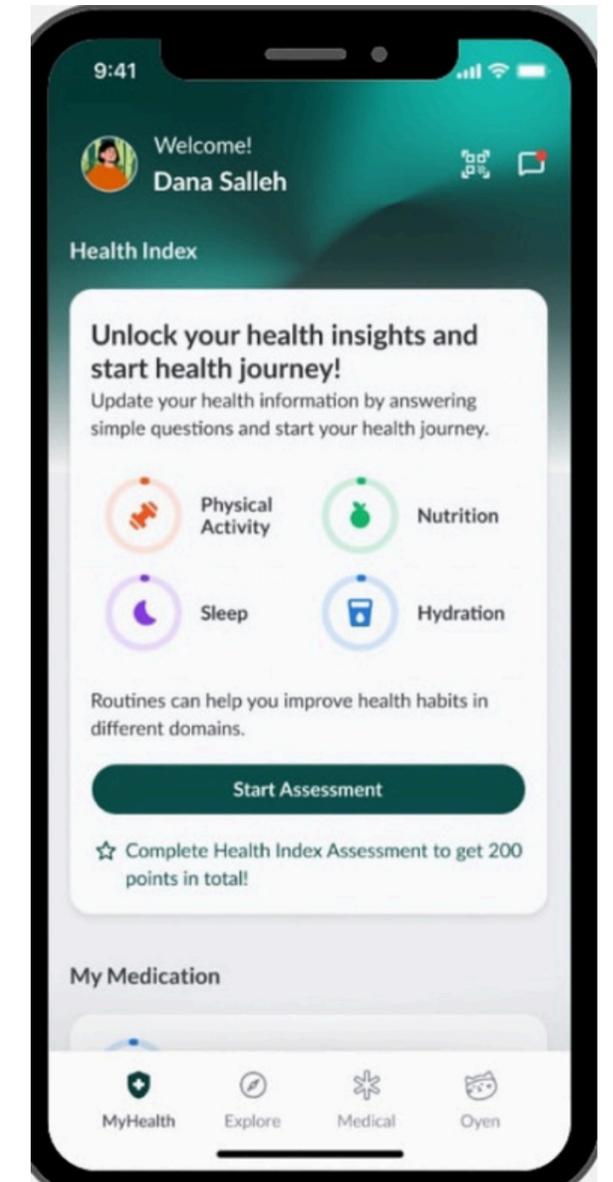
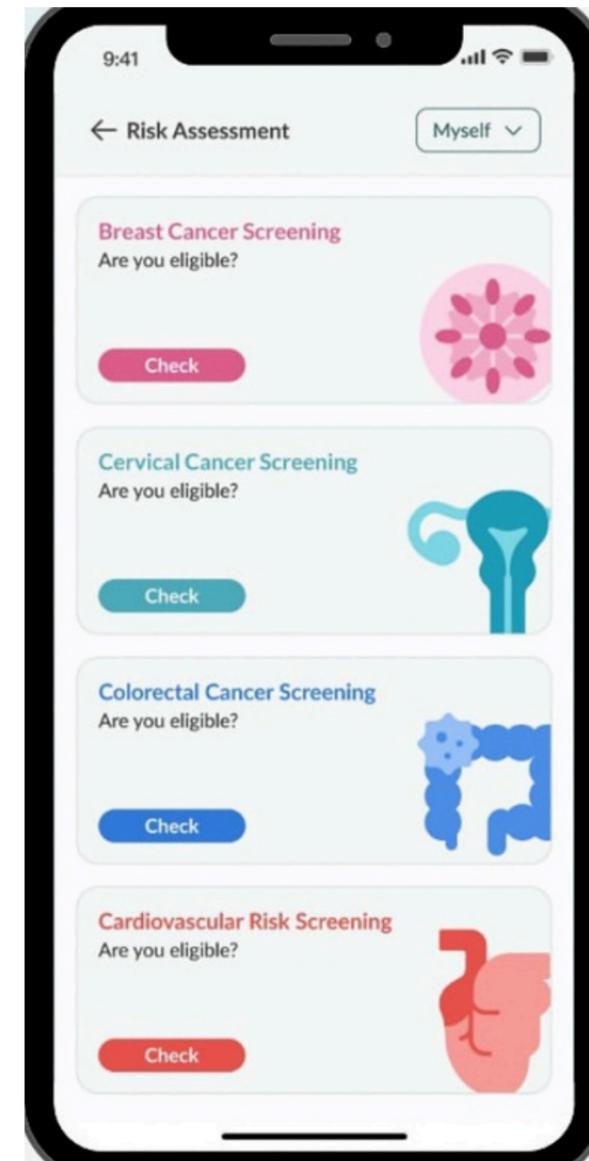
**SUPPORT FOR AGING POPULATIONS:
HEALTH SECTOR**

SUSTAINABLE SUPPORT FOR AGING POPULATION: IN HEALTHCARE SECTOR

1. Universal Healthcare coverage with free healthcare to all its citizens- life-course approach - “from womb to tomb”

2. BRU-HIMS: One patient one record” across all public facilities.

3. BruHealth 5.0 – Digital Health Mobile Application:
a. National Health Screening Programme – CVS, breast, cervical and colorectal cancer
b. Brunei on the move
c. ICOPE (to be added soon)



BruHealth Application

SUSTAINABLE SUPPORT FOR AGING POPULATION: IN HEALTHCARE SECTOR

**4. Brunei Darussalam
Multisectoral Action Plan for
the Prevention and Control
of Noncommunicable
Diseases (BruMAP-NCD)
2021-2025 (due for review
and update)**

**5. Brunei Darussalam Mental
Health Action Plan 2022-
2025 (due for review and
update)**

**6. Geriatric Care Services – in-
patient and out-patient care**
a. Geriatric Consultants and team
b. Multi-disciplinary approach
c. Focus on “Geriatric Giants”,
frailty, sarcopenia, polypharmacy,
osteoporosis

**7. Home-based Nursing
Services for selected case**

**8. To start pilot project on
Stepdown/ Intermediate care
hospital for Elderly –Bridging
the gap between hospital and
home offering time-limited
support & provide temporary
“Safe discharge destination”
for rehabilitation & reablement,
as well as providing carer
training.**

**9. Healthy Lifestyle
Programme – led by Health
Promotion Centre:**
a. National Dietary
Guidelines for Healthy
Eating Brunei Darussalam
b. National Strategy for Salt
Reduction Brunei
Darussalam
c. Nutrient Criteria of Foods
and Beverages with the
Healthier Choice Logo
d. National Physical Activity
Guidelines for Brunei
Darussalam

A group of women, many wearing hijabs and blue tracksuits with yellow accents, are walking outdoors. The scene is bright and appears to be a public event or a group walk. The text is overlaid in the center of the image.

**SUPPORT FOR AGING POPULATIONS:
SOCIAL SECTOR**



**SUSTAINABLE SUPPORT
FOR AGING POPULATION:
INTEGRATION POLICY FOR
INCLUSIVE AGEING
SOCIETY**

FAMILY BASED CARE

**COMMUNITY BASED
SUPPORT**

**GOVERNMENT &
NON GOVERNMENTAL
INTERVENTION**

GOVERNMENT AND NON-GOVERNMENTAL INTERVENTION

Integrated Policy Framework

Integration Policy for Inclusive Ageing Society
Cross collaboration between many government agencies.

- Department of Community Development
- National Council of Social Issues (MKIS)
- Plan of Action of the Elderly: Towards Successful Ageing
- Plan of Action for Family Institution Care for the Elderly
- Senior Citizens Activity Centers
- Provision of financial assistance such as provision of Caregiver Allowance, Disability Allowance and Old Age Pension Scheme; the non-contributory universal allowance for Bruneian Citizens aged 60 and above

Financial Support

Ensure Financial Sustainability via various government agencies

To address this, Brunei is building a holistic social security framework through the integration of various mechanism;

- Old Age Pension,
- Disability Allowance,
- Caregiver Allowance (with eligibility for dual benefits)
- Monthly Welfare Aid through the Department of Community Development, Zakat through the Department of Zakat, Wakaf, Baitulmal (JUZWAB) under the Ministry of Religious Affair)
- Employee Pension Schemes (TAP and SPK), the Social Blueprint 2035

Corporate Social Responsibility

Maintain funding for the community based programs and social engagement activities on a national level from government and non-governmental (private sectors) through CSR (Corporate Social Responsibility)

**International Day of Older Persons
(every 1 October)**

FAMILY BASED CARE AND SUPPORT



Integrated Long Term Care System For Caregivers

Recognitions for the care giving roles, Brunei is set to introduce a caregiver training programme as part of the rollout of the Caregiver Allowance, aimed at maximizing its impact

The **Plan of Action of Family Institution** emphasizes the importance of strengthening the family institution and care for the elderly

National Plan of Action (POA) for the Senior Citizens



National Plan of Action (POA) for the senior citizens has been devised to support 'Towards Successful Ageing'
3 main objectives of the POA:

- Empowerment of Older Persons
- Welfare of Older Persons
- Creating supportive ecosystem for the elderly

Caregiver Allowance and Disability Allowance under the Department of Community Development

As of September 2025

- **1128** persons received both Old Age Pensions and Disability Allowance (Dual Benefits)
- **596** of the elderly received the Caregiver Allowance

COMMUNITY BASED SUPPORT

International Day of Older Persons

Community Development Department, Older Persons Association, Students Association and University Students hosted variety of events

- Religious Events
- Walkatonmas (2025)
(Collaboration between Older Persons Association and Ministry of Culture, Youth and Sports)
- The Golden Amazing Race (2025)
- Medical Students Association organized Golden Milestone Virtual Walkathons (2024)
- TEGAS Walkathon (2023)



The Golden Amazing Race, in conjunction with the International Day of Older Persons 2025

Senior Citizens Activity Centers (Pusat Kegiatan Warga Emas) across all districts

These centers act as a place for the elderly to conduct their daily activities; sports, religious, entrepreneurship, community engagement

The World Health Organization (WHO) recognized the center as the good Age-Friendly Practices



SOCIAL EVENTS





In particular, what are policies that should be promoted in a cross-sectoral manner across the health, social welfare and employment fields?

RECOMMENDATIONS

1

**Strengthening
Healthy and Active
Ageing
Frameworks
(Health + Social
Welfare)**

2

**Enhancing Social
Protection and
Community
Participation
(Social Welfare +
Employment)**

3

**Promoting
Productive and
Inclusive
Employment for
Older Persons
(Employment +
Health + Social
Welfare)**

4

**Strengthening
Governance and
Data for
Evidence-Based
Policy (Cross-
Sectoral)**

5

**5. Elderly Active
Participation
in the
community**