



# Utilization of Healthy and Active Ageing Indicators

By **Malaysia Delegation**

For 21st ASEAN & Japan  
High-Level Officials  
Meeting on Caring  
Societies

30<sup>th</sup> November 2023



# National/ Local Government Policy

## Policies

National Policy for Elderly (1995) & Plan of Action (1998)

National Policy for Older Person (2011)

Action Plan for Older Person (2011)

National Health Policy for Older Person (2008)

National Action Plan for Health Services of Older Person (1997)

Plan of Action for Health Services Care Services of Older Person (2008)

Ministry of Health, Health Care of Older Person Action Plan (2023-2030)

## Legislations

Care Center Act [Act 506] – regulates private care centers

Private Healthcare Facilities and Services Act [Act 586] – Regulates private nursing care centers

Private Aged Healthcare Facilities and Services Act [Act 802] – Regulates private care centers for aged person – residential and day care

# Income Security

## Welfare Aid

- Financial Assistance/ *Bantuan Warga Emas* (BWE)
- RM500 per month

## Medical/ Health Benefit

- Assistive Devices & Support
  - Outpatient Fee Exemption
-

# Social capital of the community (Employment)

## A. Legislations:

- i. **Minimum Retirement Age Act, 2012:** Increased minimum retirement age from 55 to 60 years.
- ii. **Minimum Wage Order, 2022:** Minimum wage of RM 1500 for all employees regardless the age and nationality.
- iii. **Employees Social Security Act, 1969 and Self Employment Social Security Act 2017:** Workers or self-employed person 60 years and above entitled for protection under Employment Injury Scheme.
- iv. **Employee Provident Fund Act, 1991:** Employees 60 years and above still entitled to participate and benefits.

## B. Productivity and engagement:

- i. Pre-retirement course for civil servants.
- ii. Pre-retirement course for arm forces personnel.
- iii. National job division and portal: MyFuture Job
- iv. Establishment of community college for reskilling and upskilling

***“Our concern is high percentage of youth unemployment”***

“According to the Statistics Department, for the second quarter of 2023, the unemployment rate of youths aged 15 to 24 is **10.7%**, or 307,700 people. “Although this percentage seems high, the unemployment rate in Malaysia as a whole is 3.5%. 11 Oct 2023

# Social Capital of the Community

- **Employment rate among the elderly:**

In 2022, 45.2 percent of persons age 55 to 64 are employed in Malaysia.

- **Rate of the elderly who are engaged in volunteer activities including elderly club:**

**161** Pusat Aktiviti Warga Emas / Senior Citizens Activity Center (PAWE).

**52,753** registered members.

- **Elderly Volunteer Workshops:**

“Sukarelawan Jiwa Malaysia Untuk Warga Emas workshop” implemented since 2021.

Total participants:

Year 2021 (24)

Year 2022 (97)

Year 2023 (112)

# Health and Long Term Care Service

## Public Hospitals

Ministry of Health

145

Ministry of Higher Education

6

Ministry of Defence

5

## Private

Hospitals

209

Clinics

8,419

Nursing Homes

21

Hospice

9

## Welfare Institutions

Rumah Seri Kenangan

10

Rumah Ehsan

2

Desa Bina Diri

5

## Our Human Resources for 3.6m of older persons

40 Geriatricians

12 Geriatric Psychiatrists

110 Neurologists

16 Family Medicine Specialists trained in Geriatric Care

218 Nurses trained in Geriatric Care

33 Assistant Medical Officer trained in Geriatric Care

577 Community Nurses

# Participation in Society

- **Intergeneration programs**
  - Theme for Senior Citizen Day Celebration 2023; “Fulfilling the Promises of the Universal Declaration of Human Rights for Older Persons: Across Generations”
  - In 2022, 20 Intergenerational programs have been successfully implemented in 15 states involving the participation of 4,949 senior citizens, teenagers and children.
  - Grand Parenting Program: In year 2019 – 2022, 21 programs have been implemented to benefit 795 grandparents.
- **Charitable voluntary organization (PSK)**
  - In 2022, the PSK carried out planning and practical training for elderly carers using government allocation involving a total of 2,225 volunteers.





# Capacity and Enabling Environment for Active Ageing

- Senior Citizen Day Celebration every 1<sup>st</sup> October



- Elderly Caring Unit (UPWE)



- Transportation Discounts

Senior Citizens



- Activity Centers (PAWE)



- Home Help Service Program



# Productivity & Engagement

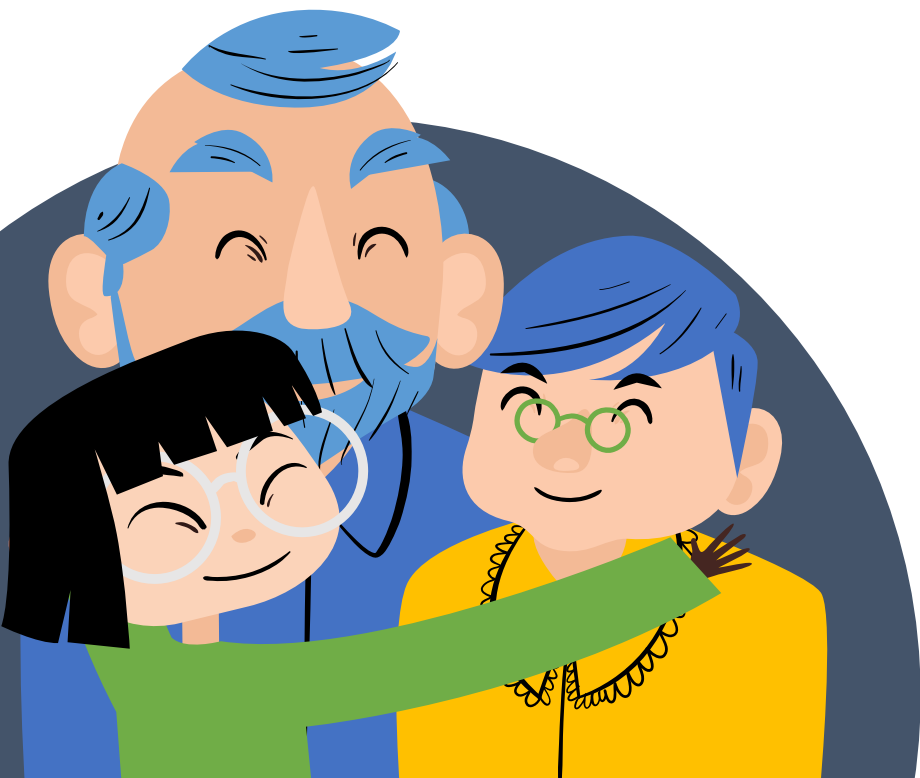
Seniors Back in  
Action Program

Hire.Senior

Launch Grant  
RM2,700 one-off

TEKUN RM1,000–  
RM200,000 (up to  
6 months loan)

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Terima kasih!

