The 20th ASEAN & Japan High Level Officials Meeting on Caring Societies

Support for Balancing Treatment and Work in Small and Medium Enterprises:

A system that respects diverse values

March 9, 2023



Awards

Certified Health & Productivity Management Outstanding Organizations Recognition Program, Bright 500, Ministry of Economy, Trade and Industry

Japan Cancer Society Asahi Cancer Award (2020)

Excellence Award, Governor Award, Tokyo Metropolitan Technical and Skilled Talent Development Awards for Small and Medium Enterprises, Fiscal Year 2008

Tokyo Metropolitan Government Award for Companies Making Excellent Efforts to Balance Cancer Patients' Treatment and Work (Award of Excellence), 2014

Certified as a company promoting work-life balance in Bunkyo Ward (for two consecutive terms)

Asahi Cancer Award



2018 Edition Annual Health, Labour and Welfare Report

 Achieve a society in which everyone can play an active role while coping with disabilities, illnesses or other hardships

> Ministry of Health, Labour and Welfare

「がんでも働ける」こ いう考えがある。

く中で、さらなる支援 対応するため、時間単 また、現在罹患者はい に対する支援策も導入

門家とも連携して治

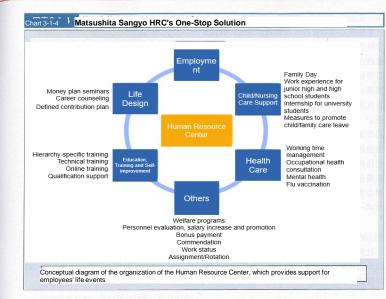
ニューマンリソースセ

5だけでなく、医療機

検査費用も含めて費用 k職中やリハビリ中の

スセンター」 」という「三方よし」 世間(地域・環境)よ 下産業(以下「松下産 気区に本社を有する。 と診断された経験を持

Part 1: Facing Disabilities and Illnesses to Create a Society in which All People Can Play an Active Role



As labor shortages become more serious in small and medium-sized enterprises (SMEs), "it is important to allow employees to work with a sense of security and care every employee to ensure continued employment." In 2013, The Company founded the Human Resource Center (hereinafter referred to as "HRC"), a specialized organization to support the employees, which is serves as an integration of the Human Resources Department, the General Affairs Department, and the Technical Education Department. In addition to employees' health management, the HRC also handles matters related to employment, childcare and caregiver support, life design, education, training, self-development, benefits, and qualification. One-stop service for all matters related to individuals in the company (Figure 3-1-4). Initially, HRC was founded to achieve employees' work-life balance. However, in line with the trend of the times, the Center now also works for work-treatment balance to "allow for employees to continue working to the extent possible even after developing cancer."

Counseling Service" and "Peace of Mind through Income Compensation" – Six Considerations in the Workplace

Matsushita is working on the following six items to support the balancing of work and medical treatment.

(1) First, talk directly with the person in question and his/her family.

When you are informed by an employee that he/she has become ill or is going to be hospitalized, the first step to be taken is to contact HRC. The HRC will hear from the patient and his/her family about his/her condition and future prospects, as explained by the doctor in charge at the hospital. HRC staff members first explain to the person about the company's benefits and other programs available for its employees and then hear wishes of the person and his/her family members, the HRC staff members will discuss measures to be taken, such as the future working operation. A top executive himself rushed the home of an employee who awas about to give up his/her job after being told he/she had cancer.

Employee interests and concerns Money plans **Defined** Stable contribution plans employment Stability of and income Life and Future Balancing child/nursing care and work Qualifications (support) Working hours Sleep & Nutrition Job assignment Job rotation Carrier Mental health, Growth as a person Mental and cancer treatment and as an engineer physical health (inc. family Personnel members) evaluation Training and education (organizational)

The fundamental premise for all considerations

Good human relationships

- Personal meetings with executives and non-supervising officers
- Training on the theme of communication
- Family Day

Feeling worth doing

- Sense of social contribution
- Self-recognition of improvement

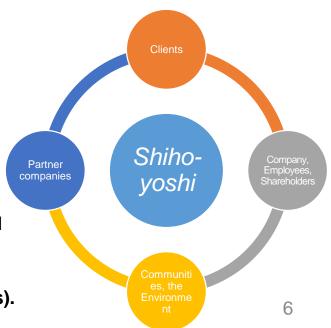
Respect for diverse values = Ease of getting

> consultation ≒ Improvement of

employee satisfaction

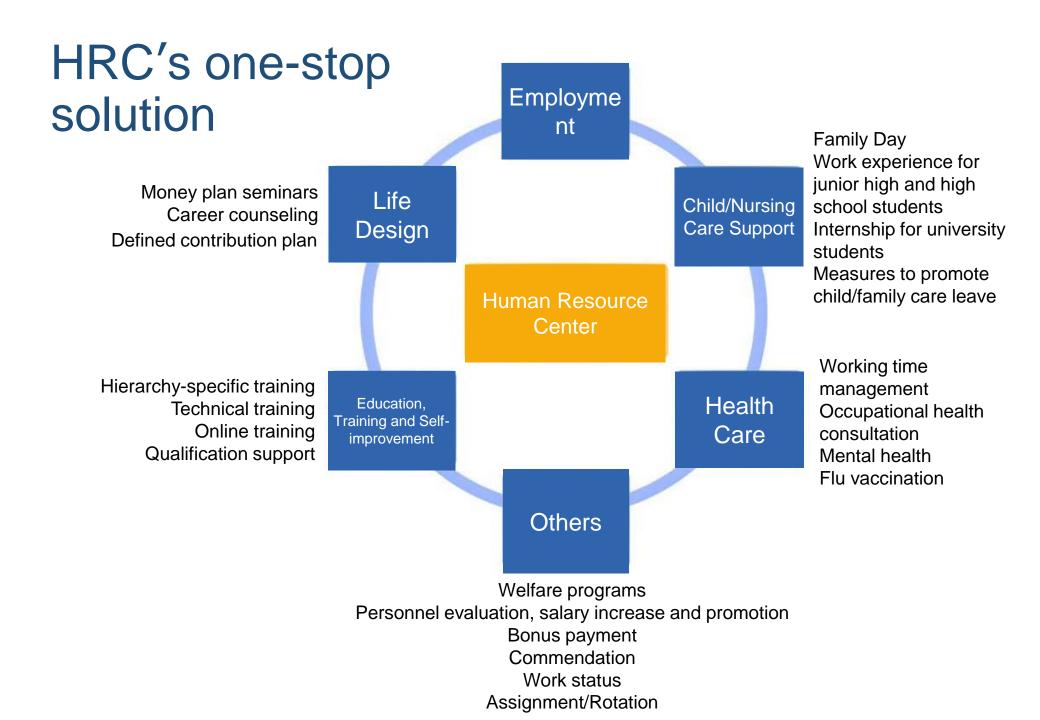
Realizing "Shiho-yoshi" (benefits for all four sides)

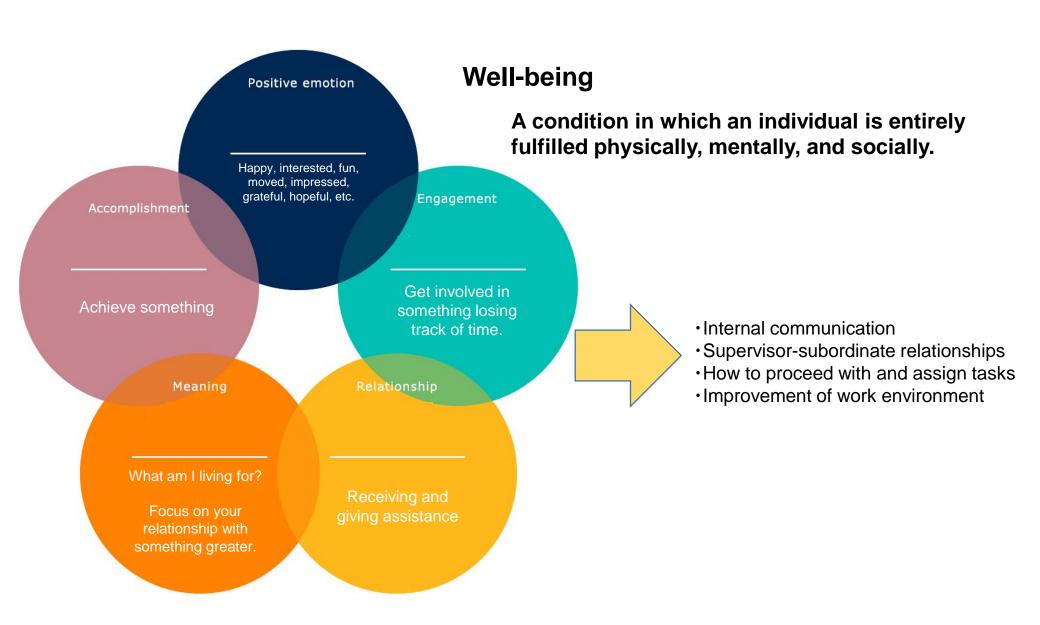
- •The basis of "Shiho-yoshi" is customer satisfaction. Its source and origin is employees.
- •Successful company management is never achieved without the satisfaction and sense of security of employees.
- •One of the greatest concerns of employees is their physical and mental health.
- •Solving this problem is the best way to achieve *Shiho-yoshi* (beneficial for customers, employees, community/environment, and subcontractors).



Our Approach

Employee needs Stable employment Household Family and economy and Community saving for the Involvement future Life and career needs Maintaining Skill improvement physical and mental health Salary, promotion and advancement





[Reference]Kanazawa Institute of Technology,Laboratory of Psychological Sciences, PERMA model (Seligman,2011)

- Keywords
- Apprenticeship
- Terakoya (private elementary school)
- Franchiser and franchisee
- Master and apprentice
- Okami-san ("Okami-san" in a sumo stable = substitute for a parent)

The above human relationships have existed in Japan since the Edo period.

Since the burst of the bubble economy, an emphasis was put on operational efficiency, changing the relationships among members in an organization.



Photo by: amanaimages

Supporting Life, Health, and Household Economy

Life design support

- Life Design
 Counseling by in-house career consultant
- Money Plan
 Partnering with a neutral financial planning firm
 Providing free money plan consultation
- Defined Contribution Plan
 Consultation at personal meetings
 Providing information through in-house newsletters

Support for balancing childcare, nursing care, and illness

- •Female employee (in her 40s) allowed to work from home to care for children not attending school.
- Effective child allowance paid at birth and school enrollment.
- Reassignment of a male employee (in his 50s)
 who cares for his parents with holidays changed.
- •Group long-term disability (GLTD) benefit, which was introduced according to patients' family needs.

Our experience in keeping cancer patients at their workforces

Employees who were found to have cancer during a medical examination and continued to work:

14 people

Employees who are still working after being diagnosed with cancer:

6 people

Our 6 Approach

- (1) First, talk directly to the person Rushing to the hospital or home to hear requests and
- wishes of the patient and family
- (2) Collaboration with primary care physicians, occupational physicians, and specialists
- (3) Supporting family members who support the patient
- (4) Publicizing internal systems and public support Promote understanding of the disease
- (5) Gathering information and identify needs on a daily basis
- (6) Loyalty and linkage with the company Making them feel rewarded

(1) First, talk directly with the person/family

"I got ill."
"I'm going to be hospitalized."

If an employee contacts you, first talk to the person in person.

Rush to the hospital or home.

Share future prospects and handover of operations.

Hear the requests and wishes of the person and family.

(2) Cooperation with primary care physicians, occupational physicians, and specialists

Utilize occupational physicians

On-site patrol

Let them see the gap between the image and reality.

Ratio to desk work, safety management system

Identify hazardous areas (e.g., scaffolding) at construction sites, etc.

Utilize occupational health nurses

Follow-up for occupational physicians via health guidance, smoking cessation guidance, etc.

Attend primary care physician meetings

Support family members as an expert on the patient's disease status and future prospects

Collaborate with diverse specialists

Cancer consultation & support centers, Hello Work, regional industrial health centers, labor and social security attorney, financial planners, etc.

(3) Help family members who support treatment Organizing family days, interacting with families



(4) Publicize internal and public support systems Promote understanding of the disease

GLTD (Group Long-Term Disability) Income Compensation Insurance

Distribute documents providing information on consultation services during medical treatment to patients and their families

Allow employees to work from home and/or flexible work arrangements

Cancer screening (thorough medical checkup + optional exam for those over 40 years old)

Social insurance system

Establish a library related to cancer and diseases

Publication of articles on fight against disease on company's intranet and/or newsletters

Subsidies for outpatient smoking cessation

(5) Gather information and understand needs on a daily basis

Establish a Human Resource Center (HRC)

→ A department that provides a one-stop service for people-related matters.

Personal meetings with board members, a system in which an employee can nominate board members to have a meeting.

Follow-up system for the second round of health checkups.

Mental checkup.

(6) Linkage with the company, create a sense of fulfillment.

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Topics3:安全環境部 さん復物 みなさまへひとこと

安全環境部 さん復帰 みなさまへひとこと 普通の生活のありがたさ

あの時はもう社会生活ができるなんて思えなかった。

6月、時々頭が痛かったものの、たいしたことはないだろうと集務を行っていたが、6月末に地元の 医院で診察を受けたところ個限痛との診断。しかし週末、家で覆ていても、一句に良くならず、食事 右全くできない容悪くなったため、全国安全週間が始まった7月1日、農資徹底の大事な日を休み、後 ろ髪セひかれながら地元の総合病院を受診した。そこでCT撮影やMRIの検査の結果、「脳腫瘍」 と診断され場象入院となった。私にとって、人生で最も衝離的な一日だった。

主治医から、種のなかった病名をいきなり告げられ、手術の説明をうけた家族もショックで信じられない様子だった。その後は手術に向けての検査の毎日が続く。私は糖尿病や肝臓疾患・高血圧等がない上、体力があり、おまけに肺活動は人一倍・・手術に固むのに充分だということだった。特殊のために手術ができなくて亡くなる方も居られるとのことだ。善務、たばこは吸わず潤もほどほど、できるだけ規則正しい食事を心がけ、週末は学童・中学野球の審判をするため身体を動かしていたのが良かったのだと思った。

10時間近くに及ぶ手術とその直後はさすがにきつかったものの、日に日に良くなり3日もすれば食事も許され、その後の快復は早かったように思う。しかし新後に待っていた放射線と抗癌剤の治療。開作用の不安はあった。人によって違うと聞いていたが、幸い身体が強かったのか、薬が合ったのか、白血球の大幅な減少もなく脱毛と鎖のむくみ程度で、乗り切ることが出来た。入院中は、長いひとりの時間を、家族をはじめ様々な方が見舞って下さり、励まして下さったおかげで、前向きに過ごせた。そして予定通りに退院の日を迎えることが出来た。まさに「病は気から」だ。

今後も抗癌剤等の治療は続くけれど、身体を気置いながら良い仕事をしたいと思う。私は今、あたりまえの普通の生活ができることに確衡し過ごしている。

【安全環境部 さん 配】

2013-10-25

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Topics2:4月末過職の

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4月末退職の

さんよりお手紙

『一昨年十月に病に倒れて、リハビリを続けてまいりました」が、休職期間満了に伴い、この度退職する運びとなりました。 在職中は皆様のご厚情を願り、誠に有り難うございました。

長期入院中も、皆様に励ましていただきまして、家族一同日々 感謝の気持ちで一杯です。

皆様に大変お世話になりながら、何のお礼もできず、心苦しい 限りです。

これから皆様のご厚情を心の糧にして、リハビリ病院で療養を 続けてまいります。

会社は離れますが、かけながら皆様のご健康とご活躍、そして 安全お祈りしております。

平成二十六年四月

さんより、光触媒加工のシンピジウムの造花をいただきま

した。本社第三会議室に飾っています。まるで本物のようです。さらに、 さんが大好きな銘菓 「博多通りもん」をいただき、5月の現場責任者の会議出席者へ配布させていただきました。また安 全環境部へは現場の熱中症対策のためにポカリスウェットをいただきました。

2014-05-23

What HRC values

- •Support begins at the most anxious period before diagnosis is confirmed and a hospital is selected.
- Accumulation of correct information and extensive experience.
- ·Have knowledge to identify useful information from mixture of superior and inferior information.
- ·Listen to what employees and their families need in a face-to-face setting. If not possible, have a phone conversation (never have it done by just sending them a written letter).
- Find and collaborate with appropriate specialists to function as a consultation service.
- Provide multiple perspectives to a narrow vision.

What Small- and Mediumsized Businesses Can Do

What small- and medium-sized businesses can do

 There are things that even small- and medium-sized businesses can do.



Cooperation and support born from family relationships.

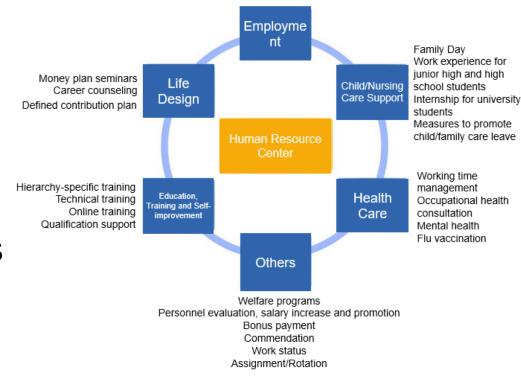
 If you feel you don't have enough internal resources...



Need to rely on outside experts.

Because the HRC is a one-stop shop:

- Dare to remove the person from formal supervising position in the organizational structure and give him/her substantial authority.
- The know-how and data obtained from outside experts will be accumulated centrally, further enhancing the quality and responsivenes of support for balancing work and life.









Thank you.

