



# Supporting children with developmental disorders and their families

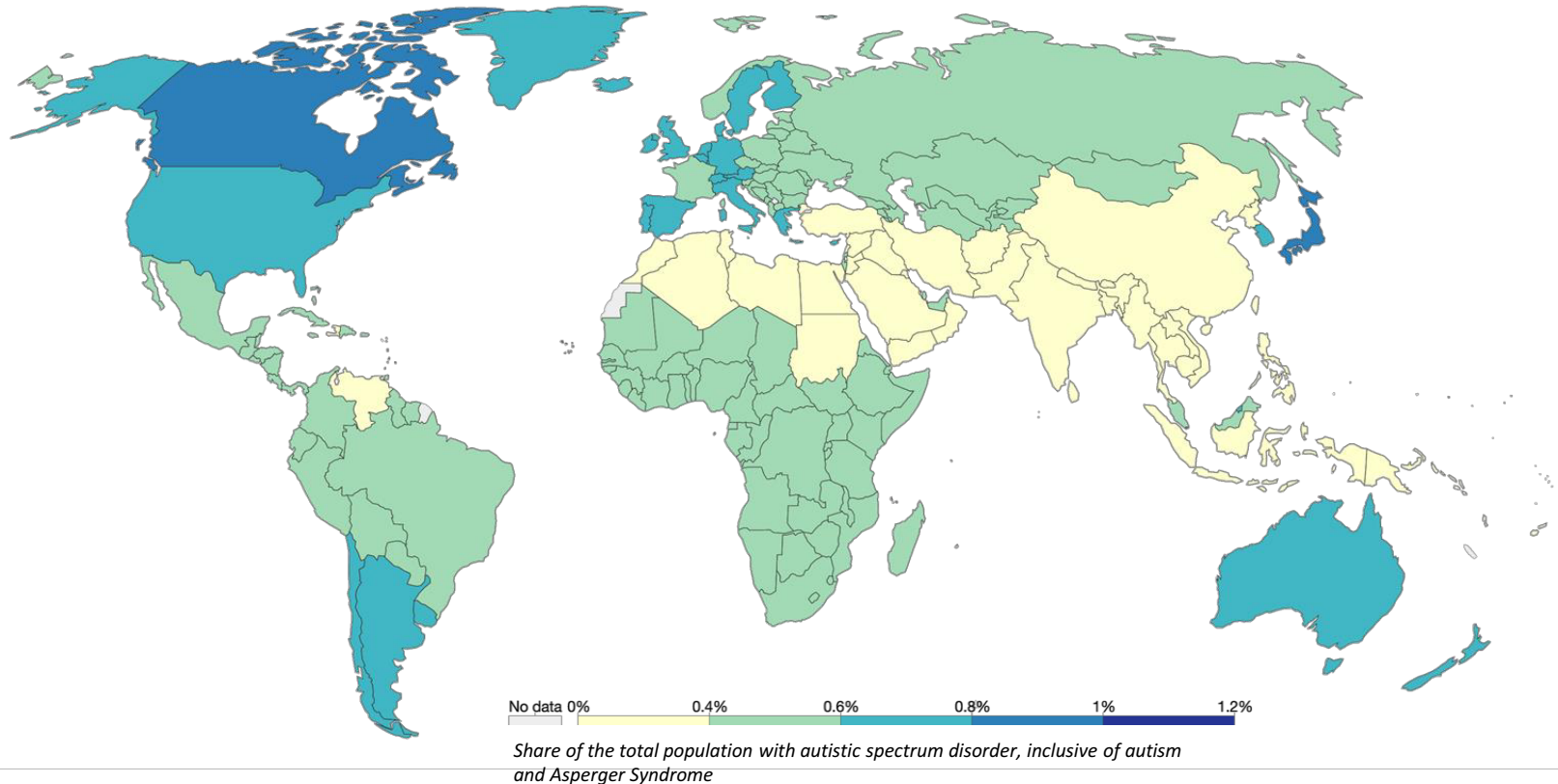
The 18th ASEAN-Japan High Level Officials Meeting on Caring Societies  
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## **Martin Vandendyck**

Technical Lead, Mental Health and Substance use  
Division of Programmes for Disease Control (DDC)  
World Health Organization Regional Office for the Western Pacific  
Manila, Philippines

# The burden of developmental disorders

GLOBAL PREVALENCE OF AUTISTIC SPECTRUM DISORDERS, AGE-STANDARDIZED, 2017



Source: Global Burden of Disease Collaborative Network. Global Burden of Disease Study 2016 (GBD 2016) Results. Seattle, United States: Institute for Health Metrics and Evaluation (IHME), 2017.

- Globally, **52.9 million children under the age of 5** experience a developmental disability, such as sensory impairment, intellectual disability, and autism spectrum disorders. The vast majority (95%) live in low-and-middle-income countries and lack access to care.
- Around **250 million children** (43% of all children younger than 5 years) in low- and middle-income countries (LMICs) are at **higher risk of not reaching their developmental potential due to stunting, poverty, and other disadvantages.**

# Global and regional mandates for action

## SUSTAINABLE DEVELOPMENT GOALS



### Ensuring healthy lives and promoting wellbeing for all at all ages

- By 2030, achieve universal health coverage

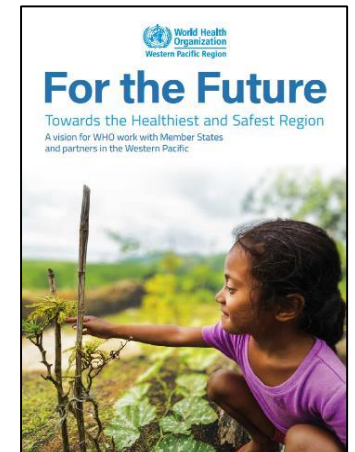
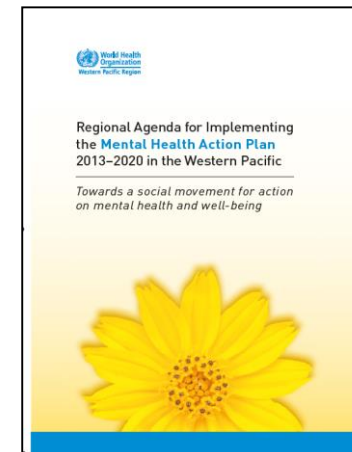
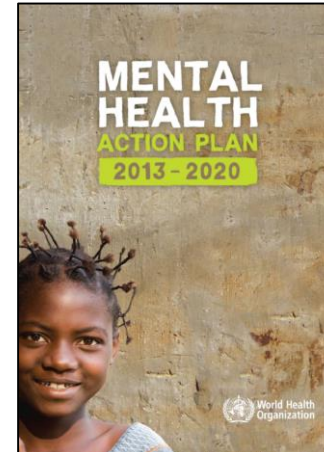


### Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

- By 2030, ensure that all girls and boys have access to quality early childhood development, care and pre-primary education so that they are ready for primary education

### World Health Assembly resolution 67.8

- Comprehensive and coordinate efforts for the management of ASD - 24 May 2014



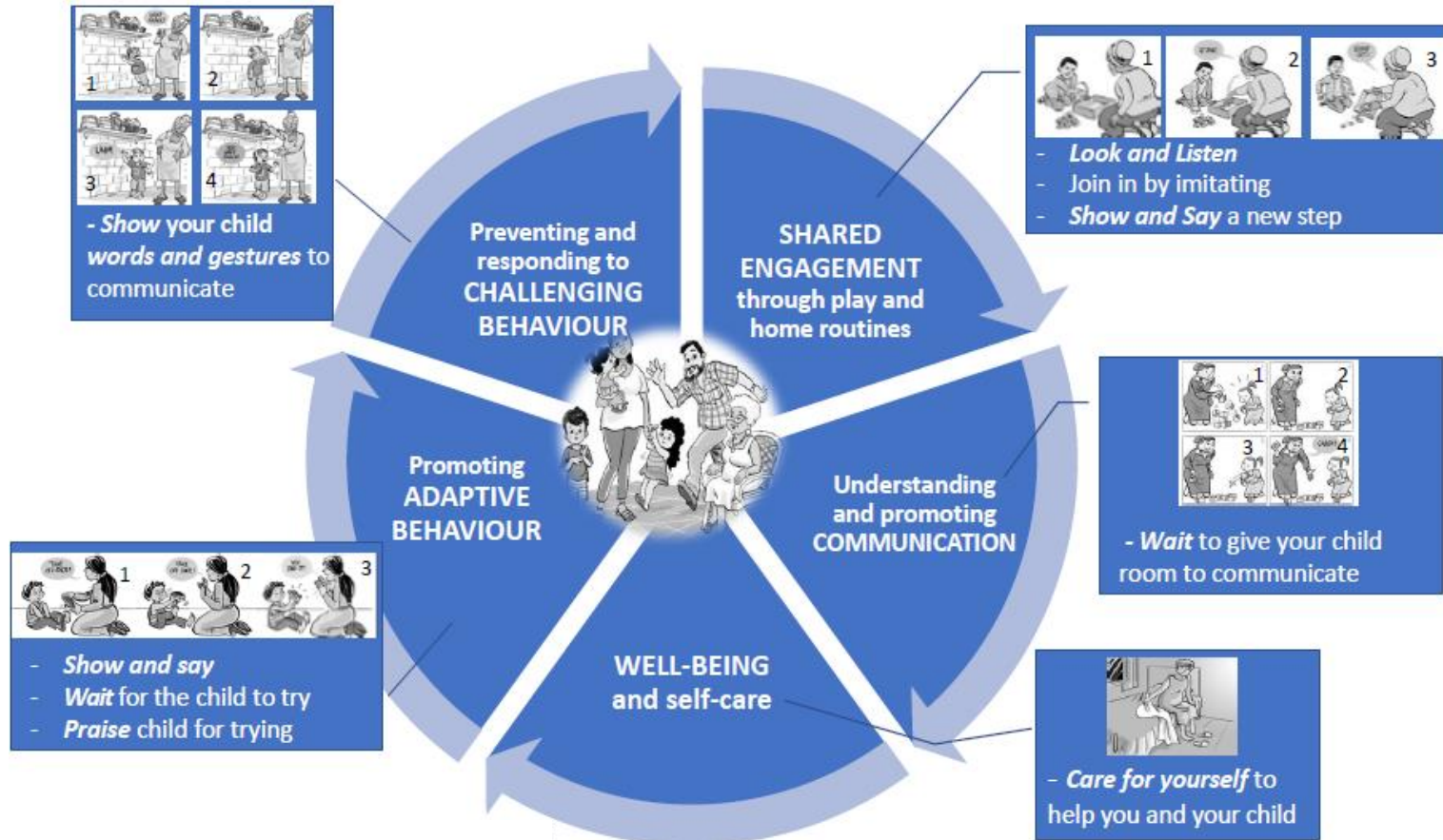
# Nurturing care for all children



- Nurturing Care is the set of conditions that provide for **children's health, nutrition, safety and security, responsive caregiving** and **opportunities for early learning**.
- Nurturing children involves stimulating early brain development, keeping them safe, healthy and well nourished, paying attention and responding to their needs and interests, encouraging them to explore and providing them with opportunities to learn.
- In order to provide nurturing care, caregivers must be secure economically and socially, participate in social networks and empowered to make decisions in the best interest of the child.

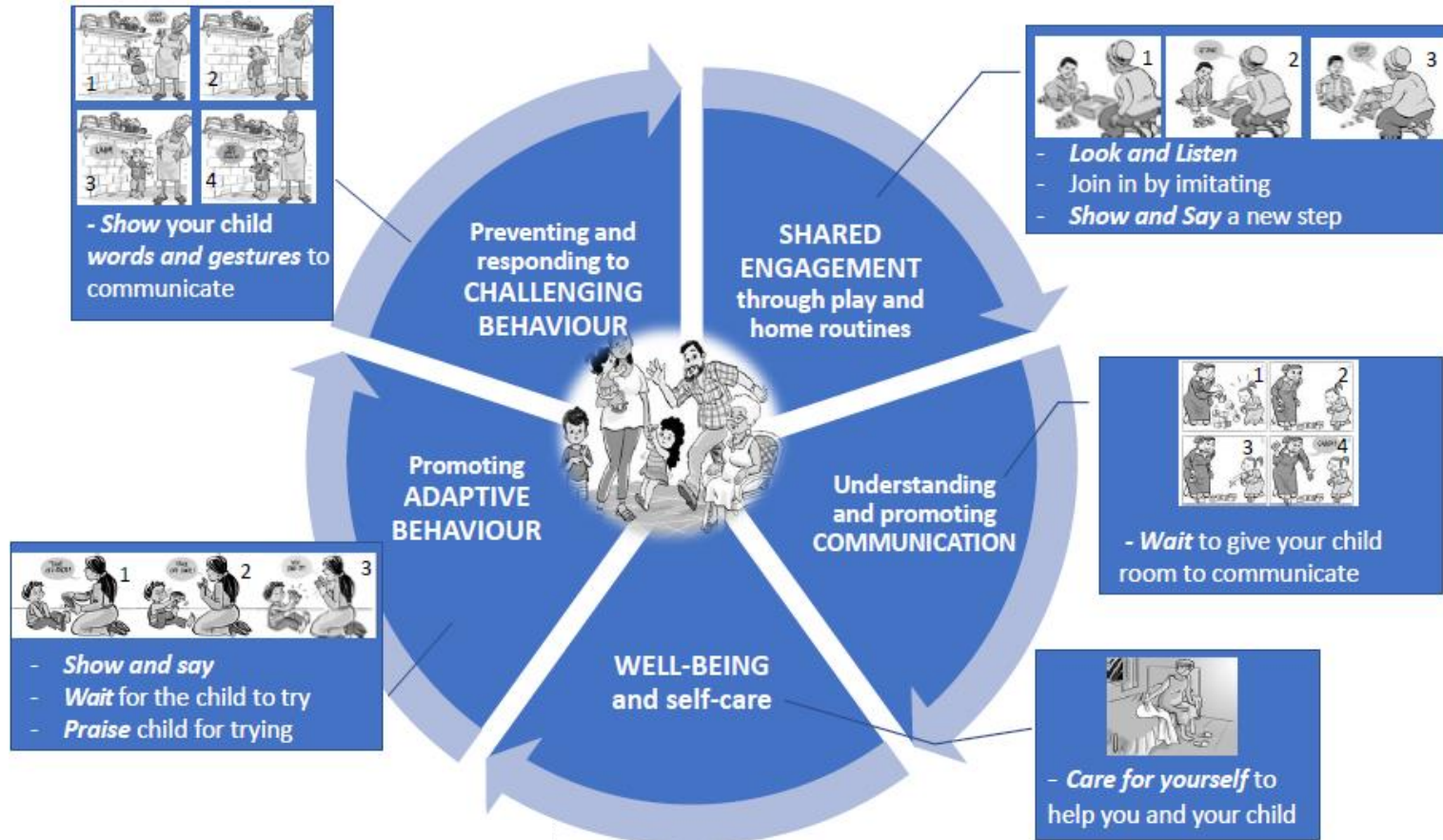


# Skills training for caregivers



- The **WHO Caregiver Skills Training** programme is an open-access programme for families of children with developmental delays or disorders, including autism
- It uses a family-centred approach designed to be delivered by non specialists as part of a network of health and social services for children and families.

# Skills training for caregivers



## Methodology and contents

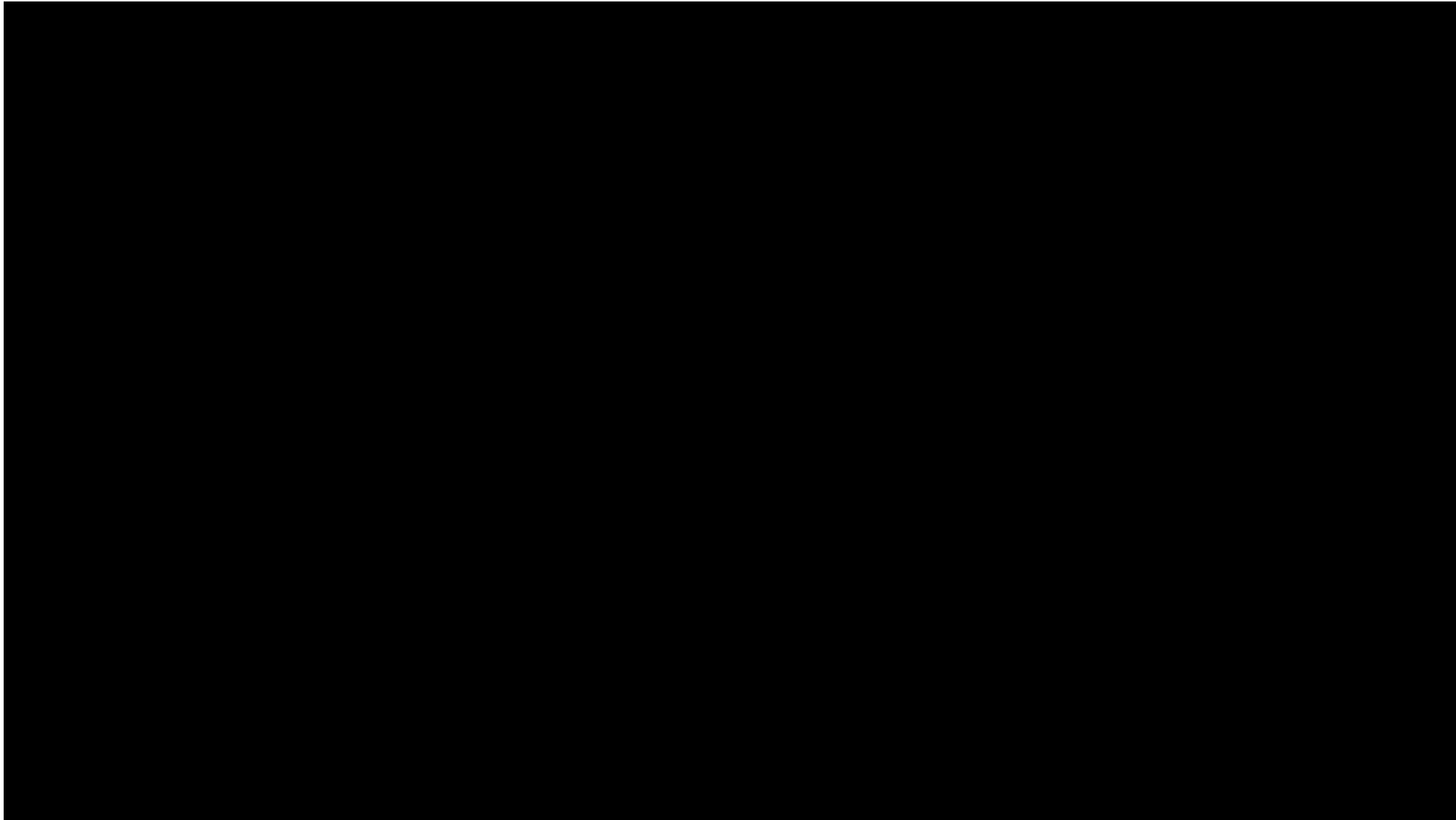
The WHO CST consists of nine group sessions and three individual home visits:

- ✓ Getting and keeping children engaged
- ✓ Play
- ✓ Understanding and promoting communication
- ✓ Prevention of challenging beh. and promotion of alternative beh.
- ✓ Teaching new skills
- ✓ Problem solving and self-care

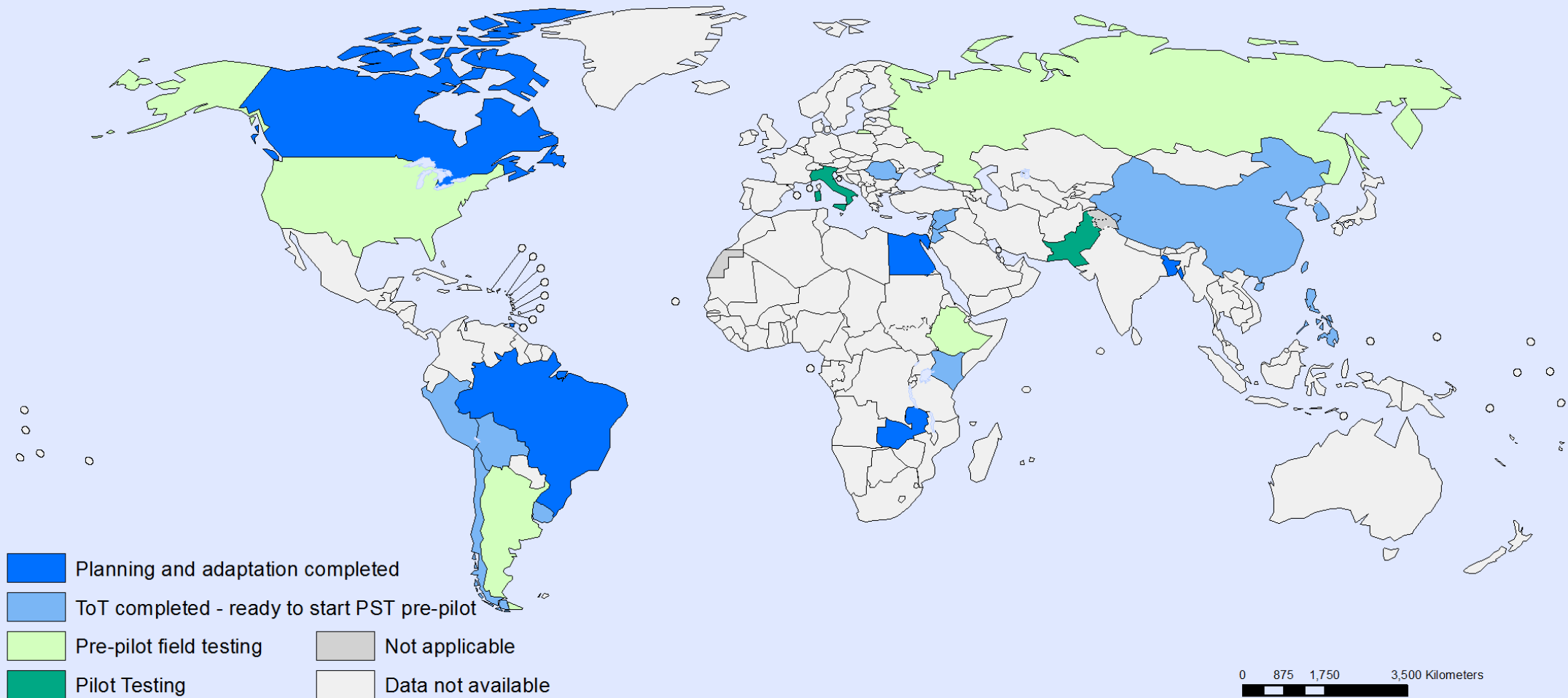
Three home visits

Optional modules and booster sessions

# Training parents to transform children's lives



# Field testing and the way forward



The boundaries and names shown and the designations used on this map do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

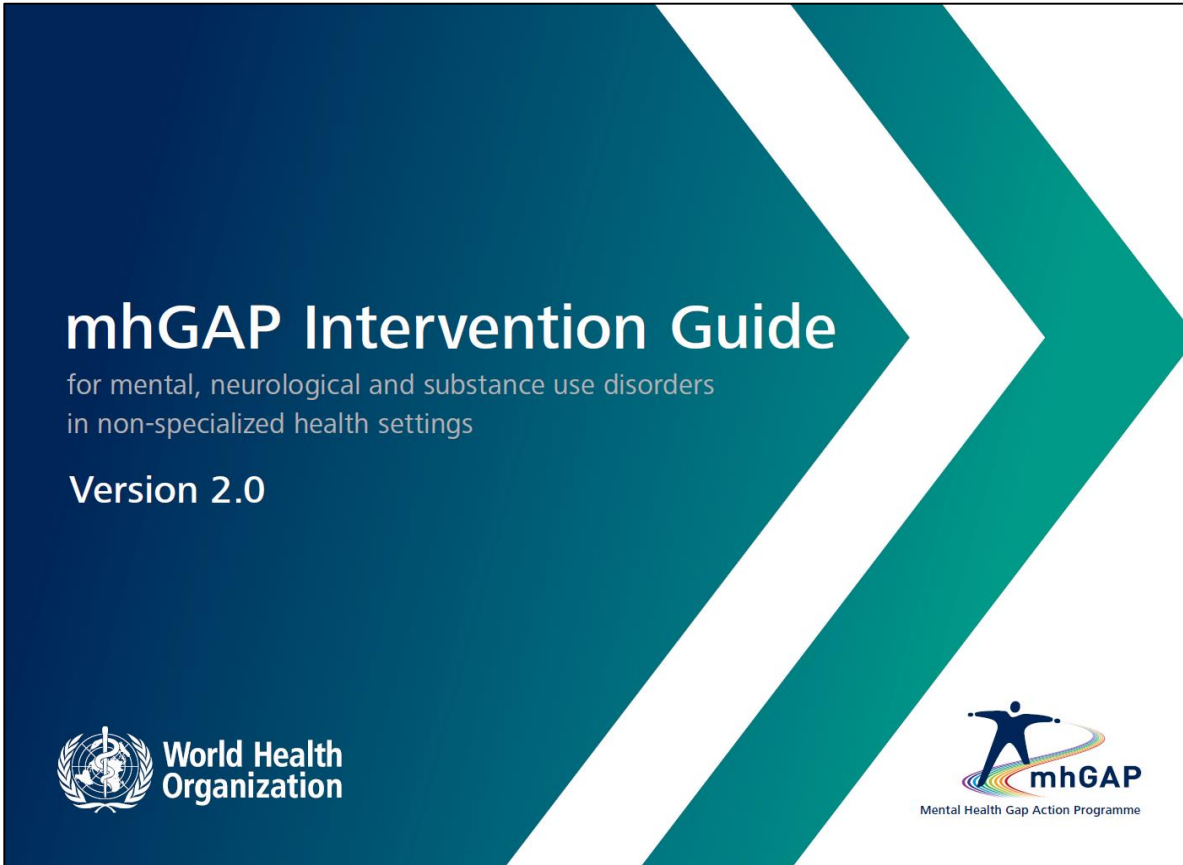
Data Source: World Health Organization  
Map Production: Information Evidence and Research (IER)  
World Health Organization





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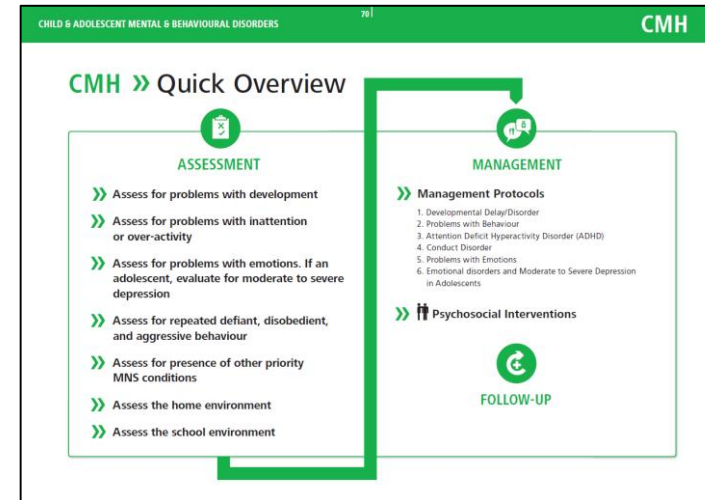
# mhGAP: Child and adolescent mental and behavioral disorders



**mhGAP Intervention Guide**  
for mental, neurological and substance use disorders  
in non-specialized health settings  
Version 2.0



Mental Health Gap Action Programme



mhGAP operations manual



mhGAP training manuals  
for the mhGAP intervention guide for mental, neurological and substance use disorders in non-specialized health settings - version 2.0 (for field testing)

- Evidence-based guidelines for diagnosis, treatment and management of CMH in non-specialist settings



Also available  
as an app

Thank you.