



“Building Age Friendly communities”

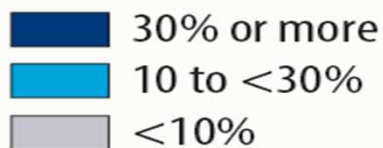
Presented by MYANMAR

4th, December, 2019

Populations are getting older



Percentage aged
60 years or older:



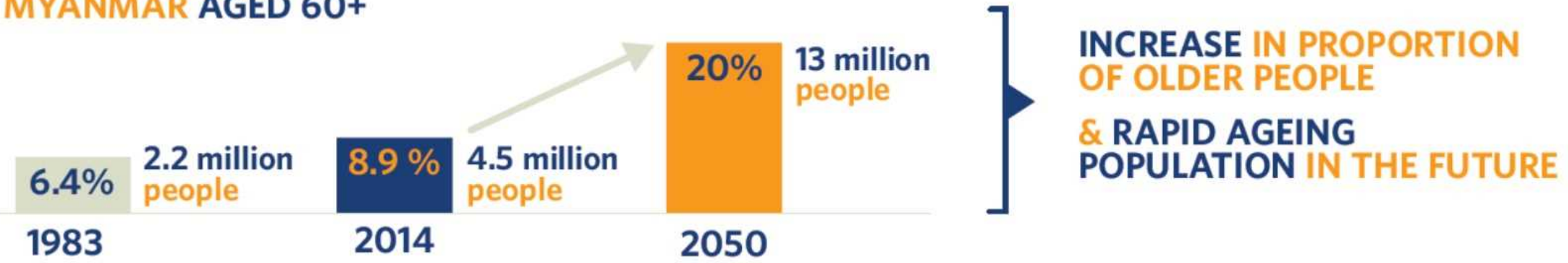
2015

Source: <http://www.who.int/ageing/en/>

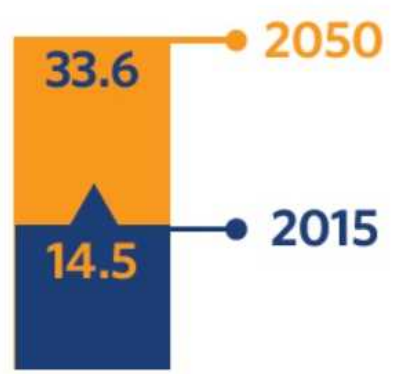


**World Health
Organization**

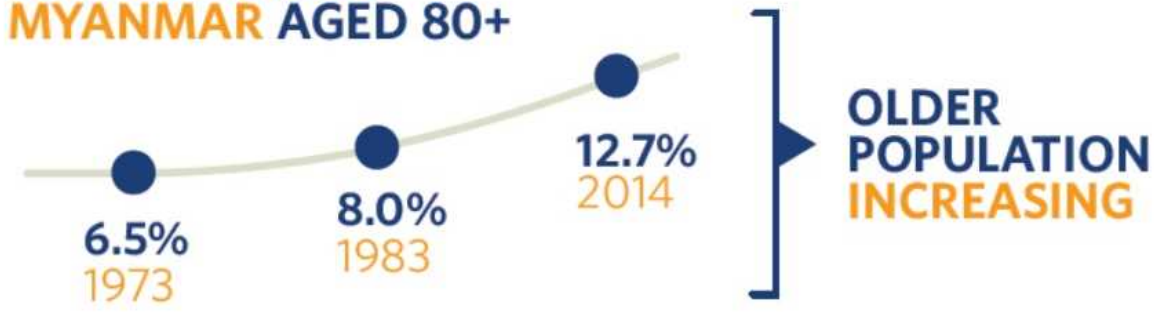
POPULATION IN MYANMAR AGED 60+



OLDER AGE DEPENDENCY RATIO*

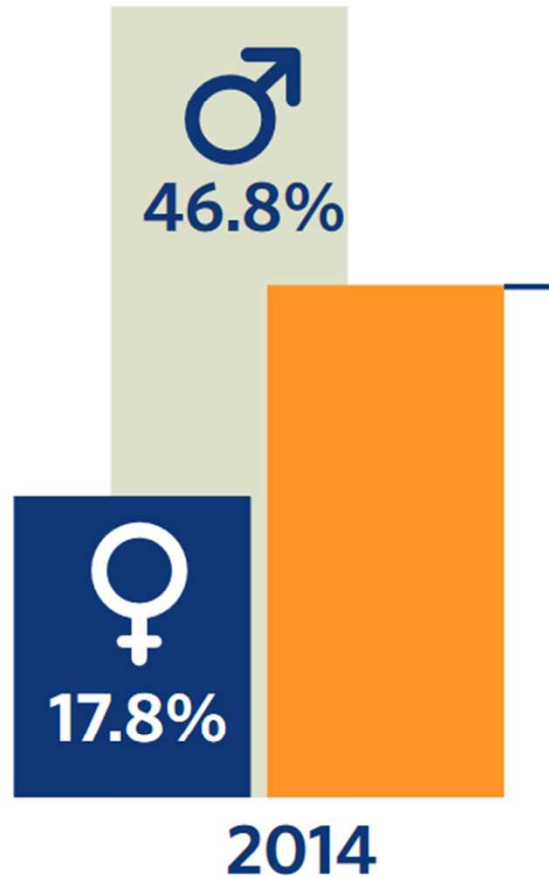


POPULATION IN MYANMAR AGED 80+



Source: Policy Brief on the Older Population, published in 2018, 2014 Census, MoLIP, UNFPA

Labour force participation



30.3%
of people aged 60+ were
active in the labour force

Older people are more
likely to be employed in
agricultural work



National Policy, Rules and Regulations

- ▶ Elderly People Law was enacted in December 2016
- ▶ Rules to formulate Law Relating to Elderly People and will be finalized this year
- ▶ Consultation process for formulating 20 year National Policy on Ageing and it will be finalized in later this year
- ▶ 5-year National Plan of Action on Ageing is under reviewing process through collaborative plan from different concerned ministries

Under Chapter 10 and 11, Elderly People Law in 2016

To get accessible friendly environment and participation in communities

Myanmar Elderly People Committee have to co-ordinate with the relevant Ministries and Non Governmental Organizations to get suitable places, infrastructure and to promote necessities such as services and aids to live independently,

- ▶ (a) arranging ; to consider special needs and suitable aids for the elderly people while constructing public areas and housings.
- ▶ (b) guiding ; private sector and civil society organizations to the elderly for using aids and public transportation
- ▶ (c) Reducing prices and providing assumption ; medical treatment, recreation ceter, services and public transportation
- ▶ (d) Supporting older people self help groups to chance participation in community development plan, social and cultural affairs

Insurance Systems under the Law (2012)

- According to Social Security Law (2012), there comprise (6) insurance systems .
 - Social and Health Insurance System
 - Family Assistance Insurance System (will be Postponed)
 - Employment Injury Insurance Systems
 - Invalidity Benefit, Superannuation Benefit and Survivor's Benefit Insurance System
 - Unemployment Insurance System
 - Other Social Security System (Housing plan)

Good Practices

- ▶ Give more respect and value Older People
- ▶ Department of Social welfare (DSW) support registered Home for the Aged across the country
- ▶ Volunteer-based home care for older people (1st pilot in 2004 and continue program till now)
- ▶ Day Care Center for the Aged by DSW, MSWRR since 2013 and create enabling environment
- ▶ Conduct caregiver training for youth and active communities at Day Care Centre for the Aged
- ▶ Older People Self-Help Group since 2009 in Myanmar and promote active ageing in the communities

Good Practices

- ▶ Madrid International Plan of Action on Ageing 2002-2022 (MIPAA) was agreed by the global community (159 countries) including Myanmar
- ▶ National Social Protection Strategic Plan 2014 December (including Social Pension and Replication of OPSHG as 2 main flagship programme)
- ▶ Costed Social Protection Sector Plan 2018-2023 is drafted and submitted to DACU including National Social Pension and Replication of Inclusive Self-Help Groups
- ▶ Cash assistance (one-off) for 90+ and 100+ older people, universal coverage, starting from 2015-16 fiscal year, 85+ in October 2018 and the total beneficiaries are about 180,000 in the country

Challenges and Gaps

1. **Budgetary constraints of the government**
2. **Capacity development needs at National/ State/ Regional/Township levels**
3. **Lack of awareness among other key government ministries for mainstreaming older peoples' needs into their annual programmes**
4. **Needing attention of other NGOs/CSOs to mainstream older peoples' needs into their current & future programmes (emphasizing decent work in old age)**
5. **Key donors need to emphasis on inclusion older people in labor participation and decent work**

Recommendation on the areas of regional cooperation

1. Sharing experience & feedback from ASEAN member countries and like-minded organizations
2. Sharing ageing related information/ experiences with inter- ministerial stakeholders
3. Initiatives to advocating with key government ministries about the inclusion of older people needs into their programme
4. International aid (technically and financially) to boost the government's initiatives for older people



THANK YOU FOR YOUR ATTENTIONS