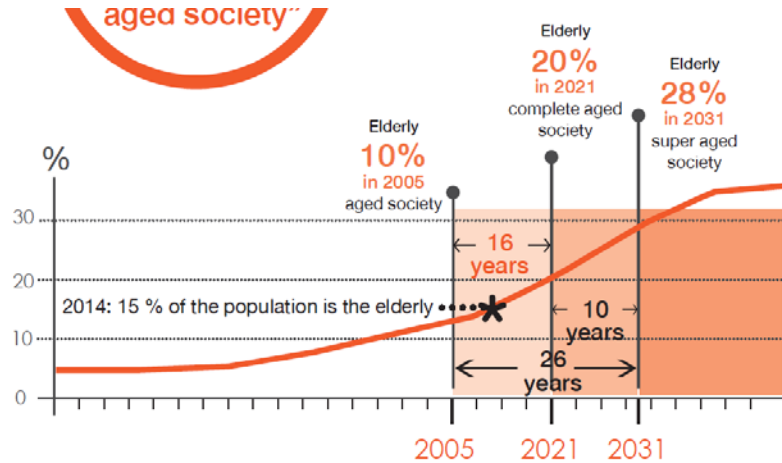




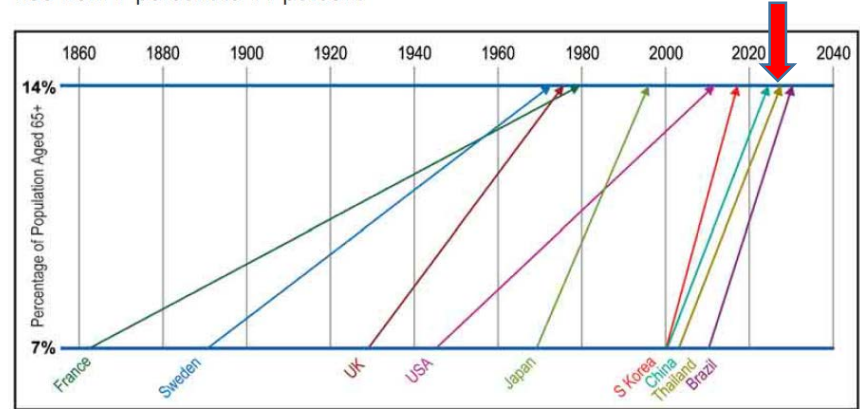
# Current situation in Thailand



Sources:  
 - Population and Housing Census: 1970, 1980, 1990, 2000 and 2010. NSO  
 - Population Projections for Thailand, 2010 – 2040. NESDB

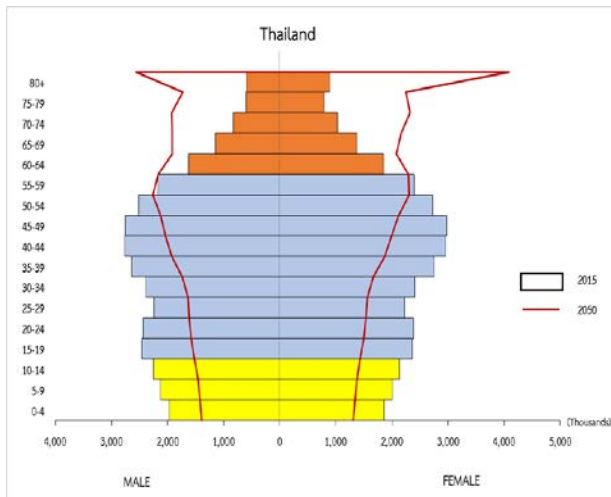
## The Speed of Population Aging

Time required or expected for percentage of population aged 65 and over to rise from 7 percent to 14 percent



Source: Kinsella K, He W. *An Aging World: 2008*. Washington, DC: National Institute on Aging and U.S. Census Bureau, 2009.

2015 → 2050



## Life Expectancy at Age 60 (2015)

- Healthy life-years = 16.5
- Non-healthy life-years = 4.5

## Estimated number of older persons with dementia

- Year 2016 = 617,000
- Year 2037 = 1,350,000

# National Agenda "Aged Society" 2019-2021



# 6

## Active Ageing (Healthy, Security, Participation)

Sustainable

**S1**




Welfare & Social Protection

**S2**



Employment Sustainable Income

**S3**



Health System

**S4**



Housing & Public Spaces

**S5**



Time Bank System

**S6**



Educate Young Generation for Preparation

**C1**




Collaboration & Network

**C2**




Revise Laws & Regulations

**C3**



Reform Data System

**C4**



Invent Innovation

# 4 Change

# Life Course Approach in Health System



Mother

School age

Working age

Old age

Early Childhood

Teenage

Quality Pregnancy

Quality Delivery

Desirable health behaviors

Appropriate Child Developmental

Good NCD Control

Good Geriatric  
Syndrome Care

year	Low birth wt	Appropriate Growth & Development	Good DM control	Good HT control
2017	5.9%	96.0%	23.0%	36.3%
2018	6.2%	96.6%	26.9%	41.7%
2019	6.3%	97.6%	28.3%	44.2%



Old age

Active  
+/- comorbid disease

Acute illness  
with  
capacity to reverse

Chronic  
deterioration

End of life

-Health Promotion  
-Diseased Prevention &  
control

-Acute Care  
-Intermediate Care  
(intensive  
Rehabilitation)

(preventive)  
Long Term  
Care

End of life  
Care

Health Literacy

Primary Health Care Teams For all age groups	1,170 Multidisciplinary Care Teams
10,668 Community Health Promotion Centers	~1,040,000 Health Volunteers

LTC Teams For dependent old age groups	12,843 Care Managers
	77,853 Semi-paid care giver

**Example: Dementia**

Health Promotion  
Risk reduction  
Health Literacy



Initial screening

Comprehensive assessment

Normal



Mild cognitive impairment

Suspected dementia



Cognitive stimulation Program  
• Program TEAM-V

Diagnosis by  
• Group of trained GP  
• Specialist



Family

Community care

LTC team

Local Government

Community

Institutional care



# Integration to social welfare

## Elderly Home Caregiving Volunteers

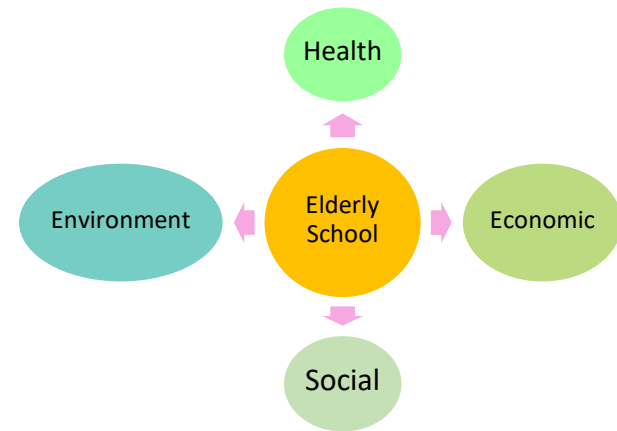
7 Care of the elderly in 7 aspects



# Elderly School

## Concept

Is a place to organize learning and teaching by elderly persons taking part therein as students and as teachers.



# Community-based Elderly Development Centers

## Concept

- To do activities and provide services for the elderly and all aged groups.
- To promote careers and sale goods made by the elderly.
- To be KM centers for transferring knowledge and wisdom of the elderly to local communities.
- To be elderly information centers







# the ASEAN Centre for Active Ageing and Innovation (ACAI) (Open Ceremony 3 Nov 2019)



## *ACAI Missions*

- Serve as a **knowledge centre** on active ageing and innovation
- Support **evidence-informed policies, strategies and guideline** on active ageing
- Implement **capacity development programme** in support of active ageing
- Conduct **research and development and innovation** which support active ageing
- Support the **monitoring of progress** of active ageing in ASEAN.



Aging is a power. If you get older, it is advantageous because you have more experience.

Older people who maintain good morals are comparable to young people.

The nation with older people, it is advantageous. That nation will progress.

Royal speech on the birthday of the King Bhumibol Adulyadej, 2006