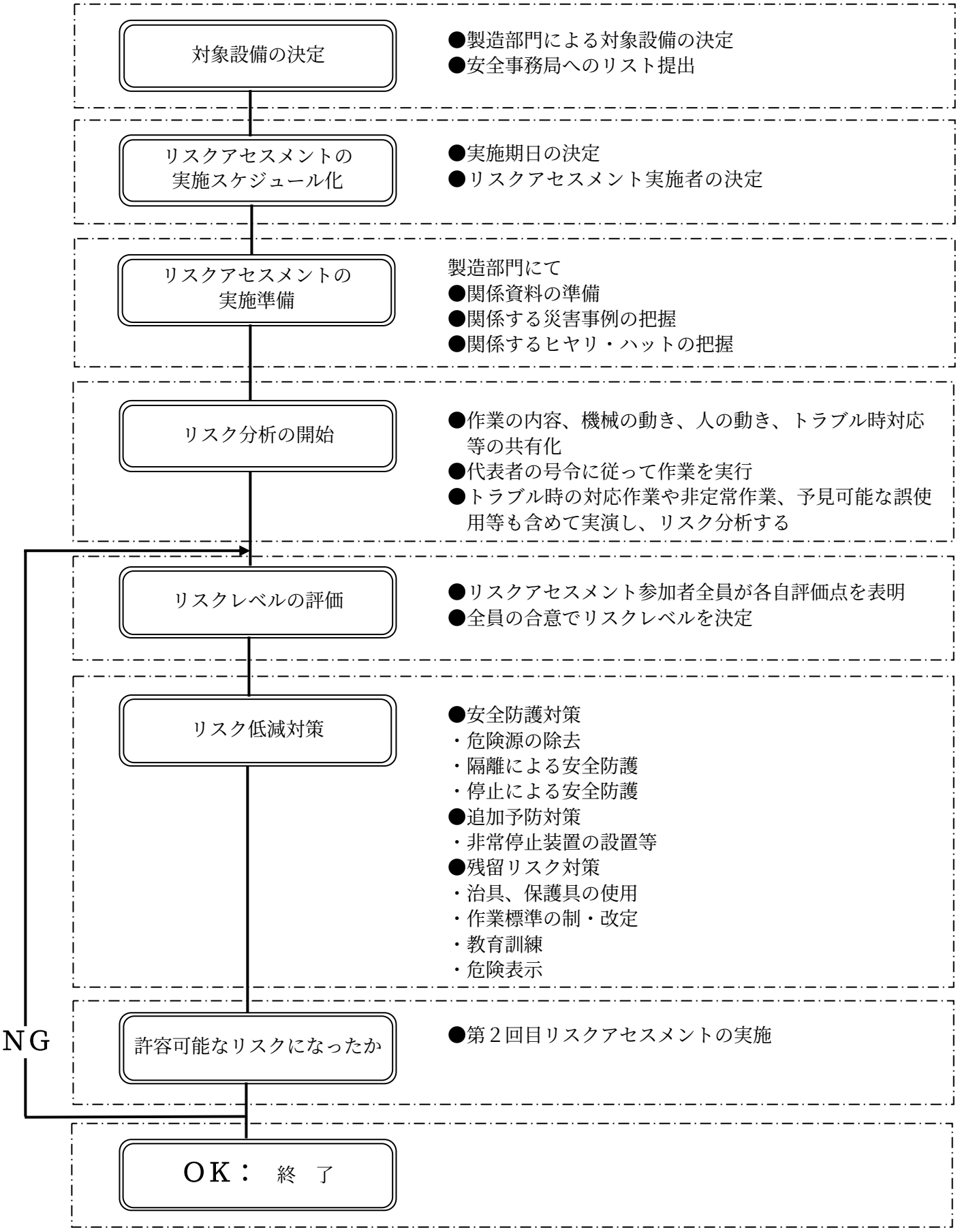資料１　リスクアセスメントの手順