Guide to Labour Bureaus with a Foreign Workers Consultation Corner (Advisor for Foreign Workers)

- Advisors for Foreign Workers are stationed within the Inspection Divisions of Labour Standards Departments at the major Labour Bureaus and the Labour Standards Inspection Offices as follows and offer consultations concerning working conditions in English and other languages. For details of the dates, etc. that consultations are held, please contact the respective bureaus and offices.
- Labour Standards Inspection Offices that do not have a Foreign Workers Consultation Corner (Advisor for Foreign Workers) can also answer your questions concerning working conditions in Japanese. If you do not speak Japanese, please ask someone who can interpret to accompany you whenever you visit one of these offices.

Prefecture	Office	₹	Address	Tel
Hokkaido	Hokkaido Labour Bureau, Inspection Division	060-8566	Sapporo Joint Government Office Building No. 1, 1-1, Kita 8-jo Nishi 2-chome, Kita-ku, Sapporo-shi	011-709-2311
Ibaraki	Ibaraki Labour Bureau, Inspection Division	310-8511	1-8-31 Miyamachi, Mito-shi	029-224-6214
Tochigi	Tochigi Labour Bureau, Inspection Division	320-0845	Utsunomiya Regional Joint Government Office Building No. 2, 1-4 Akebono-cho, Utsunomiya-shi	028-634-9115
	Otawara Labour Standards Inspection Office	324-0041	2-2828-19, Honcho, Otawara-shi	0287-22-2279
Gunma	Ota Labour Standards Inspection Office	373-0817	104-1, lizuka-cho, Ota-shi	0276-45-9920
Saitama	Saitama Labour Bureau, Inspection Division	330-6015	Land Axis Tower 15F, 11-2 Shintoshin, Chuo-ku, Saitama-shi	048-600-6204
Chiba	Chiba Labour Bureau, Inspection Division	260-8612	Chiba Regional Joint Government Office Building No. 2, 4-11-1, Chuo, Chuo-ku, Chiba-shi	043-221-2304
Tokyo	Tokyo Labour Bureau, Inspection Division	102-8306	Kudan Joint Government Office Building No. 3,1-2-1 Kudan Minami, Chiyoda-ku, Tokyo	03-3512-1612
Kanagawa	Kanagawa Labour Bureau, Inspection Division	231-8434	Yokohama Joint Government Office Building No. 2, 5-57, Kita-Nakadori, Naka-ku, Yokohama-shi	045-211-7351
Niigata	Niigata Labour Bureau, Inspection Division	951-8588	1-56, Kawagishicho, Chuo-ku, Niigata-shi	025-234-5922
Toyama	Takaoka Labour Standards Inspection Office	933-0062	1193 Azamuranaka, Ejiri, Takaoka-shi	0766-23-6446
Fukui	Fukui Labour Bureau, Inspection Division	910-8559	Fukui Haruyama Joint Government Building, 1-1-54, Haruyama, Fukui-shi	0776-22-2652
Yamanashi	Kofu Labour Standards Inspection Office	400-8579	2-5-51, Shimo-iida, Kofu-shi	055-224-5611
Nagano	Nagano Labour Bureau, Inspection Division	380-8572	1-22-1 Nakagosho, Nagano-shi	026-223-0553
Gifu	Gifu Labour Bureau, Inspection Division	500-8723	Gifu Joint Government Office Building, 5-13, Kinryucho, Gifushi	058-245-8102
Shizuoka	Shizuoka Labour Bureau, Inspection Division	420-8639	Shizuoka Regional Joint Government Office Building, 9-50 Ote- machi, Aoi-ku, Shizuoka-shi	054-254-6352
	Hamamatsu Labour Standards Inspection Office	432-8555	146, Motouo-cho, Hamamatsu-shi	053-456-8147
	Iwata Labour Standards Inspection Office	438-8585	3599-6, Mitsuke, Iwata-shi	0538-32-2205
Aichi	Aichi Labour Bureau, Inspection Division	460-8507	Nagoya Joint Government Office Building No. 2, 2-5-1 Sannomaru, Naka-ku, Nagoya-shi	052-972-0253
	Toyohashi Labour Standards Inspection Office	440-8506	Toyohashi Regional Joint Government Office Building, 111 Daikoku-cho, Toyohashi-shi	0532-54-1192
Mie	Mie Labour Bureau, Inspection Division	514-8524	Tsu Regional Joint Government Office Building No. 2, 327-2, Shimazakicho, Tsu-shi	059-226-2106
Shiga	Higashiomi Labour Standards Inspection Office	527-8554	8-14, Yokaichi Midori-machi, Higashiomi-shi	0748-22-0394
Kyoto	Kyoto Labour Bureau, Inspection Division	604-0846	451 Kinbuki-cho, Ryogaemachi-Dori Oike-agaru Nakagyo-ku, Kyoto-shi	075-241-3214
Osaka	Osaka Labour Bureau, Inspection Division	540-8527	Osaka Joint Government Office Building No. 2, 4-1-67, Otemae, Chuo-ku, Osaka	06-6949-6490
Hyogo	Hyogo Labour Bureau, Inspection Division		Kobe Crystal Tower Building 16th Floor, 1-1-3, Higashi- Kawasaki-cho, Chuo-ku, Kobe-shi	078-367-9151
Okayama	Okayama Labour Bureau, Inspection Division	700-8611	Okayama Joint Government Office Building No. 2, 1-4-1, Shimoishii, Okayama-shi	086-225-2015
Hiroshima	Hiroshima Labour Bureau, Inspection Division	730-8538	Hiroshima Joint Government Office Building No. 2, 6-30, Kami- Hacchobori, Naka-ku, Hiroshima-shi	082-221-9242
Fukuoka	Fukuoka Labour Bureau, Inspection Division	812-0013	Fukuoka National Government Building ANNEX, 4th Floor, 2-11-1, Hakataeki-Higashi, Hakata-ku, Fukuoka-shi	092-411-4862

Ministry of Health Labour, and Welfare Prefectural Labour Bureaus Labour Standards Inspection Offices