11TH ASEAN & JAPAN HIGH LEVEL OFFICIALS MEETING ON CARING SOCIETIES

COUNTRY REPORT
MALAYSIA

Tokyo, Japan
3 – 5 December 2013
Overview of Presentation

Introduction
Brief info on Malaysia
Demographic and scenario

Policy Framework
National Policy and Plan of Action for Older Persons
National Health Policy for Older Persons

Programmes for Older Persons

Roles of Government in Active Ageing

Conclusion
MALAYSIA AT A GLANCE

STATES
13 STATES
3 FEDERAL TERRITORIES

ETHNICS: MULTI-ETNCNICS
(Main ethnics groups – Malays, Chinese, Indians)

AREA
• 330,252 SQUARES KM

PENINSULAR MALAYSIA

EAST MALAYSIA

Map of Malaysia
DEMOGRAPHIC

TOTAL POPULATION IN 2012: 29.34 MILLION

Male: 50.9%
Female: 49.1%

LIFE Expectancy:
Male: 72.1%
Female: 77.3%
In Malaysia, older persons are defined as those who are 60 years and above (This definition is in line with the World Assembly on Ageing in 1982 in Vienna)

The population of Malaysia is still relatively young compared to those in the developed countries, but changes in the age structure resulting from fertility decline and increased longevity have brought about the ageing of population.
POLICY FRAMEWORK

NATIONAL POLICY FOR OLDER PERSONS

To ensure enabling and supportive environment for the well-being of the older persons as well as to promote a healthy, active and productive ageing.

NATIONAL HEALTH POLICY FOR OLDER PERSONS

To ensure older persons will achieve optimal health through integrated and comprehensive health related services.
STRATEGIES OF THE NATIONAL POLICY OF OLDER PERSONS
PROGRAMMES
FOR OLDER PERSONS

- LIFELONG LEARNING
- HOMES FOR THE CHRONICALLY ILL
- HOME HELP SERVICES
- WE CARE SERVICES
- ACTIVITY CENTRES
- HOMES FOR ELDERLY
ROLES OF THE GOVERNMENT IN ACTIVE AGEING

- Finance/Economy
- Health
- Employment
- Family
- Transportation
WAY FORWARD

Independent Living

Assisted Living

Nursing (Institutional Care)
LESSON LEARNT

MALAYSIA
Lesson Learnt – Shinagawa City

- Population database
- Integrate into the local government development plan
- Sustainability of the long term care program – (Insurance plan - Social contract between payer and funder)
- Holistic and comprehensive health care – all level of care
Lesson Learnt

- Social participation – independent living, job placement
- Combine healthy aging and aging in place
Lesson Learnt – Tokyo Metropolitan Foundation for Social Welfare & Public Health

- One stop resource centre for assisted devices
- Coordinating
- Effective, efficient and optimize
Lesson Learnt - Camellia

- Well organized (environment, infrastructure, service, funding)
- Integrated within community
- Trained Carer, younger carer
- Public Private Partnership – key factor is funding
THANK YOU
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