Local Communities that support the Elderly
Prof Myint Han
Director General
Ministry of Health, Myanmar
Current Programs for Older People

- Home for the Aged
- ROK-ASEAN Home Care Program
- Older people Self Help Group
- Rural Development on Ageing
- Health Care Program for the Elderly (WHO)
- Day Care Centre
- Paid Home (Pilot Study)
- Twilight Villa (Private)
Partner Organizations

- Myanmar Women Affairs Federation (MWAF)
- Myanmar Maternal and Child Welfare Association (MMCWA)
- World Vision (Myanmar)
- Global Vision
- National YWCAs
- Help Age International
- Myanmar Red Cross Society
- Myanmar Baptist Churches Union (MBCU)
- Caritas Thailand
ROK-ASEAN Home care for the older people

First phase 2004 – 2006
- Pilot project 2 townships
- National YMCA

Second phase 2006 – 2009
- Expansion through DSW
- 3 partners in 25 Townships

Third phase 2009 – 2012
- Delivery system of Home Care Activities
- Development of National Policy
- 10 partner organization in 154 townships
  (volunteers-16624, OP-16919)
Main Activities

- Recruiting volunteers
- Training for volunteers
- Monthly meeting with volunteers
- Field trip by field coordinator
- Medical field trip
- Older persons gathering
- Volunteers retreat
- Volunteers refresher course
Elderly Care of MMCWA

- Starting from 1998

Objectives

- To be able to become an active ageing person for each & every elderly.
- To assist psycho-social support for the old person
- To be able to have a healthy & happy family member life
OPSHG (Older People Self Help Group)

Main activities
• Fund raising
• Livelihood
• Income Generation Venture
• Health Care & Home Care
• DRR
Support Group for Elderly Doctors (SGED)
Myanmar Medical Association (MMA)

1. Day Care Centre Development
2. Home based physiotherapy Care Project Preparation
3. Research
4. Academic Training Program
5. Newsletter publication
Day Care Centre

14 (A), South Race Course Rd., Tamwe Tsp.
Yangon, Myanmar
(Near Weekly Eleven Media)
Home based physiotherapy Care Project Preparation
Thank you