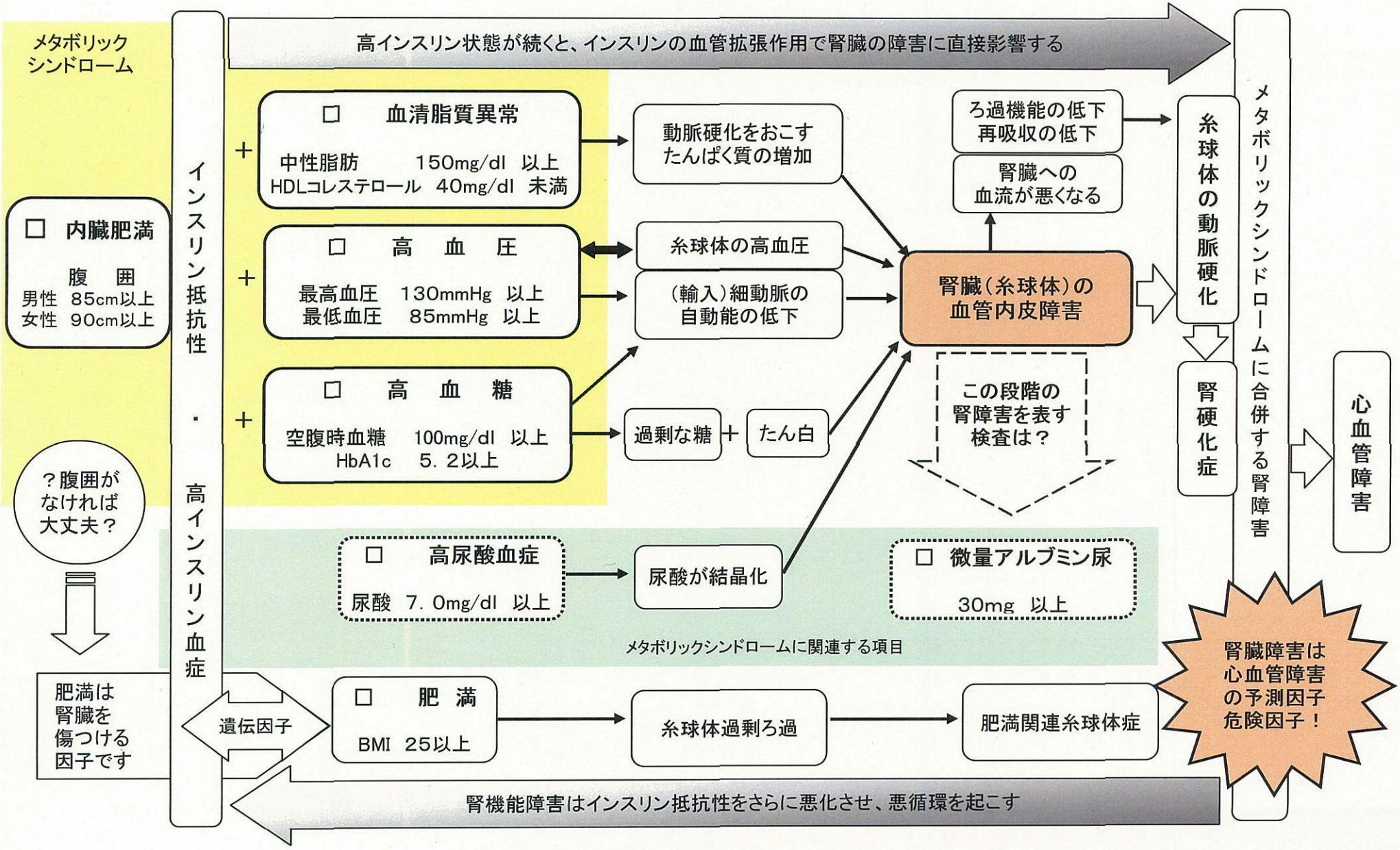メタボリックシンドロームと腎臓