



# Attention Travelers Coming from Central and South America, Africa, Southeast Asia

## There is currently an outbreak of the **Zika Virus Disease**

If you are concerned that you have been bitten by a

**mosquito** during your travels and you are exhibiting symptoms, please consult a quarantine officer.



\* If you exhibit symptoms after entering Japan, please seek guidance at your local health center.

Avoid being bitten by a mosquito for 2 weeks after your return to Japan



To prevent the spread of the Zika Virus in Japan, **take measures to avoid being bitten by mosquitos for at least 2 weeks after coming to Japan**, by regularly applying bug repellent etc., **regardless if there are clinical symptoms or not.**

Use caution in sexual activity for at least 6 months after your return to Japan



If you are returning from an outbreak region, you should use a condom if you engage in sex, or refrain from sex altogether for **at least 6 months** (if your partner is pregnant, during her pregnancy) after your return to Japan, **regardless if there are clinical symptoms or not.**

More  
information  
→ → →

Quarantine Station Website  
<http://www.forth.go.jp>



**FORTH Zika**

