



PREVENTION OF INFECTION

Many inpatients in hospitals have infections. Your cooperation is requested to protect inpatients and their family members from new infections. During an epidemic of influenza or infectious gastroenteritis, make sure that you disinfect your hands and that you wear a mask to prevent infection.


(Hand-washing is essential to prevent infection)

When you enter the hospital, use hand-sanitizer gel to disinfect your hands. In addition, when you enter and leave the ward, wash your hands with soap and running water or disinfect them using hand-sanitizer gel.


How to handrub? WITH ALCOHOL-BASED FORMULATION


Apply a palmful of the product in a cupped hand and cover all surfaces.



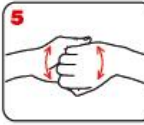
Rub hands palm to palm




right palm over left dorsum with interlaced fingers and vice versa




palm to palm with fingers interlaced




backs of fingers to opposing palms with fingers interlocked




rotational rubbing of left thumb clasped in right palm and vice versa




rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa




rinse hands with water




dry thoroughly with a single use towel



use towel to turn off faucet




20-30 sec




...once dry, your hands are safe.


How to handwash? WITH SOAP AND WATER




Wet hands with water




apply enough soap to cover all hand surfaces.



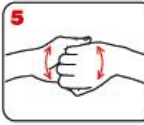
Rub hands palm to palm




right palm over left dorsum with interlaced fingers and vice versa




palm to palm with fingers interlaced




backs of fingers to opposing palms with fingers interlocked




rotational rubbing of left thumb clasped in right palm and vice versa




rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa




rinse hands with water




dry thoroughly with a single use towel



use towel to turn off faucet




40-60 sec



...and your hands are safe.

WORLD ALLIANCE
PATIENT SAFETY

WHO acknowledges the Hôpitaux Universitaires de Genève (HUG),
in particular the members of the Infection Control Programme, for their active participation in developing this material.



October 2006, version 1.

Source: WHO Hand Hygiene Technical Reference Manual