

# Support Program for Self-Reliance in Daily Life

## Overview

### Outline of the support program for self-reliance in daily life

The purpose of the support program for self-reliance in daily life is to support people with insufficient judgment among the elderly with dementia, people with mental retardation and people with mental disorder by providing those people in need with assistance in using welfare services or the like so that they can lead independent lives in communities.

#### 1. Qualification:

This program shall cover people who meet all of the followings.

- A People with insufficient judgment (among the elderly with dementia, people with mental retardation and people with mental disorder, people who have difficulties in getting, understanding, judging and making their intention in the proper way, all by themselves, with regard to the information in using necessary services for their daily lives.)
- B People who is granted to have a capacity to judge the contents of this program

#### 2. Description:

A The criteria of the contents of the services based on this program shall be the followings.

- a Assistance to welfare services
- b Assistance for application of complaint solution system
- c Assistance regarding an administrative procedure for residence renovation, residence rental, proceeding for making a deposit

B The criteria of the contents of assistance upon A shall be the followings.

- a Management of user's daily living expense such as procedures in acceptance and withdraw of deposit and closing account, etc. (daily management of money)
- b Detection of life change by regular visits

#### 3. Entity in charge

The entities in charge of this program are Councils of Social Welfare of prefectures and designated cities. Counter services are conducted by key Municipal Councils of Social Welfare entrusted by the entities described above.

Key municipal councils of social welfare 683	
Support specialist	1,102
Life support staff	11,860

#### 4. Implementation

	Total number of consultation (*)	Number of contracts
October 1999-March 2000	13,007	327
2000	42,504	1,687
2001	106,676	3,280 (Increase of 1.94% from 2001)
2002	159,688	4,631 (Increase of 1.41% from 2001)
2003	231,898	6,252 (Increase of 1.35% from 2001)
2004	298,084	6,488 (Increase of 1.04% from 2001)
2005	402,965	7,247 (Increase of 1.12% from 2001)
2006	530,871	7,626 (Increase of 1.05% from 2001)
2007	708,432	8,580 (Increase of 1.13% from 2001)
2008	879,523	9,142 (Increase of 1.07% from 2001)
Total	3,373,607	55,258

\*The total number of consultation includes inquiries on the program or others and consultations before and after conclusion of the contract.

Actual number of users as of the end of March, 2009	-	29,212
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#### 【Status of contracts by type of people covered by the program in FY 2008】

People covered by the program	Senile elderly, etc.	People with mental retardation, etc.	People with mental disorder, etc.	Unknown	Total	Daily life protection
Number of contracts	5,851	1,249	1,557	485	9,142	3,286
Composition ratio (%)	64.0	13.7	17.0	5.3	100	35.9

Source: Surveyed by the National Council of Social Welfare