

Plan provided based on Regulation of Act on Assurance of Medical Care for Elderly People Article 8, Paragraph (1) (Outline)

FY 2007
Ministry of Labour, Health and Welfare
Public Notice No.442

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Program Period: 5 Years
(FY 2007 – FY 2011)

No.1 Placement of Program

No.2 Current Status and Issues of Health Expenditure

1. Changes in Health Expenditure

Annual expenditure of 33 Trillion Yen and 1/3 is Health Expenditure for the aged. Approximately 1 Trillion Yen annual increase.

2. Status of Average Length of Stay

Average lengths of stay and health expenditure for the aged per person (hospitalization) have high correlation.

3. Status of Long-Term Care Beds

1/3 of health expenditure and 60% of death is caused by lifestyle diseases. Patients and those having a high risk of contracting metabolic syndrome are, 1 in every 2 men and 1 in every 5 women of people aged 40 and over.

4. Status of Patients and Those Having a High Risk of Contracting Lifestyle Diseases

No.3 Goals and Measures

1. Basic Principles

- 1) To maintain and improve people's quality of living.
- 2) To take measures for the arrival of hyper aged society.

2. Targets for Medical Expenditure Control

- 1) Targets on promotion of maintaining people's health
- 2) Targets on promotion of efficient supply of medical treatment

3) Perspectives on expenditure needed for medical treatment during program period

3. Measures that the State should deal in order to achieve the targets

- 1) Measures to promote people's health maintenance
- 2) Measures to promote efficient supply of medical treatment

No. 4 Promotion of Program

1. Promotion of Program through Coordination and Cooperation among Relevant Parties

2. Assessment of Achievement Status of Program

- 1) Assessment on Progress
- 2) Assessment on Achievement

Percentage of Specific Health Checkups Operation	70% and over
Percentage of Specific Health Guidance Operation	45% and over
Decrease Rate of Patients and Those Having a High Risk of Contracting Metabolic Syndrome	More than 10% decrease compared to FY 2007

Average Lengths of Stay	32.2 Days ⇒ 29.8 Days
The number of beds of long-term care beds	210,000 Beds +α (※)

(※) It is the sum of the total of established target figures of 44 prefectures and the yet-to-be established target figures of 3 prefectures.

- (1) Promotion of specific health checkups, etc, by insurers
 - 1 Human Resource Development of Health Projects
 2. Revision of content of specific health checkups, etc
 3. Support for utilization of collective contracts
 4. Collection and public announcement of successful cases
 5. Treasury assistance
- (2) Promotion of Advocacy Program in Prefectures and Municipalities

- (1) Reorganization of Long-Term Care Beds
 1. Subsidies for Maintenance Costs needed in transition from long-term care beds to Long-Term Care Facilities, etc.
 2. Enforcement of special measures, etc, for standards promoting transition from long-term care beds to health service facilities for the aged, etc
 3. Consideration in 4th Project of Insured Long-Term Care Services
 4. Providing appropriate medical services in long-term care health facilities
- (2) Differentiation of Functions/Coordination of Medical Institutions
- (3) Promotion of In-home Medical Treatment/Community Care