# [10] Health and Welfare Services for the Elderly

# **Outline of Long-Term Care Insurance System**

#### Overview

#### **Long-Term Care Insurance System Diagram**

#### Municipalities/ Ordinary collection Service providers **Special Wards** Insured persons Municipalitie collect premiums In-home Services Preventive long-term care 10% · Home-visit long-term care services Premiums of the elderly (22%)from (home help service) · Home care service Support for municipalities **Primary** individuals Home-visit bathing service (home-help) for preventive insured person Home-visit nursing care long-term care (65 or older) Premi Home-visit rehabilitation Home bathing service for Prefectures 33.02 million Outpatient rehabilitation service preventive long-term care Home nursing care service (day care) Approx Management guidance for for preventive long-term Deducted 90% from in-home care Using services Outpatient day long-term care Home rehabilitation service pension State (25% \*) Prefectures (12.5% \*) Municipalities (12.5%) (day service) for preventive long-term Short-term admission for daily Users' co-payment Special collection life long-term care (short stay) Outpatient rehabilitation State (25% Federation of National Health Insurance Association Short-term admission for service or preventive recuperation long-term care Certification of Management guidance for \* Premiums for the Daily life long-term care for long-term care ne elderly in a specified facility Sales of specified equipment youth are borne by in-home care service for Examination, payment, etc. business operators and the National etc. Implemented by preventive long-term care municipalities covered by public aid Outpatient care service Treasury in the same Premiums of the youth ways as for medical insurance. Rental service of equipment for (day care service) for Certification of long-term care expenditure long-term care covered by preventive long-term care Secondary need may be public aid Short-term stay service for Medical insurers insured persons preventive long-term care over wide areas Health Insurance (aged 40-64) Facility services at a care facility or entrusted to Society 42.20 million Medical care service for Home-based care support prefectures National Health services preventive long-term care Public Insurance, etc. (Special nursing home for the through a short-term stay Confirmation by elderly) Daily life care service for Check list Lump-sum payment Health care facilities for the preventive long-term care (pooled nationally) Conducted by elderly requiring long-term care for elderly in specific municipalities (Health care facilities for the facilities Social Insurance Grant Sales of specific preventive elderly) Medical Fee Formulation of Sanatorium type medical care long-term care welfare **Payment Fund** facilities for the elderly requiring long-term care instruments Lending preventive service plans

# Community-based services

- Regular visiting/on demand home-visit long-term/nursing
- Night time home-visit long-term care
- · Community-based outpatient long-term care
- Outpatient long-term care of dementia patients
- Multifunctional small group home
- Communal daily long-term care for dementia patients (group home)
- Daily life long-term care for people admitted to a community-based specified facility
- Community-based facility for preventive daily long-term care of the elderly welfare instruments
- Compound services

# Others

Home modification

#### Community-based preventive long-term care services

long-term care welfare

instruments

(Care Plans)

care services

systematic use of

Support for

- Outpatient care service for preventive long-term care for dementia patient
- Small-sized multifunctional in-home care service for preventive long-term care Daily life care service for preventive long-term care in communal living for dementia patient

· Allowance for home modification

#### Comprehensive services for long-term care prevention/daily life support

- 1st house call services
- 1st day care services
- 1st living assistance
- 1st care prevention support services

- 5% of the public expenditure from the national government is allocated as Adjusting Subsidies for municipalities and may increase/decrease depending on the number of persons aged 75 or older and income distributions of the elderly.
- For benefit expenses of facilities, etc. (benefit expenses of 3 long-term care insurance facilities and specified facilities designated by prefectures), 20% is borne by the national government and 17.5% by prefectures
- The number of the primary insured is from "Annual Report on the Long-term Care Insurance" as of the end of FY2014.
- The number of the secondary insured is based on the report from the medical insurers aimed to fix the amount of levies for long-term care benefit expenses by the Social Insurance Medial Fee Payment Fund; the figure is monthly average in FY2014.

#### **Detailed Information 1** Persons covered / eligible persons / premium burden / levy / collection methods

	Primary insured Persons	Secondary insured Persons
Covered	Persons aged 65 or older	Persons aged 40-64 who are participants of medical insurance
Eligible	Persons requiring long-term care (for being bedridden, dementia, etc.) Persons requiring support (for daily activities)	The case is limited where a condition of need for Long-Term Care or for a Needed Support Condition is due to disease (specified disease) caused by aging such as terminal cancer and rheumatoid arthritis, etc.
Premium burden	Collected by municipalities	Medical insurers collect the premiums as medical insurance premiums and pay in lump-sum
Levy and collection methods	Fixed premium in accordance with income level (to ease the burden on the people with low income)     Special collection (deduction from the pension) for the insured receiving ¥180,000 or more pension benefits annually.     For others, ordinary collection.	Health care insurance: "standard remuneration and standard bonus" x "rate of long-term care insurance premium" (borne partly by business operators)     National Health Insurance: Divided proportionally by income or on a per capita basis (borne partly by the National Treasury)

# **Detailed Information 2** Premiums

1. In order to require the burden bearing according to the ability to bear for the premium of the primary insured persons, a fixed premium amount is set by each municipality in accordance with the income level of the insured. The burden of the people with low income is eased, while the burden of the people with high income is incurred according to the income of the insured persons.

Level	Eligible persons	Premium	(Reference) Eligible persons (FY 2012)
Level 1	<ul> <li>Beneficiary of public assistance</li> <li>The insured receiving Old-age Welfare Pension in the municipal-tax exempt household</li> <li>Municipal tax exempt with an income of below ¥800 thousand</li> </ul>	Standard amount x 0.5	6.5 million
Level 2	Municipal tax exempt with an income of more than ¥800 thousand and below¥1.2 million	Standard amount x 0.75	2.4 million
Level 3	Municipal tax exempt with an income of more than ¥1.2 million	Standard amount x 0.75	2.4 million
Level 4	Municipal tax exempt (including a taxable person within the same household) with an income of below ¥800 thousand	Standard amount x 0.9	5.4 million
Level 5	Municipal tax exempt (including a taxable person within the same household) with an income of more than ¥800 thousand	Standard amount x 1.0	4.4 million
Level 6	Municipal tax exempt with an income of less than ¥1.2 million	Standard amount x 1.2	4.1 million
Level 7	Municipal tax exempt with an income of over ¥1.2 million and less than ¥1.9 million	Standard amount x 1.3	3.7 million
Level 8	Municipal tax exempt with an income of over¥1.9 million and less than ¥2.9 million	Standard amount x 1.5	2.7 million
Level 9	Municipal tax exempt with an income of over ¥2.9 million	Standard amount x 1.7	2.7 million

The table above shows standard levels of premiums. Municipalities can flexibly set the number of levels by Municipal Ordinance. In the meantime, municipalities can set the factors to be multiplied by the standard amount of the premiums for each level.

As of FY 2015, due to public funding introduction, measures have been strengthened to reduce the insurance premiums within the range of basic cost x 0.05 for the 1st phase.

<sup>2.</sup> In case of secondary insured persons, the premium is calculated based on the calculation standard of the medical insurance system that they subscribe.

### **Detailed Information 3** Users Expenses

- 1. Fixed burden of 10%/20% of the service cost, in addition to residence/meal costs are basically borne by the persons hospitalized or the persons staying at facilities.
- 2. In the case where the 10%/20% burden bearing accounts for a large amount, high-cost long-term (preventive) care service benefits will be paid
- 3. Special care shall be paid to people with low income regarding 10% burden bearing and residence/meal cost burdens
- \* 20% burden bearing accounts: an income of over ¥1.6 million and an income of over ¥3.46 million combined with a primary insured person's income and others' income within the same household (an income of over ¥2.8 million in case a primary insured person is only one within the same household)

### <High-cost long-term care service benefits>

Income level	Ceiling amount for household
(1) In case there is a primary insured person with a taxable income of over ¥1.45 million within the same household (provided that the primary insured person's total income is less than ¥5.20 million within the same household (in case there is only one primary insured person within the same household, income is less than ¥3.83 million), (2) applies.)	¥44,400
(2) Cases in which (1), (3) or (4) does not apply.	¥37,200
(3) [1] Those in municipal-tax exempted household	[1] ¥24,600
[2] In case reduction to ¥24,600 does not make them ineligible for public assistance	[2] ¥24,600
(a) Those with total income including the pension income of ¥800,000 or less in the municipal-tax exempted household	Individual ¥15,000
(b) Recipients of Old-age Welfare Pension in the municipal-tax exempted household	Individual ¥15,000
(4) [1] Recipients of public assistance	[1] Individual ¥15,000
[2] In case reduction to ¥15,000 does not make them ineligible for public assistance	[2] ¥15,000

<sup>\*</sup> Figures indicated as individual represent the ceiling amount for individuals in the households

# Detailed Information 4 Procedures for Using the System

- 1. The Certification Committee for Long-term Care Need is responsible for the evaluation and judgement based on investigation results of the insured's mental and physical conditions and on family doctors' letters of opinions (evaluation and judgement can be entrusted to prefectures)
  - Municipalities are responsible for certification of long-term care and support needs based on the evaluation results by the Certification Committee for Long-term Care Need
  - The nationally uniform criteria for long-term care need certification are established objectively.
  - → Benefits according to the levels of long-term care need are set
  - O Benefit limits for in-home care benefits are approximately ¥50,000 to ¥360,000 per month (subject to regions) according to the levels of long-term care need (7 levels including the levels of support need)

# (Payment amount limit of benefits for in-home services)

Level of long-term care need	Payment amount limit of benefits
Requiring support 1	5,003 units/month
Requiring support 2	10,473 units/month
Requiring long-term care 1	16,692 units/month
Requiring long-term care 2	19,616 units/month
Requiring long-term care 3	26,931 units/month
Requiring long-term care 4	30,806 units/month
Requiring long-term care 5	36,065 units/month

<sup>\* 1</sup> unit: ¥10 to ¥11.40 (subject to regions and service types)

<sup>\*</sup> For those in special nursing home for the elderly (subjects for measures in the old system) at the time of enforcement of the system, reduction and exemption measures according to their income level are taken for the time being.

<sup>2.</sup> To provide comprehensive and systematic services suitable for the needs of users, it is fundamental to prepare long-term care service plans (care plans).

# **Detailed Information 5** Contents of Insurance Benefits

	Services provided by comprehensive projects	Services of care prevention benefits	Services of long-term care benefits
Services designated/supervised by prefectures	_	Preventive long-term care services Home-visit bathing service for preventive long-term care Home-visit nursing care service for preventive long-term care Home-visit rehabilitation service for preventive long-term care Guidance for in-home medical care management for preventive long-term care Outpatient rehabilitation service for preventive long-term care Daily life long-term care for elderly in care facilities for short-term stay service for preventive long-term care Medical care service for preventive long-term care through a short-term stay Daily life long-term care service for elderly in specified facility for preventive long-term care Lending preventive long-term care welfare instruments Sales of specific preventive long-term care welfare instruments	In-home Services Home-visit long-term care Home-visit bathing service Home-visit rehabilitation Management guidance for in-home care Outpatient day long-term care Outpatient rehabilitation service Short-term admission for daily life long-term care Short-term admission for recuperation Daily life long-term care for elderly in specified facility Rental service of equipment for long-term care covered by public aid Sales of specified equipment covered by public aid In-home care support services  Facility services Home-based care support services Health care facilities for the elderly requiring long-term care Sanatorium type medical care facilities for the elderly requiring care
Services designated/supervised by municipalities	Preventive long-term care/life support comprehensive services 1st house-call services 1st day-care services 1st life support services 1st preventive long-term care support services	Preventive long-term care support services     Community-based preventive long-term care services     Outpatient care service for preventive long-term care for dementia patient     Small-sized multifunctional in-home care service for preventive long-term care     Daily life care service for preventive long-term care in communal living for dementia patient	Community-based services     Regular visiting/on demand home-visit long-term/nursing care     Night time home-visit long-term care     Community-based outpatient long-term care     Outpatient long-term care for dementia patients     Multifunctional small group home     Communal daily long-term care for dementia patients     Daily life long-term care for elderly in community-based specified facility     Community-based facility for preventive daily long-term care of the elderly welfare instruments     Multi-functional long-term care with nursing in a small group home
Others	_	Home modification	Home modification

After partial enforcement of the "Act on Arrangement of Relevant Acts to Promote Reform for Improving Regional Autonomy and Independence", the authority of services designated/supervised by prefectures has been transferred to designated/core cities.

# **Detailed Information 6** Consideration for Stable System Operation

#### <Financial consideration>

The Fiscal Stability Funds are established in prefectures (financed by the central government, prefecture, and municipalities evenly by 1/3) to provide grants or loans to supplement financial shortage due to unexpected increase in the amount of benefits and decrease in premium collection.

# <Operational consideration>

- 1. Certification of needed long-term care and support may be entrusted to prefectures.
- 2. Prefectures support municipalities in joint establishment of the Certification Committee for Long-term Care Need.

# **Development of Infrastructure for Long-Term Care Insurance**

#### Overview

#### **Development of Infrastructure**

- In order to develop long-term care service infrastructure systematically, municipalities and prefectures formulate the municipal insured long-term care service plans and prefectural insured long-term care service plans respectively in accordance with the basic guidelines formulated by the government.
   Municipalities take required measures to reflect opinions of the insured at the time of formulating or revising the municipal insured
- Municipalities take required measures to reflect opinions of the insured at the time of formulating or revising the municipal insured long-term care service plans.
- 3. In order to support advanced/model type efforts regarding meaningful activities for the elderly conducted by municipalities and regional contributions etc., the government supports municipalities in developing long-term care service infrastructure through providing grants for community care and welfare space development etc. In addition, support shall be provided using the Integrated Securing of Funds for Regional Medical and Preventive Long-term Care to promote the establishment of small-scale service bases such as community-based services for use in daily living areas within municipalities.

#### **Detailed Information 1**

#### Grant for Community Care and Welfare Space Development, etc.

#### 1. Purpose

Toward the establishment of the community-based integrated care system, the government supports advance/model type efforts which support meaningful activities for the elderly and regional contributions, etc. through developing regional mutual support centers, etc. to help the elderly continue living in their accustomed living areas.

#### 2. Contents

- (1) Grants for promotion of community care and welfare space development
  - Grants supporting expenses for necessary facility development needed for advance plans including regional mutual support centers in municipalities toward the establishment of the community-based integrated care system in order to help the elderly continue living in their accustomed living areas.
- (2) Grants for promotion of community care and welfare space development

Grants for support of expenses specially authorized for facilities and systems to implement advanced/model type services

- 3. Implementing entities: Municipalities
- 4. Rate of grant: Fixed amount

#### 5. FY 2016 budget:

Grants for establishing facilities of community care and welfare space developments, etc.:¥2.06 billion

Grants for promotion of community care and welfare space developments:

¥0.05 billion

Total: ¥2.11 billion

### **Detailed Information 2**

# Integrated Securing of Funds for Regional Medical and Preventive Long-term Care (The portion of developing long-term care facilities)

#### 1. Purpose

Toward the establishment of the community-based integrated care system, based on prefectural plans, the government supports the promotion of developing systems which provide long-term care services including community-based services etc., meeting regional specific circumstances.

### 2. Contents of the projects

By using expenses from grants placed in prefectures, the following services are implemented.

- · Services for developing long-term care facilities etc.
- To help the elderly continue living in their accustomed living areas, support to be implemented is as follows: support for development of community-based service facilities and their offices; support to the expenses for preparation of establishment of special nursing homes for the elderly and developing child care facilities in the existing nursery schools; support for repairs of existing special nursing homes for the elderly for making private room units etc.; support for establishment of facilities in accordance with the sanatorium type medical care facilities conversion plan etc.
- 3. Organizations responsible for the operation: prefecture
- 4. Subsidy ratio: Fixed (1/2 for some projects)
- 5. FY 2016 Budget: Integrated Securing of Funds for Regional Medical and Preventive Long-term Care (the portion of developing long-term care facilities) ¥63.4 billion

# Implementation Status of Long-Term Care Insurance System

# Detailed Data 1 Changes in Number of Primary Insured persons (person)

As of the end of April of each year

2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
21,654,769	22,473,297	23,223,722	23,981,379	24,528,385	25,160,699	25,935,454	26,822,941	27,566,882	28,384,166	28,945,267	29,069,219	29,855,066	31,028,325	32,104,772	33,083,888

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

# Detailed Data 2 Changes in Number of Persons Requiring Long-Term Care/Needed Support (person)

As of the end of April of each year

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Support needs 1	290,923	319,595	398,322	504,835	601,258	673,542	58,678	527,027	551,720	574,997	603,560	662,247	692,126	772,816	824,654	873,999
Support needs 2	-	-	-	-	-	-	45,414	521,549	629,071	661,881	653,899	668,629	712,425	770,816	805,585	839,110
Transient long-term care needs	ı	-	ı	-	-	-	654,952	39,557	1,460	0	Ī	-	-	1	ı	-
Long-term care needs 1	551,134	709,493	890,772	1,070,191	1,252,269	1,332,078	1,386,738	876,240	769,388	788,133	852,325	909,673	970,468	1,051,891	1,114,774	1,175,743
Long-term care needs 2	393,691	489,560	571,012	640,574	594,806	614,040	651,370	755,749	806,110	822,691	854,158	900,892	952,408	992,717	1,029,165	1,062,102
Long-term care needs 3	316,515	357,797	393,646	430,709	492,195	527,329	560,602	652,255	711,337	737,951	712,847	699,763	724,287	746,722	769,081	792,848
Long-term care needs 4	338,901	365,352	393,783	423,846	478,585	496,616	524,989	547,175	578,873	589,512	629,757	641,178	669,754	696,080	711,038	729,956
Long-term care needs 5	290,457	340,662	381,472	414,169	455,021	464,550	465,350	488,753	500,255	514,758	563,671	593,228	608,928	612,113	604,770	603,677
Total	2,181,621	2,582,459	3,029,007	3,484,324	3,874,134	4,108,155	4,348,093	4,408,305	4,548,214	4,689,923	4,870,217	5,075,610	5,330,396	5,643,155	5,859,067	6,077,435

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

(Note) Those who are certified for support need at the time of revision of the Long-Term Care Insurance Act (enforced on April 1, 2006) are in the category of "Transient long-term care needs" until the end of the certified period.

# Detailed Data 3 Changes in Number of Long-Term Care Service Users (person)

Services provided in April of each year

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
In-home services (including preventive long-term care services)	971,461	1,419,344	1,723,523	2,014,841	2,314,883	2,505,636	2,546,666	2,573,797	2,685,115	2,782,828	2,941,266	3,101,253	3,284,065	3,484,228	3,662,108	3,821,196
Community-based services (including preventive long-term care services)	-	-	-	-	-	-	141,625	173,878	205,078	226,574	253,769	282,297	310,906	343,371	372,110	394,808
Facility services	518,227	650,590	688,842	721,394	757,593	780,818	788,637	814,575	825,155	825,835	838,279	847,946	861,950	886,764	892,514	902,605
Total	1,489,688	2,069,934	2,412,365	2,736,235	3,072,476	3,286,454	3,476,928	3,562,250	3,715,348	3,835,237	4,033,314	4,231,496	4,456,921	4,714,363	4,926,732	5,118,609

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

### Detailed Data 4 Changes in Amount of Long-Term Care Benefits Expenses (¥1 million/service type/month)

Services provided in April of each year

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
In-home services (including preventive long-term care services)	57,001	118,500	153,214	182,507	216,783	236,804	214,366	229,147	246,922	265,488	287,004	304,065	324,049	353,809	373,608	379,492
Community-based services (including preventive long-term care services)	1	-	-	1	-	-	28,287	34,383	40,065	44,455	49,568	55,181	62,465	69,571	75,980	80,113
Facility services	144,874	200,177	212,586	214,033	227,927	234,326	198,493	205,154	207,915	214,115	218,512	219,492	224,185	229,609	232,676	232,505
Total	201,875	318,677	365,800	396,540	444,709	471,130	441,146	468,684	494,903	524,058	555,084	578,739	610,700	652,989	682,264	692,110

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW

# **Detailed Data 5**

# Individual Service Expenses

	Expense (unit: ¥1 million)	Percentage (unit: %
Total	785,426	100.0
Home-based services (including nursing care preventive services)	388,962	49.5
Home-visit/outpatient	305,496	38.9
Home-visit long-term care	77,222	9.8
Home-visit bathing service	4,485	0.6
Home-visit nursing care	18,049	2.3
Home-visit rehabilitation	3,197	0.4
Daycare for long-term care	138,774	17.7
Daycare rehabilitation	39,028	5.0
Rental of assistive equipment	24,741	3.2
Short-term institutionalization	37,557	4.8
Short-term stay for LTC	32,512	4.1
Short-term stay for recuperative care (in long-term care health facilities)	4,776	0.6
Short-term stay for recuperative care (in hospitals, etc.)	269	0.0
Home-based recuperative care control and instruction	7,136	0.9
LTC for residents of specified institutions (excluding short-term use)	38,727	4.9
LTC for residents of specified institutions (short-term use)	46	0.0
n-home care support services	40,855	5.2
Community-based services	94,847	12.1
Periodic or on-call home-visit long-term care and nursing care	2,105	0.3
Nighttime home-visit care	268	0.0
Daycare for LTC of the elderly with dementia	7,219	0.9
Small-scale multifunctional home-based LTC (excluding short-term use)	18,299	2.3
Small-scale multifunctional home-based LTC (for short-term use)	9	0.0
LTC for the elderly with dementia in residential care settings (excluding short-term use)	50,901	6.5
LTC for the elderly with dementia in residential care settings (for short-term use)	24	0.0
Community-based LTC for residents of specified facilities (excluding short-term use)	1,332	0.2
Community-based LTC for residents of specified facilities (short-term use)	2	0.0
Community-based LTC in welfare facilities for the elderly requiring LTC	13,459	1.7
Combined services (Multifunctional home-based LTC with small-scale	1,226	0.2
nursing care service, excluding short-term use) Combined services (Multifunctional home-based LTC with small-scale nursing care service, for short-term use)	2	0.0
ervice in institutions	260,763	33.2
Facility covered by public aid providing long-term care to the elderly	136,332	17.4
Long-term care health facility	101,710	12.9
Sanatorium type medical care facilities for the elderly requiring care	22,721	2.9

Source: Prepared by the Health and Welfare Bureau for the Elderly, MHLW, based on the "Survey of Long-term Care Benefit Expenditures" (examined as of December 2015) of Social Statistics Office to the Director-General for Statistics and Information

The figure of individual categories may not add to totals due to rounding.
 The figures include long-term prevention benefits. (Note)

# Detailed Data 6 Changes in Total Amount of Long-Term Care Expenses (¥100 million/Year)

(FY)

															` '	
2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015 (Budget)	2016 (Budget)
36,273	45,919	51,929	56,891	62,025	63,957	63,615	66,719	69,497	74,306	78,204	82,253	87,570	91,734	99,747	101,110	104,103

Source: "Status Report on the Long-term Care Insurance", Health and Welfare Bureau for the Elderly, MHLW The figures for FY2015 and FY2016 are estimated from the budget amount.

# **Detailed Data 7** Changes in Number of Long-Term Care Service Providers (service provider)

Examined as of April of each year

Examined as of April of each year															
	FY2001 (Examined as of April	FY2002 (Examined as of April	FY2003 (Examined as of April	FY2004 (Examined as of April	FY2005 (Examined as of April	FY2006 (Examined as of April	FY2007 (Examined as of April	FY2008 (Examined as of April	FY2009 (Examined as of April	(Examined as of April	(Examined as of April	FY2012 (Examined as of April	(Examined as of April	(Examined as of April	(Examined as of April
Home-based services	2002)	2003)	2004)	2005)	2006)	2007)	2008)	2009)	2010)	2011)	2012)	2013)	2014)	2015)	2016)
Home-visit long-term care	14,229	16,761	20,110	23,373	25,310	25,685	25,213	25,267	25,982	27,029	28,661	30,272	31,656	32,636	33,262
Home-visit bathing service	2,577	2,622	2,696	2,698	2,619	2,458	2,303	2,253	2,283	2,285	2,329	2,300	2,224	2,179	2,054
Home-visit nursing care	8,824	8,821	8,748	8,643	8,568	8,341	8,041	7,845	7,750	7,683	7,910	8,289	8,785	9,367	10,126
Home-visit rehabilitation	1,981	2,022	1,998	2,010	1,999	2,612	2,848	2,988	3,117	3,247	3,322	3,488	3,573	3,681	
Home-based recuperative care control and instruction	16,293	16,595	16,546	16,454	16,553	16,014	16,015	16,555	17,114	17,752	18,713	20,150	22,217	25,433	3,871
Daycare for long-term care	9,726	11,429	13,817	16,771	19,754	20,748	,	23,644	25,610	28,054	31,570	35,453	39,196	42,386	29,210
Daycare rehabilitation		5,714	5,872	6,092	6,263	6,436	6,530	6,539	6,703	6,763	6,860	7,056	7,200	7,371	-, -
Short-term stay for LTC	5,545						,	,	,	,		,			7,511
	4,819	5,117	5,431	5,843	6,348	6,747	7,080	7,373	7,607	7,791	8,259	8,845	9,189	9,823	10,152
Short-term stay for recuperative care   LTC for residents of specified institutions (excl. short-term use)	3,379	3,577	3,736	3,832	3,884	3,891	3,805	3,762	3,744	3,680	3,678	3,802	3,768	3,808	3,833
, , , , , ,	385	531	777	1,205	1,726	2,491	2,824	2,998	3,222	3,476	3,762	4,046	4,290	4,530	4,735
LTC for residents of specified institutions (short-term use)	_		-	_			_	_	-	_	-	62	93	122	300
Rental of assistive equipment	4,494	5,456	6,428	7,120	7,509	7,035	6,579	6,276	6,328	6,425	6,689	6,889	7,081	7,225	7,283
Community-based services			1											I	
Periodic or on-call home-visit long-term care and nursing care		-	-	-	-	-	-	-	-	-	-	176	352	500	633
Nighttime home-visit care	-	-	-	-	-	50	92	86	95	112	152	163	167	192	182
Daycare for LTC of the elderly with dementia	-	-	-	-	-	2,562	2,883	3,098	3,277	3,455	3,611	3,735	3,770	3,787	3,719
Small-scale multifunctional home-based LTC	-	-	-	-	-	507	1,373	1,936	2,303	2,785	3,402	3,979	4,337	4,728	4,984
LTC for the elderly with dementia in residential care settings	1,658	2,854	4,689	6,422	8,069	8,776	9,327	9,712	10,041	10,676	11,378	11,837	12,289	12,776	12,985
Community-based LTC for residents of specified facilities	-	-	-	-	-	36	75	106	138	165	210	247	273	283	292
Community-based LTC in welfare facilities for the elderly requiring LTC	-	-	-	-	-	51	135	233	332	415	696	1,026	1,186	1,764	1,949
Combined services (Multifunctional home-based LTC with small-scale nursing care service)	-	-	-	-	-	-	-	-	-	-	-	38	108	191	309
Home-based care support services	20,805	22,877	25,918	28,556	30,387	30,722	30,692	30,932	31,428	32,412	34,019	35,630	37,097	38,541	39,471
Service in institutions															
Services in welfare facilities for the elderly requiring LTC	4,740	4,951	5,165	5,411	5,684	5,828	5,986	6,103	6,167	6,207	6,399	6,640	6,796	7,340	7,558
Services in healthcare facilities for the elderly requiring LTC	2,826	2,928	3,065	3,216	3,360	3,445	3,509	3,581	3,671	3,731	3,834	3,963	4,018	4,130	4,201
Services in recuperative medical care facilities for the elderly requiring LTC	3,193	3,451	3,437	3,346	3,038	2,664	2,427	2,194	2,018	1,877	1,766	1,630	1,532	1,434	1,320
Preventive long-term care services															
Home-visit care for preventive LTC	-	-	_	-	-	21,927	22,673	22,800	23,307	24,035	25,306	26,520	27,572	28,246	27,667
Home-visit bathing service for preventive LTC	-	-	-	-	-	259	318	343	319	321	377	377	346	356	363
Home-visit nursing care for preventive LTC	-	-	-	-	-	4,831	5,117	5,223	5,285	5,342	5,578	5,955	6,440	6,926	7,581
Home-visit rehabilitation for preventive LTC	-	-	-	-	-	1,168	1,544	1,682	1,793	1,965	2,069	2,196	2,318	2,470	2,589
Home-based recuperative care control and instruction for preventive LTC	-	ı	-	-	ı	4,392	5,201	5,807	6,120	6,529	7,035	7,975	8,902	10,295	11,596
Daycare for preventive LTC	-	-	-	-	-	18,038	20,321	21,690	23,249	24,889	27,705	30,834	33,902	36,499	35,982
Daycare rehabilitation for preventive LTC	-	-	-	-	-	5,701	6,114	6,194	6,338	6,370	6,512	6,745	6,896	7,081	7,195
Short-term stay for preventive LTC	-	-	-	-	-	3,062	3,761	3,936	3,916	3,876	4,108	4,351	4,583	4,779	4,723
Short-term stay recuperative care for preventive LTC	-	-	-	-	-	938	1,040	1,002	910	822	791	772	784	822	806
Preventive LTC for residents of specified institutions	-	-	-	-	-	2,071	2,389	2,525	2,672	2,851	3,063	3,289	3,480	3,627	3,792
Rental of assistive equipment for preventive LTC	-	-	-	-	-	4,839	5,052	5,094	5,205	5,402	5,733	5,965	6,198	6,396	6,542
Home-based care support services for preventive LTC	-	-	-	-	-	3,490	3,859	3,987	4,117	4,134	4,224	4,392	4,492	4,541	4,704
			1	l		,	,	,		,		,	,		.,

Community-based services for preventive LTC															
Daycare for preventive LTC of the elderly with dementia	-	-	-	-	-	340	386	433	455	417	474	545	571	579	569
Small-scale multifunctional home-based preventive LTC	-	-	-	-	-	184	653	1,003	1,265	1,595	1,992	2,463	2,696	3,124	3,388
Preventive LTC for the elderly with dementia in residential care settings	-	-	-	-	-	685	750	800	729	695	710	776	754	752	795

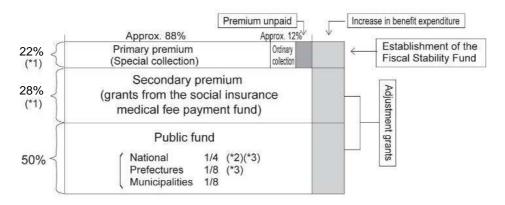
Source: "Survey of Long-term Care Benefit Expenditures" (examined as of April of each year) by Social Statistics Office to the Director-General for Statistics and Information Policy , MHLW.

(Note) Community-based services, community-based services for preventive long-term care, and preventive long-term care services have been introduced since April 2006.
 (Note) Periodic or on-call home-visit long-term care and nursing care, and combined services have been introduced since April 2012.

# Financial Status of Long-Term Care Insurance System

### Overview

### **Financial Status of Long-Term Care Insurance System**



- \*1 The percentages are based on the statistical proportion of the primary and secondary insured persons for the period FY2015-2017 (the corresponding percentages were 17% and 33% for FY2000-2002, 18% and 32% for FY2003-2005, 19% and 31% for FY2006-2008, 20% and 30% for FY2009-2011, and 21% and 29% for FY2012-2014, respectively).
- \*2 5% of the national fund shall be appropriated for the adjustment of gaps of municipalities finance (grant proportions differ depending on municipalities).

(Reasons for adjustment)

- [1] Different proportion of later elderly person's participation.
- [2] Different burden bearing capabilities of the elderly (numbers of insured people by income level)
- [3] Reduction or exemption of premium and users' fees at the time of disasters (special adjustment)
- \*3 The burden bearing ratio of benefit expenditure concerning Long-Term Care facilities, etc. (\*) since FY2006 is as follows:
  - (\*) 3 types of the Facilities Covered by Long-Term Care Insurance and the Specified Facility Designated by prefecture Nation 25% → 20%

Prefecture 12.5%  $\rightarrow$  17.5%

\*4 Since FY2015, public funds have been used separately to reduce the amount of insurance premium for persons with low income (by the central government, prefectures and municipalities).