

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 18 May 2016

Fukushima Prefecture		Restriction of distribution								
Raw milk		<p>2011/3/21~: (excluding areas listed on the cells below)</p> <p>2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi</p> <p>2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p> <p>2011/3/21~4/21 Soma-shi, Shinchi-machi</p> <p>2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)</p> <p>2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>								
	Spinach, Kakin		<p>2011/3/21~: (excluding areas listed on the cells below)</p> <p>2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2013/3/29</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2015/2/18</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>							
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2013/3/29</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2015/2/18</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>						
			All the other		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>					
				Head type leafy vegetables, e.g. Cabbage		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura</p> <p>2011/3/23~5/4 Iwaki-shi</p> <p>2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi</p> <p>2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>				
					Flowerhead brassicas, e.g. Broccoli, Cauliflower		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2013/3/29</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2015/2/18</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>			
						Turnip		<p>2011/4/13~: (excluding areas listed on the cells below)</p> <p>2011/4/13~4/25 Fukushima-shi</p> <p>2011/4/13~4/25 Iwaki-shi</p> <p>2011/4/25~ Motomiya-shi</p> <p>2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/10/18~ Nihonmatsu-shi</p> <p>2011/7/19~ Date-shi</p> <p>2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2014/7/11</p> <p>2011/7/22~ Shinchi-machi</p> <p>2014/7/11</p> <p>2011/7/19~9/7 Motomiya-shi</p> <p>2011/11/14~ Kawamata-machi</p> <p>2011/10/31~ Soma-shi, Iwaki-shi</p>		
							Log-grown shiitake (grown outdoor)		<p>2011/9/8~ Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</p> <p>2011/9/15~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p>2011/10/18~ Kitakata-shi</p> <p>2012/8/15~ Showa-mura</p> <p>2012/10/11~ Bandai-machi</p> <p>2012/10/18~ Aizubange-machi, Kitashiobara-mura</p> <p>2013/9/26~ Shimogo-machi</p> <p>2013/10/1~ Aizuwakamatsu-shi</p> <p>2013/10/3~ Tadami-machi</p> <p>2013/11/12~ Aizumisato-machi</p> <p>2014/8/25~ Nishiaizu-machi</p> <p>2014/9/22~ Mishima-machi</p> <p>2014/10/2~ Yanaizu-machi</p>	
								Log-grown shiitake (indoor cultivation)		<p>2011/7/19~ Date-shi</p> <p>2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2014/7/11</p> <p>2011/7/22~ Shinchi-machi</p> <p>2014/7/11</p> <p>2011/7/19~9/7 Motomiya-shi</p> <p>2011/11/14~ Kawamata-machi</p> <p>2011/10/31~ Soma-shi, Iwaki-shi</p>
									Log-grown pholiota nameko (outdoor cultivation)	
Wild mushroom										
	Vegetable									

Bamboo shoot	2011/5/9~: Date-shi, Soma-shi, Miharu-machi
	2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura
	2011/5/9~5/30: Hirata-mura
	2011/5/9~6/8: Iwaki-shi
	2011/5/9~6/21: Tenei-mura
	2011/5/13~6/21: Kunimi-machi
	2012/4/9~: Iwaki-shi
	2012/4/18~: Fukushima-shi, Shinchi-machi
	2012/4/23~: Hirono-machi
	2012/5/2~: Nihonmatsu-shi, Otama-mura
	2012/5/7~: Sukagawa-shi
	2012/6/25~: Koriyama-shi
	2013/5/14~: Kawauchi-mura
	2013/5/16~: Shirakawa-shi, Naraha-machi
2013/5/28~: Katsurao-mura	
2013/6/10~: Tamura-shi	
2014/5/1~: Tenei-mura	
Hatakewasabi	2012/4/16~: Date-shi, Kawamata-machi 2012/4/16~ 2015/7/8: Kawamata-machi (excluding Yamakiya area)
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura 2015/5/13~: Naraha-machi
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi
	2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi
	2012/5/2~: Kawamata-machi
	2012/5/7~: Tamura-shi, Furudono-machi
	2012/5/10~: Nihonmatsu-shi, Otama-mura
Wild ostrich fern	2013/4/30~: Koriyama-shi
	2013/5/14~: Naraha-machi, Katsurao-mura
	2015/5/18~: Hirono-machi
	2014/4/24~: Aizumisato-machi
	2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanakura-machi, Hanawa-machi
	2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura
	2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura
	2012/5/17~: Kori-machi, Inawashiro-machi
	2013/5/7~: Yanaizu-machi, Kitashiobara-mura
	2013/5/14~: Katsurao-mura
	2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura
	2013/5/20~: Mishima-machi, Kawauchi-mura
	2013/5/22~: Asakawa-machi, Hirono-machi
	2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubanke-machi, Tamakawa-mura, Hirata-mura, Nekajima-mura
	2013/5/29~: Miharu-machi
	2013/6/3~: Aizuwakamatsu-shi, Kakamiishi-machi
	2013/6/3~: Kanayama-machi
2013/6/10~: Showa-mura	
Wild Koshiabura	2016/4/28~: Nishiaizu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi
	2012/5/10~: Soma-shi
	2012/5/24~: Kawamata-machi
	2013/5/1~: Minamisoma-shi
	2013/5/14~: Naraha-machi, Katsurao-mura
	2013/5/16~: Sukagawa-shi
	2013/5/20~: Kawauchi-mura
2013/6/10~: Koriyama-shi	
2015/5/11~: Tamura-shi	
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamiso	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi
	2012/5/2~: Fukushima-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi
	2012/5/10~: Otama-mura, Nishigo-mura
	2012/5/14~: Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura
	2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura
	2013/5/20~: Kawauchi-mura
	2013/5/28~: Motomiya-shi, Sukagawa-shi
	2013/6/3~: Kakamiishi-machi
	2013/6/10~: Tamura-shi
	2014/5/14~: Inawashiro-machi
	2015/5/25~: Katsurao-mura
Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi
Wild Giant butterbur	2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi
	2012/4/18~: Date-shi, Kori-machi and Kunimi-machi
	2014/4/11~: Naraha-machi and Katsurao-mura
	2015/4/28~: Minamisoma-shi
	2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi
	2012/5/17~: Fukushima-shi, Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/6/11~: Samegawa-mura
	2014/4/30~: Naraha-machi
	2014/6/14~: Katsurao-mura
Wild Pteridium aquilinum	2012/5/17~: Kitakata-shi
	2015/5/15
	2013/6/24~: Nihonmatsu-shi
	2014/6/14~: Hirono-machi 2012/5/17~: Kitakata-shi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi
	2013/10/21
	2011/6/6~: Minamisoma-shi
	2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2015/8/19
	2011/6/6~2012/7/11: Soma-shi
2012/6/6~: Kunimi-machi	
2013/10/21	
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi
	2011/10/14~: Date-shi
	2012/1/10~: Iwaki-shi
	2015/1/29 2011/10/14~ 2016/3/17: Kori-machi
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi
	2012/9/26~: Nihonmatsu-shi
	2015/12/3 2012/10/12~ 2014/11/17: Iwaki-shi
Kiwi fruit	2011/12/9~: Minamisoma-shi
	2011/12/9~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2013/12/25 2011/12/9~ 2014/11/17: Soma-shi
	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
Azuki bean	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	2014/3/13: excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
	2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura)
	2015/10/23 2012/11/15~ 2013/11/7: excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi)
2015/10/23 2012/12/25~ 2014/3/13: excluding Soybean controlled under the concept of management of Fukushima prefecture.	
2013/1/4~: Koriyama-shi (limiting to former Takano-mura)	
2014/10/7 2013/1/4~ 2015/10/23: Otama-mura (limiting to former Tamanoi-mura)	

Cereal	Soybean	2013/1/4~ 2015/10/23: Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2013/1/4~ 2014/10/7: Kori-machi (limiting to former Danzaki-mura)
		2013/1/4~8/9 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~ 2015/10/23: Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/2/18~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~ 2015/10/23: Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/5~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~ 2015/10/23: Fukushima-shi (limiting to former Niwatsuka-mura)
		2013/3/25~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2014/10/7: Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ 2015/10/23: Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2013/1/4~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2016/3/25: Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
		2013/1/4~11/7 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ 2015/10/23: Minamisoma-shi (limiting to former Ota-mura)
		2013/12/18~ 2015/6/23: excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25: Motomiya-shi (limiting to former Shiraiwa-mura)
		2014/12/17~ 2015/6/23: excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25: Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
		Rice (produced in 2011)
2011/11/28~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)		
2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)		
2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)		
2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)		
2011/12/19~: Date-shi (limiting to former Kakeda-machi area)		
2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)		
2012/4/5~: Areas subjected to restriction of distribution in advance		
2012/4/5~7/26: excluding rice controlled under the concept of management of Fukushima prefecture.		
2012/10/25~: Sukagawa-shi (limiting to former Nishifukuro-mura)		
2012/10/25~10/29: excluding rice controlled under the concept of management of Fukushima prefecture.		
2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)		
Rice (produced in 2012)	2012/11/5~11/6: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)	
	2012/11/5~11/8: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)	
	2012/11/7~11/12: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)	
	2012/11/15~11/19: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)	
	2012/11/26~11/29: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)	
	2012/11/28~12/4: excluding rice controlled under the concept of management of Fukushima prefecture.	
	Rice (produced in 2013)	2013/3/19~: Areas preparing for resumption of rice farming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)
Grain	Rice (produced in 2014)	Minamisoma-shi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
		2014/3/20~: Minamisoma-shi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
		2016/3/25~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2015)	2015/3/20~: Minamisoma-shi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)	
Rice (produced in 2016)	2016/3/25~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)	
Japanese sand lance (juvenile)	2011/4/20~ 2012/6/22: whole area	
	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)	
	2012/4/5~ 2015/9/30: Sukawa River (limiting its branches)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
	2012/6/7~ 2013/7/30: Kuji river in Fukushima prefecture (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2011/8/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)	
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
	2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)	
2012/5/25~ 2014/10/24: Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)		
Japanese eel	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)	
Ayu sweetfish (excluding farmed fish)	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)	
Whitespotted char (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches)	
	2012/4/12~ 2015/9/30: Sukawa River (limiting its branches)	
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River)	
	2012/5/31~9/19: Tateiwa river (including its branches)	
	2012/4/24~ 2014/8/25: Tadami river (limiting between Honna dam and Uwada dam, but including its branches)	
	2012/4/24~ 2014/12/11: Tadami river (limiting lower reaches from Uwada dam, but including its branches)	
2012/4/24~ 2015/1/14: Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)		

Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river).....	
	2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)	
Any crucian carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)	
	2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)	
Fishery product	2012/6/22~: Fukushima offshore	
	Sea raven	2012/6/22~ 2015/6/30 Fukushima offshore
	Ocellate spot skate	2012/6/22~: Fukushima offshore
	Cherry salmon (Sakuramasu)	2012/6/22~: Fukushima offshore
	Poacher	2012/6/22~: Fukushima offshore
	Rockfish (Sebastes cheni)	2012/6/22~: Fukushima offshore
	Japanese seabass	2012/6/22~: Fukushima offshore
	Nibe croaker	2012/6/22~ 2014/4/2 Fukushima offshore
	Starry flounder	2012/6/22~: Fukushima offshore
	Slime flounder	2012/6/22~: Fukushima offshore
	Panther puffer	2012/6/22~ 2015/12/3 Fukushima offshore
	Olive flounder	2012/6/22~: Fukushima offshore
	Gurnard	2012/6/22~ 2014/7/9 Fukushima offshore
	Spotted halibut	2012/6/22~: Fukushima offshore
	Conger eel	2012/6/22~: Fukushima offshore
	Marbled flounder	2012/6/22~: Fukushima offshore
Flathead	2012/6/22~: Fukushima offshore	
Pacific cod	2012/6/22~ 2015/2/24 Fukushima offshore	
Shotted halibut	2012/6/22~ 2015/2/24 Fukushima offshore	
Brassblotched rockfish	2012/6/22~: Fukushima offshore	
Ridged-eye flounder	2012/6/22~ 2015/4/2 Fukushima offshore	
Venus clam	2012/6/22~: Fukushima offshore	
Northern sea urchin	2012/6/22~ 2014/7/9 Fukushima offshore	
Flathead flounder	2012/6/22~ 2013/10/9 Fukushima offshore	
Alaska Pollock	2012/6/22~ 2013/12/17 Fukushima offshore	
Littlemouth flounder	2012/6/22~ 2014/4/16 Fukushima offshore	
Long shanny	2012/7/12~: Fukushima offshore	
Barfin flounder	2012/7/26~ 2015/2/18 Fukushima offshore	
Starspotted smooth-hound	2012/8/23~ 2014/10/15 Fukushima offshore	
Vermiculated puffer	2013/2/14~ 2014/7/9 Fukushima offshore	
Halfbeak	2013/8/8~: Fukushima offshore	
Scorpion fish	2014/3/25~ 2014/5/28 Fukushima offshore	
Hilgendorf saucord	2011/7/19~: Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	
Meat·Egg	2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura	
	2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura	
	2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
	2013/1/30~: Whole area	
	2013/1/30~: Whole area	
	2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
	2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura	
Hare meat	2013/1/30~: Whole area	
Copper pheasant meat	2012/11/13~: Whole area	

* Instructions still imposed are expressed in *italic type*.

						2012/11/20~ Mito-machi excluding Log-grown shiitake (under cultivation) controlled under the concept of management of Tochi prefecture															
Log-grown brick cap (outdoor)		2012/11/2~ Ichikawa-machi, Oshu-machi				2011/11/7~ Kamaoka-machi, Yabu-machi 2011/11/8~ Otsuura-machi, Nawaakibara-machi 2011/11/14~ Aokigaya-machi, Sano-machi, Hara-machi, Sakuma-machi, Nawaakibara-machi, Kamakura-machi, Maeguchi-machi, Ichikawa-machi, Hagi-machi, Tsurumaru-machi 2012/11/8~ Utsunomiya-machi 2012/11/8~ Shiroyama-machi 2012/11/8~ Mito-machi															
Log-grown shiitake namako (outdoor)		2012/10/18~ Otsuura-machi, Kamakura-machi 2012/10/20~ Mitsuzakata-machi 2012/11/2~ Ichikawa-machi, Oshu-machi				2011/11/14~ Nawaakibara-machi, Mito-machi 2012/10/4~ Yabu-machi 2012/10/18~ Hara-machi 2012/10/20~ Sano-machi 2012/11/2~ Kamaoka-machi 2012/11/8~ Mito-machi 2012/11/12~ Makigawa-machi 2012/11/18~ Nawaakibara-machi 2012/12/11~ Otsuura-machi															
Outdoor fern			2012/4/27~ Kurihara-machi, Otsu-machi 2012/4/27~2013/6/23 Otsu-machi (excluding cultivated) 2012/5/2~2013/5/25 Kani-machi 2012/6/8~ Kawanuma-machi			2012/6/1~ Otsuura-machi, Hara-machi (Shiitake wild plant) 2012/6/2~ Utsunomiya-machi, Nawaakibara-machi (Shiitake wild plant) 2012/6/7~ Kamaoka-machi, Mito-machi, Yabu-machi, Nawaakibara-machi, Shiroyama-machi (Shiitake wild plant) 2012/6/18~ Shiroyama-machi (Shiitake wild plant)															
Kashibara		2012/6/10~ Oshu-machi, Nawaakibara-machi 2012/6/16~ Makigawa-machi 2012/6/18 Kamaoka-machi 2012/6/18~ Suzuka-cho 2012/6/19~ Kamakura-machi 2012/6/19~ Tama-machi 2012/6/12~ Ichikawa-machi	2012/6/7~ Tama-machi, Kurihara-machi 2012/6/8~ Otsu-machi, Mitsuzakata-cho 2012/6/11~ Kawanuma-machi, Shikokuchikusa-machi		2012/6/1~ Mitsuzakata-machi (Shiitake wild plant) 2012/6/10~ Mitsuzakata-machi (Shiitake wild plant)	2012/6/1~ Otsuura-machi, Hara-machi, Maeguchi-machi (Shiitake wild plant) 2012/6/2~ Utsunomiya-machi, Nawaakibara-machi (Shiitake wild plant) 2012/6/7~ Kamaoka-machi, Mito-machi, Yabu-machi, Nawaakibara-machi, Shiroyama-machi (Shiitake wild plant) 2012/6/18~ Shiroyama-machi (Shiitake wild plant) 2012/6/26~ Makigawa-machi (Shiitake wild plant) 2014/4/28~ Tsurumaru-machi (Shiitake wild plant) 2014/4/29~ Ichikawa-machi (Shiitake wild plant)														2014/6/21 Hagiura-machi, Tsurumaru-machi 2014/6/29 Makigawa-machi, Kawanuma-machi 2012/6/28~ Kawanuma-machi	
Japanese pepper (Shiitake wild plant)						2012/6/1~ Utsunomiya-machi, Mito-machi 2012/6/16~ Nawaakibara-machi 2012/6/18~ Otsuura-machi															
Japanese parsley (Shiitake wild plant)		2012/6/20~ Oshu-machi 2012/5/20~2013/12/21 Ichikawa-machi																			
Japanese royal fern		2012/6/10~ Ichikawa-machi, Oshu-machi 2012/6/18~ Suzuka-cho	2012/6/11~ Kawanuma-machi, Murayama-machi 2012/6/17~ Otsu-machi			2012/6/7~ Mito-machi, Hara-machi (Shiitake wild plant) 2012/6/27~ Kamaoka-machi (Shiitake wild plant)															
Aralia sprout (Shiitake wild plant)			2014/4/25~ Kawanuma-machi, Kurihara-machi, Otsu-machi			2012/4/27~ Otsuura-machi, Yabu-machi 2012/6/1~ Hara-machi 2012/6/2~ Ichikawa-machi 2012/6/18~ Utsunomiya-machi 2012/6/19~ Shiroyama-machi 2014/4/18~ Mito-machi 2014/6/1~ Nawaakibara-machi 2014/6/18~ Shiroyama-machi															
Pteridium aquilinum		2012/6/10~ Oshu-machi, Mitsuzakata-machi 2012/6/17~ Ichikawa-machi				2012/6/17~ Otsuura-machi, Kamaoka-machi 2012/6/18~ Utsunomiya-machi, Mito-machi															

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 18 May 2016

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	Head type leafy vegetables, e.g. Cabbage	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Flowerhead brassicas, e.g. Broccoli, Cauliflower	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
		2011/3/23~5/4 Iwaki-shi
2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi		
2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi		
2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura		
2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	2011/4/13~ Iitate-mura	
Wild mushroom	2011/9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	2011/9/15~ Iwaki-shi, Tanagura-machi	
	2011/9/20~ Minamisoma-shi	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

* Instructions still imposed are expressed in *italic type*.