

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 9 June 2016

Fukushima Prefecture		Restriction of distribution								
Raw milk		<p>2011/3/21~: (excluding areas listed on the cells below)</p> <p>2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi</p> <p>2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding Miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p> <p>2011/3/21~4/21 Soma-shi, Shinchi-machi</p> <p>2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)</p> <p>2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>								
	Spinach, Kakin		<p>2011/3/21~: (excluding areas listed on the cells below)</p> <p>2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/21~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2013/3/29</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2015/2/18</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>							
		Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2013/3/29</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2015/2/18</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>						
			All the other		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p> <p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>					
				Head type leafy vegetables, e.g. Cabbage		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura</p> <p>2011/3/23~5/4 Iwaki-shi</p> <p>2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi</p> <p>2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>				
					Flowerhead brassicas, e.g. Broccoli, Cauliflower		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>			
						Turnip		<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2016/3/17</p>		
							Log-grown shiitake (grown outdoor)		<p>2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/18~: Fukushima-shi</p> <p>2011/4/13~4/25 Iwaki-shi</p> <p>2011/4/25~: Motomiya-shi</p> <p>2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/10/18~: Nihonmatsu-shi</p>	
								Log-grown shiitake (indoor cultivation)		<p>2011/7/19~: Date-shi</p> <p>2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2014/7/11</p> <p>2011/7/22~ Shinchi-machi</p> <p>2014/7/11</p> <p>2011/7/19~9/7 Motomiya-shi</p> <p>2011/11/14~: Kawamata-machi</p>
									Log-grown pholiota nameko (outdoor cultivation)	
Wild mushroom										
	Vegetable									

Bamboo shoot	2011/5/9~: Date-shi, Soma-shi, Miharu-machi
	2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura
	2011/5/9~5/30: Hirata-mura
	2011/5/9~6/8: Iwaki-shi
	2011/5/9~6/21: Tenei-mura
	2011/5/13~6/21: Kunimi-machi
	2012/4/9~: Iwaki-shi
	2012/4/18~: Fukushima-shi, Shinchi-machi
	2012/4/23~: Hirono-machi
	2012/5/2~: Nihonmatsu-shi, Otama-mura
	2012/5/7~: Sukagawa-shi
	2012/6/25~: Koriyama-shi
	2013/5/14~: Kawauchi-mura
2013/5/16~: Shirakawa-shi, Naraha-machi	
2013/5/28~: Katsurao-mura	
2013/6/10~: Tamura-shi	
2014/5/1~: Tenei-mura	
Hatakewasabi	2012/4/16~: Date-shi, Kawamata-machi 2012/4/16~ 2015/7/8: Kawamata-machi (excluding Yamakiya area)
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura 2015/5/13~: Naraha-machi
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi
	2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi
	2012/5/2~: Kawamata-machi
	2012/5/7~: Tamura-shi, Furudono-machi
	2012/5/10~: Nihonmatsu-shi, Otama-mura
Wild ostrich fern	2013/4/30~: Koriyama-shi
	2013/5/14~: Naraha-machi, Katsurao-mura
	2015/5/18~: Hirono-machi
	2014/4/24~: Aizumisato-machi
	2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanakura-machi, Hanawa-machi
	2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura
	2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura
	2012/5/17~: Kori-machi, Inawashiro-machi
	2013/5/7~: Yanaizu-machi, Kitashiobara-mura
	2013/5/14~: Katsurao-mura
	2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura
	2013/5/20~: Mishima-machi, Kawauchi-mura
	2013/5/22~: Asakawa-machi, Hirono-machi
	2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubanke-machi, Tamakawa-mura, Hirata-mura, Nekajima-mura
	2013/5/29~: Miharu-machi
	2013/6/3~: Aizuwakamatsu-shi, Kekamishi-machi
2013/6/3~: Kanayama-machi	
2013/6/10~: Showa-mura	
Wild Koshiabura	2016/4/28~: Nishiaizu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi
	2012/5/10~: Soma-shi
	2012/5/24~: Kawamata-machi
	2013/5/1~: Minamisoma-shi
	2013/5/14~: Naraha-machi, Katsurao-mura
	2013/5/16~: Sukagawa-shi
	2013/5/20~: Kawauchi-mura
2013/6/10~: Koriyama-shi	
2015/5/11~: Tamura-shi	
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisou	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi
	2012/5/2~: Fukushima-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi
	2012/5/10~: Otama-mura, Nishigo-mura
	2012/5/14~: Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura
	2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura
	2013/5/20~: Kawauchi-mura
	2013/5/28~: Motomiya-shi, Sukagawa-shi
	2013/6/3~: Kagamiishi-machi
	2013/6/10~: Tamura-shi
	2014/5/14~: Inawashiro-machi
Giant butterbur	2015/5/25~: Katsurao-mura
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi 2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi
	2012/4/18~: Date-shi, Kori-machi and Kunimi-machi
	2014/4/11~: Naraha-machi and Katsurao-mura
	2015/4/28~: Minamisoma-shi
	2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi
	2012/5/17~: Fukushima-shi, Kawamata-machi
	2013/4/25~: Minamisoma-shi
	2013/6/11~: Samegawa-mura
	2014/4/30~: Naraha-machi
	2014/6/14~: Katsurao-mura
Wild Pteridium aquilinum	2012/5/17~: Kitakata-shi
	2015/5/15
	2013/6/24~: Nihonmatsu-shi
	2014/6/14~: Hirono-machi 2012/5/17~: Kitakata-shi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi
	2013/10/21
	2011/6/6~: Minamisoma-shi
	2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2015/8/19
	2011/6/6~2012/7/11: Soma-shi 2012/6/6~: Kunimi-machi 2013/10/21
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi
	2011/10/14~: Date-shi
	2012/1/10~: Iwaki-shi
	2015/1/29 2011/10/14~ 2016/3/17: Kori-machi
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi
	2012/9/26~: Nihonmatsu-shi
	2015/12/3 2012/10/12~ 2014/11/17: Iwaki-shi
Kiwi fruit	2011/12/9~: Minamisoma-shi
	2011/12/9~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2013/12/25 2011/12/9~ 2014/11/17: Soma-shi
	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
Azuki bean	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	2014/3/13: excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
	2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura)
	2015/10/23 2012/11/15~ 2013/11/7: excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi) 2015/10/23 2012/12/25~ 2014/3/13: excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/1/4~ 2013/1/4~: Koriyama-shi (limiting to former Takano-mura) 2014/10/7 2013/1/4~ 2015/10/23: Otama-mura (limiting to former Tamanoi-mura)

Cereal	Soybean	2013/1/4~ 2015/10/23: Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
		2013/1/4~ 2014/10/7: Kori-machi (limiting to former Danzaki-mura)
		2013/1/4~8/9 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/2/18~ 2015/10/23: Fukushima-shi (limiting to former Tatsugoyama-mura)
		2013/2/18~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/5~ 2015/10/23: Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
		2013/3/5~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/3/25~ 2015/10/23: Fukushima-shi (limiting to former Niwatsuka-mura)
		2013/3/25~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2014/10/7: Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ 2015/10/23: Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2013/1/4~7/10 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 2016/3/25: Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
		2013/1/4~11/7 2015/10/23: excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ 2015/10/23: Minamisoma-shi (limiting to former Ota-mura)
		2013/12/18~ 2015/6/23: excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25: Motomiya-shi (limiting to former Shiraiwa-mura)
		2014/12/17~ 2015/6/23: excluding Soybean controlled under the concept of management of Fukushima prefecture
		2014/12/17~ 2016/3/25: Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
		Rice (produced in 2011)
2011/11/28~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)		
2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)		
2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)		
2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)		
2011/12/19~: Date-shi (limiting to former Kakeda-machi area)		
2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)		
2012/4/5~: Areas subjected to restriction of distribution in advance		
2012/4/5~7/26: excluding rice controlled under the concept of management of Fukushima prefecture.		
2012/10/25~: Sukagawa-shi (limiting to former Nishifukuro-mura)		
2012/10/25~10/29: excluding rice controlled under the concept of management of Fukushima prefecture.		
2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)		
Rice (produced in 2012)	2012/11/5~11/6: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)	
	2012/11/5~11/8: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)	
	2012/11/7~11/12: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/15~: Miharu-machi (limiting to former Sawaishi-mura)	
	2012/11/15~11/19: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)	
	2012/11/26~11/29: excluding rice controlled under the concept of management of Fukushima prefecture.	
	2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)	
	2012/11/28~12/4: excluding rice controlled under the concept of management of Fukushima prefecture.	
	Rice (produced in 2013)	2013/3/19~: Areas preparing for resumption of rice farming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)
Grain	Rice (produced in 2014)	Minamisoma-shi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
		2014/3/20~: Minamisoma-shi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
		2016/3/25~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2015)	2015/3/20~: Minamisoma-shi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)	
Rice (produced in 2016)	2016/3/25~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)	
Japanese sand lance (juvenile)	2011/4/20~ 2012/6/22: whole area	
	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)	
	2012/4/5~ 2015/9/30: Sukawa River (limiting its branches)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
	2012/6/7~ 2013/7/30: Kuji river in Fukushima prefecture (including its branches)	
	2011/6/17~: Mano River (including its branches)	
	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)	
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)	
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)	
	2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)	
2012/5/25~ 2014/10/24: Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)		
2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)		
2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)		
Whitespotted char (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches)	
	2012/4/12~ 2015/9/30: Sukawa River (limiting its branches)	
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River)	
	2012/5/31~9/19: Tateiwa river (including its branches)	
	2012/4/24~ 2014/8/25: Tadami river (limiting between Honna dam and Uwada dam, but including its branches)	
	2012/4/24~ 2014/12/11: Tadami river (limiting lower reaches from Uwada dam, but including its branches)	
2012/4/24~ 2015/1/14: Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)		

Common carp (excluding farmed fish)	<i>2012/4/27~ : Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river).....</i>		
	<i>2014/9/16~ : Abukuma river in Fukushima prefecture (including its branches)</i>		
Any crucian carp (excluding farmed fish)	<i>2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)</i>		
	<i>2012/4/27~ : Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)</i>		
Fat greenling	<i>2012/5/10~ : Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)</i>		
Fishery product	Red tongue sole		
	Japanese sandlance (excluding juvenile)		
	Stone flounder		
	Goldeye rockfish		
	Surfperch		
	Brown hake		
	Fox jacopever		
	Black cow-tongue		
	Black rockfish		
	Japanese black porgy		
	Sea raven	2012/6/22~ 2015/6/30	Fukushima offshore
	Ocellate spot skate		
	Cherry salmon (Sakuramasu)		
Poacher			
Rockfish (Sebastes cheni)			
Japanese seabass			
Nibe croaker	2012/6/22~ 2014/4/2	Fukushima offshore	
Starry flounder			
Slime flounder			
Panther puffer	2012/6/22~ 2015/12/3	Fukushima offshore	
Olive flounder	2012/6/22~ 2016/6/9	Fukushima offshore	
Gurnard	2012/6/22~ 2014/7/9	Fukushima offshore	
Spotted halibut	2012/6/22~	Fukushima offshore	
Conger eel	2012/6/22~ 2016/6/9	Fukushima offshore	
Marbled flounder			
Flathead			
Pacific cod	2012/6/22~ 2015/2/24	Fukushima offshore	
Shotted halibut	2012/6/22~ 2015/2/24	Fukushima offshore	
Brassblotched rockfish	2012/6/22~	Fukushima offshore	
Ridged-eye flounder	2012/6/22~ 2015/4/2	Fukushima offshore	
Venus clam	2012/6/22~	Fukushima offshore	
Northern sea urchin	2012/6/22~ 2014/7/9	Fukushima offshore	
Flathead flounder	2012/6/22~ 2013/10/9	Fukushima offshore	
Alaska Pollock	2012/6/22~ 2013/12/17	Fukushima offshore	
Littlemouth flounder	2012/6/22~ 2014/4/16	Fukushima offshore	
Long shanny			
Barfin flounder	2012/7/12~	Fukushima offshore	
Starspotted smooth-hound	2012/7/26~ 2015/2/18	Fukushima offshore	
Vermiculated puffer	2012/8/23~ 2014/10/15	Fukushima offshore	
Halfbeak	2013/2/14~ 2014/7/9	Fukushima offshore	
Scorpion fish	2013/8/8~	Fukushima offshore	
Hilgendorf saucord	2014/3/25~ 2014/5/28	Fukushima offshore	
Meat·Egg	Beef	2011/7/19~ : Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	
	Boar meat	2011/11/9~ : Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura	
		2011/11/25~ : Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura 2011/12/2~ : Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
	Spot-billed duck meat	2013/1/30~ : Whole area	
	Green pheasant meat	2013/1/30~ : Whole area	
	Bear meat	2011/12/2~ : Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
		2012/7/27~ : Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura	
Hare meat	2013/1/30~ : Whole area		
Copper pheasant meat	2012/11/13~ : Whole area		

* Instructions still imposed are expressed in italic type.

Log-grown shiitake (outdoor cultivation)			2012/4/25-- Ishinomaki-shi 2012/4/25--2013/4/19 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/12-- Kururao-shi 2012/4/12--2016/1/25 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2012/4/13-- Mitsushima, Misumi-machi 2012/4/13--2015/2/20 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tohigi prefecture 2012/4/13-- Ishibashi-machi 2012/4/13--2013/1/11 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tohigi prefecture 2012/4/13-- Mito-machi 2012/4/13-- Tsuiki-machi 2012/4/13--2015/6/7 (excluding former Iwanuma-machi), excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Tohigi prefecture									
			2012/4/7-- Kamaoka-shi 2012/4/7--2013/4/19 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture								2012/2/23-- Izumi-shi 2012/2/23--2016/1/26 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture			
			2012/4/7-- Tama-shi 2012/4/7--2013/4/19 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/13-- Ishinomaki-shi 2012/4/25-- Ozaki-shi 2012/4/25--2013/4/19 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture							2012/4/19-- Shiba-shi 2012/4/13-- Ohta-shi, Yashiki-shi 2012/4/18-- Sama-shi			
			2012/4/7-- Hamaoka-shi, Kikuhama-shi, Tsunoda-machi 2012/4/7--2014/10/9 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/25-- Gyojinmachi 2012/4/25-- Tama-shi 2012/4/25--2014/8/26 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture								2012/2/18-- 2013/1/20 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture		
			2012/4/27-- Hatori-shi 2012/4/27-- Kai-machi 2012/4/27--2013/3/11 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture			2012/4/13-- Mitsushima-shi, Hatori-shi								
			2012/4/27-- Sanda-shi 2012/4/27--2013/3/11 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture											
			2012/5/10--2013/4/8 Matsuzaki-shi											
			2012/4/7-- Kanmaki-machi, Tsunayama-machi 2012/4/7-- Tateyama-shi 2012/4/7--2013/2/18 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture											
			2012/4/9-- Shikama-shi 2012/4/19-- Shobashuku-machi 2012/4/19-- Ohtemura											
Vegetable														
Log-grown shiitake (indoor cultivation)														

						2012/11/29 - Mito-shi excluding Log-grown shiitake (under cultivation) established under the concept of management of Tochiyo prefecture												
Log-grown brick cap (outdoor)		2012/11/2 - Ichihara-shi, Oshu- shi				2011/11/7 - Kanuma-shi, Yabu-shi 2011/11/8 - Otsu-shi 2011/11/14 - Ashiyama-shi, Sano-shi, Mito-shi, Sakuma-shi, Nishikubo-shi, Maeda- machi, Ichihara-shi, Maeda- machi, Takayama- machi												
Log-grown shiitake namako (outdoor)		2012/10/18 - Otsu-shi, Kamakura- shi 2012/10/25 - Miyazaki-shi 2012/11/2 - Ichihara-shi, Oshu- shi				2011/11/14 - Nishikubo-shi, Mito-shi 2012/10/4 - Yabu-shi 2012/10/18 - Mito-shi 2012/10/25 - Sano-shi 2012/11/2 - Kanuma-shi 2012/11/8 - Mito-shi 2012/11/12 - Makabe-machi 2012/11/18 - Nishikubo-shi 2012/12/11 - Otsu-shi												
Outdoor fern			2012/4/27 - Kurume-shi, Otsu-shi 2012/4/27 - 2012/6/23 Otsu-shi (excluding cultivated) 2012/9/2 - 2012/9/25 Kanuma-shi 2012/9/8 - Kawanuma-shi			2012/6/1 - Otsu-shi, Mito-shi (limiting wild plant) 2012/6/2 - Nishikubo-shi, Miyazaki-shi (limiting wild plant) 2012/6/7 - Kanuma-shi, Mito-shi, Yabu-shi, Nishikubo- shi, Shioya-machi (limiting wild plant) 2012/6/18 - Shioya-shi (limiting wild plant)												
Koshihime		2012/6/10 - Oshu-shi, Kanuma-shi 2012/6/16 - Mito-shi 2012/6/18 Kanuma-shi 2012/6/18 - Suzuka-shi 2012/6/29 - Kawanuma-shi 2012/6/18 - Tanabe-shi 2012/6/12 - Ichihara-shi	2012/6/7 - Tanabe-shi, Kurume-shi 2012/6/8 - Otsu-shi, Mito-shi, Su- zuka-shi 2012/6/11 - Kawanuma-shi, Shiohara-shi 2012/6/7 - Tateyama-shi	2012/6/21 - Miyazaki-shi (limiting wild plant) 2012/6/10 - Miyazaki-shi (limiting wild plant)		2012/6/1 - Otsu-shi, Mito-shi, Mito-shi (limiting wild plant) 2012/6/2 - Nishikubo-shi, Miyazaki-shi (limiting wild plant) 2012/6/7 - Kanuma-shi, Mito-shi, Yabu-shi, Nishikubo- shi, Shioya-machi (limiting wild plant) 2012/6/18 - Shioya-shi (limiting wild plant) 2012/6/29 - Miyazaki-shi (limiting wild plant) 2014/4/28 - Takayama-shi (limiting wild plant) 2014/4/29 - Ichihara-machi (limiting wild plant)											2014/6/21 Miyazaki-shi, Kawanuma- machi 2014/6/29 Miyazaki-shi, Kawanuma- machi 2014/6/28 - Kawanuma-machi	
Japanese pepper (limiting wild plant)						2012/6/1 - Utsunomiya-shi, Mito-shi 2012/6/14 - Nishikubo-shi 2012/6/18 - Otsu-shi												
Japanese parsley (limiting wild plant)		2012/6/20 - Otsu-shi 2012/5/30 - 2012/12/21 Ichihara-shi																
Japanese royal fern		2012/6/18 - Ichihara-shi, Oshu- shi 2012/6/18 - Suzuka-shi	2012/6/11 - Kawanuma-shi, Mito-shi 2012/6/17 - Otsu-shi			2012/6/7 - Mito-shi, Mito-shi (limiting wild plant) 2012/6/7 - Kanuma-shi (limiting wild plant)												
Aralia sprout (limiting wild plant)			2014/4/25 - Kawanuma-shi, Kurume- shi, Otsu-shi			2012/4/27 - Otsu-shi, Yabu-shi 2012/6/1 - Mito-shi 2012/6/2 - Ichihara-machi 2012/6/18 - Otsu-shi 2012/6/18 - Shioya-machi 2014/6/18 - Mito-shi 2014/6/1 - Nishikubo-shi 2014/6/18 - Shioya-shi												
Pteridium aquilinum		2012/6/18 - Otsu-shi, Miyazaki-shi 2012/6/17 - Ichihara-shi				2012/4/27 - Otsu-shi, Yabu-shi 2012/6/1 - Mito-shi 2012/6/2 - Ichihara-machi 2012/6/18 - Otsu-shi 2012/6/18 - Shioya-machi 2014/6/18 - Mito-shi 2014/6/1 - Nishikubo-shi 2014/6/18 - Shioya-shi												

(limiting wild plant)			2012/6/1~ Iwakuni-shi 2014/8/7~ Tomikuni-shi			2012/8/22~ Yaku-shi									
Chestnut	-	-				2012/9/14~ Hasekubo-shi, Hase-machi 2012/9/18~ Ohama-shi									
Cereal	Soybean	-	2013/1/4~2013/7/1 Izumi-shi (limiting former Ise-shi/mura) 2013/1/4~2013/2/4 excluding soybean controlled under the concept of management of bests prefecture.	2013/1/4~2014/5/19 Kurihara-shi (limiting former Kaneda-mura)											
Rice (produced in 2013)		-		2013/2/19~2013/3/18 Kurihara-shi (limiting former Saito-mura) (limiting rice controlled under the management policy of Miyagi prefecture)											
Grain	Buckwheat	-	2012/11/13~2014/4/11 Morikawa-shi (limiting former Shibusawa-mura), Shibusawa-shi (limiting to former Ohara-machi)	2013/11/18~2014/4/11 Kurihara-shi (limiting to former Kanari-mura)											
		-	2012/11/30~2014/4/11 Otsu-shi (limiting former Komohara-mura)	2012/12/14~2013/10/21 excluding buckwheat controlled under the concept of management of Miyagi prefecture.											
Stone flounder		-			2012/7/9~2015/10/2 Baraki offshore										
Japanese black porgy		-	2012/11/9~ Miyagi offshore	2012/9/28~ Sendai bay 2012/11/9~ Miyagi offshore											
Japanese seabass		-	2012/10/22~2013/11/20 Miyagi offshore	2012/4/12~2015/11/20 Sendai bay 2012/10/22~2013/11/20 Miyagi offshore		2012/4/17~2016/1/14 Baraki offshore									
Rock fish (Sebastes ulmeri)		-				2012/4/13~2015/10/2 Baraki offshore									
Nbe croaker		-				2012/4/17~2014/5/14 Baraki offshore									
Olive flounder		-	2013/6/4~2013/8/30 Miyagi offshore	2012/5/30~2013/4/1 Sendai bay 2013/6/4~2013/8/30 Miyagi offshore		2012/4/17~2015/2/5 Baraki offshore									
Pacific cod	2012/8/27~2012/10/31 Pacific Ocean, Komori offshore	-	2012/5/2~2013/1/17 Miyagi offshore	2012/5/2~2012/8/20 Miyagi offshore (limiting to fish whose weight is less than 1kg) 2012/5/2~2013/1/17 Miyagi offshore (excluding fish whose weight is less than 1kg)		2012/11/9~2014/1/10 Baraki offshore									
Panfish puffer		-		2012/5/8~2014/2/18 Sendai bay											
Ocellate spot skate		-				2012/6/1~2015/10/2 Baraki offshore									
Channel catfish (excluding farmed fish)		-			2012/4/17~ Kasumigaura lake, Kizura lake, Sotomakaura lake and rivers flowing into these lakes and Mochizono river										
Silver crucian carp		-			2012/4/17~2013/2/24 Kasumigaura lake, Kizura lake, Sotomakaura lake and rivers flowing into these lakes and Mochizono river (excluding farmed fish)					2015/7/18~ Tama pond, rivers flow into Tama pond and Tama river (including its branches)					
Common carp		-								2013/7/8~ Tama pond, rivers flow into Tama pond and Tama river (including its branches)					
Japanese eel		-			2012/4/17~ Kasumigaura lake, Kizura lake, Sotomakaura lake and rivers flowing into these lakes and Mochizono river					2012/11/12~ Tama river in Oita prefecture (limiting lower reaches from Gotojima-shi, but including its branches and excluding upper reaches from fish storage pump station and fish recirculation reaches from Ryuzo-pou-shi) (water pumping station: Yamaji river, Yodara lake and Yodara river)					
		-			2012/5/7~2014/1/13 Naka river (including its branches)										
Ayu sweetfish (excluding farmed fish)		-			2012/4/17~ Tama river in Baraki prefecture (limiting lower reaches from Gotojima-shi, but including its branches)										
		-			2013/8/27~2013/12/25 Shiroishi river (upper reaches from Shirahata dam) of the Abukama river (including its branches)										
Cherry salmon (excluding farmed fish)		-			2012/4/20~2013/9/20 Abukama river (including its branches but excluding upper reaches from Shirahata dam)										
		-			2012/4/20~2013/9/20 Abukama river (including its branches but excluding upper reaches from Shirahata dam)	2012/8/10~2013/1/23 Wakasa river in area of Ashio-machi, Niho-shi (including its branches and limiting lower reaches from junction with Kasahara river)	2012/4/27~ Agatsuma river (including its branches, but limiting area from Iwashiro bridge to TEPPO's Raku power plant Agatsuma river water intake facility)								
		-			2012/9/10~2016/2/3 Kasumigaura lake, Kizura lake, Sotomakaura lake, rivers flowing into these lakes, Mochizono river	2012/4/27~2012/11/9 Utsunomiya river (including its branches)	2012/4/27~2013/6/20 Konaka river (including its branches) and Murotsu river (including its branches)								

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 9 June 2016

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	Head type leafy vegetables, e.g. Cabbage	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>	
	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	<i>2011/4/13~</i> <i>Iitate-mura</i>	
Wild mushroom	<i>2011/9/6~</i> <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	<i>2011/9/15~</i> <i>Iwaki-shi, Tanagura-machi</i>	
	<i>2011/9/20~</i> <i>Minamisoma-shi</i>	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	<i>2012/3/29~</i> <i>Niida river (including its branches)</i>
Meat	Boar meat	<i>2011/11/9~</i> <i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		<i>2011/11/25~</i> <i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>

* Instructions still imposed are expressed in *italic type*.