

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 21 June 2017

Fukushima Prefecture		Restriction of distribution
		2011/3/21~: (excluding areas listed on the cells below)
		2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi
		2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
		2011/3/21~4/21 Soma-shi, Shinchi-machi
		2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
Raw milk		2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/21~ 2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)
		2011/3/21~: (excluding areas listed on the cells below)
		2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/21~ 2016/3/17 Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/21~ 2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012)
		2011/3/23~: (excluding areas listed on the cells below)
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~ 2016/3/17 Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna	Spinach, Kakina	
	All the other	

	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Head type leafy vegetables, e.g. Cabbage	2011/3/23~: (excluding areas listed on the cells below)	
	2011/3/23~4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23 (excluding areas listed on the cells below)	
	2011/3/23~4/27	Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23~5/4	Iwaki-shi
	2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~2013/3/29	Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones) Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Turnip	2011/3/23~: (excluding areas listed on the cells below)	
	2011/3/23~5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2013/3/29
	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/21~ 2016/3/17	Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)

	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Log-grown shiitake (grown outdoor)	2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/18~: Fukushima-shi 2011/4/19~4/25: Iwaki-shi 2011/4/25~: Motomiya-shi 2011/4/13~5/16: Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/4/13~5/23: Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant) 2011/10/18~: Nihonmatsu-shi	
Log-grown shiitake (indoor cultivation)	2011/7/19~: Date-shi 2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture. 2014/7/11: Shinchi-machi 2011/7/22~ 2014/7/11: Shinchi-machi 2011/7/19~9/7: Motomiya-shi 2011/11/14~: Kawamata-machi	
Log-grown pholiota nameko (outdoor cultivation)	2011/10/31~: Soma-shi, Iwaki-shi	
Vegetable		
Wild mushroom	2011/9/6~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi) 2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura 2011/10/18~: Kitakata-shi 2012/8/15~: Showa-mura 2012/10/11~: Bandai-machi 2012/10/18~: Aizubange-machi, Kitashiobara-mura 2013/9/28~: Shimogo-machi 2013/10/1~: Aizuwakamatsu-shi 2013/10/3~: Tadami-machi 2013/11/12~ Aizumisato-machi (limiting to pholiota nameko) 2017/4/24: Nishiaizu-machi (limiting to late fall oyster mushroom) 2014/8/25~ 2017/4/24: Nishiaizu-machi 2014/9/22~: Mishima-machi 2014/10/2~: Yanaizu-machi	
Bamboo shoot	2011/5/9~: Date-shi, Soma-shi, Miharu-machi 2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura 2011/5/9~5/30: Hirata-mura 2011/5/9~6/8: Iwaki-shi 2011/5/9~6/21: Tenei-mura 2011/5/13~6/21: Kunimi-machi 2012/4/9~: Iwaki-shi 2012/4/16~: Fukushima-shi, Shinchi-machi 2012/4/23~: Hirono-machi 2012/5/2~: Nihonmatsu-shi, Otama-mura 2012/5/7~: Sukagawa-shi 2012/6/25~: Koriyama-shi 2013/5/14~: Kawauchi-mura 2013/5/16~: Shirakawa-shi, Naraha-machi 2013/5/28~: Katsurao-mura 2013/6/10~: Tamura-shi 2014/5/1~: Tenei-mura	
Hatakewasabi	2012/4/16~: Date-shi, Kawamata-machi 2012/4/16~ 2015/7/8: Kawamata-machi (excluding Yamakiya area)	
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura 2015/5/13~: Naraha-machi	

Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharumachi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2015/5/18~: Hirono-machi
Wild ostrich fern	2014/4/24~: Aizumisato-machi 2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura 2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~: Kori-machi, Inawashiro-machi 2013/5/7~: Yanaizu-machi, Kitashiobara-mura 2013/5/14~: Katsurao-mura 2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura 2013/5/20~: Mishima-machi, Kawauchi-mura 2013/5/22~: Asakawa-machi, Hirono-machi 2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura 2013/5/29~: Miharumachi 2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi 2013/6/5~: Kanayama-machi 2013/6/10~: Showa-mura
Wild Koshiabura	2016/4/28~: Nishiaizu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi 2013/5/1~: Minamisoma-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2013/5/16~: Sukagawa-shi 2013/5/20~: Kawauchi-mura 2013/6/10~: Koriyama-shi 2015/5/11~: Tamura-shi
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisou	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura 2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura 2013/5/20~: Kawauchi-mura 2013/5/28~: Motomiya-shi, Sukagawa-shi 2013/6/3~: Kagamiishi-machi 2013/6/10~: Tamura-shi 2014/5/14~: Inawashiro-machi
Giant butterbur	2015/5/25~: Katsurao-mura
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi 2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi 2012/4/16~: Date-shi, Kori-machi and Kunimi-machi 2014/4/11~: Naraha-machi and Katsurao-mura 2015/2/25~: Minamisoma-shi 2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi 2012/5/17~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/6/11~: Samegawa-mura 2014/4/30~: Naraha-machi 2014/5/14~: Katsurao-mura

	2012/5/17~ 2015/5/15 Kitakata-shi
	2012/5/17~ 2016/6/24 Fukushima-shi
Wild Pteridium aquilinum	2012/5/17~: Kitakata-shi, Fukushima-shi 2013/6/24~: Nihonmatsu-shi 2014/5/14~: Hirono-machi
Japanese apricot (Ume)	2011/6/2~ Fukushima-shi, Date-shi, Kori-machi 2013/10/21 2011/6/6~: Minamisoma-shi 2011/6/6~ Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2015/8/19 2011/6/6~2012/7/11 Soma-shi 2012/6/6~ Kunimi-machi 2013/10/21
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi 2011/10/14~ Date-shi 2017/2/1 2012/1/10~ Iwaki-shi 2015/1/29 2011/10/14~ Kori-machi 2016/3/17
Chestnut	2011/8/29~: Date-shi, Minamisoma-shi 2012/9/26~ Nihonmatsu-shi 2015/12/3 2012/10/12~ Iwaki-shi 2014/11/17
Kiwi fruit	2011/12/9~: Minamisoma-shi 2011/12/9~ Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2013/12/25 2011/12/9~ Soma-shi 2014/11/17
Azuki bean	2013/1/4~ Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura) 2015/10/23 2013/1/4~ excluding Azuki bean controlled under the concept of management of Fukushima prefecture. 2014/3/13
Cereal Soybean	2012/11/15~ Minamisoma-shi (limiting to former Ishigami-mura) 2015/10/23 2012/11/15~ excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/11/7 2012/12/25~ Sukagawa-shi (limiting to former Naganuma-machi) 2015/10/23 2012/12/25~ excluding Soybean controlled under the concept of management of Fukushima prefecture. 2014/3/13 2013/1/4~ Koriyama-shi (limiting to former Takano-mura) 2014/10/7 2013/1/4~ Otama-mura (limiting to former Tamanoi-mura) 2015/10/23 2013/1/4~ Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura) 2015/10/23 2013/1/4~ Kori-machi (limiting to former Danzaki-mura) 2014/10/7 2013/1/4~8/9 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/2/18~ Fukushima-shi (limiting to former Tatsugoyama-mura) 2015/10/23 2013/2/18~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/3/5~ Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura) 2015/10/23 2013/3/5~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/3/25~ Fukushima-shi (limiting to former Niwatsuka-mura) 2015/10/23 2013/3/25~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.

		Date-shi (limiting to former Tomino-mura and Sekimoto mura)
		2013/1/4~ Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
		2015/10/23 excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/1/4~ 7/10
		2013/1/4~ Motomiya-shi (limiting to former Wakisawa-mura (Shirasawa-mura))
		2016/3/25
		2013/1/4~ 11/7 excluding Soybean controlled under the concept of management of Fukushima prefecture.
		2013/12/18~ Minamisoma-shi (limiting to former Ota-mura)
		2015/10/23
		2013/12/18~ excluding Soybean controlled under the concept of management of Fukushima prefecture
		2015/6/23
		2014/12/17~ Motomiya-shi (limiting to former Shiraiwa-mura)
		2016/3/25
		2014/12/17~ excluding Soybean controlled under the concept of management of Fukushima prefecture
		2015/6/23
		2014/12/17~ Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)
		2016/3/25
		2011/11/17~ : Fukushima-shi (limiting to former Oguni-mura area)
		2011/11/29~ : Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)
		2011/12/5~ : Fukushima-shi (limiting to former Fukushima-shi area)
		2011/12/8~ : Nihonmatsu-shi (limiting to former Shibukawa-mura area)
		2011/12/9~ : Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)
		2011/12/19~ : Date-shi (limiting to former Kakeda-machi area)
		2012/1/4~ : Date-shi (limiting to former Sekimoto-mura area)
Rice (produced in 2011)		
		2012/4/5~ : Areas subjected to restriction of distribution in advance
		2012/4/5~ 7/26 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/10/25 : Sukagawa-shi (limiting to former Nishifukuro-mura)
		2012/10/25~ 10/29 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/5~ : Otama-mura (limiting to former Tamanoi-mura)
		2012/11/5~ 11/6 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/5~ : Koriyama-shi (limiting to former Fukuyama-machi)
		2012/11/5~ 11/8 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/7~ : Fukushima-shi (limiting to former Mizuhara-mura)
		2012/11/7~ 11/12 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/15~ : Miharumachi (limiting to former Sawaishi-mura)
		2012/11/15~ 11/19 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/26~ : Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)
		2012/11/26~ 11/29 excluding rice controlled under the concept of management of Fukushima prefecture.
		2012/11/28~ : Iwaki-shi (limiting to former Yamada-mura)
		2012/11/28~ 12/4 excluding rice controlled under the concept of management of Fukushima prefecture.
Rice (produced in 2012)		
		2013/3/19~ : Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2013)		
		2014/3/20~ : Minamisoma-shi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2014)		

Grain

Rice (produced in 2015)	2015/3/20~: Minamisoma-shi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2016)	2016/3/25~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except " areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
Rice (produced in 2017)	2017/3/24~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)
Japanese sand lance (juvenile)	2011/4/20~ whole area 2012/6/22
Cherry salmon (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)
	2011/6/17~: Mano River (including its branches)
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)
	2012/4/5~ Sukawa River (limiting its branches) 2015/9/30
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
Japanese dace	2012/6/7~ Kuji river in Fukushima prefecture (including its branches) 2013/7/30
	2011/6/17~: Mano River (including its branches)
	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
	2012/4/24~ Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting upper reaches from junction with Sukawa river)) and 2017/4/27 Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)) 2012/5/31~: Abukuma river (limiting upper reaches from Shinobu dam and including its branches)
2012/5/25~ Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam) 2014/10/24:	
Japanese eel	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)
Ayu sweetfish (excluding farmed fish)	2011/6/27~: Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)
	2012/4/5~: Abukuma River (including its branches)

Whitespotted char (excluding farmed fish)	2012/4/12~ 2015/9/30: Sukawa River (limiting its branches)
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River).
	2012/5/31~ Tateiwa river (including its branches)
	2012/4/24~ 2014/8/25: Tadami river (limiting between Honna dam and Uwada dam, but including its branches)
	2012/4/24~ 2014/12/11: Tadami river (limiting lower reaches from Uwada dam, but including its branches)
Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river).
	2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)
Any crucian carp (excluding farmed fish)	2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)
	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)
Fat greenling	2012/6/22~
	2016/8/24: Fukushima offshore
Red tongue sole	2012/6/22~
Japanese sandlance (excluding juvenile)	2012/6/22~ 2017/4/27: Fukushima offshore
Stone flounder	2012/6/22~ 2017/1/17: Fukushima offshore
Goldeye rockfish	2012/6/22~ 2017/6/21: Fukushima offshore
Surfperch	2012/6/22~: Fukushima offshore
Brown hakeling	2012/6/22~ 2016/8/24: Fukushima offshore
Fox jacopever	2012/6/22~: Fukushima offshore
Black cow-tongue	2012/6/22~
Black rockfish	2017/1/17: Fukushima offshore
Japanese black porgy	2012/6/22~: Fukushima offshore
Sea raven	2012/6/22~ 2015/6/30: Fukushima offshore
Ocellate spot skate	2012/6/22~ 2016/8/24: Fukushima offshore
Cherry salmon (Sakuramasu)	2012/6/22~: Fukushima offshore
Poacher	2012/6/22~ 2016/7/15: Fukushima offshore
Rockfish (Sebastes cheni)	2012/6/22~ Fukushima offshore
Japanese seabass	
Nibe croaker	2012/6/22~ 2014/4/2: Fukushima offshore
Starry flounder	2012/6/22~: Fukushima offshore
Slime flounder	2012/6/22~ 2016/11/14: Fukushima offshore
Panther puffer	2012/6/22~ 2015/12/3: Fukushima offshore
Olive flounder	2012/6/22~ 2016/6/9: Fukushima offshore
Gurnard	2012/6/22~ 2014/7/9: Fukushima offshore
Spotted halibut	2012/6/22~ 2016/7/15: Fukushima offshore
Conger eel	2012/6/22~ 2016/6/9: Fukushima offshore
Marbled flounder	2012/6/22~ 2016/8/24: Fukushima offshore
Flathead	2012/6/22~ 2016/7/15: Fukushima offshore
Pacific cod	2012/6/22~ 2015/2/24: Fukushima offshore

Fishery
product

Shotted halibut	2012/6/22~ 2015/2/24:	Fukushima offshore
Brassblotched rockfish	2012/6/22~:	<i>Fukushima offshore</i>
Ridged-eye flounder	2012/6/22~ 2015/4/2:	Fukushima offshore
Venus clam	2012/6/22~:	<i>Fukushima offshore</i>
Northern sea urchin	2012/6/22~ 2014/7/9:	Fukushima offshore
Flathead flounder	2012/6/22~ 2013/10/9:	Fukushima offshore
Alaska Pollock	2012/6/22~ 2013/12/17:	Fukushima offshore
Littlemouth flounder	2012/6/22~ 2014/4/16:	Fukushima offshore
Long shanny	2012/7/12~	Fukushima offshore
Barfin flounder	2016/7/15:	Fukushima offshore
Starspotted smooth-hound	2012/7/26~ 2015/2/18:	Fukushima offshore
Vermiculated puffer	2012/8/23~ 2014/10/15:	Fukushima offshore
Halfbeak	2013/2/14~ 2014/7/9:	Fukushima offshore
Scorpion fish	2013/8/8~:	<i>Fukushima offshore</i>
Hilgendorf saucord	2014/3/25~ 2014/5/28:	Fukushima offshore
Beef	2011/7/19~:	<i>Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>
	2011/11/9~:	<i>Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
Boar meat	2011/11/25~:	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i>
	2011/12/2~:	<i>Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
Spot-billed duck meat	2013/1/30~:	<i>Whole area</i>
Green pheasant meat	2013/1/30~:	<i>Whole area</i>
Bear meat	2011/12/2~:	<i>Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	2012/7/27~:	<i>Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
Hare meat	2013/1/30~:	<i>Whole area</i>
Copper pheasant meat	2012/11/13~:	<i>Whole area</i>

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 21 June 2017

Raw milk		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Guma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	2011/3/21-4/17 Whole area	2011/3/21-4/23 2011/12/21-1/11 2012/1/21-4/23 Whole area	2011/3/21-4/13 Whole area	-	2011/4/4-4/22 Asahi-shi, Katori-shi, Tama-machi	-	-	-	-	-	
	Kakina	-	-	-	-	2011/3/21-4/17 Whole area	2011/3/21-4/14 Whole area	2011/3/21-4/13 Whole area	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	
Parley	Garland arthropodium, Qing-qing-cai, Sancho alien lettuce	-	-	-	-	2011/3/22-4/17 Whole area	-	-	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	
Edible mushrooms	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)	2012/10/26-2017/2/21 (excluding honey mushrooms)
Bamboo shoot	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Iwate prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Yamagata prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Fukushima prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Ibaraki prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Tochigi prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Gumma prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Saitama prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Kanagawa prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Niigata prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Yamanashi prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Nagano prefecture	2012/4/13-2015/4/10 excluding Log-green shiitake (outdoor cultivation) controlled under the concept of management of Shizuoka prefecture	

						2012/4/18- Otsuru-shi														2012/12/14-2014/10/14 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture
						2011/11/18- Naruki-machi														
						2012/5/29-2014/8/28 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture														
						2012/6/4-2014/4/17 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture														
						2012/6/28-2013/4/9 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture														
						2011/11/28- Naga-shi														
						2011/11/11-2014/10/24 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochigi prefecture														
Log-grown brick cap (outdoor)		2012/11/2- Ishinosaki-shi, Oshu- shi				2011/11/7- Kanuma-shi, Yabu-shi														
						2011/11/8- Otsuru-shi, Nasuakabara-shi														
						2011/11/14- Ashiura-shi, Sano-shi, Maiki-shi, Sakuma-shi, Nasukarasuma-shi, Kamatsuzawa-shi, Maig- machi, Ishida-machi, Haga-machi, Takemasa- machi														
						2012/11/9- Utsunomiya-shi														
						2012/11/9- Shiroya-machi														
						2012/11/9- Mito-machi														
Log-grown pholista namako (outdoor)		2012/10/18- Otsuru-shi, Kamishir- aki				2011/11/14- Nasuakabara-shi, Naga-shi														
		2012/10/28- Mitsuzakata-shi				2012/6/14- Yabu-shi														
						2012/10/18- Naga-machi														
						2012/10/28- Sano-shi														
						2012/11/2- Ishinosaki-shi, Oshu- shi														
						2012/11/2- Kama-machi														
						2012/11/9- Mito-machi														
						2012/11/12- Makino-machi														
						2012/11/19- Nasukarasuma-shi														
						2012/12/11- Otsuru-shi														
Outrich fern						2012/4/27- Kuruma-shi														
						2012/4/21-2015/4/23 Otsuki-shi (Sealing cultivated plant)														
						2012/4/21-2017/3/23 Otsuki-shi														
						2012/3/2-2016/3/25 Kai-machi														
						2012/4/9- Kawamura-shi														
						2012/6/10- Oshu-shi, Nasuakabara-shi														
						2012/6/7- Yabu-shi, Kuruma-shi														
						2012/6/14- Morika-shi														
						2012/6/16- Kamishiraki-shi														
						2012/6/18- Suzuka-shi														
						2012/6/19- Kibukawa-shi														
						2012/6/19- Tama-shi														
						2012/6/19- Ishinosaki-shi														
						2012/6/20- Otsuru-shi														
						2012/6/20-2015/12/21 Shimooka-shi														
						2012/6/18- Ishinosaki-shi, Oshu- shi														
						2012/6/11- Kawamura-shi, Murayama- machi														
						2012/6/17- Otsuki-shi														
						2012/6/17- Mito-shi, Nasu-machi, Nasuakabara-shi														
						2014/6/20- Ishida-machi, Mito-machi														
						2012/6/1- Utsunomiya-shi, Mito-shi														
						2012/6/14- Nasuakabara-shi														
						2012/6/18- Otsuru-shi														
Japanese pepper (limiting wild plant)						2012/6/1- Utsunomiya-shi, Mito-shi														
						2012/6/14- Nasuakabara-shi														
						2012/6/18- Otsuru-shi														
Japanese parsley (limiting wild plant)						2012/6/20- Otsuru-shi														
						2012/5/20-2015/12/21 Shimooka-shi														
Japanese royal fern						2012/6/18- Ishinosaki-shi, Oshu- shi														
						2012/6/11- Kawamura-shi, Murayama- machi														
						2012/6/17- Otsuki-shi														
						2012/6/17- Mito-shi, Nasu-machi, Nasuakabara-shi														
						2014/6/20- Ishida-machi, Mito-machi														

	Aralia sprout (limiting wild plant)	-	-	2014/4/25~ Kawanabe-shi, Kurikura- sh, Otsu-sh	-	-	2013/4/27~ Otsu-sh, Yabu-sh	-	-	-	-	-	-	-	-	-	-	-	-
							2013/6/1~ Hara-machi												
							2013/6/2~ Ikoma-machi												
							2013/6/18~ Otsuno-shi												
							2014/4/18~ Shiga-machi												
							2014/4/18~ Hibi-shi												
							2014/6/1~ Nawabara-shi												
							2014/6/15~ Sakura-shi												
	Pteridium aquilinum (limiting wild plant)	-	-	2013/6/19~ Ochi-no-shi, Hirakawabata-shi	-	-	2013/6/17~ Ichinoseki-shi	-	-	-	-	2013/6/17~ Otsu-sh, Kawanabe-shi	-	-	-	-	-	-	-
							2013/6/18~ Miyako-shi					2013/6/18~ Utsunomiya-machi, Hibi- sh							
							2014/6/7~ Kaminohi-shi					2013/6/28~ Yabu-shi							
	Chestnut	-	-	-	-	-	-	-	-	-	-	2013/6/16~ Hara-machi	-	-	-	-	-	-	-
												2012/9/14~2013/3/1 Nawabara-shi							
												2012/9/18~2013/3/1 Otsu-sh							
Cereal	Soybean	-	2013/1/4~2013/7/1 Ichinoseki-shi (limiting former Saahinjo-mura)	2013/1/4~2014/5/19 Kurikura-shi (limiting former Kawanabe-mura)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			2013/1/4~2013/2/4 excluding soybean cultivated under the concept of management of local prefecture																
	Rice (produced in 2013)	-	-	2013/3/19~2016/3/18 Kurikura-shi (limiting former Sawabe-mura) (excluding rice cultivated under the management policy of Miyagi prefecture)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Grain	Buckwheat	-	2012/11/13~2014/4/11 Morioka-shi (limiting former Shobunai-mura), Ichinoseki-shi (limiting to former Ohara-machi)	2012/11/18~2014/4/11 Kurikura-shi (limiting to former Kawanabe-mura)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
			2012/11/30~2014/4/11 Ochi-no-shi (limiting former Kawanabe-mura)	2012/12/14~2013/10/21 excluding buckwheat cultivated under the concept of management of Miyagi prefecture.															
	Stone flounder	-	-	-	-	-	2012/7/9~2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Japanese black porgy	-	2012/11/8~ Miyagi offshore	2012/6/28~ Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
				2012/11/8~ Miyagi offshore	2012/11/8~ Miyagi offshore														
	Japanese seabass	-	2012/10/25~2015/11/20 Miyagi offshore	2012/4/12~2016/11/20 Sendai bay	-	-	2012/4/17~2016/1/14 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Rock fish (Sebastes cheni)	-	-	-	-	-	2012/4/13~2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Blue croaker	-	-	-	-	-	2012/4/17~2016/9/14 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Olive flounder	-	2013/6/4~2013/8/30 Miyagi offshore	2012/7/20~2013/4/1 Sendai bay	-	-	2012/4/17~2015/2/3 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
				2013/6/4~2013/8/30 Miyagi offshore															
	Pacific cod	2012/9/27~2013/10/31 Pacific Ocean, Aomori offshore	2012/5/2~2013/1/17 Miyagi offshore	2012/5/2~2012/8/30 Miyagi offshore (limiting to fish whose weight is less than 15g)	-	-	2012/11/8~2014/11/20 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Parrot puffer	-	-	2012/5/8~2014/2/19 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
	Ocellate spot skate	-	-	-	-	-	2012/6/7~2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	-	-	-
	Channel catfish (excluding farmed fish)	-	-	-	-	-	2012/4/17~ Kawagaura lake, Kizawa lake, Sotomatsubara lake and rivers flowing into these lakes and Hibachibone river	-	-	-	-	-	-	-	-	-	-	-	-
	Silver crucian carp	-	-	-	-	-	2012/4/17~2015/3/24 Kawagaura lake, Kizawa lake, Sotomatsubara lake and rivers flowing into these lakes and Hibachibone river (excluding farmed fish)	-	-	-	-	2012/7/18~ Taga pond, Hara flow into Taga pond and Taga river (including its tributaries)	-	-	-	-	-	-	-
	Common carp	-	-	-	-	-	-	-	-	-	-	2012/7/2~ Taga pond and Taga river (including its tributaries)	-	-	-	-	-	-	-

			2012/7/28~ Whole area				2011/12/2~ Whole area	2012/1/14~ Whole area											
			2012/10/22~ Whole area					2012/1/23~ Whole area											
Deer meat		-	-	-	-	-	-	-	-	-	-	-	-	-					
Copper pheasant meat		-	-	-	-	-	-	-	-	-	-	-	-	-					
Others	Tea leaf	-	-	-	-	-	2012/6/2~10/18 Koga-shi, Joso-shi, Bando-shi, Tachiyu-shi, Osaka-machi 2011/6/2~2012/4/9 Daigo-machi 2011/6/2~2012/5/21 Hibachidori-shi, Higashiyama-shi, 2011/6/2~2012/5/30 Shikoku-shi, Maki-shi, Shioyuta-machi 2011/6/2~2012/6/5 Kikuta-shi 2011/6/2~2012/7/24 Mio-shi 2011/6/2~2012/8/20 Takahagi-shi 2011/6/2~2012/8/12 Higashiyama-shi 2011/6/2~2012/10/3 Bessho-machi 2011/6/2~2012/10/11 Takahara-shi 2011/6/2~2012/11/4/9 Tobu-shi 2011/6/2~2012/5/20 Tsuchiura-shi, Kitabasaki- shi, Kitakatsuta-shi 2011/6/2~2012/6/17 Ohtama-shi 2011/6/2~2012/11/1 Yuki-shi, Ryugasaki-shi, Shimotsuru-shi, Tsuru- shi, Hachinaka-shi, Kashima-shi, Bako-shi, Munaga-shi, Chikusei-shi, Inashiki-shi, Kasumiga- ra-shi, Sakuragawa-shi, Kaniwa-shi, Namagata-shi, Takahara-shi, Oze- machi, Ami-machi, Kasashimachi, Gaku- machi, Tone-machi, Takahara and Miharu- mura	2011/7/8~2012/6/1 Tsuchiura-shi	2011/6/30~2012/5/28 Koyu-shi	2011/6/2~2012/3/26 Ozawa-shi	2011/6/30~2012/6/7 Shikukawa-shi	2011/6/2~2012/5/28 Katsura-shi	2011/6/2~2012/5/25 Yachimata-shi	2011/6/2~2012/5/28 Nidera-shi, Tamakori-shi, Sannu-shi	2011/6/2~2012/5/13 Nitta-shi	2011/6/2~6/29 Minamishiga-shi 2011/6/23~9/12 Matsuda-machi, Yamakita- machi 2011/6/2~10/14 Akawa-machi, Kiyokawa- fura 2011/6/23~10/26 Saganohara-shi 2011/6/27~10/26 Naka-machi 2011/6/2~11/1 Odawara-shi 2011/6/2~11/10 Matsuyama-machi 2011/6/2~2012/10/19 Yugawara-machi			

* Instructions still imposed are expressed in **bold type**.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 21 June 2017

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	Head type leafy vegetables, e.g. Cabbage	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>	
	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	<i>2011/4/13~</i> <i>Iitate-mura</i>	
Wild mushroom	<i>2011/9/6~</i> <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	<i>2011/9/15~</i> <i>Iwaki-shi, Tanagura-machi</i>	
	<i>2011/9/20~</i> <i>Minamisoma-shi</i>	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

* Instructions still imposed are expressed in *italic type*.