

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 13 June 2018

Fukushima Prefecture		Restriction of distribution	
<p>2011/3/21~: (excluding areas listed on the cells below)</p>			
<p>2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi</p>			
<p>2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi</p>			
<p>2011/3/21~4/21 Soma-shi, Shinchi-machi</p>			
<p>2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)</p>			
<p>2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>			
<p>2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>			
Raw milk		<p>2011/3/21~ 2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>	
		<p>2011/3/21~ 2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p>	
		<p>2011/3/21~ 2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p>	
		<p>2011/3/21~ 2018/3/16 Kawamata-machi (limiting to Yamakiya area)</p>	
		<p>2011/3/21~ 2018/3/16 Tomioka-machi, Namie-machi, (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)</p>	
		<p>2011/3/21~ 2018/3/16 Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 16, 2012)</p>	
	<p>2011/3/21~: (excluding areas listed on the cells below)</p>		
	<p>2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p>		
	<p>2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p>		
	<p>2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>		
<p>2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p>			
<p>2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p>			
<p>2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>			
Spinach, Kakina		<p>2011/3/21~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>	
		<p>2011/3/21~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>	
		<p>2011/3/21~ 2016/3/17 Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p>	
		<p>2011/3/21~ 2017/3/14 Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>	
	<p>2011/3/23~: (excluding areas listed on the cells below)</p>		
	<p>2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</p>		
	<p>2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p>		
<p>2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p>			
<p>2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura</p>			
<p>2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura</p>			
<p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>			
Non-head type leafy Vegetables, e.g. Spinach, Komatsuna		<p>2011/3/23~ 2013/3/29 Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p>	
	All the other		

	2011/3/23~ 2015/2/18	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2016/3/17	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Head type leafy vegetables, e.g. Cabbage	2011/3/23~: (excluding areas listed on the cells below)	
	2011/3/23~4/27	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~5/4	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
	2011/3/23~5/11	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
	2011/3/23~5/25	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2017/3/14	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
	2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23 (excluding areas listed on the cells below)	
	2011/3/23~4/27	Shirakawa-shi, Yabuki-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura
	2011/3/23~5/4	Iwaki-shi
	2011/3/23~5/11	Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi
	2011/3/23~5/18	Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/15	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura
	2011/3/23~10/28	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2016/3/17	Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~ 2017/3/14	Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
2011/3/23~ 2017/3/14	Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).	
Turnip	2011/3/23~: (excluding areas listed on the cells below)	
	2011/3/23~5/4	Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura
	2011/3/23~5/18	Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samegawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
	2011/3/23~6/23	Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
	2011/3/23~11/4	Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~ 2013/3/29	Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)

	<p>2011/3/23~ 2015/2/18 2011/3/21~ 2016/3/17</p> <p>Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>Minamisoma-shi (limiting to areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting to Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)</p> <p>2011/3/23~ 2017/3/14</p> <p>Tomioka-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Okuma-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on November 30, 2012), Namie-machi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013), Iitate-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on June 15, 2012).</p>
Log-grown shiitake (grown outdoor)	<p>2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting to area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/18~: Fukushima-shi</p> <p>2011/4/13~4/25: Iwaki-shi</p> <p>2011/4/25~: Motomiya-shi</p> <p>2011/4/13~5/16: Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13~5/23: Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/10/18~: Nihonmatsu-shi</p>
Log-grown shiitake (indoor cultivation)	<p>2011/7/19~: Date-shi</p> <p>2011/7/19~ 2014/7/11: excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2011/7/22~ 2014/7/11: Shinchi-machi</p> <p>2011/7/19~9/7: Motomiya-shi</p> <p>2011/11/14~: Kawamata-machi</p>
Log-grown pholiota nameko (outdoor cultivation)	<p>2011/10/31~: Soma-shi, Iwaki-shi</p>
Vegetable	<p>2011/9/6~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)</p> <p>2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura</p> <p>2011/10/18~: Kitakata-shi</p> <p>2012/8/15~: Showa-mura</p> <p>2012/10/11~: Bandai-machi</p> <p>2012/10/18~: Aizubange-machi, Kitashiobara-mura</p> <p>2013/9/26~: Shimogo-machi</p> <p>2013/10/1~: Aizuwakamatsu-shi</p> <p>2013/10/3~: Tadami-machi</p> <p>2013/10/3~: 2018/3/29: limiting to pholiota nameko, late fall oyster mushroom, brick cap and Grifola frondosa (maitake)</p> <p>2013/11/12~: Aizumisato-machi</p> <p>2013/11/12~ 2017/4/24: limiting to late fall oyster mushroom</p> <p>2014/8/25~: Nishiaizu-machi</p> <p>2014/8/25~ 2017/4/24: limiting to pholiota nameko</p> <p>2014/8/25~ 2018/3/29: limiting to late fall oyster mushroom</p> <p>2014/9/22~: Mishima-machi</p> <p>2014/10/2~: Yanaizu-machi</p>
Bamboo shoot	<p>2011/5/9~: Date-shi, Soma-shi, Miharuru-machi</p> <p>2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura</p> <p>2011/5/9~5/30: Hirata-mura</p> <p>2011/5/9~6/8: Iwaki-shi</p> <p>2011/5/9~6/21: Tenei-mura</p> <p>2011/5/13~6/21: Kunimi-machi</p> <p>2012/4/9~: Iwaki-shi</p> <p>2012/4/16~: Fukushima-shi, Shinchi-machi</p> <p>2012/4/23~: Hirono-machi</p> <p>2012/5/2~: Nihonmatsu-shi, Otama-mura</p> <p>2012/5/7~: Sukagawa-shi</p> <p>2012/6/25~: Koriyama-shi</p>

	2013/5/14~: Kawauchi-mura 2013/5/16~: Shirakawa-shi, Naraha-machi 2013/5/28~: Katsurao-mura 2013/6/10~: Tamura-shi 2014/5/1~: Tenei-mura
Wasabi (field cultivation)	2012/4/16~: Date-shi, Kawamata-machi 2012/4/16~ 2015/7/8: Kawamata-machi (excluding Yamakiya area) 2012/4/16~ 2018/3/6: Date-shi (limiting to Wasabi controlled under the concept of management of Fukushima prefecture)
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura 2014/5/19~: Kawauchi-mura 2015/5/13~: Naraha-machi
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi 2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharu-machi 2012/5/2~: Kawamata-machi 2012/5/7~: Tamura-shi, Furudono-machi 2012/5/10~: Nihonmatsu-shi, Otama-mura 2013/4/30~: Koriyama-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2015/5/18~: Hirono-machi
Wild ostrich fern	2014/4/24~ 2017/9/11: Aizumisato-machi 2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi 2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samegawa-mura 2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura 2012/5/17~: Kori-machi, Inawashiro-machi 2013/5/7~: Yanaizu-machi, Kitashiobara-mura 2013/5/14~: Katsurao-mura 2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura 2013/5/20~: Mishima-machi, Kawauchi-mura 2013/5/22~: Asakawa-machi, Hirono-machi 2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura 2013/5/29~: Miharu-machi 2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi 2013/6/5~: Kanayama-machi 2013/6/10~: Showa-mura
Wild Koshiabura	2016/4/28~: Nishiaizu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi 2013/5/1~: Minamisoma-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2013/5/16~: Sukagawa-shi 2013/5/20~: Kawauchi-mura 2013/6/10~: Koriyama-shi 2015/5/11~: Tamura-shi
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisou	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura 2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura 2013/5/20~: Kawauchi-mura 2013/5/28~: Motomiya-shi, Sukagawa-shi 2013/6/3~: Kagamiishi-machi 2013/6/10~: Tamura-shi 2014/5/14~: Inawashiro-machi 2018/5/2~: Kitashiobara-mura
Giant butterbur	2015/5/25~: Katsurao-mura

Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi 2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi 2012/4/16~: Date-shi, Kori-machi and Kunimi-machi 2014/4/11~: Naraha-machi and Katsurao-mura 2015/2/25~: Minamisoma-shi 2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi 2017/9/11 2012/5/10~: Date-shi 2012/5/17~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/6/11~: Samegawa-mura 2014/4/30~: Naraha-machi 2014/5/14~: Katsurao-mura 2012/5/17~: Kitakata-shi 2015/5/15 2012/5/17~: Fukushima-shi 2016/6/24
Wild Pteridium aquilinum	2012/5/17~: Kitakata-shi, Fukushima-shi 2013/6/24~: Nihonmatsu-shi 2014/5/14~: Hirono-machi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi 2013/10/21 2011/6/6~: Minamisoma-shi 2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planed Evacuation Zone) 2015/8/19 2011/6/6~2012/7/11: Soma-shi 2012/6/6~ 2013/10/21: Kunimi-machi
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi 2011/10/14~: Date-shi 2017/2/1 2012/1/10~: Iwaki-shi 2015/1/29 2011/10/14~: Kori-machi 2016/3/17
Chestnut	2011/9/20~: Date-shi, Minamisoma-shi 2012/9/26~: Nihonmatsu-shi 2015/12/3 2012/10/12~: Iwaki-shi 2014/11/17
Kiwi fruit	2011/12/9~: Minamisoma-shi 2011/12/9~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planed Evacuation Zone) 2013/12/25 2011/12/9~: Soma-shi 2014/11/17
Azuki bean	2013/1/4~: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura) 2015/10/23 2013/1/4~: excluding Azuki bean controlled under the concept of management of Fukushima prefecture. 2014/3/13
	2012/11/15~: Minamisoma-shi (limiting to former Ishigami-mura) 2015/10/23 2012/11/15~: excluding Soybean controlled under the concept of management of Fukushima prefecture. 2013/11/7 2012/12/25~: Sukagawa-shi (limiting to former Naganuma-machi) 2015/10/23 2012/12/25~: excluding Soybean controlled under the concept of management of Fukushima prefecture. 2014/3/13 2013/1/4~: Koriyama-shi (limiting to former Takano-mura) 2014/10/7

Cereal Soybean	2013/1/4~ 2015/10/23	Otama-mura (limiting to former Tamanoi-mura)
	2013/1/4~ 2015/10/23	Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
	2013/1/4~ 2014/10/7	Kori-machi (limiting to former Danzaki-mura)
	2013/1/4~8/9	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/2/18~ 2015/10/23	Fukushima-shi (limiting to former Tatsugoyama-mura)
	2013/2/18~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/5~ 2015/10/23	Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
	2013/3/5~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/25~ 2015/10/23	Fukushima-shi (limiting to former Niwatsuka-mura)
	2013/3/25~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
		Date-shi (limiting to former Tomino-mura and Sekimoto mura)
	2013/1/4~ 2015/10/23	Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
	2013/1/4~7/10	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/1/4~ 2016/3/25	Motomiya-shi (limiting to former Wagisawa-mura (Shirasawa-mura))
	2013/1/4~11/7	excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/12/18~ 2015/10/23	Minamisoma-shi (limiting to former Ota-mura)
	2013/12/18~ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture
2014/12/17~ 2016/3/25	Motomiya-shi (limiting to former Shiraiwa-mura)	
2014/12/17~ 2015/6/23	excluding Soybean controlled under the concept of management of Fukushima prefecture	
2014/12/17~ 2016/3/25	Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)	
Rice (produced in 2011)	2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area) 2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area) 2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area) 2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area) 2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area) 2011/12/19~: Date-shi (limiting to former Kakeda-machi area) 2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)	
Rice (produced in 2012)	2012/4/5~: Areas subjected to restriction of distribution in advance 2012/4/5~7/26 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/10/25: Sukagawa-shi (limiting to former Nishifukuro-mura) 2012/10/25~10/29 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~: Otama-mura (limiting to former Tamanoi-mura) 2012/11/5~11/6 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi) 2012/11/5~11/8 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura) 2012/11/7~11/12 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/15~: Miharū-machi (limiting to former Sawaishi-mura) 2012/11/15~11/19 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura) 2012/11/26~11/29 excluding rice controlled under the concept of management of Fukushima prefecture. 2012/11/28~: Iwaki-shi (limiting to former Yamada-mura) 2012/11/28~12/4 excluding rice controlled under the concept of management of Fukushima prefecture.	
Rice (produced in 2013)	2013/3/19~: Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)	

Land-locked cherry Salmon(Yamame) (excluding farmed fish)	2011/6/6~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River), Abukuma River (including its branches)
	2011/6/17~: Mano River (including its branches)
	2012/3/29~: Niida River (including its branches) and Ota River (including its branches)
	2012/4/5~ 2015/9/30 Sukawa River (limiting to its branches)
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
Japanese dace	2012/6/7~ 2013/7/30 Kuji river in Fukushima prefecture (including its branches)
	2011/6/17~: Mano River (including its branches)
	2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches)
	2012/3/29~: Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting to upper reaches from the junction with Sukawa River)
	2012/4/24~: Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)
Japanese eel	2012/4/24~ 2017/4/27 Inawashiro lake and rivers flowing into the lake (including its branches but excluding Sukawa river and its branches and Nagase river (limiting to upper reaches from junction with Sukawa river)) and Nippashi river (limiting to upper reaches from Tokyo electric power company's Kanagawa power plant (including its branches)
	2012/5/31~: Abukuma river (limiting to upper reaches from Shinobu dam and including its branches)
	2012/5/25~ 2014/10/24: Tadami river limiting to upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)
	2012/8/2~: Abukuma River in Fukushima prefecture (including its branches)
	2011/6/27~: Abukuma River (limiting to lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)
Ayu sweetfish (excluding farmed fish)	2012/4/5~: Abukuma River (including its branches)
	2012/4/12~ 2015/9/30: Sukawa River (limiting to its branches)
	2012/4/24~: Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting to upper reaches from the junction with Sukawa River)
	2012/5/31~ Tateiwa river (including its branches)
	2012/4/24~ 2014/8/25: Tadami river (limiting to between Honna dam and Uwada dam, but including its branches)
Char(Iwana) (excluding farmed fish)	2012/4/24~ 2014/12/11: Tadami river (limiting to lower reaches from Uwada dam, but including its branches)
	2012/4/24~ 2015/1/14: Nippashi river (limiting to lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)
	2012/4/27~: Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river)
	2014/9/16~: Abukuma river in Fukushima prefecture (including its branches)
	2012/5/10~2014/9/16: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)
Common carp (excluding farmed fish)	2012/4/27~: Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting to lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanakawa power plant and Katakado dam), Nagase river (limiting to upper reaches from junction with Sukawa river) and Mano river (including its branches)
	2012/5/10~: Abukuma river in Fukushima prefecture (limiting to lower reaches from Shinobu dam and including its branches)
	2012/6/22~ 2016/8/24: Fukushima offshore
	2012/6/22~ 2017/4/27: Fukushima offshore
	2012/6/22~ 2017/1/17: Fukushima offshore
Fishery product	2012/6/22~ 2017/6/21: Fukushima offshore
	2012/6/22~: Fukushima offshore
	2012/6/22~ 2016/8/24: Fukushima offshore
	2012/6/22~: Fukushima offshore
	2012/6/22~ 2018/4/24: Fukushima offshore
	2012/6/22~ 2017/1/17: Fukushima offshore
	2012/6/22~: Fukushima offshore
	2012/6/22~ 2015/6/30: Fukushima offshore
	2012/6/22~ 2016/8/24: Fukushima offshore
	2012/6/22~: Fukushima offshore
	2012/6/22~ 2015/6/30: Fukushima offshore
	2012/6/22~ 2016/8/24: Fukushima offshore
	2012/6/22~: Fukushima offshore
	2012/6/22~ 2016/8/24: Fukushima offshore
	2012/6/22~: Fukushima offshore

Poacher	2012/6/22~ 2016/7/15:	Fukushima offshore
Rockfish (Sebastes cheni)	2012/6/22~	Fukushima offshore
Japanese seabass	2018/4/24:	Fukushima offshore
Nibe croaker	2012/6/22~ 2014/4/2:	Fukushima offshore
Starry flounder	2012/6/22~:	Fukushima offshore
Slime flounder	2012/6/22~ 2016/11/14:	Fukushima offshore
Panther puffer	2012/6/22~ 2015/12/3:	Fukushima offshore
Olive flounder	2012/6/22~ 2016/6/9:	Fukushima offshore
Gurnard	2012/6/22~ 2014/7/9:	Fukushima offshore
Spotted halibut	2012/6/22~ 2016/7/15:	Fukushima offshore
Conger eel	2012/6/22~ 2016/6/9:	Fukushima offshore
Marbled flounder	2012/6/22~ 2016/8/24:	Fukushima offshore
Flathead	2012/6/22~ 2016/7/15:	Fukushima offshore
Pacific cod	2012/6/22~ 2015/2/24:	Fukushima offshore
Shotted halibut	2012/6/22~ 2015/2/24:	Fukushima offshore
Brassblotched rockfish	2012/6/22~:	Fukushima offshore
Ridged-eye flounder	2012/6/22~ 2015/4/2:	Fukushima offshore
Venus clam	2012/6/22~:	Fukushima offshore
Northern sea urchin	2012/6/22~ 2014/7/9:	Fukushima offshore
Flathead flounder	2012/6/22~ 2013/10/9:	Fukushima offshore
Alaska Pollock	2012/6/22~ 2013/12/17:	Fukushima offshore
Littlemouth flounder	2012/6/22~ 2014/4/16:	Fukushima offshore
Long shanny	2012/7/12~	Fukushima offshore
Barfin flounder	2016/7/15:	Fukushima offshore
Starspotted smooth-hound	2012/7/26~ 2015/2/18:	Fukushima offshore
Vermiculated puffer	2012/8/23~ 2014/10/15:	Fukushima offshore
Halfbeak	2013/2/14~ 2014/7/9:	Fukushima offshore
Scorpion fish	2013/8/8~:	Fukushima offshore
Hilgendorf saucord	2014/3/25~ 2014/5/28:	Fukushima offshore
Beef	2011/7/19~: Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)	
Boar meat	2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura	
	2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura 2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura	
Spot-billed duck meat	2013/1/30~: Whole area	

Meat・Egg	Green pheasant meat	<i>2013/1/30～: Whole area</i>
	Bear meat	<i>2011/12/2～: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
		<i>2012/7/27～: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
	Hare meat	<i>2013/1/30～: Whole area</i>
Copper pheasant meat	<i>2012/11/13～: Whole area</i>	

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 13 June 2018

	Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Sendai prefecture	Tochigi prefecture	Guma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Raw milk															
	Spinach				2011/3/23~4/17 Whole area	2011/3/23~4/21 Nasu-shiobara-shi, Shioyama-shi 2011/3/23~4/21 Whole area	2011/3/21~4/18 Whole area		2011/4/4~4/22 Asahi-shi, Kazuo-shi, Takumachi						
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Kakina				2011/3/21~4/17 Whole area	2011/3/21~4/14 Whole area	2011/3/21~4/6 Whole area								
	Garland chrysanthemum, Qing-gong-cai, Santhol, salsify								2011/4/4~4/22 Asahi-shi						
Parsley					2011/3/23~4/17 Whole area				2011/4/4~4/22 Asahi-shi						
Edible									2011/4/4~4/22 Asahi-shi						
Wild mushrooms	2012/10/28~ Hakuba-shi	2012/10/28~2011/1/31 (excluding honey mushrooms)	2012/10/18~ Karuizawa-shi, Otsu-shi			2012/9/2~ Niko-shi, Maiko-shi, Naomachi-shi, Naomachi-shi, Naomachi-shi	2012/9/26~ Nasunouchi-shi, Tompa-shi-mura		2012/10/18~ Yamanashi-shi, Minami-shi				2012/9/26~ Karuizawa-shi, Miyama-shi		2012/11/6~ Otsu-shi, Oyama-shi
	2012/10/28~ Tomobe-shi	2012/10/28~ 2012/11/10 (excluding honey mushrooms)	2012/10/18~ Otsu-shi			2012/9/7~ Koma-shi	2012/10/19~ Takayama-mura						2012/10/1~2013/11/20 (excluding matsutake mushrooms)		2012/10/1~2013/11/20 (excluding matsutake mushrooms)
	2012/10/28~ Asahi-shi	2012/10/28~ 2012/11/10 (excluding honey mushrooms)	2012/10/18~ Otsu-shi, Kawanabe-shi			2012/9/28~ Naomachi-shi	2012/10/28~ Nagahara-machi						2012/10/28~ Fujisawa-shi, Naomachi-shi, Naomachi-shi		2012/10/1~2013/11/20 (excluding matsutake mushrooms)
	2012/10/28~ 2012/11/10 (excluding honey mushrooms)	2012/10/28~ 2012/11/10 (excluding honey mushrooms)	2012/10/18~ Otsu-shi			2012/9/18~ Otsu-shi	2012/10/28~ Nagahara-machi							2012/10/1~2013/11/20 (excluding matsutake mushrooms)	2012/10/1~2013/11/20 (excluding matsutake mushrooms)
	2012/10/28~ 2012/11/10 (excluding honey mushrooms)	2012/10/28~ 2012/11/10 (excluding honey mushrooms)	2012/10/18~ Otsu-shi			2012/9/18~ Naomachi-shi	2012/10/28~ Nagahara-machi							2012/10/1~2013/11/20 (excluding matsutake mushrooms)	2012/10/1~2013/11/20 (excluding matsutake mushrooms)
Bamboo shoot		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/6~2013/9/6 Izumi-shi 2012/4/6~2013/4/17 Takasago-shi 2012/4/6~2013/7/24 Otsu-shi	2012/4/19~ Nasunouchi-shi, Naomachi-shi			2012/4/15~2013/10/23 Izumi-shi, Kizusaki-shi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
		2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi						
	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi	2012/4/30~2013/3/28 Iizuka-shi, Otsu-shi		2012/4/13~2013/4/17 Miyagi-shi	2012/4/13~2013/4/17 Miyagi-shi			2012/4/9~2013/1/14 Sakae-machi							

			<p>2012/2/10~2017/7/11 Shohamshuku-machi excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture</p> <p>2012/2/18~Otsu-machi excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Miyagi prefecture</p>				<p>2012/11/14~2014/10/14 excluding Log-grown shiitake (outdoor cultivation) controlled under the concept of management of Chiba prefecture</p>
				<p>2011/10/16~Tanabe-machi 2011/10/16~2012/4/3 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Baraki prefecture</p> <p>2011/10/16~Ishino-machi excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Baraki prefecture</p> <p>2011/11/10~Baraki-machi 2011/11/10~2012/4/24 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Baraki prefecture</p>	<p>2012/2/18~Nanase-machi 2012/2/18~2014/10/24 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/2/18~Ishino-machi 2012/2/18~2013/10/23 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/4/12~Haga-machi 2012/4/12~2014/10/23 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/4/10~Naruse-machi 2012/4/10~2013/1/7 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/4/12~Osumi-machi 2012/4/12~2012/10/23 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/4/29~Sakura-machi 2012/5/29~2014/8/23 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/6/4~Kasumi-machi 2012/6/4~2012/7/17 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/6/29~Mito-machi 2012/6/29~2013/5/23 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p> <p>2012/11/29~Mito-machi 2012/11/29~2014/10/24 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture</p>		<p>2012/6/16~Suzuki-machi 2012/5/16~2014/3/19 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Chiba prefecture</p> <p>2012/11/14~Futaba-machi 2012/12/14~2012/17/20 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Chiba prefecture</p> <p>2012/12/14~Kishida-machi 2012/12/14~2014/10/14 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Chiba prefecture</p>
Log-grown shiitake (indoor cultivation)							
			<p>2012/11/2~Ishino-machi, Otsu-machi</p>		<p>2011/11/7~Kasumi-machi, Yabe-machi</p> <p>2011/11/2~Osumi-machi, Nanase-machi</p> <p>2011/11/14~Akiyama-machi, Sano-machi, Mito-machi, Sakuma-machi, Nishimura-machi, Kasumi-machi, Hagi-machi, Ishino-machi, Haga-machi, Tanabe-machi</p> <p>2012/11/2~Utsunomiya-machi</p> <p>2012/11/9~Shioya-machi</p> <p>2012/11/9~Mito-machi</p>		
Log-grown brick cap (outdoor)							
			<p>2012/10/10~Kamata-machi</p> <p>2012/10/10~Otsu-machi 2011/11/17~2012/1/10 excluding Log-grown shiitake namako (outdoor cultivation) controlled under the concept of management of Iwate prefecture</p> <p>2012/10/23~Ishino-machi</p> <p>2012/11/2~Ishino-machi, Otsu-machi</p>	<p>2011/11/14~Nishimura-machi, Mito-machi</p> <p>2012/10/4~Yabe-machi</p> <p>2012/10/10~Naruse-machi</p> <p>2012/10/29~Sano-machi</p> <p>2012/11/2~Kasumi-machi</p> <p>2012/11/9~Mito-machi</p> <p>2012/11/18~Hokusei-machi</p> <p>2012/11/18~Nishimura-machi</p> <p>2012/12/11~Osumi-machi</p>			
Log-grown shiitake namako (outdoor)							
			<p>2012/4/27~2015/6/23 Otsu-machi (limiting localised plant)</p> <p>2012/4/27~2017/5/23 Otsu-machi</p> <p>2012/5/2~2015/5/25 Kasumi-machi</p> <p>2012/5/9~2017/7/24 Kasumi-machi</p>	<p>2012/6/1~Osumi-machi, Kasumi-machi (limiting to all plants)</p> <p>2012/6/2~Nishimura-machi (limiting to all plants)</p>			
Dutch fern							

Koshihime		2012/7/10~ Osaka-shi, Hamamatsu-shi	2012/7/7~ Toyon-shi, Kuritar-shi		2012/7/2~ Niigata-shi Shizuoka-shi (limiting to wild plant)	2012/7/1~ Osaka-shi, Hamamatsu-shi, Miyagi-shi (limiting to wild plant)	2012/7/2~ Utsunomiya-shi, Nagano-shi (limiting to wild plant)	2012/7/7~ Kanagawa-shi, Niigata-shi, Yamanashi-shi, Hamamatsu-shi, Shizuoka-shi (limiting to wild plant)	2012/7/7~ Miyagi-shi (limiting to former Fujino-mura), Niigata-shi, Shizuoka-shi (limiting to former Fujino-mura), Miyagi-shi (limiting to former Aizumi-mura, Oka District), Shizuoka-shi, Nagano-shi, Nagasaki-shi, Kashiwa-shi, Miyagi-shi, Tokushima-shi, Yamaguchi-shi, Kumamoto-shi (limiting to wild plant)				2014/6/21 Haguro-shi, Niigata-shi	
		2012/7/14~ Miyagi-shi	2012/7/9~ Osaka-shi, Shimane-shi, Iwate-shi											
		2012/7/16 Kanagawa-shi	2012/7/11~ Kanagawa-shi, Shizuoka-shi			2012/7/10~ Shizuoka-shi (limiting to wild plant)								
		2012/7/19~ Saitama-shi												
		2012/7/23~ Fukushima-shi	2012/7/7~ Toyon-shi											
		2012/7/29~ Ishikawa-shi				2012/7/29~ Ishikawa-shi (limiting to wild plant)								2014/6/25 Hokuro-shi, Niigata-shi
Japanese pepper (limiting to wild plant)							2012/7/1~ Utsunomiya-shi, Niigata-shi	2012/7/14~ Niigata-shi						
Japanese parsley (limiting to wild plant)		2012/7/30~ Osaka-shi												
Japanese royal fern		2012/7/19~ Ishikawa-shi, Osaka-shi	2012/7/11~ Kanagawa-shi, Hamamatsu-shi				2012/7/7~ Niigata-shi, Hamamatsu-shi (limiting to wild plant)	2014/6/7~ Kanagawa-shi (limiting to wild plant)						
Aralia sprout (limiting to wild plant)			2014/4/25~ Kanagawa-shi, Kagawa-shi, Osaka-shi				2012/4/27~ Osaka-shi, Yamanashi-shi	2012/6/1~ Hamamatsu-shi	2012/6/2~ Ishikawa-shi	2012/6/7~ Miyagi-shi (limiting to former Fujino-mura), Tokushima-shi (limiting to former Kurokawa-mura), Hamamatsu-shi (limiting to former Toyon-mura), Shizuoka-shi (limiting to former Fujino-mura), Yamaguchi-shi, Nagano-shi (limiting to former Nakano-shi-mura), Kanagawa-shi				
Platidium equinum (limiting to wild plant)		2012/7/18~ Osaka-shi, Fukuoka-shi	2012/7/17~ Osaka-shi				2012/7/17~ Osaka-shi, Kanagawa-shi	2012/7/18~ Utsunomiya-shi, Niigata-shi						
Chestnut							2012/9/14~2018/2/25 Nagano-shi	2012/9/14~2018/2/21 Nagano-shi						
Cereal	Soybean	2012/1/4~2015/1/1 Ishikawa-shi (limiting to former Saitama-mura)	2013/1/4~2014/5/19 Kuritar-shi (limiting to former Kanada-mura)											
	Rice (produced in 2013)		2013/3/9~2016/3/18 Kuritar-shi (limiting to former Sawabe-mura) including rice controlled under the management policy of Miyagi prefecture											
Grain	Buckwheat	2012/11/13~2014/4/11 Miyagi-shi (limiting to former Shibaura-mura), Ishikawa-shi (limiting to former Ohara-mura)	2012/11/18~2014/4/11 Kuritar-shi (limiting to former Kanari-mura)											
		2012/11/30~2014/4/11 Osaka-shi (limiting to former Karomakawa-mura)	2012/12/14~2013/10/21 Miyagi-shi (limiting to former Karomakawa-mura) controlled under the concept of management of Miyagi prefecture.											
Stone flounder					2012/7/5~2015/10/2 Baraki offshore									
Japanese black porgy		2012/11/9~ Miyagi offshore	2012/9/22~ Baraki bay											
Japanese seabass		2012/10/22~2013/11/20 Miyagi offshore	2012/4/12~2015/11/20 Baraki bay		2012/4/17~2016/1/14 Baraki offshore									
Rock fish (Sebastes chani)					2012/4/13~2015/10/2 Baraki offshore									
Nbe croaker					2012/4/17~2014/5/14 Baraki offshore									

Olive flounder	-	2013/6/4-2013/8/30 Myagi offshore	2012/5/30-2013/4/1 Sendai bay	-	2012/4/17-2013/2/9 Baraki offshore	-	-	-	-	-	-	-	-	-	
Pacific cod	2012/8/27-2013/10/31 Pacific Ocean, Amori offshore	2012/5/2-2013/1/17 Myagi offshore	2012/5/2-2012/8/30 Myagi offshore (limiting total fish whose weight is less than 1kg)	-	2012/11/9-2014/11/20 Baraki offshore	-	-	-	-	-	-	-	-	-	
Parther puffer	-	-	2012/3/8-2014/2/18 Sendai bay	-	-	-	-	-	-	-	-	-	-	-	
Doubles spot skate	-	-	-	-	2012/6/1-2015/10/2 Baraki offshore	-	-	-	-	-	-	-	-	-	
Channel catfish (excluding farmed fish)	-	-	-	-	2014/4/17- Kamigaura lake, Kitaura lake, Sotomatsukura lake and Harae flowing into these lakes and Mitohitane river	-	-	-	-	-	-	-	-	-	
Silver crucian carp	-	-	-	-	2012/4/17-2013/3/24 Kawagura lake, Kitaura lake, Sotomatsukura lake and rivers flowing into these lakes and Mitohitane river (excluding farmed fish)	-	-	-	-	-	-	-	2012/7/19-- Tama pond, rivers flow into Tama pond and Tama river (including its branches)	-	
Common carp	-	-	-	-	-	-	-	-	-	-	-	-	2013/7/9-- Tama pond, rivers flow into Tama pond and Tama river (including its branches)	-	
Japanese eel	-	-	-	-	2012/8/7- Kamigaura lake, Kitaura lake, Sotomatsukura lake and Harae flowing into these lakes and Mitohitane river	2012/5/7-2014/1/13 Naka river (including its branches)	-	-	-	-	-	-	2013/11/12- Tama river in Baraki prefecture (limiting tolerance reaches from Sakai Channel but including its branches)	2013/11/12-2016/2/9 Kawagura lake, Kitaura lake, Sotomatsukura lake, rivers flowing into these lakes, Mitohitane river	2015/11/12-- Tama river in Gifu prefecture (limiting tolerance reaches from Sakai Channel, but including its branches and including upper reaches from lake drainage pump station and lake hydroelectric power reaches from Kawagura-Daichi water pumping station, Yamaguchi-Yokura lake and Yokura river)
Ayu sweetfish (excluding farmed fish)	-	-	2013/6/27-2013/12/23 Shiroishi river (upper reaches from Shirohata dam) of the Abukuma river (including its branches)	2013/6/27-2017/4/27 Upper reaches from junction of Oshikawa river and Ushikawa river and upper reaches from Kinosaki bridge of Kibi river	-	-	-	-	-	-	-	-	-	-	
Land-locked cherry salmon(Yamanai (excluding farmed fish))	-	-	2012/4/20-2015/9/30 Abukuma river (including its branches but excluding upper reaches from Shirogashuku dam)	-	-	2012/8/10-2013/1/23 Waterase river in area of Akiho-machi, Mikuro-hi (including its branches and limiting tolerance reaches from junction with Koushin river)	2012/4/27-2012/11/9 Usune river (including its branches)	2012/4/27-2013/2/23 Kozuka river (including its branches) and Mononoki river (including its branches)	-	-	-	-	-	-	-
Char(serana) (excluding farmed fish)	-	2012/5/8-2015/9/30 Izai river (including its branches)	2012/5/14-- Okura river (limiting tolerance reaches from Okura dam and including its branches) and Matsui river (limiting tolerance reaches from Akakishi waterfall and including its branches)	2012/5/14-- Sakashima river (limiting tolerance reaches from Kawana dam including its branches) and Sakasima river (including its branches but excluding Higashine river and its branches) and upper reaches from Sakashima (No.4 dam)	2012/5/28-- Ebi river (limiting tolerance reaches from Narado dam and including its branches), Nakasima river (limiting tolerance reaches from Arakawa dam and including its branches)	2012/5/22-- Sakashima river (limiting tolerance reaches from Kawana dam and including its branches) and Okubi river (limiting tolerance reaches from Kawana dam and including its branches)	2012/5/30-2013/12/17 Waterase river in Tochihi prefecture (limiting tolerance within Akiho-machi, Mikuro-hi and including its branches)	2015/9/9-- Apatsuna river (limiting tolerance reaches from Isumiwa bridge to TEPDO's Saku power plant Apatsuna river water intake facility but including its branches)	-	-	-	-	-	-	

Japanese deer	-	2012/5/11~2015/3/10 Kikakani river (excluding lower reaches from Shijuhida dam and including its branches but excluding upper reaches from Ishibuchi dam, Shitaha dam, Goshu dam, Sotomura dam, Tase dam, Tsuratori dam, Toyosawa dam and Hayashino dam)	2012/6/12~2014/7/31 Kasen river (including its branches)	2012/5/18~2014/8/25 Okawa river (including its branches)	2012/5/11~2014/8/25 Okawa river (including its branches)	2012/5/7~2013/1/23 Muro river (including its branches) and Naka river (including its branches) and limiting toto upper reaches from junction with Muro river (including its branches but excluding deer reaches from Shobara dam and its branches)	2012/5/7~9/28 Oishi river (including its branches but excluding Arai river and its branches)	2012/5/30~9/28 Ara river (including its branches)	-	-	-	-	-	-	-
Beef	-	2011/8/1~ Whole area 2011/8/28~ Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture	2011/7/28~ Whole area 2011/8/19~ Excluding cattle which are managed based on shipment and inspection policy set by Iwate prefecture	-	-	2011/8/2~ Whole area 2011/8/28~ Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture	2011/12/2~ Whole area 2011/12/28~ Excluding cattle which are managed based on shipment and inspection policy set by Tochigi prefecture	-	-	-	-	-	-	-	-
Meat	Bear meat	-	2012/8/22~ Kakuro-machi, Murasato-machi, Yamanote-machi 2012/8/25~ Whole area (excluding areas above)	-	-	2011/12/2~ Whole area 2011/12/28~ Excluding bear meat which are managed based on shipment and inspection policy set by Iwate prefecture	2011/12/2~ Whole area 2011/12/28~ Excluding bear meat which are managed based on shipment and inspection policy set by Iwate prefecture	2012/10/10~ Whole area	-	-	2012/11/8~ Whole area 2012/11/15~ Excluding bear meat which are managed based on shipment and inspection policy set by Gifu prefecture	-	-	-	-
	Bear meat	-	2012/8/10~ Whole area	2012/8/25~ Whole area	2012/8/19~ Whole area 2012/8/27~ Excluding bear meat which are managed based on shipment and inspection policy set by Yamagata prefecture	-	-	2012/8/10~ Whole area	-	-	2012/11/8~ Whole area (excluding Date-ai and Awamatsu-mura)	-	-	-	-
	Sika Deer meat	-	2012/7/28~ Whole area 2012/7/28~ Excluding Sika deer meat which are managed based on shipment and inspection policy set by Iwate prefecture	-	-	2011/12/2~ Whole area	2011/12/2~ Whole area	2012/11/14~ Whole area	-	-	2012/12/7~ Kariyama-machi 2011/12/2~2011/12/7 Fujino-machi (excluding Sika deer meat controlled under the policy for shipment and inspection set by prefecture)	-	-	-	-
	Copper pheasant meat	-	2012/10/22~ Whole area	-	-	-	-	2012/11/28~ Whole area	-	-	-	-	-	-	-
Others	Tea leaf	-	-	-	-	2012/6/2~10/18 Kaga-shi, Joso-shi, Bandou-shi, Yabuyagi-shi, Sakai-machi 2011/6/2~2012/4/9 Daigo-machi 2011/6/2~2012/5/23 Higashimatsu-shi 2011/6/2~2012/5/26 Ishikawa-shi, Naka-shi, Shirogane-shi 2011/6/2~2012/6/3 Hokuto-shi 2011/6/2~2012/7/24 Miyu-shi 2011/6/2~2012/6/20 Tatebayashi-shi 2011/6/2~2012/8/12 Tatebayashi-shi 2011/6/2~2012/10/5 Tatebayashi-shi 2011/6/2~2012/10/11 Tatebayashi-shi 2011/6/2~2013/3/3 Tatebayashi-shi 2011/6/2~2013/6/11 Ohtani-shi 2011/6/2~2013/11/1 Yuki-shi, Ryugasaki-shi, Shimotsu-shi, Tando-shi, Hitachinaka-shi, Kasuma-shi, Bako-shi, Morioka-shi, Ohtani-shi, Iizaka-shi, Kasumigaura-shi, Sakuragawa-shi, Kamuro-shi, Namagata-shi, Takahama-shi, Gama-machi, An-machi, Kamei-machi, Ueda-machi, Tami-machi, Taka-mura and Mihor-mura 2011/6/2~2013/6/11 Ohtani-shi	2011/7/8~2012/6/1 Tochigi-shi 2011/6/20~2012/6/28 Kiryu-shi 2011/6/2~2013/3/26 Okawara-shi 2011/6/2~2013/5/31 Kanuma-shi	-	2011/6/2~9/7 Oomahara-machi 2011/7/8~9/12 Matsuda-machi, Yamakita-machi 2011/7/4~2012/5/21 Katsura-shi 2011/6/2~10/14 Akawa-machi, Kiyokawa-mura 2011/6/23~10/26 Sagami-shi 2011/6/2~2012/5/25 Yachimata-shi 2011/6/27~10/26 Naka-machi 2011/6/2~11/1 Ohtani-shi 2011/6/2~11/10 Manazuru-machi 2011/6/2~2013/5/13 Narta-shi 2011/6/2~2012/10/19 Yugawara-machi	-	-	-	-	-	-

* Instructions still imposed are expressed in Bolds type.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 13 June 2018

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	Head type leafy vegetables, e.g. Cabbage	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	2011/3/23~ (excluding areas listed on the cells below) 2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	2011/4/13~ Iitate-mura	
	2011/9/6~ Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)	
	2011/9/15~ Iwaki-shi, Tanagura-machi	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

* Instructions still imposed are expressed in *italic type*.