

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in Fukushima Prefecture)

As of 15 February 2017

Fukushima Prefecture		Restriction of distribution
		2011/3/21~: (excluding areas listed on the cells below)
		2011/3/21~4/8 Kitakata-shi, Bandai-machi, Inawashiro-machi, Mishima-machi, Aizumisato-machi, Shimogo-machi, Minamiaizu-machi
		2011/3/21~4/16 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kunimi-machi, Otama-mura, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding miyakoji area), Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Hirata-mura, Furudono-machi, Shirakawa-shi, Yabuki-machi, Izumizaki-mura, Nakajima-mura, Nishigo-mura, Samegawa-mura, Hanawa-machi, Yamatsuri-machi, Iwaki-shi
		2011/3/21~4/21 Soma-shi, Shinchi-machi
		2011/3/21~5/1 Minamisoma-shi (limited to Kashima-ku excluding Karasuzaki, Ouchi, Kawago and Shionosaki area), Kawamata-machi (excluding Yamakiya area)
Raw milk		2011/3/21~6/8 Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~10/7 Aizuwakamatsu-shi, Kori-machi, Tenei-mura, Hinoemata-mura, Tadami-machi, Kitashiobara-mura, Nishiaizu-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Kanayama-machi, Showa-mura, Tanagura-machi, Tamakawa-mura, Hirono-machi, Naraha-machi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2016/12/26 Tamura-shi, Naraha-machi, Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2016/12/26 Minamisoma-shi (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/21~ 2016/12/26 Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 7, 2013)
		2011/3/21~: (excluding areas listed on the cells below)
		2011/3/21~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/21~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/21~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/21~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/21~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/21~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/21~ 2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/21~ 2016/3/17 Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012), Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/23~: (excluding areas listed on the cells below)
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~ 2015/2/18 Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/21~ 2016/3/17 Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012)
		2011/3/23~: (excluding areas listed on the cells below)
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
Head type leafy vegetables, e.g. Cabbage		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)

	<p>2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012))</p> <p>2016/3/17</p>
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura</p> <p>2011/3/23~5/4 Iwaki-shi</p> <p>2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi</p> <p>2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura</p> <p>2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012))</p> <p>2016/3/17</p>
Turnip	<p>2011/3/23~: (excluding areas listed on the cells below)</p> <p>2011/3/23~5/4 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura</p> <p>2011/3/23~5/18 Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-machi, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yukawa-mura, Yanaidu-machi, Mishima-machi, Kanayama-machi, Syowa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi</p> <p>2011/3/23~6/23 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/3/23~ Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2013/3/29</p> <p>2011/3/23~ Naraha-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)</p> <p>2015/2/18</p> <p>2011/3/21~ Minamisoma-shi (limiting areas within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and in parts of Haramachi-ku, excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012, Kawamata-machi (limiting Yamakiya area), Katsurao-mura (excluding 'areas where it is expected that the residents have difficulties in returning for a long time' designated by the Instruction on March 30, 2012))</p> <p>2016/3/17</p>
Log-grown shiitake (grown outdoor)	<p>2011/4/13~: Date-shi, Iitate-mura, Soma-shi, Minamisoma-shi, Namie-machi, Futaba-machi, Okuma-machi, Tomioka-machi, Naraha-machi, Hirono-machi, Kawamata-machi, Katsurao-mura, Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kawauchi-mura (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/18~: Fukushima-shi</p> <p>2011/4/13~4/25 Iwaki-shi</p> <p>2011/4/25~: Motomiya-shi</p> <p>2011/4/13~5/16 Shinchi-machi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/4/13~5/23 Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)</p> <p>2011/10/18~: Nihonmatsu-shi</p>
Log-grown shiitake (indoor cultivation)	<p>2011/7/19~: Date-shi</p> <p>2011/7/19~ excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Fukushima prefecture.</p> <p>2014/7/11:</p> <p>2011/7/22~ Shinchi-machi</p> <p>2014/7/11:</p> <p>2011/7/19~9/7 Motomiya-shi</p> <p>2011/11/14~: Kawamata-machi</p>
Log-grown pholiota nameko (outdoor cultivation)	<p>2011/10/31~: Soma-shi, Iwaki-shi</p>

Wild mushroom	2011/9/6~: Tanagura-machi, Furudono-machi (limited to wild mushroom belonging to mycorrhizal fungi)
	2011/9/15~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Soma-shi, Minamisoma-shi, Iwaki-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharuru-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Inawashiro-machi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Otama-mura, Tenei-mura, Tamakawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samekawa-mura, Kawauchi-mura, Katsurao-mura, Iitate-mura
	2011/10/18~: Kitakata-shi
	2012/8/15~: Showa-mura
	2012/10/11~: Bandai-machi
	2012/10/18~: Aizubange-machi, Kitashiobara-mura
	2013/9/26~: Shimogo-machi
	2013/10/1~: Aizuwakamatsu-shi
	2013/10/3~: Tadami-machi
	2013/11/12~: Aizumisato-machi
	2014/8/25~: Nishiaizu-machi
	2014/9/22~: Mishima-machi
2014/10/2~: Yanaizu-machi	
Bamboo shoot	2011/5/9~: Date-shi, Soma-shi, Miharuru-machi
	2011/5/13~: Minamisoma-shi, Motomiya-shi, Kori-machi, Kawamata-machi, Nishigo-mura
	2011/5/9~5/30 Hirata-mura
	2011/5/9~6/8 Iwaki-shi
	2011/5/9~6/21 Tenei-mura
	2011/5/13~6/21 Kunimi-machi
	2012/4/9~: Iwaki-shi
	2012/4/16~: Fukushima-shi, Shinchi-machi
	2012/4/23~: Hirono-machi
	2012/5/2~: Nihonmatsu-shi, Otama-mura
	2012/5/7~: Sukagawa-shi
	2012/6/25~: Koriyama-shi
2013/5/14~: Kawauchi-mura	
2013/5/16~: Shirakawa-shi, Naraha-machi	
2013/5/28~: Katsurao-mura	
2013/6/10~: Tamura-shi	
2014/5/1~: Tenei-mura	
Hatakewasabi	2012/4/16~: Date-shi, Kawamata-machi
	2012/4/16~ Kawamata-machi (excluding Yamakiya area) 2015/7/8:
Wild Aralia cordata	2014/5/14~: Sukagawa-shi, Souma-shi, Hirono-machi, Katsurao-mura
	2014/5/19~: Kawauchi-mura
	2015/5/13~: Naraha-machi
Ostrich fern	2011/5/9~: Fukushima-shi, Kori-machi
	2012/5/1~: Soma-shi, Date-shi, Kunimi-machi, Miharuru-machi
	2012/5/2~: Kawamata-machi
	2012/5/7~: Tamura-shi, Furudono-machi
	2012/5/10~: Nihonmatsu-shi, Otama-mura
	2013/4/30~: Koriyama-shi
2013/5/14~: Naraha-machi, Katsurao-mura	
2015/5/18~: Hirono-machi	
Wild ostrich fern	2014/4/24~: Aizumisato-machi
	2015/4/30~: Minamisoma-shi
Koshiabura	2012/5/2~: Fukushima-shi, Nihonmatsu-shi
	2012/5/7~: Koriyama-shi, Shirakawa-shi, Kitakata-shi, Aizumisato-machi, Tanagura-machi, Hanawa-machi
	2012/5/10~: Date-shi, Kunimi-machi, Yamatsuri-machi, Bandai-machi, Shimogo-machi, Otama-mura, Nishigo-mura, Samekawa-mura
	2012/5/14~: Sukagawa-shi, Iwaki-shi, Kawamata-machi, Ishikawa-machi, Tenei-mura
	2012/5/17~: Kori-machi, Inawashiro-machi
	2013/5/7~: Yanaizu-machi, Kitashiobara-mura
	2013/5/14~: Katsurao-mura
	2013/5/16~: Soma-shi, Minamisoma-shi, Furudono-machi, Minamiaizu-machi, Shinchi-machi, Izumizaki-mura
	2013/5/20~: Mishima-machi, Kawauchi-mura
	2013/5/22~: Asakawa-machi, Hirono-machi
	2013/5/28~: Motomiya-shi, Tamura-shi, Ono-machi, Yabuki-machi, Aizubange-machi, Tamakawa-mura, Hirata-mura, Nakajima-mura
	2013/5/29~: Miharuru-machi
2013/6/3~: Aizuwakamatsu-shi, Kagamiishi-machi	
2013/6/5~: Kanayama-machi	
2013/6/10~: Showa-mura	

Wild Koshiabura	2016/4/28~: Nishiazu-machi 2016/5/6~: Tadami-machi
Japanese royal fern	2012/5/2~: Iwaki-shi, Nihonmatsu-shi 2012/5/10~: Soma-shi 2012/5/24~: Kawamata-machi 2013/5/1~: Minamisoma-shi 2013/5/14~: Naraha-machi, Katsurao-mura 2013/5/16~: Sukagawa-shi 2013/5/20~: Kawauchi-mura 2013/6/10~: Koriyama-shi 2015/5/11~: Tamura-shi
Wild Japanese royal fern	2014/5/14~: Hirono-machi, Otama-mura
Wild Uwabamisou	2013/6/10~: Sukagawa-shi, Kunimi-machi
Wild Aralia sprout	2012/5/1~: Iwaki-shi, Soma-shi, Date-shi, Kori-machi 2012/5/2~: Fukushima-shi 2012/5/7~: Koriyama-shi, Shirakawa-shi, Hanawa-machi, Shinchi-machi 2012/5/10~: Otama-mura, Nishigo-mura 2012/5/14~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/5/14~: Hirono-machi, Samegawa-mura, Katsurao-mura 2013/5/16~: Nihonmatsu-shi, Furudono-machi, Izumizaki-mura 2013/5/20~: Kawauchi-mura 2013/5/28~: Motomiya-shi, Sukagawa-shi 2013/6/3~: Kagamiishi-machi 2013/6/10~: Tamura-shi 2014/5/14~: Inawashiro-machi
Giant butterbur	2015/5/25~: Katsurao-mura
Wild Giant butterbur	2013/6/19~: Kori-machi, Naraha-machi 2014/6/16~: Tenei-mura
Wild Japanese butterbur scape	2012/4/9~: Fukushima-shi, Kawamata-machi, Tamura-shi, Soma-shi, Hirono-machi 2012/4/16~: Date-shi, Kori-machi and Kunimi-machi 2014/4/11~: Naraha-machi and Katsurao-mura 2015/2/25~: Minamisoma-shi 2016/1/20~: Motomiya-shi
Pteridium aquilinum	2012/5/10~: Iwaki-shi, Date-shi 2012/5/17~: Kawamata-machi 2013/4/25~: Minamisoma-shi 2013/6/11~: Samegawa-mura 2014/4/30~: Naraha-machi 2014/5/14~: Katsurao-mura 2012/5/17~: Kitakata-shi 2015/5/15~: Fukushima-shi 2012/5/17~: Fukushima-shi 2016/6/24~: Fukushima-shi
Wild Pteridium aquilinum	2012/5/17~: Kitakata-shi, Fukushima-shi 2013/6/24~: Nihonmatsu-shi 2014/5/14~: Hirono-machi
Japanese apricot (Ume)	2011/6/2~: Fukushima-shi, Date-shi, Kori-machi 2013/10/21~: Fukushima-shi 2011/6/6~: Minamisoma-shi 2011/6/6~: Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone) 2015/8/19~: Soma-shi 2011/6/6~2012/7/11~: Soma-shi 2012/6/6~: Kunimi-machi 2013/10/21~: Kunimi-machi
Yuzu	2011/8/29~: Fukushima-shi, Minamisoma-shi 2011/10/14~: Date-shi 2017/2/1~: Iwaki-shi 2012/1/10~: Iwaki-shi 2015/1/29~: Kori-machi 2011/10/14~: Kori-machi 2016/3/17~: Kori-machi

Chestnut	2011/9/20~: Date-shi, Minamisoma-shi
	2012/9/26~ 2015/12/3 Nihonmatsu-shi
Kiwi fruit	2012/10/12~ 2014/11/17 Iwaki-shi
	2011/12/9~: Minamisoma-shi
Azuki bean	2011/12/9~ 2013/12/25 Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zone)
	2011/12/9~ 2014/11/17 Soma-shi
Soybean	2013/1/4~ 2015/10/23: Fukushima-shi (limiting to former Oozasou-mura) and Minamisoma-shi (limiting to former Ishigami-mura)
	2013/1/4~ 2014/3/13 excluding Azuki bean controlled under the concept of management of Fukushima prefecture.
Cereal	2012/11/15~ 2015/10/23 Minamisoma-shi (limiting to former Ishigami-mura)
	2012/11/15~ 2013/11/7 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2012/12/25~ 2015/10/23 Sukagawa-shi (limiting to former Naganuma-machi)
	2012/12/25~ 2014/3/13 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/1/4~ 2014/10/7 Koriyama-shi (limiting to former Takano-mura)
	2013/1/4~ 2015/10/23 Otama-mura (limiting to former Tamanoi-mura)
	2013/1/4~ 2015/10/23: Nihonmatsu-shi (limiting to former Obama-machi and Shibukawa-mura)
	2013/1/4~ 2014/10/7 Kori-machi (limiting to former Danzaki-mura)
	2013/1/4~8/9 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/2/18~ 2015/10/23: Fukushima-shi (limiting to former Tatsugoyama-mura)
	2013/2/18~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/5~ 2015/10/23 Fukushima-shi (limiting to former Sakura-mura, Mizuho-mura)
	2013/3/5~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/3/25~ 2015/10/23: Fukushima-shi (limiting to former Niwatsuka-mura)
	2013/3/25~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/1/4~ 2014/10/7 Date-shi (limiting to former Tomino-mura and Sekimoto mura)
	2013/1/4~ 2015/10/23 Fukushima-shi (limiting to former Noda-mura and Hirano-mura)
	2013/1/4~7/10 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/1/4~ 2016/3/25: Motomiya-shi (limiting to former Wakisawa-mura (Shirasawa-mura))
	2013/1/4~11/7 excluding Soybean controlled under the concept of management of Fukushima prefecture.
	2013/12/18~ 2015/10/23: Minamisoma-shi (limiting to former Ota-mura)
	2013/12/18~ 2015/6/23 excluding Soybean controlled under the concept of management of Fukushima prefecture
	2014/12/17~ 2016/3/25 Motomiya-shi (limiting to former Shiraiwa-mura)
2014/12/17~ 2015/6/23 excluding Soybean controlled under the concept of management of Fukushima prefecture	
2014/12/17~ 2016/3/25: Otama-mura (limiting to former Oyama-mura, excluding Soybean controlled under the concept of management of Fukushima prefecture)	

Rice (produced in 2011)		<p>2011/11/17~: Fukushima-shi (limiting to former Oguni-mura area)</p> <p>2011/11/29~: Date-shi (limiting to former Oguni-mura and former Tsukidate-machi area)</p> <p>2011/12/5~: Fukushima-shi (limiting to former Fukushima-shi area)</p> <p>2011/12/8~: Nihonmatsu-shi (limiting to former Shibukawa-mura area)</p> <p>2011/12/9~: Date-shi (limiting to former Hashirazawa-mura and former Tominari-mura area)</p> <p>2011/12/19~: Date-shi (limiting to former Kakeda-machi area)</p> <p>2012/1/4~: Date-shi (limiting to former Sekimoto-mura area)</p>
Rice (produced in 2012)		<p>2012/4/5~: Areas subjected to restriction of distribution in advance</p> <p>2012/4/5~7/26 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/10/25: Sukagawa-shi (limiting to former Nishifukuro-mura)</p> <p>2012/10/25~10/29 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/5~: Otama-mura (limiting to former Tamanoi-mura)</p> <p>2012/11/5~11/6 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/5~: Koriyama-shi (limiting to former Fukuyama-machi)</p> <p>2012/11/5~11/8 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/7~: Fukushima-shi (limiting to former Mizuhara-mura)</p> <p>2012/11/7~11/12 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/15~: Miharumachi (limiting to former Sawaishi-mura)</p> <p>2012/11/15~11/19 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/26~: Fukushima-shi (limiting to former Tatsugoyama-mura), Kawamata-machi (limiting to former Iizaka-mura)</p> <p>2012/11/26~11/29 excluding rice controlled under the concept of management of Fukushima prefecture.</p> <p>2012/11/28~: Iwaki-shi (limiting to former Yamada-mura)</p> <p>2012/11/28~12/4 excluding rice controlled under the concept of management of Fukushima prefecture.</p>
Rice (produced in 2013)		<p>2013/3/19~: Areas preparing for resumption of rice firming and areas where all rice farming and shipment are managed by local governments (excluding rice controlled under the management policy of Fukushima prefecture)</p>
Grain Rice (produced in 2014)		<p>2014/3/20~: Minamisoma-shi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</p>
Rice (produced in 2015)		<p>2015/3/20~: Minamisoma-shi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Kawamata-machi (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Okuma-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013), Kawauchi-mura (limiting "Areas in which the residents are not permitted to live" and "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30 2012), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</p>
Rice (produced in 2016)		<p>2016/3/25~: Minamisoma-shi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on March 30, 2012), Kawamata-machi (limiting "areas in which the residents are not permitted to live" and "areas to which evacuation orders are ready to be lifted" designated by the Instruction on August 7, 2013), Naraha-machi, Tomioka-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on November 30, 2012), Futaba-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on May 7, 2013), Namie-machi (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013), Kawauchi-mura (limiting "Areas to which evacuation orders are ready to be lifted" designated by the Instruction on September 12, 2014), Katsurao-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on March 7, 2013) and Iitate-mura (limiting areas except "areas where it is expected that the residents have difficulties in returning for a long time" designated by the Instruction on June 15, 2012) (excluding rice controlled under the management policy of Fukushima prefecture)</p>

	Japanese sandlance (juvenile)	2011/4/20~ 2012/6/22	whole area
	Cherry salmon (excluding farmed fish)	2011/6/6~ 2011/6/17~ 2012/3/29~ 2012/4/5~ 2015/9/30	<i>Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River), Abukuma River (including its branches)</i> <i>Mano River (including its branches)</i> <i>Niida River (including its branches) and Ota River (including its branches)</i> Sukawa River (limiting its branches)
	Japanese dace	2012/4/24~ 2012/6/7~ 2013/7/30	<i>Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)</i> Kuji river in Fukushima prefecture (including its branches)
	Japanese eel	2011/6/17~ 2011/6/27~ 2012/3/29~ 2012/4/24~ 2012/5/31~	<i>Mano River (including its branches)</i> <i>Abukuma River (limiting lower reaches from Shinobu Dam but including its branches)</i> <i>Akimoto Lake, Hibara Lake, Onogawa Lake and rivers flowing into these Lakes, Nagase River (limiting upper reaches from the junction with Sukawa River)</i> <i>Inawashiro lake, rivers flowing into Inawashiro lake (including its branches, but excluding Sukawa river and its branches) and Nippashi river (limiting upper reaches from Tokyo electric power company's Kanagawa power plant, but including its branches)</i> <i>Abukuma river (limiting upper reaches from Shinobu dam and including its branches)</i>
	Ayu sweetfish (excluding farmed fish)	2012/5/25~ 2014/10/24	Tadami river limiting upper reaches from Taki dam (including its branches but excluding upper reaches from Tadami dam)
	Whitespotted char (excluding farmed fish)	2012/8/2~ 2011/6/27~ 2012/4/5~ 2012/4/12~ 2015/9/30 2012/4/24~ 2012/5/31~ 2012/4/24~ 2014/8/25~ 2012/4/24~ 2014/12/11~ 2012/4/24~ 2015/1/14~	<i>Abukuma River in Fukushima prefecture (including its branches)</i> <i>Abukuma River (limiting lower reaches from Shinobu Dam but including its branches), Mano River (including its branches), Niida River (including its branches)</i> <i>Abukuma River (including its branches)</i> Sukawa River (limiting its branches) <i>Akimoto Lake, Onogawa Lake, Hibara Lake and rivers flowing into these Lakes (including its branches), Nagase River (limiting upper reaches from the junction with Sukawa River)</i> Tateiwa river (including its branches) Tadami river (limiting between Honna dam and Uwada dam, but including its branches) Tadami river (limiting lower reaches from Uwada dam, but including its branches) Nippashi river (limiting lower reaches from Tokyo electric power company's Kanagawa power plant, but including its branches and excluding upper reaches from Higashiyama dam)
	Common carp (excluding farmed fish)	2012/4/27~ 2014/9/16~	<i>Akimoto lake, Onogawa lake and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river)</i> <i>Abukuma river in Fukushima prefecture (including its branches)</i>
	Any crucian carp (excluding farmed fish)	2012/5/10~ 2014/9/16~ 2012/4/27~ 2012/5/10~	<i>Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)</i> <i>Akimoto lake, Onogawa lake, and Hibara lake and rivers flowing into these lakes (including its branches), Aga river (limiting lower reaches from Okawa dam, but including its branches and excluding upper reaches from TEPCO's Kanagawa power plant and Katakado dam), Nagase river (limiting upper reaches from junction with Sukawa river) and Mano river (including its branches)</i> <i>Abukuma river in Fukushima prefecture (limiting lower reaches from Shinobu dam and including its branches)</i>
	Fat greenling	2012/6/22~	Fukushima offshore
	Red tongue sole	2016/8/24	Fukushima offshore
	Japanese sandlance (excluding juvenile)	2012/6/22~	<i>Fukushima offshore</i>
	Stone flounder	2012/6/22~ 2017/1/17	Fukushima offshore
	Goldeye rockfish Surfperch	2012/6/22~	<i>Fukushima offshore</i>
	Brown hakeling	2012/6/22~ 2016/8/24	Fukushima offshore
	Fox jacopever	2012/6/22~	<i>Fukushima offshore</i>
	Black cow-tongue	2012/6/22~	Fukushima offshore
	Black rockfish	2017/1/17	Fukushima offshore
	Japanese black porgy	2012/6/22~	<i>Fukushima offshore</i>
	Sea raven	2012/6/22~ 2015/6/30	Fukushima offshore
	Ocellate spot skate	2012/6/22~ 2016/8/24	Fukushima offshore
	Cherry salmon (Sakuramasu)	2012/6/22~	<i>Fukushima offshore</i>

Fishery
product

Poacher	2012/6/22~ 2016/7/15:	Fukushima offshore
Rockfish (<i>Sebastes cheni</i>) Japanese seabass	2012/6/22~	Fukushima offshore
Nibe croaker	2012/6/22~ 2014/4/2:	Fukushima offshore
Starry flounder	2012/6/22~	Fukushima offshore
Slime flounder	2012/6/22~ 2016/11/14:	Fukushima offshore
Panther puffer	2012/6/22~ 2015/12/3:	Fukushima offshore
Olive flounder	2012/6/22~ 2016/6/9:	Fukushima offshore
Gurnard	2012/6/22~ 2014/7/9:	Fukushima offshore
Spotted halibut	2012/6/22~ 2016/7/15:	Fukushima offshore
Conger eel	2012/6/22~ 2016/6/9:	Fukushima offshore
Marbled flounder	2012/6/22~ 2016/8/24:	Fukushima offshore
Flathead	2012/6/22~ 2016/7/15:	Fukushima offshore
Pacific cod	2012/6/22~ 2015/2/24:	Fukushima offshore
Shotted halibut	2012/6/22~ 2015/2/24:	Fukushima offshore
Brassblotched rockfish	2012/6/22~	Fukushima offshore
Ridged-eye flounder	2012/6/22~ 2015/4/2:	Fukushima offshore
Venus clam	2012/6/22~	Fukushima offshore
Northern sea urchin	2012/6/22~ 2014/7/9:	Fukushima offshore
Flathead flounder	2012/6/22~ 2013/10/9:	Fukushima offshore
Alaska Pollock	2012/6/22~ 2013/12/17:	Fukushima offshore
Littlemouth flounder	2012/6/22~ 2014/4/16:	Fukushima offshore
Long shanny	2012/7/12~	Fukushima offshore
Barfin flounder	2016/7/15:	Fukushima offshore
Starspotted smooth-hound	2012/7/26~ 2015/2/18:	Fukushima offshore
Vermiculated puffer	2012/8/23~ 2014/10/15:	Fukushima offshore
Halfbeak	2013/2/14~ 2014/7/9:	Fukushima offshore
Scorpion fish	2013/8/8~	Fukushima offshore
Hilgendorf saucord	2014/3/25~ 2014/5/28:	Fukushima offshore

Meat·Egg	Beef	<i>2011/7/19~: Whole area (2011/8/25~: Excluding cattle which are managed based on shipment and inspection policy set by Fukushima prefecture)</i>
	Boar meat	<i>2011/11/9~: Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura</i>
		<i>2011/11/25~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura</i> <i>2011/12/2~: Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
	Spot-billed duck meat	<i>2013/1/30~: Whole area</i>
	Green pheasant meat	<i>2013/1/30~: Whole area</i>
	Bear meat	<i>2011/12/2~: Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Koriyama-shi, Sukagawa-shi, Tamura-shi, Shirakawa-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Miharu-machi, Ono-machi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Otama-mura, Tenei-mura, Tamagawa-mura, Hirata-mura, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura</i>
		<i>2012/7/27~: Aizuwakamatsu-shi, Kitakata-shi, Nishiaizu-machi, Bandai-machi, Inawashiro-machi, Aizubange-machi, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Aizumisato-machi, Shimogo-machi, Tadami-machi, Minamiaizu-machi, Kitashiobara-mura, Yugawa-mura, Showa-mura, Hinoemata-mura</i>
	Hare meat	<i>2013/1/30~: Whole area</i>
Copper pheasant meat	<i>2012/11/13~: Whole area</i>	

* Instructions still imposed are expressed in *italic type*.

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of distribution in prefectures other than Fukushima Prefecture)

As of 15 February 2017

		Aomori prefecture	Iwate prefecture	Miyagi prefecture	Yamagata prefecture	Ibaraki prefecture	Tochigi prefecture	Guma prefecture	Saitama prefecture	Chiba prefecture	Kanagawa prefecture	Niigata prefecture	Yamanashi prefecture	Nagano prefecture	Shizuoka prefecture	
Raw milk		-	-	-	-	2011/3/21-1/18 Whole area	2011/3/21-4/21 Whole area	-	-	-	-	-	-	-	-	-
Non-head type leafy vegetables, e.g. Spinach, Komatsuna	Spinach	-	-	-	-	2011/3/21-4/17 (excluding areas listed on the table below)	2011/3/21-4/21 Whole area	2011/3/21-4/1	-	2011/4/4-4/22 Asahi-shi, Katori-shi, Takor-machi	-	-	-	-	-	-
	Kakina	-	-	-	-	2011/3/21-4/17 Whole area	2011/3/21-4/14 Whole area	2011/3/21-4/1	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	-
	Garland chrysanthemum, Ding-gong-cai, Sancho alien lettuce	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Parsley		-	-	-	-	2011/3/23-4/17 Whole area	-	-	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	-
Celery		-	-	-	-	-	-	-	-	2011/4/4-4/22 Asahi-shi	-	-	-	-	-	-
Wild mushrooms		2012/10/28- Hoshiumi-sho	2012/10/11- Ishikawa-shi, Niizawatake-shi, Hirakuni-sho	-	-	-	2012/9/28- Mito-shi, Maebashi-shi, Maebashi-shi, Maebashi-shi, Maebashi-shi	2012/9/28- Nemata-shi, Niigatajima-shi, Tama-shi	-	2012/10/10- Yokozumi-machi, Misawa-machi	-	-	-	2012/9/20- Kariyama-machi, Miyota-machi	-	2012/11/6- Otsu-shi, Otsu-shi
		2012/10/28- Tama-shi	2012/10/18- Kamaishi-shi	2012/10/10- Kurhara-shi, Otsu-shi	-	-	2012/9/27- Katsunuma-shi	2012/10/10- Takaoyama-mura	-	-	-	-	-	2012/10/11- Kamaishi-shi, Misawa-machi	-	2012/11/6- Otsu-shi, Otsu-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/18- Otsu-shi	-	-	-	2012/9/29- Yokohama-shi	2012/10/10- Aizawa-shi	-	2012/10/28- Yokozumi-machi	-	-	-	2012/10/11- 2012/11/20 (excluding matutake mushroom)	-	2012/11/6- Otsu-shi, Otsu-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi, Kamaishi-sho	2012/10/26- Sanda-shi	-	-	2012/9/28- Maebashi-shi	2012/10/28- Nagano-machi	-	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
Bamboo shoot		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi
		2012/10/28- 2012/11/20 (excluding honey mushroom)	2012/10/29- Otsu-shi	2012/10/26- Sanda-shi	-	-	2012/9/28- Otsu-shi	2012/10/28- Nagano-machi	-	-	-	-	2012/10/28- Fujinuma-shi, Futsunuma-shi, Kariyama-mura	2012/10/11- Sanda-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi	2012/10/29- Fujinuma-shi, Futsunuma-shi

					2011/11/19~ Buroi-machi	2012/4/29~ Sakura-shi 2012/5/29~2014/3/29 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture														
						2012/6/4~2014/4/17 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture														
						2012/6/28~ Mito-machi 2012/6/28~2015/6/9 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture														
						2012/11/28~ Mito-shi 2011/11/28~2014/10/24 excluding Log-grown shiitake (indoor cultivation) controlled under the concept of management of Tochihi prefecture														
Log-grown brick cap (outdoor)		2012/11/2~ Ichikawa-shi, Oshu- shi				2011/11/7~ Kanuma-shi, Yabu-shi 2011/11/8~ Otsuwa-shi, Nasuhikawa-shi 2011/11/14~ Ashiura-shi, Sano-shi, Maki-shi, Sakuma-shi, Matsuyama-shi, Kamibayashi-machi, Maifu- machi, Ichikawa-machi, Naga-machi, Tsumagami- machi 2012/11/9~ Utsunomiya-shi 2012/11/9~ Shiroya-machi 2012/11/9~ Mito-machi														
Log-grown shiitake namako (outdoor)		2012/10/19~ Otsuwa-shi, Kamakura- shi 2012/10/28~ Miyazaki-shi 2012/11/2~ Ichikawa-shi, Oshu- shi				2011/11/18~ Nasuhikawa-shi, Mito-shi 2012/10/4~ Yabu-shi 2012/10/18~ Mito-machi 2012/10/25~ Sano-shi 2012/11/2~ Kanuma-shi 2012/11/9~ Mito-machi 2012/11/12~ Makagawa-machi 2012/11/19~ Matsuyama-shi 2012/12/11~ Otsuwa-shi														
Outdoor fern			2012/4/27~ Kariharu-shi, Oshu-shi 2012/4/27~2013/6/23 Oshu-shi (excluding cultivated) 2012/3/2~2013/3/25 Kari-machi 2012/4/9~ Kawamura-shi			2012/6/1~ Otsuwa-shi, Mito-machi (climbing wild plant) 2012/6/2~ Matsuyama-shi (climbing wild plant)														
Kashibara		2012/6/10~ Oshu-shi, Nasu-shi 2012/6/14~ Morioka-shi 2012/6/16 Kamishu-shi 2012/6/18~ Suzuka-shi 2012/6/9~ Kishida-shi 2012/6/16~ Tama-shi 2012/6/12~ Ichikawa-shi	2012/6/7~ Tama-shi, Kariharu-shi 2012/6/8~ Oshu-shi, Mito-shi, Suifu- shi 2012/6/11~ Kawamura-shi, Shikama-shi, Mito-machi 2012/6/17~ Tama-shi	2012/6/3~ Hirakawa-shi 2012/6/9~ Nasuhikawa-shi (climbing wild plant) 2012/6/10~ Nasuhikawa-shi (climbing wild plant)	2012/6/1~ Otsuwa-shi, Mito-machi, Maifu-machi (climbing wild plant) 2012/6/2~ Utsunomiya-shi, Matsuyama-shi (climbing wild plant) 2012/6/7~ Kanuma-shi, Mito-shi, Yabu-shi, Nasuhikawa- shi, Shiroya-machi (climbing wild plant) 2012/6/18~ Sakura-shi (climbing wild plant) 2012/6/28~ Makagawa-machi (climbing wild plant) 2014/4/23~ Tsumagami-machi (climbing wild plant) 2014/4/30~ Ichikawa-machi (climbing wild plant)															2014/6/21 Matsuyama-shi 2014/6/28 Makino-shi, Kawasumi- mura 2014/6/28~ Kawasumi-mura
Japanese pepper (climbing wild plant)						2012/6/1~ Utsunomiya-shi, Mito-shi 2012/6/14~ Nasuhikawa-shi 2012/6/18~ Otsuwa-shi														
Japanese parsley (climbing wild plant)		2012/6/30~ Oshu-shi 2012/5/30~2013/12/21 Ichikawa-shi																		
Japanese royal fern		2012/6/18~ Ichikawa-shi, Oshu- shi 2012/6/18~ Suzuka-shi	2012/6/11~ Kawamura-shi, Murot- machi 2012/6/17~ Oshu-shi			2012/6/7~ Mito-shi, Mito-machi (climbing wild plant) 2014/6/7~ Kanuma-shi (climbing wild plant)														

The instructions associated with food by Director-General of the Nuclear Emergency Response Headquarters
(Restriction of consumption in Fukushima Prefecture)

As of 15 February 2017

Fukushima Prefecture		Restriction of consumption
Vegetable	Non-head type leafy vegetables, e.g. Spinach, Komatsuna	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~5/4 Shirakawa-shi, Iwaki-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/11 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Showa-mura, Minamiaizu-machi, Shimogo-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~6/1 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamakawa-mura, Hirata-mura
		2011/3/23~6/23 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura
		2011/3/23~11/4 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
	2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
	Head type leafy vegetables, e.g. Cabbage	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>
		2011/3/23~4/27 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi
		2011/3/23~5/4 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Iwaki-shi, Kagamiishi-machi, Ishikawa-machi, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi, Tenei-mura, Tamagawa-mura, Hirata-mura
		2011/3/23~5/11 Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi (excluding Yamakiya area), Otama-mura, Shirakawa-shi, Yabuki-machi, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Nishigo-mura, Izumizaki-mura, Nakajima-mura, Samegawa-mura
		2011/3/23~5/25 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones)
		2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
		2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)
Flowerhead brassicas, e.g. Broccoli, Cauliflower	<i>2011/3/23~</i> <i>(excluding areas listed on the cells below)</i>	
	2011/3/23~4/27 Shirakawa-shi, Yabuki-machi, Nishigou-mura, Izumizaki-mura, Nakajima-mura, Tanagura-machi, Yamatsuri-machi, Hanawa-machi, Samegawa-mura	
	2011/3/23~5/4 Iwaki-shi	
	2011/3/23~5/11 Koriyama-shi, Sukagawa-shi, Tamura-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant), Kagamiishi-machi, Tenei-mura, Ishikawa-machi, Tamagawa-mura, Hirata-mura, Asakawa-machi, Furudono-machi, Miharu-machi, Ono-machi	
	2011/3/23~5/18 Aizuwakamatsu-shi, Bandai-machi, Inawashiro-machi, Kitakata-shi, Kitashiobara-mura, Nishiaizu-machi, Aizumisato-machi, Aizubange-machi, Yugawa-mura, Yanaizu-machi, Mishima-machi, Kaneyama-machi, Syouwa-mura, Minamiaizu-machi, Shimogou-machi, Hinoemata-mura, Tadami-machi	
	2011/3/23~6/15 Shinchi-machi, Soma-shi, Minamisoma-shi (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant and Planned Evacuation Zones), Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-mura (excluding Yamakiya area), Otama-mura	
	2011/3/23~10/28 Hirono-machi, Kawauchi-mura (excluding area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)	
2011/3/23~2013/3/29 Tamura-shi (limiting area within 20 km radius from the TEPCO's Fukushima Daiichi Nuclear Power Plant)		
Log-grown shiitake (grown outdoor)	2011/4/13~ Iitate-mura	
Wild mushroom	2011/9/6~ <i>Tanagura-machi (limited to wild mushroom belonging to mycorrhizal fungi)</i>	
	2011/9/15~ Iwaki-shi, Tanagura-machi	
	2011/9/20~ Minamisoma-shi	
Fishery product	Japanese sand lance (juvenile)	2011/4/20~2012/6/22 Whole area
	Cherry salmon (excluding farmed fish)	2012/3/29~ Niida river (including its branches)
Meat	Boar meat	2011/11/9~ Soma-shi, Minamisoma-shi, Hirono-machi, Naraha-machi, Tomioka-machi, Okuma-machi, Futaba-machi, Namie-machi, Shinchi-machi, Kawauchi-mura, Katsurao-mura, Iitate-mura
		2011/11/25~ Fukushima-shi, Nihonmatsu-shi, Date-shi, Motomiya-shi, Kori-machi, Kunimi-machi, Kawamata-machi, Otama-mura

* Instructions still imposed are expressed in *italic type*.